

**Linn, Benton, Lincoln Partners for Health (Partners for Health)**  
**Virtual through Microsoft Teams**  
**1:00 p.m. – 2:15 p.m.**  
**May 26, 2022**  
**Meeting Summary**

**Participants:** Jeannie Davis, Ed.D., Luis Acosta, Shelagh Baird, Terri Facknell, Deb Fell-Carlson, Joanna Kubes, Michelle Means, Jolynn Meza Wynkoop, Maria Lenzi Miori, JoAnn Miller, Diego Nieto, Cristal Solorio, Holly Terlson, Earlean Wilson Huey, and Shelley Hazelton

**Welcome:**

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

The in-person graduation for Western University College of Osteopathic Medicine of the Pacific-Northwest-COMP-NW medical students is scheduled for tomorrow (May 27, 2022).

**Meeting Minutes:**

The April 12, 2022, meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Shelagh Baird made a motion and Jolynn Meza Wynkoop seconded the motion to approve the April 12, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.**

**2022 Summit:**

Discussion focused on the 2022 Summit.

- Summit date: August 19, 2022.
- Keynote speaker confirmed: Dr. Carolyn Aldwin.
- Theme is around COVID and resilience.
- The location for the summit has been confirmed. It will be at the Linn-Benton Community College (LBCC) Benton Center – Chinook Hall. IT staff will be available to assist.
- The summit will be hybrid with both in-person and virtual.
- Workshops:
  1. Topics around resilience – Mental health/wellbeing, resilience, and elder care.
  2. **Dr. Jeannie Davis** – With other summits/conferences around resilience, the ones she came across were specific to certain populations. Our summit is open to all populations.
  3. **JoAnn Miller** – We will have one workshop in Spanish and a hands-on workshop.
  4. **Diego Nieto** – With his job he focuses on food security and food systems. There could be topics with resilience and food – Seed saving, agriculture/horticulture education, community-based mutual aid, and food distribution, cooking demonstration, etc.
  5. **Dr. Jeannie Davis** – We did have a conversation previously around food/nutrition. At our last meeting we had Stephanie Polizzi come and talk about “bouncing back” and talking about nutrition and building resilience and nutrients in our food to help fight illness.
  6. **Dr. Jeannie Davis** – She can get together with Diego Nieto and discuss food nutrition and food insecurity.

7. **JoAnn Miller** – Will they have the survey done with the Latino community that OSU Extension Services was involved in from the Regional Health Assessment? It would be great to have the results of the survey. *She will send Tina Dodge Vera an email.*
8. **Diego Nieto** – He is not sure this will be finished.
9. Different workshops could include – Elder care and resilience, food insecurity/nutrition, and hands-on workshop.
10. **JoAnn Miller** - There would be 3 workshops and 3 sessions so everyone could attend all 3 workshops. Workshops will be repeated for each session. There will be a workshop in Spanish with simultaneous English interpretation.
11. **Luis Acosta** – For the Spanish workshop thought this could be a hands-on workshop for Spanish people to learn how to navigate the systems that are in place.
12. **Jolynn Meza Wynkoop** – It would be helpful to connect all the topics.
13. **Dr. Jeannie Davis** – We may want to take out the workshop on food insecurity/nutrition and do a workshop on mental health/wellbeing and focusing on seniors and children/teens. *Members present agreed to this suggestion.* Likes the idea of targeting specific groups.
14. **Jolynn Meza Wynkoop** – All workshops could be centered around mental health/behavioral health and the keynote speaker can also tie this into her presentation. JoAnn Miller is meeting with law enforcement, etc. and there are discussions regarding sharing data, especially as it relates to overdoses. There is a lack of data. Maybe we can have the keynote speaker include data and solutions related to mental health/behavioral health and resilience.
15. Dr. Carolyn Aldwin has worked with older adults and researched aging.
16. We had suggested Dr. Dr. Haner Hernández at our last meeting. He presented at our March Substance Use Disorder (SUD) summit. Jolynn Meza Wynkoop noted that if we had Dr. Haner Hernández we would attract the same type of audience as we had at our SUD summit.
17. **JoAnn Miller** – Mental health/behavioral health is a broader topic.
18. **Dr. Jeannie Davis** – She could reach out to Dr. Mandilin Hudson, Psychiatry, at COMP-NW and who works with the Children’s Farm Home, if she might be available or recommend someone to discuss the youth wellbeing and resilience and tying in the mental health/behavioral health aspect. *She will meet with her on June 1<sup>st</sup>.* Workshops would then consist of:
  - Elder care wellbeing and resilience
  - Youth wellbeing and resilience
  - Spanish workshop – Hands-on – Accessing services
19. **Holly Terlson** – Are we thinking having service providers available?
20. **Dr. Jeannie Davis** – Sommer McLeish had mentioned that she had I-pads. We could have I-pads available for use and show individuals how to access services for the Spanish hands-on workshop.
21. **Diego Nieto** – 211 is coming to their health fair. They have a new website and will have laptops there.
22. **Cristal Solorio** – Will there be resource navigators there such as health insurers, etc., to help people sign up for programs during the hands-on accessing services workshop and are the workshops just for community partners?
  - a. **Dr. Jeannie Davis** – The summit is just for information only so we won’t have people there to sign people up for services.

- b. **JoAnn Miller** – The summit is open to the public. There is probably less than 1/3 that are community members. A lot of our partners and agencies usually attend.
- 23. The hands-on workshop will help individuals navigate services.
  - a. **Luis Acosta** – Some Spanish individuals have a hard time accessing MyChart and how to refill medications. This would be helpful to cover during the hand-on workshop.
- 24. **Holly Terlson** – They can help with the mental health workshop and can cover either elder or youth.
- The LBCC Benton Center – Chinook Hall – It will cost \$200 to rent the facility for the summit. We also received a sponsorship form Samaritan Health Services. We have \$4,500 available for the summit and Julie Manning approved sponsorship in the amount of \$2,500.
- Discussion followed on whether we offer fees or an honorarium for presenters. There will be food costs – Breakfast, lunch, snack, LBCC Benton Center fee, a fee for the IS person and maintenance person, and printing costs.
- The next meeting is June 14, 2022. It was suggested to have the Save the Date flyer available at the June meeting. ***Jolynn Meza Wynkoop will work on the Save the Date flyer.***
- There was further discussion on whether we want to look at a different keynote speaker since there has been discussion on tying in mental health/behavioral health.
- **Diego Nieto** – If we do workshops around mental health/behavioral health, will that be the theme?
- **Holly Terlson** – Their Medical Director of Gerontology is an advocacy for seniors and mental health and was just named the 2022 clinician of the year by the Geriatric Society. ***She can see if they might be available.***
- ***It was agreed to look at another keynote speaker for the summit to present on mental health/behavioral health and resiliency.***
- The keynote speaker will have approximately 55 minutes allowing some of this time for questions and answers.
- We usually have someone do Welcome then the keynote speaker follows.
- Do we want Marty Cahill to provide the Welcome? He has provided the Welcome when the Summit has been in Lebanon. Julie Manning will be retired by the August summit date. She could also be a possibility. ***It was agreed to find another individual to provide the Welcome.***
- Discussed having a keynote speaker and closing speaker or panel.
- What will be the title of the summit? Different suggestions were made. ***It was agreed on the following:***
  - a. ***“Linn, Benton, and Lincoln Partners for Health present the 2022 Summit...Building Resilience – Wellbeing and Mental Health Resources in a Post-Pandemic Environment.”***
- Different agendas were presented. There were discussions on having an hour lunch and 15- minute breaks. ***Members agreed on the following agenda:***
  - a. 9:00 a.m. – 9:05 a.m. Welcome
  - b. 9:05 a.m. – 10:00 a.m. Keynote Speaker
  - c. 10:00 a.m. – 10:15 a.m. Break
  - d. 10:15 a.m. – 11:00 a.m. Workshop Session 1
  - e. 11:00 a.m. – 11:15 a.m. Break
  - f. 11:15 a.m. – 12:00 p.m. Workshop Session 2
  - g. 12:00 p.m. – 1:00 p.m. Lunch/Networking

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| h. 1:00 p.m. – 1:45 p.m. | Workshop Session 3             |
| i. 1:45 p.m. – 2:00 p.m. | Break                          |
| j. 2:00 p.m. – 2:45 p.m. | Closing Speaker or Panel       |
| k. 2:45 p.m. – 3:00 p.m. | Closing/Evaluation and Adjourn |

There will be 15-minute breaks and 60 minutes for lunch

**Next Meeting:**

The next meeting of Linn, Benton, Lincoln Partners for Health is scheduled for June 14, 2022, at 1:00 p.m.

**Adjourn:**

With no further business to discuss, the meeting was adjourned at 2:15 p.m.

Respectfully Submitted

Shelley Hazelton

Community Health Promotion