

Linn, Benton, Lincoln Partners for Health (Partners for Health)
Virtual through Microsoft Teams
1:00 p.m. – 2:05 p.m.
June 14, 2022
Meeting Summary

Participants: Jeannie Davis, Ed.D., Luis Acosta, Terri Facknell, Deb Fell-Carlson, Joanna Kubes, Sommer McLeish, JoAnn Miller, Cristal Solorio, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The May 26, 2022, meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Joanna Kubes made a motion and JoAnn Miller seconded the motion to approve the May 26, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.**

2022 Summit:

Discussion focused on the 2022 Summit.

- Summit date: August 19, 2022.
- Location: Lin-Benton Community College (LBCC) – Benton Center – Chinook Hall/Center.
- **Dr. Jeannie Davis** – Talked with Amanda Emmert, D.O., and she agreed to do a workshop on youth wellness and resilience. Dr. Jeannie Davis also noted that she sent out an email to Dr. Patrick Bowers and other COMP-NW Fellows that work with youth and psychiatric treatment.
- **Dr. Jeannie Davis** – Haven't located another keynote speaker. Never cancelled Dr. Carolyn Aldwin so we can still have her as our keynote speaker.
- **Terri Facknell** – Heidi Igarashi, PhD, Oregon School of Social and Behavioral Science in the College of Public Health and Human Services, might be a good person to talk with to include as part of the summit. She knows a lot about older adults, but she may also be able to include some age demographics if we request it – heidigarashi@gmail.com
Dr. Jeannie Davis agreed to contact her.
- **JoAnn Miller** – Kari Hart, MSW, LCSW, Samaritan Health Services, is part of our Wellbeing Program. She does presentations and training around mindfulness and may be able to provide a presentation on resilience and mindfulness. *JoAnn Miller agreed to reach out to Kari Hart, MSW, LCSW.*
- We had talked about a closing speaker or panel as well.
- Workshops to date:
 - a. Youth wellness and resilience
 - b. Health Impacts of Loneliness and Isolation – Chris Eilers, Lane, Linn, Benton Older Adult Behavioral Health Initiative and Holly Terlson, Lumina Hospice & Palliative Care
 - c. Access to Services – In Spanish with English interpretation
- We had a request for resource tables. Do we want to have resource tables?

- a. **Dr. Jeannie Davis** - We could place some tables in the entry open space or use one of the classrooms to set up resource table. There's also a giant conference room on the second floor with windows, and there are additional classrooms or there are areas around the staircase.
- b. Can schedule another visit to look at the Chinook Center and get an idea on how many resource tables would work. ***Dr. Jeannie Davis, JoAnn Miller, and Shelley Hazelton will meet on June 21, 2022, at 1:30 p.m. to tour the Chinook Center.*** Anyone else is welcome to join in on the tour.
- c. The following resource tables were suggested:
 - Rx Namaste – Britny Chandler – Confirmed.
 - Faith Community Health Network – Deb Fell-Carlson – Confirmed.
 - Parent Success Network – Sommer McLeish - Confirmed.
 - 211
 - Community Services Consortium (CSC)
 - Linn-Benton Health Equity Alliance
 - Linn Together
 - Samaritan Treatment and Recovery Services (STARS)
 - Linn County Public Health
 - Olalla Center
 - Connect Oregon
 - Linn-Benton Housing
- d. Those that have a resource table are welcome to have handouts and any freebies.
- Do we want to have a poster session?
 - a. It was agreed that we don't have enough time this year to get a poster session together, but this can be a goal for next year's summit.
- What do we want to do for catering?
 - a. **Dr. Jeannie Davis** – For the grant opening they had coffee and snacks. LBCC also caterers. ***Dr. Jeannie Davis agreed to reach out to them and check if they are available to cater for the event and she will send a menu to JoAnn Miller and Shelley Hazelton.***
- Honorariums for presenters – Usually local presenters don't charge to present or receive an honorarium.
 - a. ***It was suggested that we provide an honorarium for the keynote speaker.***
- A “Save the Date” flyer has been sent out. Dr. Davis noted that she also sent out the flyer out through the COMP-NW campus.
 - a. Can the “Save the Date” card be translated into Spanish? Can Luis Acosta do this?
- Can information on the summit be posted on the Coast to Cascades Community Wellness (CCCWN) website with a link for registration?
 - a. **JoAnn Miller** – Hope to get back on track with the CCCWN website. The web site designer currently has COVID. Jolynn Meza Wynkoop is also on vacation. Yes, we can announce the summit on the CCCWN website and add registration information once it goes live.
- There was further discussion around the workshops.
 - a. Spanish workshop with English interpretation – What type of access to services do we want to cover?
 - Help people navigate through the system.
 - One suggestion was how to access MyChart including how to refill medications or asking for a refill.

This workshop would be a demonstration and practice scenario with no personal information. Does Samaritan Health Services have someone that can help with this workshop and review MyChart? *Sommer McLeish agreed to reach out to someone.* Even if there was some type of documentation explaining things, that would be beneficial.

- How to do tele-health and scheduling appointments would be helpful.
- **Sommer McLeish** - Has I-pads we can use.
- **Sommer McLeish** – Maybe include discussion around when people should go to Urgent Care or the Emergency Department or call the doctor/go to primary care.
- **Luis Acosta** – “Urgent” and “emergency” have the same translation.
- **Sommer McLeish** – What about including discussion around “Public Charge.”
- **Luis Acosta** – Agrees, spending some time on “Public Charge” would be good.
- **Luis Acosta** – Even how to organize time or best use of time would be helpful.
- **Luis Acosta** – Maybe do MyChart demonstration for 30 minutes and spend 15 minutes on “Public Charge.”

- The summit agenda was reviewed:

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| a. 9:00 a.m. – 9:05 a.m. | Welcome |
| b. 9:05 a.m. – 10:00 a.m. | Keynote Speaker |
| c. 10:00 a.m. – 10:15 a.m. | Break |
| d. 10:15 a.m. – 11:00 a.m. | Workshop Session 1 <ul style="list-style-type: none"> ➤ Youth Wellness and Resilience ➤ Health Impacts of Loneliness and Social Isolation - Chris Eilers and Holly Terlson ➤ Access Services – Spanish/English Interpretation |
| e. 11:00 a.m. – 11:15 a.m. | Break |
| f. 11:15 a.m. – 12:00 p.m. | Workshop Session 2 <ul style="list-style-type: none"> ➤ Youth Wellness and Resilience ➤ Health Impacts of Loneliness and Social Isolation - Chris Eilers and Holly Terlson ➤ Access Services – Spanish/English Interpretation |
| g. 12:00 p.m. – 1:00 p.m. | Lunch/Networking |
| h. 1:00 p.m. – 1:45 p.m. | Workshop Session 3 <ul style="list-style-type: none"> ➤ Youth Wellness and Resilience ➤ Health Impacts of Loneliness and Social Isolation - Chris Eilers and Holly Terlson ➤ Access Services – Spanish/English Interpretation |
| i. 1:45 p.m. – 2:00 p.m. | Break |
| j. 2:00 p.m. – 2:45 p.m. | Closing Speaker or Panel |
| k. 2:45 p.m. – 3:00 p.m. | Closing/Evaluation and Adjourn |

- We can have a closing speaker or panel. JoAnn Miller suggested that Luis Acosta be part of the panel and do in Spanish while having his daughter provide simultaneous English interpretation.
 - a. **Luis Acosta** – Yes, he would be available to do this.

White House Conference on Hunger:

JoAnn Miller reported on the White House Conference on Hunger.

- On June 9, 2022, she attended a White House Conference Listening Session on hunger. White House officials participated in the call. The purpose of the session/call was to give input and talk about hunger and food insecurity and come up with solutions, creative processes, and recommendations for the White House who will be holding a summit in September.
- Attended a breakout session on physical activity and nutrition. There were 44 people in the session.
- The conference was for the Northwest regions. Others did also attend.
- It was a good opportunity for rural communities and the East Coast to give input.
- Over 400 people participated in the call.
- We do have food deserts and lack of produce. Sometimes fast food and convenient stores are the only option. Some individuals may get food stamps, but this is not keeping up with the cost of food. There are also farmer's markets and programs to buy fresh produce with food stamps. Sometimes the prices are higher at the farmer's markets.
- There was discussion on access to food for people with a roof over their head. JoAnn Miller noted that she asked what about those that are unhoused?
- What if the Governors could help subsidize food kitchens? Sometimes these organizations have limited resources so foods may not always be as healthy.
- The White House has been reaching out to the 50 states including Puerto Rico.
- The U.S. Secretary of Interior, Deb Haaland, opened the session.
- Overall, it was a great meeting and enjoyed the discussion on integrating nutrition and physical activity. There may be discussion about physical activity, but sometimes there are no places to go and during COVID a lot of places locked down. How do we build in physical activity into nutrition? There are different options for those individuals that have money, like biking, gyms, etc., but what about those individuals that are homeless? What are ways to encourage everyone to participate in physical activity and incorporate in nutrition in the process?
- "Food is Medicine" is a program that Dr. Steven Chen, Family Medicine Physician, helped create that is an intervention program where they offer food prescriptions to those patients with chronic conditions. A patient may be given a prescription for certain vegetables and they can use their food vouchers at a "Food Pharmacy." Medicaid benefits are covering the costs of some of these programs.
- Tina Dodge Vera with OSU Extension Services did a research project with the Latinx population on food insecurity. We are waiting on those results as well.
- **JoAnn Miller** - With the workshop she was in and the discussion around "Food is Medicine" - This is not new to us. We have the COMP-NW Lifestyle Medicine program and had the cooking with the doctor's program. Is this still happening at COMP-NW?
 - a. **Dr. Jeannie Davis** – Yes, they are still having these classes.
 - b. **JoAnn Miller** – Is surprised they didn't mention Tulane University. Prior to COVID, we had a physician from Samaritan Health Services providing cooking classes.

We also had the Culinary Health Education Fitness program grant (C.H.E.F.) with the cooking classes. We no longer have that C.H.E.F. grant program. Maybe we can look at bringing back some cooking classes again and have COMP-NW medical students participate.

- c. **Dr. Jeannie Davis** – Does Pick of the Month with medical students and hosts a cooking class on campus. Students make recipes. This could be a project for one of her medical students. It's a good opportunity to look to continue with cooking classes. The medical student did do a cooking camp with youth at the Soup Kitchen.
 - d. **JoAnn Miller** – It would be nice to bring in OSU Extension Services as well to help engage people.
 - e. **Sommer McLeish** – Spanish/Mam speakers - OSU Extension Services is teaching healthy eating and recipes.
- We are waiting on the 2021 obesity rates and data.
 - **Sommer McLeish** – Samaritan Health Services offers different discounts at community centers, pools, etc. At the coast there is the ocean so there hasn't been a lot of ambition to build a lot of outdoor activities. There seems to be a lot of discounts for people to go inside to do things.

Next Meeting:

The next meeting of Linn, Benton, Lincoln Partners for Health is scheduled for July 12, 2022, at 1:00 p.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 2:05 p.m.

Respectfully Submitted
Shelley Hazelton
Community Health Promotion