

Linn, Benton, Lincoln Partners for Health (Partners for Health)
Virtual through Microsoft Teams
1:00 p.m. – 2:25 p.m.
October 27, 2021
Meeting Summary

Participants: Jeannie Davis, Ed.D., Shelagh Baird, Terri Fackrell, Deb Fell-Carlson, Julie Jacobs, Joanna Kubes, Lille Manvel, Sommer McLeish, Jolynn Meza Wynkoop, JoAnn Miller, Stephanie Russell, Brettaine Thurston, Earlean Wilson Huey, Madison Yock, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

Everyone welcome Brettaine Thurston, who is working with Deb Fell-Carlson and is working on a project for community outreach for diabetes.

Meeting Minutes:

The September 14, 2021 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Shelagh Baird made a motion and Deb Fell-Carlson seconded to approve the September 14, 2021 meeting minutes as presented. The motion was unanimously approved.**

Strategic Plan Updates:

JoAnn Miller noted that we have been discussing the Strategic Plan over the last few month. Do we want to update the plan for current efforts and events that have taken place?

- **JoAnn Miller** – We will launch into our hospitals Community Health Needs Assessments in 2022.
- We want to continue to look at prenatal, cancer and outreach, diabetes and there has also been an increase in Indigenous languages and the Mam speaking population We want to look at our Strategic Plan and make sure we are addressing those needs.
- Do we want to wait and look at the Strategic Plan after we finish our Community Health Needs Assessments or look at what we have now and then review again after we complete the Community Health Needs Assessment process?
- **JoAnn Miller** - In the past we have implemented the Coordinated Approach to Child Health (CATCH) program and the Culinary Health Education and Fitness (C.H.E.F.) program. We also have reviewed our Samaritan Health Services (SHS) obesity BMI/obesity data. We can continue to focus on these programs, but are there also other programs and services we can implement along with other community partnerships? Are we looking at programs that improve health outcome in our region and our rural counties?
- **Terri Fackrell** – There are different groups in our community that are doing virtual activities. Newport 60+ has virtual activities and they have people out of state using their classes. It is the matter of getting the word out on our local programs that community members can access.

Resource Guides:

Jolynn Meza Wynkoop reported on the Resource Guide.

- We are looking at developing a website that we can embed the Resource Guide into and have a link to available resources in our communities.

- We are currently identifying an OSU graduate that has website design experience to help with the website. Currently, finalizing the State of Work with this individual. The website will take approximately a month to create and organize.
- The website will be for the Coast to Cascades Community Wellness Network (CCCWN) and include information from our various Coalitions/groups such as oral health, Partners for Health, substance use disorder (SUD), opioid use disorder (OUD), etc. We will be able to promote our yearly Summit, 5210, CCCWN Newsletter, meeting minutes, different reporting documents for our grants, etc. with resource documents and separate PDF documents.
- **Earlean Wilson Huey** – Will the site be hosted on SHS?
 - a. **Jolynn Meza Wynkoop** – It will be a completely different site. We will work with SHS Marketing Department on basic information. Once the website is developed we can provide a link on our SHS website.
- **Dr. Jeannie Davis** – Will it link to different organizations and community pages?
 - a. **Jolynn Meza Wynkoop** – Yes, we would like to do this. Will have a list of CCCWN members an envision that it will link to their organization’s web page.
 - b. **Deb Fell-Carlson** - Would like to suggest a link to Connect Oregon.
 - c. **Jolynn Meza Wynkoop** – The resource section can also have a topic section so we could list Connect Oregon.
- **Sommer McLeish** – Food Share of Lincoln County has resource guides and pocket guides in English and Spanish. We may want to tap into these.
- Unite Us platform doesn’t have a lot of agencies listed and is limited. It might be duplicated.
- IHN Delivery System Transformation has a workgroup – Might get additional entities registered from there.
- It was suggested to check with Community Services Consortium. They have a resource guide based on service areas and age. Not sure if maintained or not. They have cards with several resource topics and an alphabetical one updated in 2020.
- **Jolynn Meza Wynkoop** – Have currently been working off 3 different resource guides.
- **Sommer McLeish** – Pollywog website has a ton of resources. They have resources in English and Spanish. They would be good to add.
- **Jolynn Meza Wynkoop** – It would be good to embed translation. Will look at working with the designer on this. We want something more accurate than Google Translation. We do want some resources in Spanish.
- The concern with putting resources in both English and Spanish is that some agencies don’t have staff that is bilingual and bicultural. It is valuable to have, but there would be the need for someone that could assist others.
- **Julie Jacobs** – Can we connect people with translation services specific to medical/dental and mental health in general? There are Health Navigators that speak different languages and could help with resources.
- **Jolynn Meza Wynkoop** – We could list those individuals/agencies that specialize in interpreter services and link to resource guide.
- Will resources be listed by county?
 - a. **Jolynn Meza Wynkoop** – Will list by county and within can do by category. Would love a search engine built in if possible to pick region, resource, etc.
- Will this be a duplication of services? If Community Services is a member of the CCCWN, can they be listed and then you can click on their resources?
 - a. **Jolynn Meza Wynkoop** – Can have CCCWN members listed and could do a link to their resources.

- b. **Terri Fackrell** – If we could round up links to other resources that might be a better use of time and time saving.
 - c. **Dr. Jeannie Davis** – Yes, if we tag into their resource guide they would update on their end and then we wouldn't have to update.
 - d. Our CCCWN website could have name and link to other organization's website, especially if we know their organization has resources. We could also list those that don't have a link to resources.
- **Earlean Wilson Huey** – Continues to receive messages for oral health. She noted that she used to be the coordinator for this grant program. We do have a program in East Linn County and Benton County for underinsured and uninsured for adult emergency dental vouchers. This is not well publicized. Do we need to add as a resource?
 - It will be a forever changing document. We need to make it as simple and user friendly as possible.
 - **Jolynn Meza Wynkoop** – We aren't creating resources. We will create a page to link to other resource guides (resource page with a bunch of links).
 - **Jolynn Meza Wynkoop** – *Will send information out within approximately the next week to Partners for Health with links to resource guides for review.*

2022 Summit and Review of Past Summits:

Discussion focused on the 2022 Summit and the group reviewed past summits.

- We talked about having the summit around behavioral health, resiliency, mental health, and impacts of COVID-19.
- There was a document distributed with the agenda packet that listed prior summits from 2011 through 2021 listing the dates, title, speakers, and if there was an evaluation. The document was reviewed.
 - a. **May 9, 2011** – *Title – Efforts and Strategies to Reduce Childhood Obesity in our Region.* There was also discussion around Instant Recess and CATCH.
 - b. There was no summit held in 2012.
 - c. **March 8, 2013** – *Title – Coordinated Approach to Child Health.* There was discussion around CATCH, Community Health Assessments, and updates on childhood obesity.
 - d. **February 5, 2014** – *Title – Supporting Families and Communities in Keeping Kids Healthy.* There was discussion around long-term consequences of obesity in children, policy, systems, and environmental change, and Healthy Eating Active Living.
 - e. **April 15, 2015** – *Title – Let's Get Cooking.* There was discussion around eating healthy and living better, policy for obesity prevention in action, culinary education for children, and we also had Chef AJ as a speaker talking about the secret to weight loss and a plant-based diet.
 - f. **April 20, 2016** – *Title – Untangling the Web of Childhood Obesity.* There was discussion around strategies for combating obesity in youth, pediatric obesity and chronic disease, chronic inflammation, Farm to School gardens, creating a culture of health, growing healthy schools and families, what children hear about the childhood "obesity epidemic," and strategies for addressing childhood obesity.
 - g. **April 18, 2017 and April 19, 2017** – *Title – Looking Through a New Lens to Build a Healthy Community.* This was an evening dinner event with a guest speaker followed the next day by a day summit.

There was discussion around childhood experiences and Trauma Informed Care, Chefs Unlimited presentation, Adverse Childhood Experiences and the impact on health, youth, and family engagement around health indicators, and examining community services and developing action plans.

- h. **April 17, 2018 and April 18, 2018** – Title – *Screen Time and the Impact on Social, Emotional, and Physical Health*. April 17, 2017 was a dinner and viewing of “Screenagers” There were different screenings of the film, “Screenagers.” April 18, 2018 - There was discussion around screen time and the impact on social, emotional, and physical health, how literacy design affects clients, cooking demonstration, “Screenagers” film discussion, Spanish workshop, promoting weight health equity, screen time solutions, and engaging children and youth in screen time reduction.
- i. **April 18, 2019** - Title – *Food Insecurity and the Resulting Impact on Physical and Mental Health*. There was discussion around tackling food insecurity in Oregon, the what, where, and why of food insecurity in our region, introducing food system thinking from the farmer’s perspective, Food, Education, Agriculture, Solutions, Together, food environment mapping for Linn, Benton, and Lincoln Counties, growing healthy families and communities (session in Spanish with simultaneous English interpretation), and superintendent panel.
- j. **September 11, 2020** – Virtual summit – Title – *2020 Virtual Community Health Summit: Generational Poverty*. There was discussion around generational poverty, Adverse Childhood Experiences and generational poverty, Spanish workshop on making poverty escapable, lunch time talks and break out sessions on COVID/emergency assistance programs with Community Services Consortium, generational poverty and medicine, housing with DevNW, poverty 101, and panel discussion on breaking free from poverty.
- k. **August 20, 2021** – Virtual Summit – Title – *2021 Partners for Health Solutions Summit*. There was discussion around Oregon Community Foundation, **youth health and wellbeing** – Linn County Mental Health, Linn Together, Olalla Center, CASA of Linn County, ABC House, Confederated Tribes of Siletz Indians, Parenting Success Network, Pollywog Family, Oregon Parenting Education Collaborative, Neighbors for Kids, Boys & Girls Club of Corvallis, Live Longer Lebanon, 5210, **affordable housing options** – Family Promise of Lincoln County, City of Corvallis, Hope Rises Village, Habitat for Humanity of Lincoln County, Community Services Consortium, Coastal Phoenix Rising with Northwest Coastal Housing, Oregon Health Authority, Unite Us, 211, **LGBTQIA2S+** - Claire Hall, Outside In, Integrity Women’s Health and Wellness, Bravery Center, Encompass, Jackson Street Youth Services, Citizens for Safe Schools, Queers and Allies of Coos County, **mental, behavioral, and oral health services** – Prime Plus Program and Nurture Oregon, ReConnections Counseling, Confederated Tribes of Siletz Indians, Capitol Dental Care, Advantage Dental, A Smile for Kids.
- For our 2022 summit, how do we tie together resiliency and community health?
 - a. What do we do to build resiliency – What are things that help in our community to build resiliency?
 - b. **Terri Fackrell** – There are some speakers through OSU in the free lectures program that talk about resiliency and how healthy eating, social engagement, mental health all help build resiliency or what happens in life.
 - c. Eat better and exercise helps build resilience.

- d. **JoAnn Miller** – Is there a way to bounce back from COVID-19. As we start to lift restrictions and not just look at vaccination requirements, but how do we bounce back from something such as the pandemic and become resilient. The hope is by February/March 2022 we will be back to more in person events if we continue with a downward trend with COVID-19. Are there solutions, especially since we have been in virtual meetings. As we think about resilience come up with solutions and suggestions. Is this a good topic to discuss?
- e. **Julie Jacobs** – How about rebuilding our resiliency?
- f. **Dr. Jeannie Davis** – When in public, have noticed some masked people aren't as nice and youth are starting to grow up being only around masked people. Youth may not have the same cues with facial expression. This might also be something to explore further.
- g. **Terri Fackrell** – There are different social strategies for folks as we come out of COVID and channels for topics around mental health, child mental health, and ways to build resilience.
- h. **Joanna Kubes** – Suggestion for a title for the 2022 summit – *“Strategies and Solutions to Build a Better Prepared and Resilient Community.”*
- i. **Julie Jacobs** – Training is crucial to the conversation. Maybe a speaker could do something on how you engage and start a conversation.
- j. **Joanna Kubes** - Topic around how to build resiliency in kids as they emerge from trauma. WBUR News may have some speakers. Undeniably, the COVID-19 pandemic has had a significant effect on children's mental health. Clinicians are seeing spikes in anxiety, depression, and in some cases, suicidal thoughts, and attempts. WBUR is exploring this topic through a series of stories called "Pandemic Generation."
- k. Brene Brown talks about resiliency. “Dare to Lead” based on Brene Brown's New York Times #1 Best Seller – Heidi East McGowan, MBA, MPH, Certified Dare to Lead Facilitator, East Consulting and Associates. Not sure if Dare to Lead is the one we are looking for but Heidi East McGowan might have others. *Jolynn Meza Wynkoop will check on availability and cost.*
- **Jolynn Meza Wynkoop** – At our summit for 2021 we did several breakout sessions with more informational learning. Yesterday helped facilitate the Implicit Bias training where there were more shared experiences. Do we want to look at a future summit for digging deep and sharing our own experiences?
 - a. **Joanna Kubes** – Feels it is good to have a blend of both.
 - b. Resiliency and sharing more personal stories.
 - c. If we do deeper down and emotional conversations, would the facilitator be experienced in that?
 - d. In the group yesterday with the Implicit Bias training they were open to conversation and facilitation was minimal. Many folks in that group had lived experience and some were people in recovery and shared their experience.
- What date are we thinking for the 2022 summit? Are we wanting to look at August?
 - a. **Dr. Jeannie Davis** – Medical student are on site in August. In April we may get more school district employees, but April is coming up quick.
 - b. **Sommer McLeish** – When you look at the evaluation questions around the date:
 - There were 13 people that preferred early August
 - There were 18 people that preferred late August.
 - There were 4 people that preferred early September.

- There were 5 people that preferred late September.
 - There were only approximately 40 people that filled out the survey.
 - There were 21 people that preferred a virtual summit.
 - There were 9 people that preferred a hybrid model.
 - There were 5 people that preferred an in-person summit.
- c. It looks like early or late August seems to be the best date for the 2022 summit and if we can be in person we could look at doing a hybrid type of model with Zoom and in person.
- We have had 160 people register for past summits and had approximately 120 people that showed up. We have had just as much participation with people showing up in Lincoln County as we have had for Benton and Linn Counties.
 - The Screenagers – Screen time summit was the most popular.
 - Our grants in the past have covered a good portion of the costs for the summit that is why we have kept the summits in rural Linn and Lincoln Counties. We haven't had a summit in Benton County. If we pay out of our rural grant we must have the summit in a rural location if most of the funding for the event is from the grant.
 - **Terri Fackrell** – If we were to consider a summit in Benton County, the Corvallis Community Center has 4-5 meeting rooms and a ballroom, which has virtual capabilities. Fridays are the best day for the Corvallis Community Center to host.
 - There are some Benton County college rooms or maybe the Benton Center if we would want to look at Corvallis for an event.

Announcements/Additional Busines:

Additional business/announcements were discussed.

- **Deb Fell-Carlson** – Linn-Benton Extended Learning is partnering with the Faith Community Health Network to offer the Foundations of Faith Community Nursing course for active and retired nurses and a parallel Foundations for Health Ministry course for lay members of the faith communities scheduled for November 15-16, 2021, November 29-30, 2021, and December 13-14, 2021 from 8:00 a.m. to 2:00 p.m. There are currently 15 students signed up for the course and 6 of the students are from North Carolina.
- **Dr. Jeannie Davis** – Lebanon is doing an addition to the Build Lebanon Trails on November 17, 2021 with a ribbon cutting event.
- **Sommer McLeish** - There is one on one parent support in English and Spanish for free for Benton, Lincoln, and Linn Counties.
- **JoAnn Miller** – Planning for 5210. Had a great meeting with Live Longer Lebanon. The Lebanon Schools are on board and looking forward to participating in activities. The 5210 date to launch the event is February 1, 2021. Last year, Jolynn Meza Wynkoop took the lead and helped promote at SHS. The hope is that all 5 SHS hospitals will be involved in the event. We are also hoping with the website people can register as a team and challenge those outside the hospital. Would like to see more adult involvement. Wyatt King has pulled up videos for 2019 that students did to promote 5210. There are no videos that have adults in them. Jolynn Meza Wynkoop noted that each hospital has an Engagement Committee and they are supportive of the event. We will work at promoting for SHS. ***Deb Fell-Carlson was asked and she agreed to get the banner and proclamation from the City of Lebanon.***

Next Meeting:

Since the next meeting falls on the second week of November, the group agreed to look at changing the meeting date more toward the middle or later in November. *Shelley Hazelton will work with Dr. Jeannie Davis to get the meeting rescheduled and get an updated meeting notice sent out.*

Adjourn:

With no further business to discuss, the meeting was adjourned at 2:25 p.m.

Respectfully Submitted

Shelley Hazelton

Community Health Promotion

Department Assistant