

Linn, Benton, Lincoln Partners for Health (Partners for Health)
Virtual through Microsoft Teams
1:00 p.m. – 2:00 p.m.
November 17, 2021
Meeting Summary

Participants: Jeannie Davis, Ed.D., Shelagh Baird, Joanna Kubes, Sommer McLeish, Jolynn Meza Wynkoop, JoAnn Miller, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The October 27, 2021 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Sommer McLeish made a motion and Jolynn Meza Wynkoop seconded to approve the October 27, 2021 meeting minutes as presented. The motion was unanimously approved.**

Review Suggested Focus Areas for 2022:

The Suggested Focus Areas for 2022 from previous committee discussions was noted.

- We've discussed areas around our Community Health Needs Assessments, Culinary Health Education Fitness (C.H.E.F.) program we implemented with a previous HRSA grant, childhood obesity, impact of chronic conditions, diversity, equity and inclusion, substance use disorder (SUD), and housing.
- SUD, poverty, and obesity are huge areas of focus.
- We share our obesity rates and Samaritan Health Services (SHS) data around these rates. Obesity rates have increased in Linn County.
- **Sommer McLeish** – Had a program and project with Spanish speaking families and kids in Lincoln County where they focused on the city and took pictures around town to tell a story. They looked at parks, schools, etc. and exact quotes from those involved were translated into English. There were different findings and one such finding had noted that Lincoln City school fields were locked down after hours, but not in Newport. They were able to follow up and resolve some different things throughout Lincoln City and Newport. The project was looking through the eyes of the community and what keeps a person from being healthy.
- **Dr. Jeannie Davis** - Exercise and fitness is important. She just attended a meeting with Lebanon Trails, which is connecting Grant Street to Cheadle Lake with trails.
- **Shelagh Baird** – OSU Extension Services received a grant to develop a community garden for low-income Spanish people.
- **Dr. Jeannie Davis** – If we did a photo type story project what population would we target. Maybe look at a population for each community – Benton, Lincoln, and Linn Counties.
- **Sommer McLeish** – We may want to reach out to Stephanie Russell to get further information on the photo project. ***Dr. Jeannie Davis indicated she would reach out to Stephanie Russell.***
- **Sommer McLeish** – Before COVID hit, we had a report on grocery stores.
- The food retailer assessments were done by Collin Durling, OSU student, working with OSU Extension Services. He did an assessment of grocery stores in Benton and Lincoln Counties and then presented information at the 2018 Summit at the coast.

Faire Holliday also presented information from an assessment of food retailers in Lincoln County and presented the information at the 2018 summit.

- We can look at revisiting food desserts and convenience stores vs. local Farmers' Markets.
- Food stamp clients started receiving a sizeable amount of funding for food on their EBT card when COVID hit. Is there a way to check the average amount a client received and whether they used these benefits? **JoAnn Miller noted she would research and check on this.** Hopefully with additional funds they were able to purchase at Farmers' Markets. WIC or OSU Extension Services might have data related to this.
- **Sommer McLeish** – Working in connection with OSU Extension Services to get different grocery stores to carry foods for Guatemalans or refugees. OSU Extension Services is working with Winco ,who has been a good carrier of ethnic and diverse foods. Walmart has some. It is interesting that some stores mark a section for Asian food and Asians have indicated that they don't eat that type of food.
- **JoAnn Miller** – We have been approached by a Foundation who wants to provide funding for programs in rural communities that integrate the social determinants of health into programs and activities. Some of things she has thought of to include have been to begin efforts with bringing in parent education at Samaritan Lebanon Community Hospital replicating what we are doing at the coast for East Linn County. We could have a part time person that coordinates and works with the OB/GYN clinic and primary care clinics that provides parent education on SUD, early childhood, etc. to Latino, Asian, and African American communities. We could incorporate our C.H.E.F. program, bring in community gardening, fitness, nutrition and integrating everything together. The C.H.E.F. program was very successful and we could bring in the medical students from COMP-NW to help with cooking classes and provide virtual classes and bring in OSU Extension Services and help provide food and incentives for class participants. We are currently working at standardizing parent education across our system. Lincoln County received funding from the state of Oregon for integrating and align parenting education within the healthcare system. The project in Lincoln County is supported by Oregon Community Foundation, Oregon Parenting Education Collaborative, Samaritan Health Services, Pollywog, and Parenting Success Network. Sommer McLeish has been the coordinator for the project and has done a great job of pulling everyone together and getting the different classes and projects implemented throughout Lincoln County. The Foundation is willing to fund projects for multiple years. They are requesting a report on our areas of focus for possible funding by this Friday and then they will decide on funding.
 - a. **Sommer McLeish** – This is a great idea. When we did the Cooking Matters classes – Teens seemed to be the most interested and they were making the actual meals at home.
 - b. **Shelagh Baird** – With the cooking classes it seemed like there were a lot of kids interested that were coming through Foster Care or those kids in families that were taking care of younger kids.
 - c. **Jolynn Meza Wynkoop** – When she went to West Albany High School, they had some funding they used to renovate the culinary program. Students that took the course created meals once a week for staff. The meals were amazing and they also created recipes. It might be good to loop in high school students.
 - d. **JoAnn Miller** – The Foundation funder wants to focus on rural and smaller critical access hospitals. If we are funded, we can work with Lebanon, and Sweet Home high schools to see if they would like to participate in programs implemented.
 - e. When we talk about parent education, would also like to include Sweet Home as well.

- f. **Sommer McLeish** – Coordinated Approach to Child Health (CATCH) – Putting out information on sun protection, smoking, vaping, and oral health.
- g. **Dr. Jeannie Davis** – Can medical students help be CATCH educators throughout the schools?
 - **Sommer McLeish** – Stephanie Russell has done train the trainer. Wouldn't see this as an issue.
- **JoAnn Miller** – Waiting to hear from SHS Human Resources on a paid medical student intern position (possibly 1-2 medical students) that would be an employee of SHS. This would be an hourly wage position.

Resource Guides Update:

Jolynn Meza Wynkoop reported on the Resources Guide.

- Sent out the information on Resource Guides to Linn, Benton, Lincoln Partners for Health for feedback a few weeks back. Additional resources were added. We won't be developing a whole new guide. We will have links to resource guides out in our communities that will be listed on our website.

Coast to Cascades Community Wellness Network (CCCWN) Website Update:

Jolynn Meza Wynkoop reported on the CCCWN website.

- She will be meeting with the gentleman tomorrow that will be helping with our website. Hopefully he will agree to take on and complete by the end of December 2021 at the latest.
- We can add 5210 to the website and all the different Coalitions, meeting minutes, activities, events, newsletter, grant activities, etc.

Pick of the Month:

The Pick of the Month was discussed.

- A committee met to decide on the fruits and vegetables for the Pick of the Month for 2022 through 2025. A copy of that document was attached with the agenda packet.
- June is always strawberries, due to the Strawberry Fair held in Lebanon in June.
- The committee tried to pick items that youth may not be exposed to regularly. They also took into effect when things would grow.
- Some of the interesting choices included seaweed, sage, fennel, basil, tomatillos, and plantains. Potatoes also included different colors and berries included a variety of berries.
- Prior to COVID there were Tasting Tables at the schools. There was also Tasting Tables at Comp-NW medical school prior to COVID.
- Samaritan Lebanon Community Hospital does post a Pick of the Month flyer in front of the cafeteria along with recipes each month.

2022 Summit:

Discussion focused on the 2022 Summit.

- A list of possible future summit speakers and topic suggestions was distributed with the agenda packet.
- Suggested speakers included:
 - a. Carolyn Aldwin, PhD with OSU – Effects of COVID-19 and isolation.
 - b. Heidi Igarashi, PhD with OSU – Strategies for re-entering your social world.
 - c. Brene Brown - Dare to Lead (Heidi East McGowan – Dare to Lead Facilitator) – Resiliency.
 - It was noted that Brene Brown isn't available.

- d. Dr. Christian Conte – How to cope with the pressing issues facing most companies and organizations – Anger management, de-escalation, leadership, and communication.
 - It was noted that Dr. Christian Conte was quite expensive.
- We can see if Dr. Carolyn Aldwin and Dr. Heidi Igarashi would be available to present to our group. *Dr. Jeannie Davis agreed to reach out to both these individuals to see if they can present to Linn, Benton, Lincoln Partners for Health and see if they can suggest any additional speakers.*
- Our focus for the 2022 summit is “Resiliency.”
- Can we have political candidates? Nicholas Kristof is running for the Governor of Oregon and has done advocacy with the homeless, recovery, etc. and has some good books out. He is focusing on rural Oregon and may not charge.
 - a. It was noted if he was coming in as an author and not focus on his political campaign, it may be acceptable.
 - b. Maybe Nicholas Kristof could be a speaker at an evening event before the summit. He has written a book titled, “Tightrope: Americans Reaching for Hope” talking about poverty in Oregon.
 - c. *Shelagh Baird noted that she would reach out to Nicholas Kristof and see if he might be available.*
- Date for the 2022 summit – Looking at a date in August.
- What kind of workshops and breakout session would we like to have?
 - a. **Families and parents** – Sommer McLeish has some connections and with some people that could talk about positive childhood experiences
 - b. **Healthcare**
 - c. **Mental health**
 - d. **Employment** – Lack of workers and childcare providers – Maybe make a distinction between living wage jobs and not and link into the work being done with the Behavioral Health Workforce Workgroup
 - e. Look at having just a few breakout sessions so that everyone can attend all
- Are we doing a hybrid type set up with virtual and some in person?
 - a. Yes, the consensus of the group was to do a hybrid type model.
 - b. If we do hybrid, how much space and would there be space in Lebanon. Once a date is finalized we could look at the Boulder Falls Conference Center.
 - c. **Dr. Jeannie Davis** – We could also explore the use of the LBCC Benton Center that is located on 9th Street in Corvallis. She is on the Board and could get the space for free. *Dr. Jeannie Davis indicated she would explore and follow up with JoAnn Miller.*
- Would we need a tech person in each room to help with the Zoom sessions?
- **Sommer McLeish** – The Oregon Coast Community College has a child development network that has developed an early childhood program. Data is showing lack of daycares and they have been talking about building a childcare center and once built hand off to an organization in the community.
- LBCC is looking at a childcare facility that will help students to learn about education and help to provide childcare for students.

Next Meeting/2022 Meetings:

The next meeting of Linn, Benton, Lincoln Partners for Health is scheduled for December 14, 2021. We will discuss the 2022 meetings at the December meeting.

Adjourn:

With no further business to discuss, the meeting was adjourned at 2:00 p.m.

Respectfully Submitted
Shelley Hazelton
Community Health Promotion
Department Assistant