

Linn, Benton, Lincoln Partners for Health (PFH)
Held Virtually - Microsoft Teams
1:00 p.m. – 3:00 p.m.
February 9, 2021
Meeting Summary

Participants: Shelagh Baird, Krystal Boyechko, Sheryl Casteen, Jeannie Davis, Ed.D., Deb Fell-Carlson, Julie Jacobs, Sommer McLeish, Jolynn Meza Wynkoop, JoAnn Miller, Earlean Wilson Huey, and Shelley Hazelton

Guest: Josh Groesz, Court Appointed Special Advocates (CASA)

Updates:

Committee members provided updates.

- **Sommer McLeish** – Has reached out to UNITE US regarding the summit. They have confirmed they will have a representative available to present.
- **Deb Fell-Carlson** – Provided a Faith Community Nursing update.
- **Julie Jacobs** – Involved in a Farm to School project with the Great Albany Public Schools. Partnering on campus with Human Resources – Boxes of produce and healthful things to do. Will be part of podcast starting in March.
- **Sheryl Casteen** – Able to help someone in the community that needed help with their garden. Deb Fell-Carlson helped put in touch and the medical students also helped. This individual wants to share her produce. Open-collinated seeds – Talked with Lebanon Library – Will start in community garden and will do a seed class there. Will do food garden at Senior Center in Lebanon. St. Martin’s community garden – Need money to put pump in – This is up in the air right now. Greenhouse – Have 10,000 bedding plants for three destinations – Culminate in May.

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting.

Meeting Minutes:

The January 12, 2021 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented and accepted by consensus

5210 Initiative:

JoAnn Miller and Jolynn Meza Wynkoop reported on the 5210 initiative.

- 5210:
 - a. 5 or more servings of fruits or vegetables
 - b. 2 hours or less of recreational screen time
 - c. 1 hour or more of physical activity
 - d. 0 sugary drinks
- There will be a 5210 challenge in February.

- Dr. Davis noted that she has asked the Lifestyle Medicine students to lead the COMP-NW campus 5210 competition.
- Jolynn Meza Wynkoop is leading the challenge for Samaritan Health Services (SHS). There are over 130 participants to date across the five SHS hospitals and SHS Corporate that is participating in the challenge. Will be doing raffles and prize drawings. Some of the SHS hospitals are doing their own internal competition such as healthy options in the cafeteria. Samaritan North Lincoln Hospital is giving out long sleeved shirts to participants. All the sites and the Corporate site had balloons (fruit/vegetable) and posters that were delivered by Jolynn Meza Wynkoop. Samaritan Lebanon Community Hospital is using the Pick of the month as well. SamFit created You Tube videos that were posted on the SHS website. The Wellness Council was also involved.
- May look at creating a different 5210 website for next year.
- Deb Fell-Carlson noted that Wyatt King had the 5210 website redirected to a new domain. Live Longer Lebanon – Wyatt King is distributing bookmarks in the community. The Lebanon Chamber of Commerce has put out information on 5210 and the challenge, and she has discussed with the Faith Community Nurses group. Deb Fell-Carlson noted that she created an Eventbrite event. There is a banner up in Lebanon and an article in the newspaper. They are posting the challenge on the Live Longer Lebanon Facebook page. Once the Lebanon pool starts opening back up they will add this information. Angie Gorman has also sent out information. Deb Fell-Carlson reported that she also did a radio spot.
- Grocery stores – Walmart, Safeway, Grocery Outlet – Receiving good feedback from stores and Walmart agreed to print flyers and the Pick of the Month.
- It was requested that some of the balloons from the challenge be available for Walmart and community gardens and that pictures be available for the Live Longer Lebanon Facebook page. The posters do talk about SHS and partnering with Live Longer Lebanon, but we could generate generic posters for the community garden. ***Sheryl Casteen will be following up with Walmart and would offer them the balloons if they would want them.***

2021 Summit:

Ideas were discussed regarding the 2021 Summit.

- Keynote speakers – Dr. Rickards is available on March 9, 2021 to give a quick introduction to Linn, Benton, Lincoln Partners for Health. Dr. Rickards speaker fee would be \$3,000.
- Ashley Thirstrup/Tara Weston from Oregon Health Authority, has offered to host a breakout room. Shas asked them to present to our group in March.
- Josh Groesz will give an introduction on CASA today. He is available for a breakout session.
- JoAnn Miller noted she reached out to Danette Killinger with Linn Together who is willing to serve on a panel for the summit.
- Dr. Choo – It was agreed that the speaker fee is too high.
- It was suggested a speaker from Oregon Public Health or Linn County Public Health as a possible keynote speaker.
- JoAnn Miller noted that there is currently \$3,500 available for the summit. The Center for Health Education in Newport has been reserved for staff to set up and participate in the August 20, 2021 virtual summit.

- Discussed the title for the summit. This could be based off what speakers talk about. We are having a solution focused summit.
- In reviewing the survey from past participants, areas of interest that participants would like to learn or hear about for the next summit included:
 - a. Access to mental/behavioral health care
 - b. Affordable housing
 - c. Homelessness
 - d. Poverty
 - e. Food insecurity
 - f. Child abuse/neglect
 - g. Literacy
 - h. Domestic violence
- Grouped together topics and noted areas of focus were noted such as:
 - a. **Access to mental/behavioral health care** (52% response on survey) – Suggested Linda Mann and integration of Expanded Practice Dental Hygienist in medical centers and hospitals, DentaQuest, UNITE US platform, and Oregon Health Authority.
 - b. **Combine: Affordable housing** (48% response on survey) **and homelessness** (42% response on survey) – Previously suggested was Dr. Choo/Dr. Manuel – Collaboration on affordable housing, Sheila Stiley – NW Coastal Housing, DevNW – Benton County, and Homeless Shelter Coordinator in Corvallis – Safecamp/Unity Shelter, and Jeff Blackford – C.H.A.N.C.E./2nd C.H.A.N.C.E.
 - c. **Youth Health and Wellbeing** - Subtopics: Parenting Education (Sommer McLeish), Abuse Prevention (CASA), Substance Use Prevention, Childcare/Youth Development - Josh Groesz of Linn County CASA, Linn Together – work with teens and substance prevention, Sommer McLeish - Parenting Success Network, Pollywog Family, Oregon Parenting Education Collaborative. Parenting education opportunities in Linn, Benton and Lincoln Counties, and Neighbors for Kids on the Coast - High quality childcare/extra curriculans.
 - d. **Other:**
 - Oregon State University research projects/initiatives
 - COMP-NW student projects
 - Nutrition – The importance and building parallels with health, the 5210 program - How business sector can promote, how to market nutrition. and how to build successful programming from start to finish
 - Live Longer Lebanon
 - Jason Shaplen (Connecticut) – Deeply Affordable Housing – How housing is related to health, long-term unemployment, etc. He talks about how this disproportionately affects people of color (Stamford, CT apartments with childcare center/wrap around services, etc.). Could be a potential case study.
- With breakout sessions, we could also do a panel discussion and set up as an interview session asking questions.

- CASA and ABC House would both be good workshops or having Linda Mann as part of a panel as a foster parent – Good panel and to include some foster families.
ABC – All About Children – Is a child abuse intervention center that provides medical examinations, forensic interviews, support/referrals, and trauma counseling. ABC House serves Linn County and Benton County. There is also a child assessment center in Lincoln County.
- Discussion followed on workshops and breakout rooms and having all participants rotate through all or have the option of choosing. Some members liked the option of a main session and rotating through the workshops or also have the different options of choosing. If we want more interactive with questions and answers, having a smaller audience and rotating might work best. Last year, we did hold the audience throughout the summit with the keynote speaker, 3 workshops, lunchtime networking and breakout sessions, and panel.
- If we would rotate, there would need to be a competent Zoom person to facilitate. With Zoom Webinar we can assign attendees to sessions. With Microsoft Teams, the host can now move attendees into room and it also has an interpretation option. Last year, we used the COMP-NW Zoom account – They don't have Zoom Webinar. It was suggested to check on the yearly Pain Summit and the platform. SHS helped with this. ***Jolynn Meza Wynkoop agreed to follow up with Jennifer Beckner.***
- The shorter sessions – 30-40 minutes with longer breaks, might be a good option.
- A tentative “draft” schedule was discussed.
 - a. 10:00 a.m. – 10:05 a.m. - Welcome – Marty Cahill
 - b. 10:05 a.m. – 10:15 a.m.. - Introduction – Julie Manning
 - c. 10:15 a.m. – 11:25 am – Keynote Speaker
 - d. 11:25 a.m. – 11:30 a.m. – Break
 - e. 11:30 a.m. – 12:30 p.m. – Workshop 1 (40 minutes)
 - Session 1: Access to mental health/behavioral health care
 - Session 2: Affordable housing/homelessness
 - Session 3: Youth Health and Wellbeing
 - f. 12:30 p.m. – 1:00 p.m. – Lunch Break
 - g. 1:00 p.m. – 1:55 p.m. – Workshop 2 (35 minutes, 15 minutes questions and answers)
 - Session 1: Access to mental health/behavioral health care
 - Session 2: Affordable housing/homelessness
 - Session 3: Youth Health and Wellbeing
 - h. 1:55 p.m. – 2:00 p.m. – Break
 - i. 2:00 p.m. – 2:55 p.m. – Workshop 3 (35 minutes, 15 minutes questions and answers)
 - Session 1: Access to mental health/behavioral health care
 - Session 2: Affordable housing/homelessness
 - Session 3: Youth Health and Wellbeing
 - j. 2:55 p.m. – 3:00 p.m. – Closing remarks – Julie Manning
- Discussion followed on the “draft” session.
 - a. Add in lunch breakout sessions.
 - b. Could have presenter have 45 minutes with time for questions and answers and possibly allow more time for questions and answers.

- c. Possibly add in 10-minute break in between sessions or if 3 different sessions or offered at same time – Co-occurring or shorter presentations.
- d. We can also design the schedule once we know the presenters.
- e. Those presenters that have confirmed include:
 - UNITE US
 - Pollywog, Parent Success Network, Oregon Parenting Education Collaborative
 - Oregon Health Authority is available and will present in March to our group for confirmation
 - Dr. Rickards will present in March to our group and is available the date of the summit
- f. Shelters in Corvallis – Tiny houses – Could we explore and see if there might be someone that can talk on this at the summit? The Methodist Church is home to some of these. ***Julie Jacobs noted she can reach out to a contact at Unity Shelter, which is the overall Board that manages those Corvallis structures.***
- g. Casa Latinos Unidos de Benton County would be a good organization to hear about resources. They provide services to low income Latino families.
- h. OSU Extension Services in Lincoln County also has resources for Spanish speaking/migrant workers and information on vaccines and COVID-19.

For the March meeting we will have a presentation from Oregon Health Authority and Dr. Rickards. We can also narrow in on topics, the schedule for the day, and look at categories and who else to reach out.

CASA Presentation:

Josh Groesz shared information about Linn County CASA.

- Provides Court Appointed Special Advocates to advocate for foster kids. CASA provides one-on-one volunteer advocacy for every child placed in Linn County foster care due to physical or sexual abuse and/or severe neglect. CASA advocacy ensures these children will have a reliable, trained adult in their lives to champion their best interests, in and out of the courtroom, throughout their time in foster care.
- Last year they had approximately 300 kids that spent at least one day in foster care and were able to serve 200 of these kids.
- He would be happy to speak at the summit.
- CASA does have many success stories that can be shared.
- The question was asked if CASA can stay with a child if the child goes back to their family.
 - a. Yes, CASA can still maintain a presence with the child if the child requests it.
- Training for CASA consists of 32 hours – Training two days a week (also do cohort trainings) and will volunteer an average of 5 hours a month. There will be 8 new advocates sworn in at the end of this month. Requirements are 21 years of age and older, a background check, and fingerprinted.
- A CASA could follow a case for two years or more. They have full time staff in the office to support the CASA's.
- There are over 20 CASA agencies across the State of Oregon and a CASA agency in Linn County, Benton County, and Lincoln County.
- Samaritan Health Services has provided funding to CASA in the past.

Next Meeting:

The next meeting of the Linn, Benton, Lincoln Partners for Health is scheduled for March 9, 2021.

Adjourn:

The meeting was adjourned at 3:00 p.m.

Respectfully Submitted

Shelley Hazelton

Community Health Promotion

Department Assistant