Linn, Benton, Lincoln Partners for Health (Partners for Health) Virtual through Microsoft Teams 1:00 p.m. – 1:55 p.m. May 9, 2023 Meeting Summary

Participants: Jeannie Davis, Ed.D., Connie Adams, Luis Acosta, Shelagh Baird, Molly Gelinas, Mac Gillespie, Sommer McLeish, Michelle Means, Jolynn Meza Wynkoop, Shannon Rose, Allison Lenore Studnick, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The April 11, 2023, Linn, Benton, Lincoln Partners for Health meeting minutes were presented and accepted.

2023 Summit:

Discussion focused on the 2023 Summit. A spreadsheet for the summit was noted.

- Date for the event August 25, 2023. This will be an in-person event only.
- Theme "Whole Person Approach to Health."
- Location Center for Healthcare Education in Newport. (Please note the Center for Health Education has a total of 4 rooms Hall A/B is one room that can site 72 people and the room cannot be separated. Hall C is separated and if you put round table sin there it could seat 36 people. With rectangles, it would seat 20 people. There could be the possibility of squeezing in more chairs and sitting 30 people, but it is not recommended. The upstairs conference room sits 16-20 people depending on how close you want everyone. The upstairs classroom will sit 12 people.)
- Sommer McLeish Can we revisit the Center for Health Education? How many people can fit in the kitchen for a workshop? *Shelley Hazelton agreed to follow up with Kathy Brier regarding this.* Sommer McLeish noted that she had a cooking demo in the kitchen before at the Center for Health Education and there was hardly room for very many people.
 - a. **Jolynn Meza Wynkoop** Can we do the camera and have people in the conference room next to the kitchen and have the group come back together and watch the demo? There could be the cooking demo at the end in the larger conference room. Have the four workshops and come together to do the cooking demo as a group.
 - b. It was noted the cooking demo is in Spanish and would need to be a separate workshop. How many headsets are available?
 - c. **Luis Acosta** Can do continuous interpretation into English. Will do 3-4 phrases and interpreter repeats. It will work well.
 - d. Will continue with discussions on this workshop at the next meeting.
- **Dr. Jeannie Davis** Do we have a "Save the Date" flyer?
- Jolynn Meza Wynkoop Has created the "Save the Date" flyer. She shared a copy of the flyer. Can add different logos and will have in Spanish. *Can email out a final copy*. Will also link with the Eventbrite registration page. *Will work on Eventbrite registration page*.

- Keynote speaker and closing speaker Mac Gillespie One idea is the Linn-Benton Health Equity Alliance and having a speaker from that group. Discussed at the last meeting "Rethinking Data: A Pan Discussion on Justice, Equity, and Decolonization." Did attend this discussion on April 20, 2023. Was thinking it would be good for JoAnn Miller to reach out to this group. *Mac Gillespie noted that he would follow up with JoAnn Miller. Mac Gillespie also noted that he will also reach out to Nigel Wrangem from Eugene to see if available.*
- Jolynn Meza Wynkoop Attended the data webinar and one presenter was very good. They were a Native Hawaiian or Native Pacific Islander.
- **Mac Gillespie** Do we have potential funding for stipends/travel for a keynote or closing speaker?
 - a. **Dr. Jeannie Davis** We do have \$2,500 from last year from the summit that she had applied for from Samaritan Health Services that we did not use. Thinks that the funds could be used for Lincoln County since it is a rural community.
 - b. Jolynn Meza Wynkoop Can it be used for food?
 - c. **Dr. Jeannie Davis** Knows it can be used for stipends, not for sure on food. With the cooking demo we will need food. Might have a grant opportunity to help pay for this. *Will be checking on this*.
- JoAnn Miller was confirming with Ruby Moon on the Welcome with the Confederated Tribes of Siletz Indians, recognition of the Tribe, and the youth drumming group playing during lunch.
- Workshops:
 - a. **Sommer McLeish** Parenting Support Had thought Luis Acosta was going to cover this workshop in Spanish as well. Is there a specific subject?
 - b. **Jolynn Meza Wynkoop** Sandi Cox provided a lot of information on community youth health needs there might be something specific from that information as well to focus on.
 - c. Is the Nutrition/Physical Health Education workshop going to be part of the cooking demo?
 - d. **Jolynn Meza Wynkoop** Is the presenter for the Nutrition/Physical Health Education going to talk about physical health as well If, not we might be able to combine.
 - e. We still need a speaker for the Nutrition/Physical Education workshop or do we want to combine with the cooking demo? Dr. Jeannie Davis noted that Athena Nofziger, Dietitian, with Samaritan Lebanon Community Hospital would be good. Dr. Jeannie Davis indicated she would check with Charles Ross, DO, and Dr. Collins at the Western University of Health Sciences to see if either one of them could be speakers for the Nutrition/Physical Education workshop.
 - f. Jennifer Pettit at the last meeting was going to follow up with Beatriz Botello to see if she could do the cooking demo. *We will need to confirm if Beatriz Botello is available to do this.*
 - g. **Jolynn Meza Wynkoop** Is following up with the Partnership Against Alcohol and Drug Abuse (PAADA) and the Confederated Tribes of Siletz Indians to find a speaker for the Youth Services workshop.

- h. Does anyone have any further ideas for a speaker for youth services? *Tristin Young from Jackson Street Youth Services was suggested.* He was very well received from attendees at the last summit.
- i. **Shannon Rose** What about Ophelia's Place in Albany? They work with teenage girls. They also have a place in Eugene.
- j. There is also the YMCA and ABC House, which might be additional options for the youth workshop.
- k. Jolynn Meza Wynkoop Will reach out to Ophelia's Place, Jackson Street Youth Services, and ABC House.
- 1. Do we want one speaker per workshop or more. The workshops will be about 45 minutes in length. There could be two presenters per workshop.
- Panel:
 - a. Are we still interested in having a panel prior to closing or do we want to do the cooking demo in the main room instead of the panel?
 - b. If we do a panel, it would be helpful to put together a list of questions. Sandi Cox, Linn Together and maybe some additional youth could be part of the panel.
 - c. There is also the option of doing the cooking demo and a panel as well.
 - d. Mac Gillespie The keynote speaker could also be part of the panel.

• Food – Sommer McLeish:

- a. There is Ultralife Café that could provide boxed lunches for \$15 a piece that include chips, pickle, drink, a dessert, and their sandwiches include egg salad sandwich, tuna salad, chicken Caesar wrap, chicken Caesar salad, turkey and provolone sandwich with pesto, club vegan sandwich (vegan bacon, cheese, and pesto), plant-based wrap, plant-based salad, protein salad (Keto/Paleo/GF), turkey salad wrap with ranch dressing, classic ham and cheddar sandwich with garlic aioli. They will deliver and they charge a 10% service fee. They can also provide coffee service in the morning if we would like.
- b. There is also the option of Dutch Brothers for coffee service and we could look at pastries, fruit/cheese trays from Safeway or breakfast type bars, etc. from Costco. Last year, JoAnn Miller brought some breakfast type stuff and snacks from Costco.
- c. Another option for lunch is the Lucky Thai Elephant restaurant is right next to the Center for Health Education. We would make an order from their menu and select how many orders of each dish and they would have them in large serving containers for us to pick up. For example, if we ordered 25 orders of Mongolian beef, 25 orders of a vegetable dish, etc. they would put them in large serving containers for participants to select their options. The dishes run \$14-15 per person.
- d. There was an additional caterer for lunch that would charge about \$15 per place as well that does burritos, empanadas, pasta dishes, etc.
- e. Members agreed they liked the Ultralife Café boxed lunches the best and agreed this would be the best choice for lunch.
- f. Sommer McLeish agree to follow up with JoAnn Miller on the lunch choice.

Announcements:

Announcements were shared.

• **Dr. Jeannie Davis** – The medical students will do a cooking class and prepare protein bows at the Crossroads at the Crossroads Community housing unit in Lebanon tomorrow.

They had a cooking class prior to this one at the same location in April. This is the new housing complex over by Walmart. They will also be having a medical student graduation at the end of May.

Next Meeting:

The next general meeting of Linn, Benton, Lincoln Partners for Health is scheduled for June 13, 2023, at 1:00 p.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 1:55 p.m.

Respectfully Submitted, Shelley Hazelton Community Health Promotion