

Linn, Benton, Lincoln Partners for Health
Meeting Summary
Samaritan Albany General Hospital
1046 6th Ave. SW, Albany, OR 97321
February 11, 2020
1:00 p.m. – 2:35 p.m.

Participants: Shelagh Baird, Krystal Boyechko, Deb Fell-Carlson, Diane Giese, Sharon Gibson, JoAnn Miller, Jana Kay Slater, Ph.D., and Shelley Hazelton

Conference Call: Earlean Wilson Huey

Welcome:

JoAnn Miller welcomed everyone to the meeting.

Meeting Minutes:

The January 14, 2020 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Dr. Slater made a motion and Deb Fell-Carlson seconded the motion to approve the January 14, 2020 meeting minutes as presented. The motion was voted upon and unanimously approved.**

2020 Summit:

Discussion focused on the 2020 Summit.

- DATE - April 16, 2020 from 9:00 a.m. – 3:00 p.m.
- KEYNOTE SPEAKER – The initial agreement has been signed with Dr. Donna Beegle.
- WORKSHOPS:
 - a. Dr. Donna Beegle – “Poverty 101”
 - b. Executive Director, Jorge Blandón or Paul Haeder, Lincoln County Representative – “Family Independence Initiative (FII)” - Will present the workshop in Spanish with simultaneous English interpretation – They are also hoping to have a family from Lincoln County that will share their story
 - c. Dr. Edward Junkins – “Epigenetics, Generational Trauma and Poverty”
- PANEL – “Breaking Free from Poverty” – Dr. Beegle, Kelley Story, and Dr. Davis will share personal stories coming out of poverty. The panel discussion will occur in the afternoon after the last workshop and prior to the closing/brainstorming session. **JoAnn Miller agreed to lead the panel.**
- CATERING – Beverages in the morning (no breakfast) and baked potato bar- includes chili, salad, dessert and ice water for lunch – **All members present agreed to the menu.**
- ROOM SET UP – They can set up conference rooms A-D banquet for 84 with 20 extra chairs around the perimeter or they can also set up theater for 120.
- RESOURCE TABLES – Krystal Boyechko is organizing. There will be 5 tables placed at the back entrance of the hospital where they set up for the Farmer’s Market. Conference rooms #1 and #2 will also be used for resource tables (4-6 tables).
- Ian Rollins will advertise on the Samaritan Insider. It was also suggested to advertise on the Lebanon Chamber calendar. **Deb Fell-Carlson will follow up.**

- Flyers are available.
- The Eventbrite registration page is ready to go.
- There was discussion on members helping introduce workshop speakers and help with evaluations.
 - a. *Deb Fell-Carlson agreed to introduce a workshop speaker.*
 - b. *Dr. Slater agreed to introduce a workshop speaker.*
 - c. *Krystal Boyechko will assign who will introduce each of the workshop speakers.*
- REGISTRATION TABLE – Help is needed with registration. *Shelley Hazelton, Shelagh Baird and Diane Giese will help with registration.*
- *Shelley Hazelton and Krystal Boyechko will be arriving early to help get all presentations loaded on the laptops. Deb Fell-Carlson agreed to also help.*
- DOOR PRIZES – Will be distributed at the closing. Suggestions for prizes included Instant Pot. *We could also follow up with Marketing at Samaritan Health Services (SHS) to see what they have for prizes – JoAnn Miller to follow up.* Discussion followed on having people fill out a ticket when they register that could go in a basket and tickets can be picked from for door prizes. Attendees would need to be present to win.
- CLOSING/BRAINSTORMING SESSION (15 Minutes) – Julie Jacobs will provide the closing session with brainstorming actionable items.
- EVALUATION/SURVEY – Will distribute at registration along with the program/packet.
- MC – Julie Manning.
- WELCOME – Marty Cahill.
- Will provide a podium with microphone and lapel microphone.
- LBCC may provide an opportunity for their nursing students to attend as part of their clinical.

Obesity Data:

SHS Pediatric BMI Data was presented for 2017, 2018, and 2019.

- 2017 and 2018 data were incorrect previously so updated data has been provided.
- Information shows data for the tri-county region (Benton, Lincoln, and Linn Counties).
- In looking at 2017 data, it was noted that the data still looks like it may be incorrect. *JoAnn Miller will follow up.*
- Members present reviewed the 2018 and 2019 data. Information was shared for ages 2-19.
 - a. 48,000 unduplicated patients were tracked.
 - b. There was close to 17,000 kids that were tracked.
 - c. The percentage of pediatric patients in each category across the tri-county region went up in 2018 with Benton County for overweight being at 13.95%; Lincoln County at 15.00% for overweight; and 16.59% for Linn County for overweight.
 - d. The percentage of pediatric patients in each category across the tri-county region for 2019 were – Benton County – overweight – 15.34%; Lincoln County – overweight 17.51%; and Linn County – overweight – 15.89%.
 - e. Pediatric obesity numbers have also increased for the three counties.
- Lebanon Senior Center – There have been presentations to the seniors on healthy food and physical activity/moving.
- CATCH has been implemented in K-5 schools in Lebanon.

- It was noted one of the biggest problems in the schools is physical education used to be daily and now is not, and it would also depend on the teacher.
- Ms. Fell-Carlson noted she would like to see us move to 5-2-1-0 (5 or more fruits/vegetables; 2 or fewer hours of recreational screen time; 1 or more hours of physical activity; and 0 sweetened beverages). This program is done in February every year regionally.
- The Partners for Health group would like to invite staff, (Olivia) who analyzes the BMI data to a future meeting of Linn, Benton, Lincoln Partners for Health to discuss the data further. *JoAnn Miller will follow up with her.* The March meeting is the Partners for Health Strategic Planning Session. It's possible she could attend and be part of the discussion and be first on the agenda. The March Strategic Planning Session – Coleman Tanner from HRSA who is the TA that will help facilitate the session. We will look at C.H.E.F. program activities, sustainability, BMI data, celebrate our success and strengths, etc.
- We should be cautious in reviewing BMI data and thinking our efforts have not been successful. We have implemented CATCH in schools in East Linn County and Lincoln Counties, which has been a big success. Some schools don't always utilize the tools that we give them with not enough time, etc.
 - a. The question was asked if we could look at percentage of SHS patients tracked with BMI data that are in CATCH schools – Look at percentages and make estimates. We could narrow down by zip code where schools are located.
 - b. Some schools don't always follow the guidelines for physical activity.
 - c. The Lebanon Community School District received the grant (now in 2nd year) where they were able to expand Tasting Tables to staff so having CATCH and the program for staff helps.
 - d. Snacks and foods including ala cart sales, snack bars, and vending machines in schools were discussed. Ms. Gibson, Corvallis School District, noted that everything is smart snack approved in schools and food is regulated along with calorie regulations. Only the High School can serve flavored water. Juices are 100% fruit juice.
 - e. Lebanon Community School District – They have the backpack program through the Welcome Center. Angie Gorman over the holiday break was able to provide an activity and food for kids off on Christmas break. There have also been discussions at looking at a weekend food truck to take to schools.
 - f. Suggestion for summit topic for next year – “Best Practices in Nutrition and Physical Fitness.”
 - g. SHS has had a program in effect for about 10 years and has been voted several years as the “Healthiest Employer” in the region because of the variety of options offered.
 - h. The C.H.E.F. program has offered a healthy environment and change.
 - SHS started the CATCH program in 2012, and at that time our committee was known as the Childhood Obesity Committee. It would be interesting to see since 2012 the effect of the program with an individual who is age 5 in 2012 through age 13 in 2020.

- i. In 2016, Debra Kibbe was a presenter for the summit from Georgia Health Policy Center, that shared a model and tool used in schools for physical activity. We could review that tool.

Culinary Health Education & Fitness (C.H.E.F.) Update:

Krystal Boyechko gave a C.H.E.F. update.

- CATCH and Tasting Tables – Several sites are coordinating with parent-teacher and student leadership groups, greatly increasing the likelihood of sustainability into the future.
- Cooking classes:
 - a. A Family Cooking Class is in process in Lebanon.
 - b. We will be looking at classes for Samaritan Early Learning Center in Lincoln City, Newport, a teen class in Siletz, and a class at Yachats.
 - c. We are hoping to engage additional COMP-NW medical students in classes in the Spring.
- Observations are beginning for CATCH, Cooking Classes, and Tasting Tables.

Announcements:

Dr. Davis has medical students looking for summer community impact research projects.

Next Meeting:

The next meeting will be the Partners for Health Strategic Planning Session at Samaritan Lebanon Community Hospital from 10:00 a.m. to 2:00 p.m.

There will be no April meeting since the summit will be held in April.

Adjourn:

The meeting was adjourned at 2:35 p.m.

Respectfully Submitted
Shelley Hazelton
Community Health Promotion
Department Assistant