

**Linn, Benton, Lincoln Partners for Health  
Meeting Summary  
Samaritan Lebanon Community Hospital  
525 N. Santiam Hwy., Lebanon, OR 97355  
January 14, 2020  
1:00 p.m. – 2:15 p.m.**

**Participants:** Jeannie Davis, Ed.D., Deb Fell-Carlson, Sheryl Casteen, Diane Giese, Angie Gorman, Julie Jacobs, Jana Kay Slater, Ph.D., Earlean Wilson Huey

**Conference Call:** Shelagh Baird, Sommer McLeish

**Welcome:**

Dr. Davis welcomed everyone to the meeting.

**Meeting Minutes:**

The December 10, 2019 meeting minutes of the Linn Benton Lincoln Partners for Health were presented. **Dr. Slater made a motion and Diane Giese seconded the motion to approve the December 10, 2019 meeting minutes as presented. The motion was voted upon and unanimously approved.**

**2020 Summit:**

Discussion focused on the 2020 Summit.

- Dr. Jeannie Davis spoke with the CCCWN about the summit and the response was very positive as many of them want to attend the summit and we should expect a large group at the summit based on this response. Marcy Shanks oversees the nursing students at LBCC and they along with Dr. Jeannie Davis's medical students are also interested in attending. Sommer McLeish commented she is hearing the same thing at her Parenting Success Network for Rural Families meetings with more people wanting to attend. Generational poverty is a topic of great interest.
- Sheryl Casteen noted that we have a limit of about 100. She also stated that soup and sandwiches would be served for lunch at the 2020 Summit.
- Dr. Slater read Rich Waller's letter of resignation. Concerns about his task of overseeing the Eventbrite registration page were discussed. ***We will need to follow up on this and ask Mr. Waller to forward his lists of past attendees and other information relating to Eventbrite.***

**Culinary Health Education & Fitness (C.H.E.F.) Update:**

Diane Giese gave a C.H.E.F. update.

- Diane Giese is the Healthier Communities Coordinator for East Linn County and rural Benton County. Shelagh Baird is the Healthier Communities Coordinator for Lincoln County.
- CATCH is being implemented at 11 sites. County Coordinators regularly check in with CATCH Champions to offer support as needed.
- Tasting Tables are being implemented at 11 sites. County Coordinators regularly check in with Tasting Table Coordinators to offer support as needed. Tasting Tables continue to go well. Garlic was the Pick of the Month last month.

- Cooking Classes:
  - a. Year 3 - 11 courses and 137 participants.
  - b. To date - 52 total courses and 810 participants.
  - c. Pati D'Eliseo from Food Share of Lincoln County is on medical leave and expected to return January 20, 2020. She teaches the cooking classes in Lincoln County. There is a bilingual class being scheduled for some time in February, and a family class scheduled for March and April 2020.
  - d. Classes in Linn and rural Benton Counties - Julie Jacobs teaches these cooking classes with the assistance of COMP NW medical students.
  - e. Upcoming Winter 2020 Cooking Classes:
    - Youth and Family Cooking Classes, Lebanon.
    - Youth Cooking Classes, Sweet Home.
    - Eat Together, Eat Better (Facilitated in Spanish), Newport and Lebanon Cooking Matters for Families, Newport.
    - Cooking Matters for Teens, Siletz.
  - f. Volunteers: Volunteers are needed in all counties.
    - Dr. Jeannie Davis addressed this issue and she is working on this with her medical students.
    - ***Deb Fell-Carlson said that the Lebanon Undivided has ample volunteers and will email Krystal Boyechko and see if she should reach out to them.***
    - Julie Jacobs from the Moore Family Foundation that teaches the Lebanon cooking classes noted that she is need of a lead for an upcoming family cooking class. The plausible dates for this class are Saturdays, February 22, 2020 - March 14, 2020 at the Lebanon Soup Kitchen from 2:30-4:30 p.m. or February 25, 2020 - March 17, 2020 on Tuesdays at the Lebanon Senior Center in the afternoon. The time is not decided yet. Dr. Slater noted that if they were at the Lebanon Soup Kitchen she would like to go do an observation. Julie Jacobs said that the volunteer for this class would have to complete an online training, then observe a class, then assist with the pre-prepping.
- Discussion developed around the Tasting Tables: Dr. Jeannie Davis reported that the COMP NW medical students had their first Tasting Table using the Samaritan Health Pick of the Month, garlic. Dr. Jeannie Davis teaches the Med Well program, which is their wellness program. This was done last week Wednesday, and the students used the Grand Garlic recipe from the POM flyer. The discussion continued noting that the Tasting Tables are seeping out into the community. The Lebanon School District is now having Tasting Tables for their teachers every month, Lebanon area churches , and the medical school.

### **Community Outreach:**

Dr. Jeannie Davis suggested a Community Health Fair. There has been one for the last four years being held at the Lebanon Walmart that her rural tracked medical students participate in. She suggested expanding this to a larger fair.

Deb Fell-Carlson said that Live Longer Lebanon has a goal to participate in a wellness fair.

Brainstorming continued with ideas for screenings, social welfare and more. It was noted that children need screenings. Often the children that participate in sports are screened, and those that do not are overlooked.

Angie Gorman brought up the passport system and sometimes it becomes more about the signing of the passport and less about gathering the information.

### **Announcements:**

The following announcements were shared.

- Deb Fell-Carlson said the 5210 Challenge is coming up in February. BP checks at the Lebanon Senior Center will be offered and the Lebanon School District's Tuesday Folders will include a 5210 flyer for families.
- LBCC will be picking up the Faith Community Nursing Class. This class is scheduled for April 2020.
- The Transformational IHN (Inter-Community Health Network) meeting this Wednesday will speak to their goals of homelessness, groceries, and housing. Deb Fell-Carlson will plan on attending.
- Dr. Jeannie Davis's new role is Director of Community Health, and she said her medical students will have 30 hours of community service learning which will not just be hands on, but more problem solving.
- Julie Jacobs is going to be submitting an abstract on C.H.E.F. to the Nutrition 2020 in Seattle representing the Moore Cooking Center at the end of May.
- Deb Fell-Carlson said that the Live Longer Lebanon did not get the grant they applied for, but they will still move forward with some rendition of that project.
- It was brought up that Julie Miller who runs the Welcome Center at Lebanon is really struggling with the backpack program. There is also a great need for feminine products. Currently RKI in Lebanon helps to fund those items. Earlean Wilson Huey suggested that the Health Fair might be a place to address the issue of feminine products.
- Angie Gorman gave an update on the Lebanon School District Food Service:
  - Lebanon is feeding the students, 2,000 breakfast meals, 2,000 lunch meals, and 300 dinners daily. Lebanon provides food for the Tasting Tables, the staff Tasting Tables, and funds the staff wellness through their grant.
  - Lebanon is working now on getting their grant refunded.
  - Lebanon teachers were surveyed, and lack of sleep and high stress were surfaced as top concerns for them.
  - Lebanon continues the Farm to School Program - serving local foods, milk and bread.
  - Lebanon just received the Farm to School Education Grant for \$68,000.00.
  - There is a new agriculture class at Seven Oak, with Amanda Sader teaching this class. During the holiday students that aren't at school don't have access to meals. Angie Gorman contacted Oregon Department of Education to find out how Lebanon could legally provide meals. As long as they provide educational activities, they can provide food. Bo Yates, superintendent approved this and over the holiday break 35 children, ages 1-18 were served daily. Adults may purchase a meal for \$3.90. Earlean Wilson Huey suggested tickets in the future be provided to adults to buy a meal. This program was very successful, and students eagerly participated in the educational activities. Connections were made as a result of doing this. An example of this that Angie Gorman gave was about a student that wasn't going to have a Christmas, and the food service worker who knew this child from the school where she normally worked, contacted the Welcome Center, and they were able to provide a Christmas for this family.

- Lebanon Undivided volunteers put a bench in at Cascade School to honor Eddy Aiken near the greenhouse. He was a master gardener and volunteered non-stop for the garden program.
- Sheryl Casteen gave out information for her free upcoming gardening classes: Six classes starting February 26, 2020 at the Veterans' Home Activity Center in Lebanon, Oregon from 6:30-8:30 p.m. and six classes starting March 5, 2020 at Emanuel Lutheran Church in Albany, Oregon from 6:30-8:30p.m. These are basic gardening classes, mainly lecture.
- Dr. Jeannie Davis announced that her rural health track medical students will be presenting information about the HPVP vaccine at the Albany Boys and Girls Club Center on February 13, 2020 at 4:00 p.m.

**Adjourn:**

The meeting was adjourned at 2:15 p.m.

Respectfully Submitted  
Diane Giese