Linn, Benton, Lincoln Partners for Health (PFH) Meeting Summary Microsoft Teams April 22, 2020 2:00 p.m. – 3:10 p.m.

Participants: Shelagh Baird, Beatriz Botello-Salgado, Krystal Boyechko, Sheryl Casteen, Jeannie Davis, Ed.D., Tina Dodge-Vera, Terri Fackrell, Angie Gorman, Diane Giese, Julie Jacobs, Brandan Kearney, Sommer McLeish, Samantha Escalante, JoAnn Miller, Jana Kay Slater, Ph.D., Aimee Snyder, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting.

Meeting Minutes:

The March 10, 2020 meeting minutes of the Linn, Benton, Lincoln Partners for Health Strategic Planning Session were presented. One change was noted on page 5 – First bullet – Ms. Slater should be changed to Dr. Slater. **Dr. Slater made a motion and Diane Giese seconded the motion to approve the March 10, 2020 meeting minutes with the noted change. The motion was voted upon and unanimously approved.**

2020 Summit:

Discussion focused on the 2020 summit.

- We would still like to hold the 2020 Regional Community Health Summit.
- We could hold the summit virtually.
- Dr. Beegle is available on September 11, 2020 either in person or virtually for the summit.
- There were quite a few individuals that registered for the April event before it was cancelled. We are limited in the amount of people that can attend if we hold the event at Samaritan Lebanon Community Hospital, although, there is no charge for the conference rooms. If we move the event to the Boulder Falls Conference Center we can hold up to 150 people and can break into 4 rooms for workshops. Each of the breakout rooms at this conference center will hold 50 people. The Boulder Falls conference center has several dates available in August and September.
- The C.H.E.F. grant can cover all the costs of the summit. If we held the summit in person, we would provide a continental breakfast and lunch. Catering at the Samaritan Lebanon Community Hospital would be approximately \$9,000, whereas catering at the Boulder Falls Conference Center would be approximately \$10,000, and the Boulder Falls Conference Center also charges for the conference space.
- Since we did cancel the summit in April due to the Coronavirus, we did have to pay a part of the fee for Dr. Beegle. This will be deducted from the balance once the summit is held.
- Discussion focused on holding virtually or in person.
 - a. There is the option of having the summit virtually or fully present or virtual and present.

- b. With the pandemic, it is hard to tell how things will be in September. There is an end point to the C.H.E.F. grant. With the request for a no cost extension, we would want to make sure the summit occurred.
- c. Members expressed their interest in having virtually so it could be opened to a number of participants.
- d. We could look at doing something interesting to keep people engaged such as a live music performance at lunch or something along that line.
- e. The question was asked if we could use some of the C.H.E.F. funds for the summit to contract with a vendor to set up the summit virtually so it would be done professionally. This would depend upon the expense. This might be possible, but we would need to explore the cost.
- f. The question was asked if we would like to hold the summit on September 11, 2020 if this date would work for workshop speakers such as Dr. Junkins, panelist Kelly Story, etc. We were unable to get a representative from Family Independence Initiative (FII) for the April summit, so Tina Dodge-Vera agreed to provide a workshop in Spanish with simultaneous English interpretation. If the summit is held virtually, FII may be able to provide a workshop in Spanish. We would need to connect with Luis Acosta who has provided interpretation services at our previous summits to make sure he is available and can provide services virtually.
- g. With whatever system is used for a virtual conference such as Zoom, Microsoft Teams, etc., it would be good to send out information a head of the summit to participants on how to download, participate, what is needed, etc.

It was agreed to schedule the summit virtually with the tentative date of September 11, 2020. A Summit Planning Subcommittee will be established to further discuss and work on details.

Culinary Health Education & Fitness (C.H.E.F.) Update:

Krystal Boyechko gave a C.H.E.F. update.

- Since school was cancelled, a lot of the C.H.E.F. programs were cancelled. There have been no culinary education classes since the stay at home order.
- She is working on final reports.
- CATCH information is being sent out to champions.
- We are in the third year of the program. We have been meeting grant deliverable with 11 new CATCH sites.
 - a. There have been 2,660 students reached with CATCH.
 - b. Tasting Tables have served 3,140.
 - c. There were 56 culinary education courses held to date and 866 participants to date.
- Teachers are starting to exercise with students through Facebook and You Tube.
- Dr. Davis noted that COMP NW is doing virtual Wednesdays and sharing in Pick of the Month; also, having staff huddles with approximately 127 people.
- No cost extension carry-over request Due the middle of May. Feds have expressed this most likely will be approved.
- The Linn, Benton, Lincoln Partners for Health Strategic Planning Session was held on March 10, 2020.

- A draft copy of a Strategic Plan developed from ideas discussed at the Linn, Benton, Lincoln Partners for Health Strategic Planning Session was reviewed and included the following:
 - a. The Mission, Vision, and structure of the Coast to Cascades Community Wellness (CCCWN) network
 - b. Makeup of the Linn, Benton, Lincoln Partners for Health Mission and structure
 - c. 2019 County Health Rankings
 - d. BMI data
 - e. 2020 Community Health Improvement Plan (CHIP) Priorities
 - f. Samaritan Health Services (SHS) 2020 Goals and Priorities
 - g. Strengths, Weaknesses, Opportunities, and Threats (SWOT) Analysis
 - h. Focus Areas
 - i. Goals and Objectives
 - ➤ Goal 1 Enhance the operational structure of Partners for Health.

OBJECTIVES:

- 1. Review PFH mission and vision statements.
- 2. Revisit meeting time and format.
- 3. Expand access to PFH through technology (e.g., common event calendar, videoconferencing, online meeting notes).
- ➤ Goal 2 Enhance communication, marketing and outreach to attract new members and maintain high engagement.

OBJECTIVES:

- 1. Create PFH elevator speech.
- 2. Establish on online presence for PFH.
- 3. Expand the yearly Community Health Summit to include a Community Resource Fair.
- ➤ Goal 3 Build on existing networks and community partnerships to leverage resources and increase community impact.

OBJECTIVES:

- 1. Conduct organizational mapping to identify gaps and opportunities relating to membership and coalition activities.
- 2. Identify successful programs and processes, focusing particularly on policy systems and environmental change.
- 3. Create a shared resource for funding opportunities (e.g., add "funding opportunities" to monthly meeting agenda).
- j. Work Plan with Goals and Objectives listed. The Work Plan lists spaces to note the Objectives, Activities, Outputs, Outcome Measures, Responsibility, and Due Date. The question was asked what was the timeline of the plan Might be helpful to designate if year plan, etc.? *It was agreed to set up a Subcommittee to work on completing the Strategic Plan*.

Member Check In:

Members shared what was going on with them and their organization.

• Dr. Davis noted that COMP NW has been closed since the middle of March.

- They are learning how to teach curriculum on-line. Community health curriculum is doing on-line education. Overall, this will change the way the college will do education moving forward. They are doing social hours for faculty and staff and Wellness Wednesdays.
- Sheryl Casteen noted that the City of Lebanon opened their parks and community garden. There are still plots available at the community garden. She will be providing gardening classes at the community garden location.
- Terri Fackrell, Corvallis Parks and Recreation, reported that the City of Corvallis has a webpage with "staying well" information. Each week there are posts for family, adults, and older adults on health and fitness activities, backyard activities, free yoga classes through Zoom, etc. There were 42 people that participated in the ½ hour yoga class. They are looking at expanding to hour classes. There are other free classes and downloads and links with the website to keep the mind, body, and spirit going.
- Angie Gorman, Lebanon Community School District, noted they are providing 1,000-2,000 meals going out each day. Dr. Davis and Comp NW students have helped deliver meals. Through the Welcome Center, for those homebound, bus drivers are helping deliver meals. Through the schools' garden program, Rick George is doing videos from the school gardens. Working with the Employee Wellness grant to reach out to staff. Looking at wellness classes through Zoom.
- JoAnn Miller, SHS, reported that front line staff are keeping busy at SHS sites and limiting the number of people in facilities. Our department team is working from home and doing virtual meetings along with virtual meetings related to the different HRSA opioid grants to meet grant deliverables. There have been virtual wellness classes through SamFit and classes to maintain health. Virtual meetings and tele-health are becoming the new normal. We are looking at funding and how to keep the financial commitment through our different community grants. Marty Cahill has been very busy at Samaritan Lebanon Community Hospitals. He thanks everyone for what they are doing and appreciates the commitment from community members.
- Samantha Escalante, Lincoln County School District, noted that the last day for students in the Lincoln County School District was March 13, 2020 due to COVID-19. They are sending out meals to kids through Sodexo through the bus system. Chrome books is going out. There have been lots of concerns with people losing their jobs and teaching kids at home. There has also been loss of internet and a lot more individuals working from home. Seniors have graduated. The challenge was giving students a virtual graduation.
- Julie Jacobs, Moore Family Center, reported on the activities of the Moore Family Center. The Director of Linus Pauling will be bringing on new leadership. She and Candace Russo's position has been extended for another year. Ms. Jacobs noted she is hoping to leverage OSU resources.
- Dr. Slater reported that the C.H.E.F. proposal was accepted for a conference that was cancelled, but they will publish the abstracts. She and Kim Waldrep, Krystal Boyechko, and JoAnn Miller have been meeting on the C.H.E.F. evaluation. They have a draft evaluation that will be updated with the no cost extension, if approved. There is more data collection to come. They can now ask a question as it relates to COVID -19 How has COVID-19 affected the implementation of activities?
- Aimee Snyder, Lincoln County Public Health, Separating out communicable diseases. There has been a shift in harm reduction and community health. They have suspended HIV and Hepatis testing. They are providing support to the community.

Harm Reduction workers are helping those at risk and helping with navigating services. They are applying for a Youth Suicide Prevention grant, which would provide 4 years of funding and hiring a coordinator for the program. They have a work plan around alcohol/drug services. The CHIP is finished – Will send out once things have calmed down a bit with calls and COVID-19.

• Diane Giese noted that things are going as well as they can with the C.H.E.F. grant. She is connecting with Tasting Table volunteers and CATCH champions. She has seen the different PE teachers doing activities with students on You Tube.

Next Meeting:

The next meeting of the Linn, Benton, Lincoln Partners for Health is scheduled for May 12, 2020 at 1:00 p.m. The meeting will be held virtually via Microsoft Teams.

Adjourn:

The meeting was adjourned at 3:10 p.m.

Respectfully Submitted
Shelley Hazelton
Community Health Promotion
Department Assistant