

Linn, Benton, Lincoln Partners for Health (PFH)
Held Virtually - Microsoft Teams
1:00 p.m. – 2:30 p.m.
June 8, 2021
Meeting Summary

Participants: Shelagh Baird, Jeannie Davis, Ed.D., Deb Fell-Carlson, Julie Jacobs, JoAnn Miller, Jolynn Meza Wynkoop, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting.

Meeting Minutes:

The May 11, 2021 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Shelagh Baird made a motion and JoAnn Miller seconded to approve the May 11, 2021 meeting minutes as presented. The motion was unanimously approved.**

Culinary Health Education Fitness (C.H.E.F.) Strategic Plan Updates:

At the May meeting, we reviewed the Linn, Benton, and Lincoln Counties Partners for Health Strategic Plan 2020. Updates and areas of focus for 2022 were discussed.

- **JoAnn Miller** – Cooking with the Doctors – Kristina Corso, D.O., had recruited up to four doctors, prior to COVID-19 to implement a Cooking with the Doctors program. JoAnn Miller noted that she has emailed Dr. Kristina Corso to check on the status of the program and her plans to continue, but she has not heard back from her. The cooking classes targeted patients with high risk factors such as diabetes, obesity, and other chronic conditions. They were free classes offered once a week.
- **Dr. Jeannie Davis** – Has a new group of Lifestyle Medicine medical students coming in August and hopes we can all come together and develop curriculum for cooking classes.
- At the last meeting it was noted that Julie Jacobs with Oregon State University (OSU) Moore Family Center is doing a cooking class with low income individuals in Albany with a Farm to School grant.
- We can continue to explore joint ventures with cooking classes through the local Boys and Girls Clubs and LBCC. It was noted that Dr. Kristina Corso did follow up with these organizations.
- **Julie Jacobs** – Recommends connecting with the local Middle Schools and High Schools to book their teaching kitchens.
- **JoAnn Miller** – There is a need to continue to work with and solicit feedback from our local community groups and Coalitions to focus our energy to develop priorities and implement change. We need to look at long term solutions and long-range funding and partnerships.
- **Resource Guides:**
 - a. We can gather information from partners and build on existing networks.
 - b. *Jolynn Meza Wynkoop will develop a list of who and what organizations are committed to present at the summit and resources, organizing by county, subject type, and services provided.*
 - c. Suggest not limiting to one and creating a framework for funding.
 - d. Is there a deliverable related to this?

Goal 3 of C.H.E.F. Strategic Plan – Build on existing networks and community partnerships to leverage resources and increase community impact.

- Conduct organizational mapping to identify gaps, overlaps, and opportunities relating to member recruitment and coalition activities.
 - We can look at all services and contacts and see who we have at the table and what organizations are needed.
 - In relation to the summit, we have quite a few organizations wanting to be included in the summit. Suggested to start with who has been invited to present and can group some organizations together.
- We need to keep in mind that resource guides change rapidly.
- **Website** – Shelagh Baird is following up with Ian Rollins, Samaritan Health Services (SHS) Marketing on the website.
- **BMI Data – JoAnn Miller** – The SHS Pediatric BMI Report for 2020 and the SHS Adult BMI Report for 2020 was distributed prior to the meeting.
 - a. This year in reviewing the SHS Pediatric BMI Report – The age range was from age 2 to age 19.
 - b. Data is provided by county for Benton County, Lincoln County, and Linn County. Numbers are high for the overweight and obese category in ages 10-13 and ages 29-31.
 - c. Percentage of pediatric patients in each category across the tri-county region – Lincoln County numbers are the highest in the overweight and obese category compared to Benton and Linn Counties.
 - d. Adult numbers are high. This should be an area of focus. Look at obesity rates, chronic conditions like diabetes, heart conditions, not having access to healthy foods, etc. We did identify food desserts a few years back with on OSU graduate student who compiled a report and information was shared at a yearly summit.
 - e. All of this connects back to cooking classes. Do we see people eating healthier after taking these classes?
 - f. What can we do if things change again and we go back into indoors and confined areas?
 - g. **Dr. Jeannie Davis** – Would like to get some information out to Lifestyle Medicine medical students and involve them more with cooking classes.
- **2022 Focus:**
 - a. We have had COVID-19 now for a year and a half and it has affected our mental health, nutrition, etc. What would we like to focus on for 2022?
 - b. **Dr. Jeannie Davis** – Diversity, public health, nutrition are all areas of focus. With the Solutions Summit and the evaluation – We can pick out additional areas of focus as well.
 - c. **JoAnn Miller** – Shared an article from the Oregonian newspaper – “Isolation takes toll on addicts in recovery” with Jolynn Meza Wynkoop and Shelagh Baird. It talked about those suffering from Substance Use Disorder (SUD) and having a response and plan during a pandemic or disaster. It follows different individuals during COVID-19 and how they felt isolated and panicked and it discussed areas such as housing, treatment, food insecurity, etc. They relied on family members and how family members were experiencing stress as well. We need to look at addressing different issues such as SUD, obesity, etc. and keep all situations in the forefront of our minds. Look at a comprehensive plan to look to address a variety of issues and come up with solutions that we can do.

- d. Look at different barriers such as COVID-19, isolation, and look at what we as a community can do and develop needed resources to help address different needs. Every organization could have an impact on the health of all organizations and the community.
- e. **Dr. Jeannie Davis** – Started teaching community health and public health with the medical students. There are 80% of other things that impact health such as the environment, what you eat, etc. What resources are there to connect patients and help them to be successful?
- f. **Deb Fell Carlson** – LBCC Nursing Program – Next Fall will be the 3rd time they will start talking about community health. They are looking at more observational health. When discharging patients, where are they going and what environment are they being discharged to?
- g. **Dr. Jeannie Davis** – COMP-NW does a partnership with Claremont Graduate University in California where medical students can get a dual Master’s in Public Health degree.
 - OSU has a Master’s in Public Health degree and there is a 20 credit online Public Health Certificate that can be applied toward a Master’s in Public Health degree.
 - OSU would be a great partner. Their program is the only accredited program in Oregon.
- h. We as a group can help connect others and help other organizations connect to us.
- i. **JoAnn Miller** – The Regional Assessment and Implementation Disaster (RAID) Subcommittee has been reviewing an SUD Residential Treatment availability tracking website and discussing the feasibility of creating something similar for our region. The website is from the Alaska Department of Health and Social Services Division of Behavioral Health and shows facility information and bed availability. The website automatically updates. The website has real time up to date information and is a public website allowing anyone the ability to see services and capacity. We could look at this same type of thing for food banks, childcare, etc. Unite Us is designed for this, but the Alaska Department of Health and Social Services Division of Behavioral Health goes more in depth. With Unite Us, you do need to register. The question was asked if the website from the Alaska Department of Health and Social Services Division of Behavioral Health goes beyond just SUD. ***JoAnn Miller will share website information with Dr. Jeannie Davis and Deb Fell-Carlson.***

2021 Summit:

Ideas were discussed regarding the 2021 Summit.

- Jolynn Meza Wynkoop shared a “Save the Date” flyer for the 2021 Solutions Summit.
 - a. Top of page under “Virtual Event” add the word “Free” – To read, “Free Virtual Event.”
 - b. Under, “Come learn about local health solutions in Linn, Benton, & Lincoln Counties in Oregon” add, “Featuring Guest Speaker, Max Williams, Executive Director & CEO of the Oregon Community Foundation.”
 - c. At top of page, “Partners for Health present the 2021 Partners for Health Solutions Summit” just say, “Presenting the 2021 Partners for Health Solutions Summit.”
 - d. Members noted that they liked the bright, colorful flyer. It should draw people and the picture used was good.

- e. In reviewing the logos at the bottom, are we including everyone? Includes Samaritan Health Services, Coast to Cascades Community Wellness Network, and Western University of Health Sciences College of Osteopathic Medicine of the Pacific COMP-Northwest.
 - It was agreed the logos were appropriate and no additional logos needed to be added.
 - f. Under guest speakers, topics were added. It was agreed to change to - Community organizations will present on:
 - Behavioral, mental & oral health
 - Youth health and wellbeing
 - Affordable housing
 - LGBTQIA2S+
 - g. The flyer will be sent out on June 10, 2021. ***Jolynn Meza Wynkoop will send to Luis Acosta to translate to Spanish. Jolynn Meza Wynkoop and Shelagh Baird will make sure the flyer gets sent out.*** The final invite and registration will open in July.
- The summit time is 10:00 a.m. – 3:30 p.m.
 - The proposed schedule was reviewed.
 - a. Under the 11:30 a.m. – 12:30 p.m. session will add in Workshop 4 – Dharma Mirza to present under the LGBTQIA2S+ topic. ***JoAnn Miller will confirm her attendance.***
 - b. Under the 11:30 a.m. – 12:30 p.m. session – Switch Linn County Mental Health to Workshop 1 and Confederated Tribes of Siletz Indians Youth Programs to Workshop 3.
 - c. Affordable Housing – Includes: Family Promise of Lincoln County, Samaritan House, and City of Corvallis for Workshop 2 and Habitat for Humanity, Community Services Consortium (CSC), Northwest Coastal Housing for Workshop 6.
 - d. There are no affordable housing topics in Session 3. It was suggested looking into the Farm Workers Housing Development going up in Lebanon that will house migrant workers. ***Jolynn Meza Wynkoop will follow up.*** There is also a new housing unit going up in Sweet Home.
 - e. It was suggested to create a Workshop for LGBTQIA2S+ and make it a separate topic.
 - Beck Johnson with the Olalla Center had noted that it is offensive for LGBTQIA2S+ to be labeled under mental health.
 - We can add Dharma Mirza as Workshop 4.
 - ***Shelagh Beck will follow up with Beck Johnson with the Olalla Center and confirm as speaker.***
 - ***JoAnn Miller noted that she can talk with Commissioner Claire Hall and see if she would also be willing to speak.***
 - Do we have an LGBTQIA2S+ physician network? Samaritan Health Services is developing a sexual orientation gender group, although this will be a new group.
 - ***Dr. Jeannie Davis can also check with COMP-NW on a speaker.*** They have an LGBTQIA2S+ student club.
 - There is an Integrity Women’s Health and Wellness Clinic in Lincoln County that offers health services specifically to trans individuals. Galvin Schumate, M.D., FACOG, is the physician at the clinic. ***Summer McLeish agreed to reach out to see if they would like to present*** – Website – <https://integritywomenshealth.squarespace.com/>

- Julie Jacobs noted that she knows the director and the Cultural Resource Center at OSU has Hattie Redmond with the Women & Gender Center who might be a possible speaker. *Julie Jacobs said she would follow up with the director, Whitney Archer.*
 - *Jolynn Meza Wynkoop agreed to do further resource on this topic and see if there are additional organizations that provide resources to LGBTQIA2S+ youth.*
 - We can also look outside the region or Oregon Health Authority also might have some suggestions.
- Workshops – Each presenter will split 45 minutes (15 minutes each speaker) and then there will be 15 minutes for questions and answers.
 - Zoom will be the platform used for the summit. Instructions on how to use can be written out in Eventbrite. We could use COMP-NW's Zoom platform. Sommer McLeish also has Zoom Webinar.

There was discussion on checking back within the next couple of weeks to discuss and confirm speakers, Zoom Webinar, schedule, and additional summit details. *It was agreed that June 21, 2021 from 9:30 a.m. – 11:00 a.m.* would be a good time to meet virtually. *Shelley Hazelton will send out the invite and will include all members of Linn, Benton, Lincoln Partners for Health.*

Next Meeting:

The next meeting of Linn, Benton, Lincoln Partners for Health is scheduled for July 13, 2021.

Adjourn:

With no further business to discuss, the meeting was adjourned at 2:30 p.m.

Respectfully Submitted
 Shelley Hazelton
 Community Health Promotion
 Department Assistant