

Mid-Valley Healthcare, Inc.
Samaritan Lebanon Community Hospital
Progress Report – Contract Agreement Number 172237
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1. Summary of all activities, efforts, and outcomes.

Through our nine-partner consortium, efforts have been underway to execute our implementation plan for the Measure 110 Access to Care grant to address substance use disorder (SUD) in Benton, Lincoln, and Linn counties in Oregon.

The service coordination of the Measure 110 Access to Care grant activities are provided by the Project Coordinator under Samaritan Lebanon Community Hospital. The Project Coordinator has organized regular communications and meeting times, developed reporting templates and reported monthly at the Regional Mental Health/Substance Use Disorder Coalition meetings. The agencies implementing the activities are highlighted in the report.

The four objectives below are the central focus in our implementation plan.

Objective 1: Increase access to SUD treatment services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented populations with SUD.

Objective 2: Increase access to peer support, mentoring and recovery services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented populations with SUD.

Objective 3: Increase access to housing services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented population with SUD.

Objective 4: Increase access to harm reduction interventions in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented population with SUD.
All activities, efforts, and outcomes are outlined below under the designated objectives.

Outlined below are the activities, efforts and outcomes accomplished by each consortium member. They are outlined according to the four main objectives.

Objective 1: Increase access to SUD treatment services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented populations with SUD.

The Linn County Alcohol and Drug (LCAD) Program is responsible for the hiring of a 1.0 FTE SUD Treatment Specialist who is bilingual (Spanish) / bicultural. Currently, LCAD has a bilingual (Spanish) clinician offering SUD services and the plan is to add another Certified Alcohol & Drug

Counselor (CADC) to the staff, with preference for a culturally diverse individual. At this time, two applicants are in the interview process. Although the bicultural CADC has not been hired, staff with LCAD are continuing to provide the services outlined in the implementation plan.

LCAD provides full SUD American Society of Addiction Medicine (ASAM) screenings on-site and upon request, at off-site locations in the community. One challenge posed at this time is communicating to community partners that they can provide these services. LCAD believes that if they can increase communication of services to the local shelters and Primary Care Physicians (PCP) clinics, this will allow for a larger stream of referrals which will in turn allow more individuals to receive an assessment and engage with treatment options. The new Program Manager for LCAD has been working to understand the services that may be delivered through this grant and is responsible for informing the community partners of the work they do at LCAD to improve access to treatment in the community. LCAD is working on offering harm reduction services. LCAD has determined that as much as the off-site evaluations need to increase, harm reduction service promotion needs to occur to help engage members of the community and capture more referrals from community partners.

Another activity central to LCAD's implementation plan is to assist in engaging with treatment providers, including local medication assisted treatment (MAT) programs. LCAD has worked to build relationships with local MAT programs and has been most successful in partnering with the Samaritan Treatment and Recovery Services (STARS) program. LCAD continues to seek partnership with the Albany Comprehensive Treatment Center.

Coordination with peer support is a crucial part of recovery and actively occurs at LCAD. Community partnerships with Family Tree Relief Nursery (FTRN) and Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) have existed over the years and continue to work smoothly to ensure delivery of peer support for those in LCAD treatment. Staff from FTRN attend weekly LCAD staff meetings to discuss progress regarding their outreach to LCAD clients. Coordination with C.H.A.N.C.E. occurs around services delivered to those coming out of prison and reintegrating to the community.

Samaritan Treatment and Recovery Services (STARS) has assigned the 0.2 FTE Clinical Supervisor and 0.8 FTE Intake Specialist to serve on the grant project. The Clinical Supervisor is responsible for providing support to all of the peer support specialist (PSS) at STARS. Initially, STARS assigned PSS to provide services for the grant project while working with Human Resources to post and hire for the new position. This has been a lengthy process and at this time, interviews for the PSS have been completed and they are waiting for the Human Resources department to finalize the hiring process. Unfortunately, the PSS originally assigned is no longer serving in that role. The Intake Specialist has developed a list of the clinics in the Lebanon, Sweet Home, and Brownsville areas and will conduct outreach to establish a relationship. He will provide STARS contact information to the clinic's staff so that patients with identified or reported substance use disorder(s) are able to be connected to treatment services. The connection with the clinics will assist in scheduling and completing SUD ASAM assessments as well as connection to peer support services.

ReConnections Counseling is responsible for the hiring of the 1.0 FTE Behavioral Health Navigator (BHN). The individual has been hired and has made 48 contacts to date. The BHN has linked referrals and walks-ins at the ANNEX to local resources which best fit their needs and make sure to follow up to confirm the connection. Their role is to familiarize the staff with the client and make connections as appropriate. The BHN coordinates appointments with mutual clients and communicates outcomes with treatment teams. She has reconnected clients who have lost contact with their mental health and SUD treatment teams and uses motivational interviewing to move clients from precontemplation to contemplation. The BHN works with individuals and families, one-on-one, to maximize their use of insurance, resources, and recommended care practices to improve their overall quality of life. The BHN can help people apply for Oregon Health Plan and navigate clients to community services such as housing support, food stamps, food acquisition, and support group meetings. Overall, the BHN has improved rapport and working relationships between the clients and the clinicians at the ANNEX and they have helped boost client involvement and confidence in team-based decision-making.

Objective 2: Increase access to peer support, mentoring and recovery services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented populations with SUD. Milestones Family Recovery is responsible for the hiring of 2.0 FTE Peer Support Specialists (PSS). There are currently three PSS at Milestones that have been actively providing support to those in housing. All clients who receive housing services via Milestones will have peer support specialist support. Each client in housing requires multiple contacts per week, some daily depending on the situation.

Family Tree Relief Nursery (FTRN) is responsible for the hiring of 3.0 FTE Peer Support Specialists (PSS). Two of the three PSS have been hired with one identifying as Indigenous and one as LGBTQIA2S+. FTRN continues to recruit for the third and final PSS position for this grant. In total, FTRN is working with 27 families with three of them identifying as indigenous. One aspect of the work that the PSSs provide include family education and parenting classes. FTRN has a parenting class in progress and has started a new parent group for its clients. The group will utilize the Linn County Armory on Thursdays and will be using the Parent Café structure. The group will be led by peers. FTRN is also working to provide relapse prevention/ support and conversations related to these topics are part of standard conversations. Additionally, they can provide spiritual and faith-based support, specific to the Indigenous populations they serve.

Samaritan Treatment and Recovery Services (STARS) is responsible for the hiring of 1.0 FTE Peer Support Specialists (PSS). This has been a lengthy process due to workforce shortages. Interviewing has been completed and Human Resources is in the process of completing the hiring process. Unfortunately, the PSS originally assigned is no longer serving in that role. Although the new PSS has not been hired, STARS has other staff that have been able to offer PSS services to underserved and marginalized populations.

C.H.A.N.C.E. is responsible for the hiring of 3.0 FTE Peer Support Specialists (PSS). C.H.A.N.C.E. has identified three individuals and all three have extensive training and knowledge in how to best support those that are a part of the BIPOC and LGBTQIA2S+ communities. The three individuals are scheduled to begin the PSS training during the second week of March 2022. C.H.A.N.C.E. continues to work with community partners to provide and receive referrals, provide emergency sheltering and assistance, host recovery support activities, and provide PSS services.

ReConnections Counseling is responsible for purchasing and distributing emergency supplies for approximately 100 people with SUD who are unhoused. They are also responsible for providing office space to meet with those who are needing services. To date, ReConnections Counseling has purchased 25 sleeping bags, 35 solar powered charging stations, 25 tents, 25 packages of warm socks, and 25 solar powered flashlights. They provide the ANNEX, Community Recovery Center for service integration. The BHN is in charge of distributing emergency supplies to those that are seeking them. They have a tracking system to determine who is given which supplies and when.

Objective 3: Increase access to housing services in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented population with SUD.

Milestones Family Recovery is responsible in serving six individuals per month (three men and 3 women) with transitional housing in Benton county. Currently, they are serving 10 women and 10 men through their housing program. All clients in housing are receiving wraparound PSS services.

C.H.A.N.C.E. is responsible in serving 23 individuals per month through rental assistance, temporary, transitional, recovery, and low barrier housing in Benton, Lincoln and Linn counties. They have provided extensive sheltering assistance and recovery supports to the LGBTQIA2S+ and BIPOC communities to ensure they have access to resources and assistance according to their unique needs and culture. To date, they have served nine individuals who were previously houseless.

CSC is responsible in serving 15 individuals per month through providing rental assistance to people with SUD in Benton, Lincoln and Linn counties. Through community referrals and client contacts, CSC was able to identify twelve individuals who were both experiencing SUD and housing insecurity. They have worked with each individual to identify obstacles and create a plan or braided services that would allow housing security. Five of these individuals are currently in the process of applying for housing with the assistance of a case manager. One individual has been able to receive a placement in transitional housing, while continuing to work toward permanent housing. One individual has secured permanent housing and received financial assistance toward deposits and rent. The remaining individuals are continuing to work with case managers and community partners.

Lincoln County Sheriff's Office (LCSO) is responsible for providing 15 individuals per month with temporary housing through the Law Enforcement Assisted Diversion (LEAD) Program. LCSO has worked in partnership with ReConnections Counseling, the LEAD navigator provider, to determine best use of housing funding for the individual clients. Over the last year, it was observed that the cost of transit lodging was continuing to increase. ReConnections Counseling offered a viable solution to supplement transit lodging options for short term housing needs through offering an apartment space in a duplex they recently purchased for client needs and delivery of navigation services. The LEAD program now has the ability to house multiple clients in a residential space where navigators can meet and connect them with services while transitioning them to longer term housing options. As outlined below, LCSO have provided LEAD housing to two homeless clients during this reporting period and have connected them with several services. The LEAD program reduces the number of calls for service for public safety agencies and the number of emergency department (ED) visits to the local hospitals. The LEAD Transitional Housing Apartment began taking LEAD homeless clients on November 1, 2021. Within days, a LEAD client moved into the apartment and received stable, supportive housing with a Peer Support Specialist and LEAD Navigator assigned to them. While the client lived in the LEAD Transitional Housing Apartment, the following services/connections were made to support stabilization:

- Referral to the Office Based Addiction Treatment (OBAT) Clinic funded through the Bridges to Recovery Grant for medication assisted treatment (MAT)
- Referral to Robin Fox, PNP, for Mental Health Medication Management
- Daily Peer Support to help support employment efforts
- Application for SSI was completed with LEAD Navigator
- Application for subsidized housing completed
- Referral to Lincoln County Health and Human Services for mental health counseling
- Participant was taken to Grace Winds and was assigned a mailbox, and was offered services through this homeless connection/navigation program
- Substance Abuse Evaluation and treatment offered to LEAD client
- ReConnections Counseling ANNEX- Community Recovery Center
- Lincoln County Sheriff- Jail Counseling Division

Objective 4: Increase access to harm reduction interventions in Benton, Lincoln, and Linn counties, targeting marginalized and underrepresented population with SUD.

Lincoln County Health and Human Services (LCHHS) is responsible for the purchase and distribution of a 6-month supply of Narcan/naloxone (700 kits) for Benton, Lincoln and Linn counties. To date, 216 kits have been purchased and distributed. Additionally, 36 LCHHS staff have been trained in overdose reversal. Narcan has been delivered to all schools in Lincoln County through the school district nurses with 40 kits distributed to the school-based health centers for youth requesting them. LCHHS has worked with the Lincoln County School District to distribute overdose information to all middle and high school parents via school-issued personal devices and parental notification apps.

2. Number of unique individuals who engaged with peer services.

	Organization			
	C.H.A.N.C.E.	Family Tree Relief Nursery	Milestones Family Recovery	Samaritan Treatment and Recovery Services
TOTAL Number of Individuals who engaged with peer support services	0	89	20	0

This grant program has served 109 unique individuals through peer services. C.H.A.N.C.E. has served many individuals through other PSS services within its organization, however, the three PSS working on this grant are in the process of receiving training and have not yet started to provide services for clients. The STARS PSS originally assigned is no longer serving in that role. STARS has completed interviewing for the PSS position and they are waiting for the Human Resources department to finalize the hiring process.

3. Total number of individuals in housing who accepted and received recovery peer support, harm reduction education and tools and/or treatment services.

	Organization			
	C.H.A.N.C.E.	Community Services Consortium	Lincoln County Sheriff's Office	Milestones Family Recovery
TOTAL Number of individuals in housing who accepted and received services	101*	11	2	20
Recovery Peer Support Services	101	4	2	20
Harm Reduction Education and Tools	21	11	2	20
Treatment Services	15	2	2	20

*At this time, the total has not been calculated for C.H.A.N.C.E.. To prevent duplication, it is reported that at least 101 unduplicated individuals have received services.

This grant program has served at least 134 unique individuals who are in housing and who have accepted and received recovery peer support, harm reduction education, and/or treatment services. The recovery peer support services, harm reduction education and tools, and treatment services are not a direct result of this grant. Of those 134, 127 individuals have received recovery peer support services, 54 have received harm reduction education and tools, and 39 have received treatment services.

4. Total number of individuals from the BIPOC, Latinx or LGBTQIA+ communities who received services from a peer.

	Organization			
	C.H.A.N.C.E.	Family Tree Relief Nursery	Milestones Family Recovery	Samaritan Treatment and Recovery Services
TOTAL Number of individuals who engaged with peer support services	0	89	20	0
BIPOC	0	21	6	0
Latino/a/x	0	1	2	0
LGBTQIA2S+	0	0	1	0

This grant program has served 109 unique individuals through peer services funded through this grant. Of those 109, 27 identified as members of the BIPOC community, 3 identified as Latino/a/x, and 1 identified as LGBTQIA2S+. C.H.A.N.C.E. has served many individuals through other PSS services within its organization, however, the three PSS working on this grant are in the process of receiving training and have not yet started to provide services for clients. Other PSSs at C.H.A.N.C.E. working through other funding streams have served 39 individuals who identify as BIPOC, 28 who identify as Latino/a/x, and 37 who identify as LGBTQIA2S+. The STARS PSS originally assigned is no longer serving in that role. STARS has completed interviewing for the PSS position and they are waiting for the Human Resources department to finalize the hiring process.

5. Total number of individuals who worked with a behavioral health navigator to coordinate care.

	Date Data Collected	
	January 19, 2022	February 18, 2022
TOTAL Number of unique individuals working with the Behavioral Health Navigator	40	48

The Behavioral Health Navigator has served 48 individuals as of February 18, 2022.

6. Total number of naloxone kits distributed throughout the community.

	County		
	Benton	Lincoln	Linn
Number of naloxone kits distributed	72	72	72

The Regional Overdose Prevention Coordinator has purchased and distributed 72 Naloxone kits for Benton county, 72 Naloxone kits for Lincoln county, and 72 Naloxone kits for Linn county. In total, 216 kits of Naloxone have been purchased and distributed in the tri-county region.

7. Number of individuals who were houseless prior to accessing housing support associated with this grant.

	Organization			
	C.H.A.N.C.E.	Community Services Consortium	Lincoln County Sheriff's Office	Milestones Family Recovery
TOTAL Number of individuals who were houseless prior to accessing housing support	9	12	2	4

This grant program has served 27 individuals who were houseless prior to accessing housing support associated with this grant.

8. Summary of any community partnerships that were leveraged to complete the work associated with this grant.

Organization	Key Community Partners Leveraged
C.H.A.N.C.E.	C.H.A.N.C.E. works with several governmental, cultural and community partners to assist those targeted in this grant in order to help them find appropriate and supportive services. These partners include: Jackson Street Youth Shelter, Siletz Tribal Council, Vet-Net, Linn county, Benton county, Lincoln county, Senior and Disabled Services, Ideal Options, and the Department of Human Services.
Community Services Consortium	The Community Services Consortium (CSC) works with the Benton County Health Department to help clients access harm reduction services, including needle exchange, naloxone kits and overdose prevention clinics. CSC has at least one client working with Family Tree Relief Nursery for peer support. CSC has worked extensively with the Linn Benton Housing Authority to

	<p>obtain long-term housing supports. Additionally, they have worked with Corvallis Housing First, C.H.A.N.C.E. and Safe Camp in efforts to provide temporary housing to individuals working towards permanent housing. One client with CSC is currently working with Salem Methadone Clinic.</p>
<p>Family Tree Relief Nursery</p>	<p>Family Tree Relief Nursery (FTRN), who provides peer support specialist services focused on serving the BIPOC and LGBTQIA2S+ population, has a variety of community partners that the peer support specialists interact. One partner consists of the Sweet Home Community Engagement Police Task Force. Collaboration with this organization involves outreach on a weekly basis in the homeless community. Community Court is another way in which the peers are engaged. Community Court is a public hearing where small offenses are offered support rather than jail time. FTRN attends client staffing with community partners to offer support where needed. Initial steps have been made to execute a partnership with the Benton County Police Department; a meeting has been held and services were shared while an official partnership is pending. Timber View, another partner, is a rehabilitation facility that provides space for individuals who are leaving the hospital. Coordination with their administrative director has led to a partnership for individuals who identify as having a SUD and nowhere to release. FTRN works with their residents to find recovery housing. Vina Moses, a support organization in the Benton community, has recently reached out to FTRN to become a referral resource for the individuals they serve that may benefit from SUD services.</p>
<p>Linn County Alcohol and Drug</p>	<p>The Linn County Alcohol and Drug (LCAD) Program, who is providing access to no-cost SUD services, including a variety of behavioral health services, has many key partnerships in the services they provide in the community. Peer support agencies are one example of such relationships that have been working well and continue to improve. Knowing the importance of the SUD work in Linn county and having recognition that it will take many agencies coming together to provide well rounded supports, LCAD management has met with the Medical Director of STARS to discuss areas of improvement and services lacking in Linn County. This conversation revealed that partnering agencies offering slightly different services, however they do have the same goals and insights into what the community does well and what it needs to offer better supports for recovery.</p>
<p>Lincoln County Health and Human Services</p>	<p>Lincoln County Health and Human Services, who is in charge of purchasing and distributing Naloxone for this grant, has formed community partnerships with the Lincoln Community Health Center, Samaritan Treatment and Recovery Services program, and Benton County Harm reduction. Through these partnerships, Naloxone can easily be distributed to those who need it the most in the community.</p>

Lincoln County Sheriff's Office	The Lincoln County Sheriff's Office, who is providing temporary housing for participants in the Law Enforcement Assisted Diversion (LEAD) Program, has many partnerships. The LEAD Navigator and Peer Support Specialist work together to connect with community partners both in Lincoln County and the surrounding area. Primary partners include Samaritan North Lincoln Hospital's Federal grant project "Bridges to Recovery" staff, Robin Fox, PNP, Lincoln County Health and Human Services, Turnkey-housing, Gracewinds Haven- Homeless Navigation, MAT referrals-Equinox Clinics, ReConnections Counseling ANNEX, Lincoln County Sheriff Department Jail Counseling division, HUD Housing, and Private Housing owners that will rent to people with supportive peers and navigators.
Milestones	Milestones Family Recovery, who provides PSS support and housing services through this grant, works closely with a variety of organizations to provide treatment and support services to their clients in care. Two primary partners include Philomath Counseling and Dr. Weisman's Healing Clinic. Additionally, Milestones has shared services that are readily available for clients who utilize their housing services. There are many services located within walking distance of the Milestones housing services. Milestones staff also indicated that there are many organizations in the Benton county region that have supports for those targeted through this grant.
ReConnections Counseling	ReConnections Counseling ANNEX – Community Recovery Center allows for partnership and collaboration among community members. Currently, over 10 community partners are utilizing the space for direct client services, harm reduction services, and monthly meetings. The space allows for members from various organizations to contribute their expertise and strengths to achieve something larger and more meaningful than they could otherwise do individually. Building community partnerships allows ReConnections Counseling to address the problem in depth from multiple directions with multiple partners.
Samaritan Treatment and Recovery Services	Samaritan Treatment and Recovery Services (STARS) has many partners and is working on developing further connections with clinics in the area to inform them of the treatment services at STARS and to form solid partnerships. Additionally, STARS has a relationship with FTRN through coordination of PSS services through other grant programs and has connected with FTRN to actively recruit for PSS positions, as FTRN has a PSS trainee program.

9. Summary of any success stories the grantee would like to share.

Organization	Success Stories Shared Directly from the Consortium Members
C.H.A.N.C.E.	<p>“Our staff connected one young adult that identified as a member of the LGBTQIA2S+ community. They provided the appropriate referral to Jackson Street and the young adult is now being visited regularly by Jackson Street outreach for transitional housing and is re-engaging in school for their GED. One young adult identified from an Alaskan tribe and was connected to a Siletz peer support specialist and Jackson Street outreach worker. A young adult reported having psychiatric needs with a history of suicide attempts, was connected to a Jackson Street outreach worker, and is working with mental health to have his needs met. He identified as a Latinx member.</p> <p>A 19-year-old member reported accessing the shelter when he was 17 and is now 19 years old, C.H.A.N.C.E. Recovery took over this shelter approximately one year ago. The peer reported a traumatic past. The C.H.A.N.C.E. staff connected the young adult to the Jackson Street outreach team. He identifies as Latinx.”</p>
Community Services Consortium	<p>“One of our families was living outdoors in a tent and struggling with SUD. They have since began working with multiple community partners, receiving drug treatment, peer support, overdose and crisis classes as well as working with our case managers to find permanent housing. We were able to help them find, apply for and pay deposits for permanent housing as well as connect them with a housing voucher. We continue to work with the family around educational and vocational supports as well as ongoing housing supports to help them be successful in maintaining their permanent housing. Their children are in school and the family is working to overcome past trauma and create a life that works for them.”</p>
Family Tree Relief Nursery	<p>“A client who was in an accident moved here from Portland, who is non-abled, was reconnected with his family, was referred to Timber View Rehab social services to assist him getting set up with SSI, and now is working towards getting connected with housing resources.</p> <p>A client I met in a houseless camp in Sweet Home, OR, shared with me that he is involved in mental health and outpatient services at Milestones Family Recovery. He is working with the resources at community court to continue to work towards his goal of housing.</p> <p>A client I am working with recently got into an apartment with his family after spending 4 years living with family members and sober living houses. He currently is employed and has his family living with him.”</p>

<p>Linn County Alcohol and Drug</p>	<p>“A few weeks ago, STARS called LCAD to ask if a SUD ASAM assessment could be provided for a patient at the Samaritan Albany General Hospital Intensive Care Unit. The hospital called STARS for this outreach service but they did not have staff available, which prompted them to call LCAD. Fortunately, staff at LCAD were aware of the need to provide off-site SUD ASAM assessments, so we agreed to call the hospital and find out more regarding the patient and their needs. The information shared by the hospital was that the patient would be receiving medical services for another couple of days and was interested in seeking services for alcohol use. LCAD staff were not available this same day and arranged with the hospital to conduct the assessment the following day, since the patient would still be in their care. Staff went to the hospital, completed an off-site SUD ASAM assessment, and enrolled this individual into outpatient treatment, arranging time to come to their first appointment at LCAD. Due to the amount of coordination that went into planning grant opportunities, each community partner has more awareness of the other’s services. Had those conversations not occurred, this patient could have gone without the immediate access to a SUD ASAM assessment, recommendation, and enrollment to treatment.”</p>
<p>Lincoln County Health and Human Services</p>	<p>“Our biggest success this quarter is the renewed partnership with the Lincoln County School District.”</p>
<p>Lincoln County Sheriff’s Office</p>	<p>“The current LEAD Transitional Housing Apartment has a participant that has been terminated from C.H.A.N.C.E. Housing and the TURNKEY housing due to issues correlated to her mental health diagnosis. This housing opportunity and supportive environment has allowed her to stabilize and start the connections to community services and supports. This reduced the police interactions/arrests that were occurring on almost a daily basis.”</p>
<p>ReConnections Counseling</p>	<p>“The Behavioral Health Navigator has developed relationships with clients that are compassionate and non-judgmental. Recently one of her clients was incarcerated and he started calling her phone 4-5 times per day for support and understanding. When he got out of jail, the first place he went was the ANNEX Community Recovery Center where he feels supported and valued. He not only has co-occurring disorders but also is developmentally disabled. The BHN has developed a relationship with him where he feels worth and she focuses on his accomplishments and abilities.”</p>