

**Linn, Benton, Lincoln Partners for Health (PFH)**  
**Meeting Summary**  
**Held Virtually - Microsoft Teams**  
**July 14, 2020**  
**1:00 p.m. – 2:55 p.m.**

**Participants:** Shelagh Baird, Krystal Boyechko, Carly Castaneda, Jeannie Davis, Ed.D., Tina Dodge Vera, Julie Jacobs, Sommer McLeish, JoAnn Miller, Stephanie Russell, Jana Kay Slater, Ph.D., Earlean Wilson Huey, and Shelley Hazelton

**Welcome:**

Dr. Davis welcomed everyone to the meeting.

**Meeting Minutes:**

The June 9, 2020 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented and approved by consensus.

**2020 Summit:**

Discussion focused on the 2020 virtual summit.

- Zoom is the best platform for hosting the September 11<sup>th</sup> virtual summit.
- Comp-NW has a Zoom link we can use for the summit that will hold 300 people.
- Dr. Donna Beegle is available to be the keynotes speaker and can also present at a lunch session.
- We can do test runs prior to the summit.
- *Jolynn Meza Wynkoop is available to help be the TA for the summit and trouble shoot as needed.*
- *Krystal Boyechko will be following up with Samaritan Health Services (SHS) Marketing Department on flyers.*
- Ms. Boyechko noted that she hopes to have Eventbrite edited by the end of the week. We will give people who registered previously the first shot at registering.
- We need to work out the details for the lunch breakout sessions.
- JoAnn Miller gave the background on the yearly summit. On average we have anywhere from 80-120 people in attendance.
- This year's summit is on "Generational Poverty."
- People are paying more attention to generational poverty. It was suggested to link in data on low income inequitable access to health services in COVID-19 crisis.
  - a. Ms. Boyechko noted that Dr. Beegle is having conversations around COVID-19 and people experiencing poverty on her website.
  - b. It was suggested that maybe Dr. Beegle could weave in her conversation regarding COVID-19 and poverty or maybe this would be a good lunch breakout session. Thinking about the vulnerable populations and what makes them more at risk – A deeper analysis and thinking of social democracy. We will need to stick to our initial agreement with Dr. Beegle on "Generational Poverty." We could possibly do more of a deeper analysis at a lunch break out session.

- One workshop will be in Spanish and interpreted in English. Can subtitles be done in a workshop as opposed to interpretation? We are not sure with the Zoom platform. Microsoft Teams has closed captioned, but it does lag. We are not sure everyone would have that option. ***Krystal Boyechko will follow up with Dr. Davis to check on Zoom.***
- It was suggested to send out a, “Save the date” email to everyone that registered before and noting additional information will follow.
- Ms. Boyechko noted she hopes to have the Eventbrite landing page up to date within a few days and will email those registered previously first about the virtual summit.
- Those within the tri-county region (Benton, Lincoln, and Linn Counties) would be invited to attend. A password protected link can be sent out to registrants. There could be the possibility that others outside our region might register.
- Conference rooms at Samaritan Lebanon Community Hospital are still reserved for staff during the event. The rooms are limited to Samaritan Health Services staff only at this time due to COVID-19 restrictions.
- We are not sure on technical support for Zoom if there are any difficulties during the event. The question was asked if there was a person to hire or someone that is knowledgeable regarding Zoom if we run into any problems. It was noted that Zoom should have tech support. Jolynn Meza Wynkoop will take the lead on our end with the help of Sommer McLeish if needed.
- Break out lunch sessions – Do we want to do stretch/mindful topics? Other ideas were COVID-19 and poverty, FII group, maybe those individuals that were going to have resource tables might like to share or present, laughter, yoga, etc. It could be a struggle for moderators that would facilitate and then must present. What would be the topics? Who would manage the conversations? We could start with 6 topics or more and attendees could list their top 2 of interest. Some ideas discussed for possible topics included:
  - a. COVID-19 and poverty – Dr. Donna Beegle
  - b. FII
  - c. 211 – Contact Shannon Rose
  - d. Gleaners
  - e. Reach out to food banks/pantries
  - f. Housing/homelessness – Rep from housing/rental assistance – We can check with Pegge McGuire at CSC to see if she can recommend someone from CSC or look at Willamette Neighborhood Housing Services-DevNW
  - g. Those that wanted resource tables previously (11 had committed previously) – ***Krystal Boyechko can send an open invitation to this group to see if there is interest***
  - h. Some of the agencies we fund through Social Accountability funding – Vina Moses, We Care, DevNW, Work Unlimited, Fish in Albany and Lebanon, Jackson Street Youth Services, Sweet Home Emergency Ministries
  - i. Lebanon Community Schools – Welcome Center and Lincoln County Schools – Compass Center
- With the Zoom platform, people can be assigned to rooms or can attendees self-select?
- Questions for Dr. Davis:
  - a. How many breakout rooms can you have?
  - b. Can people self-select and move between rooms?
  - c. Subtitles or closed captions – It’s most likely closed caption wouldn’t work.

- At the event at the coast, we did have someone sign up for sign language so that could be a possibility at this event. When an attendee registered, they are asked if they need assistance such as interpreter services, sign language, and large print or if they have any physical ability that they may need help with.
- The question was asked if there was a back up plan if there are technical issues with interpretation – Luis Acosta. *JoAnn Miller will follow up with Mr. Acosta.*

*Krystal Boyechko has questions to ask Dr. Davis. It might be helpful to have a follow up meeting with Dr. Davis, Jolynn Meza Wynkoop, and possibly Luis Acosta.*

### **Elevator Speech:**

At the last meeting, we discussed having an elevator speech for Linn, Benton, Lincoln Partners for Health that discussed what our group is and what we do (example: who, what, when, where, and why and typically 30-60 seconds). Coleman Tanner had sent out a resource list on this. How do we describe Linn, Benton, Lincoln Partners for Health to someone who has never heard of our group? It's important to make it relevant and tell a story such as the yearly summit. Krystal Boyechko shared, "Homework: Culture of CQI Elevator Speech" from Coleman Tanner.

- Elevator speech:
  - a. Simple and clear enough to understand.
  - b. Communicate – What, Why, How, WIIFM (What's in it for me) and how they can get involved.
  - c. Deliver in short period of time.

One example of an elevator speech could be: "Linn, Benton, Lincoln Partners for Health is a community-based coalition that works in collaboration with community partners to host a yearly Regional Community Health Summit and provides cooking classes and CATCH through the CHEF grant." Additional activities could also be included.

We could also have a yearly workshop for members to discuss who we are, where we want to be, etc. It was agreed to have a planning session in November and discuss:

- Why are we part of this group?
- How do we get work done?
- How are we different from other organizations?

The group discussed putting the Mission/Vision statement on the monthly agendas. *Members agreed to include the Mission/Vision statement at the bottom of each monthly agenda.*

### **Culinary Health Education & Fitness (C.H.E.F.) Update:**

Krystal Boyechko gave a C.H.E.F. update.

- Linn, Benton, and Lincoln Counties Partners for Health Strategic Plan 2020 – The final "draft" of the plan was reviewed. The Work Plan goals and objectives and activities for each of the goals were noted.
- Opportunities for virtual CATCH trainings have been shared with CATCH champions.
- The No-Cost Extension was approved so the C.H.E.F. Program will be able to continue to provide Tasting Table implementation support until December 31, 2020.
- Pick of the Month flyers are being shared with partner organizations.

- Virtual cooking classes will begin in the last week of July in East Linn County through the OSU Moore Family Center and in Lincoln County through OSU Extension Services.
- Lincoln County – Stephanie Russell noted that with the virtual cooking class in Lincoln County they will work with Centro de Ayuda to coordinate food boxes and recruitment of families. They will be doing a class in Spanish. A lot of vulnerable families have been under quarantine that have been reached with food boxes. The first class will be a pilot class and after that they will decide if it will be one class or a series of classes. They will demonstrate a recipe, include a simple snack or meal, and demonstrate critical skills. Families will be delivered groceries/food box after the class. Ms. Russell expressed that she is excited to move forward with virtual cooking classes.
- The PIMS report is due on July 31, 2020.
- The question was asked if we are using volunteers for the cooking classes. Some clinicians are looking at what they can do to volunteer. OSU Moore Family Center - They have been bringing in interns and COMP-NW students. They don't envision needing any volunteers currently. The challenge has been developing training on-line for volunteers. Will need to look at down the road at how on-line classes would look as far as sustainability.
- Ms. Russell noted that OSU Extension Services has developed best practices for remote classes.

### **Announcements:**

Members provided additional updates and shared announcements with the group.

- Earlean Wilson Huey noted that the SHS Equity and Inclusion Council will be creating a safe space for Black staff to meet for support. The reflection session will be offered three times, once in the morning, at lunch time, and at night.
- An application has been submitted to HRSA for a Network Planning grant to develop a regional disaster preparedness plan for those that struggle with substance use disorders and opioid use disorders. We are finding that several people are struggling and not being served during COVID-19 and no plans are in place for a disaster. This is a rural grant that will serve rural Benton County, East Linn County, and Lincoln County. If we don't receive funding, we will still work on putting plans in place to meet the needs of this population.
- The African American Youth Leadership Council had a virtual conference on June 23, 2020, and everything turned out well.
- Pride Program – Earlean Wilson Huey has led this program in support of young people of African American descent. They will have a virtual family barbeque event at homes showcasing food and doing a virtual activity. They have discussed creating an educational component and creating something fun and exciting. They will be looking at Kahoot, a game-based learning platform where you can use your computer or phone to answer questions.
- Ms. Miller noted that the Community Benefit Advisory Committee agreed to go through the Social Accountability funding process and accept Requests for Proposals from non-profit organizations in Benton, Linn, and Lincoln Counties for 2021 funding. Agencies can apply for funding, but they will be informed that programs will receive funding based on availability. This process starts in August with meeting with grantees and Requests for Proposals due in September. Meetings with grantees and committee members will be held virtually.
- Sommer McLeish – Is scheduling parent education classes with the OPEC grant.

- Dr. Davis requested that the following be added to the meeting minutes:
  - a. Medical students are looking to host a Diversity and Inclusion academy as an extension to the Lebanon Health Career Ladder – Parent academy. More details will follow.
  - b. The Oregon HOWTO Grant is open for Round 3 Funding Cycle – Begins – June 1, 2020. The submission deadline is August 14, 2020 at 11:59 p.m. – Pacific Time. In this cycle of funding the program strongly encourages oral and behavioral health programs to apply.

**Next Meeting:**

The next meeting of the Linn, Benton, Lincoln Partners for Health is scheduled for August 11, 2020 at 1:00 p.m.

**Adjourn:**

The meeting was adjourned at 2:55 p.m.

Respectfully Submitted  
Shelley Hazelton  
Community Health Promotion  
Department Assistant