

Linn, Benton, Lincoln Partners for Health (PFH)
Meeting Summary
Held Virtually - Microsoft Teams
August 11, 2020
1:00 p.m. – 2:15 p.m.

Participants: Shelagh Baird, Krystal Boyechko, Carly Castaneda, Chloe Collard, Jeannie Davis, Ed.D., Deb Fell-Carlson, Julie Jacobs, Kellie Lewis, Sommer McLeish, Jolynn Meza Wynkoop, JoAnn Miller, Stephanie Russell, Jana Kay Slater, Ph.D., Aimee Snyder, Earlean Wilson Huey, and Shelley Hazelton

Welcome:

Dr. Davis welcomed everyone to the meeting.

Meeting Minutes:

The July 14, 2020 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Dr. Slater made a motion and Krystal Boyechko seconded the motion to approve the July 14, 2020 meeting minutes as presented. The motion was voted upon and unanimously approved.**

2020 Summit:

Discussion focused on the 2020 virtual summit.

- Dr. Davis, Krystal Boyechko, and Jolynn Meza Wynkoop have been meeting and discussing the Zoom platform for the virtual summit scheduled for September 11, 2020. They have also included Luis Acosta for the interpreter piece.
- There have been 46 people who have registered to date for the summit.
- Flyers have been sent out in English and Spanish.
- Jolynn Meza Wynkoop has put together the agenda and facilitator's guide.
- Agenda:
 - a. 9:00 a.m. – Welcome – Marty Cahill
 - b. 9:05 a.m. – Logistics and keynote introduction – Julie Manning
 - c. 9:15 a.m. – Keynote speaker – Dr. Beegle – Generational Poverty
 - d. 10:00 a.m. – Keynote question and answer
 - e. 10:15 a.m. – Break
 - f. 10:30 a.m. – Session 1 – Dr. Edwards Junkins
 - g. 11:00 a.m. – Session 1 question and answer
 - h. 11:10 a.m. – Transition Break
 - i. 11:15 a.m. – Session 2 – Spanish – To be Determined
 - j. 11:45 a.m. – Session 2 question and answer
 - k. 11:55 a.m. – Lunch prep break
 - l. 12:15 a.m. – Lunch time talks
 - COVID/Emergency Assistance Program with Community Services Consortium
 - Economic Mobility with the Family Independence Initiative (Presented in Spanish with English Interpretation)

- Equity and Inclusion with the Cultural Awareness Club of COMP-NW
- Housing with DevNW
- m. 12:55 p.m. – Transition break
- n. 1:00 p.m. - Session 3 – Dr. Beegle – Poverty 101
- o. 1:30 p.m. - Session 3 question and answer
- p. 1:40 p.m. - Transition break
- q. 1:45 p.m. - Panel – Dr. Beegle, Kelley Story, and JoAnn Miller – Breaking Free from Poverty
- r. 2:20 p.m. - Closing remarks/survey – Julie Manning
- With Zoom, there will be break out rooms for the lunch time talks.
- Equity and Inclusion with the Cultural Awareness Club of COMP-NW – The COMP-NW student group wanted to present to the Health Career Ladder students, and they were asked instead to present to the community. They could tie in their club and generational poverty and look at the current climate. There would be a lot to discuss around Black Lives Matter and racial justice, and resources and support services available to community members. We would need to follow up with the students to see what they are comfortable presenting. ***Dr. Davis will reach out to the club President. Earlean Wilson Huey could be the host and moderator, and both she and Krystal Boyechko will discuss next steps.***
- Session 2 – Spanish session – ***Dr. Davis can check on possible speakers.*** A suggested speaker recommendation from the Linn, Benton Health Equity Alliance was also suggested. ***JoAnn Miller can also reach out for recommendations.*** She also knows of some Maternity Care Coordinators such as Laurie Barajas that may be interested in speaking.
- Luis Acosta will provide interpretation services.
- Jolynn Meza Wynkoop reviewed the 2020 Virtual Community Health Summit: Generational Poverty Agenda and Facilitator’s Guide with the group.
 - a. The Facilitator’s Guide is broken down by every part of the event – Who is talking, video on, mic off, notes on Zoom, etc.
 - b. PowerPoint screen shots and find features – Will plan to do.
 - c. Deb Fell-Carlson noted she has information on how to set up the space bar and mute one’s self.
- Dr. Davis noted she is checking into adding Zoom Webinar to their COMP-NW account for the Mr. Acosta - Spanish interpreter in the breakout room. She is not sure if this is an additional cost. Zoom Webinar allows simultaneous interpretation. This will show the interpreter on the main page. She can currently divide into rooms for the lunch breakout sessions then come back to the main room, but the current set up doesn’t work with the interpreter, unless Zoom Webinar is available. She may need to just set up two events.
- ***Krystal Boyechko will meet with Dr. Davis and Jolynn Meza Wynkoop on further details on Thursday of this week.***

Elevator Speech:

We have discussed having an elevator speech for Linn, Benton, Lincoln Partners for Health that discusses what our group is and what we do (example: who, what, when, where, and why and typically 30-60 seconds). We will discuss this in the future at a planning session.

Culinary Health Education & Fitness (C.H.E.F.) Update:

Krystal Boyechko gave a C.H.E.F. update.

- Most school districts are moving to fully on-line classes.
- Currently, she is sharing out information on CATCH and Tasting Tables.
- Opportunities for virtual CATCH trainings have been shared with CATCH Champions.
- Virtual cooking classes are being conducted in East Linn County through OSU Moore Family Center and in Lincoln County through OSU Extension.
 - a. The OSU Moore Family Center started a virtual cooking class with 8 Lebanon families with a waiting list. OSU Dietetics Interns and an OSU Extension Nutrition Education intern is assisting with the virtual culinary education classes.
 - b. There has been great support and feedback for the classes.
 - c. The question was asked whether the instructors would opt for Zoom virtual cooking classes or in person. Julie Jacobs noted there are differences between virtual and in person. With virtual, families are working in their own kitchen and all family members become involved. With virtual classes, we are also opening classes to more families that couldn't do before. With the virtual classes, they don't seem to be distractive and anyone can join in.
 - d. Dr. Slater noted she has participated in the Zoom virtual cooking classes and it gave her the hope that the virtual summit has great potential for educating the community.
 - e. Lincoln County OSU Extension Services is doing the virtual cooking classes in Lincoln County and using the Cooking Matters curriculum and adding in Food Hero. The current virtual classes were aimed primarily for Spanish families. There has been a total of 6 families and the last round of classes will occur this week.
 - f. Stephanie Russell noted that she and Chole Collard are exploring ideas for in-person and virtual classes. At this time, they will continue with the virtual classes. With the recent virtual classes, the 6 families all came back for additional classes. Classes have been 2½ - 3 hours. Classes have been engaging and interactive. They will be having the third one this week. They are also switching recruitment plans for the classes with Centro de Ayuda.
 - g. Through the C.H.E.F. program it is hopeful that additional classes will be facilitated through OSU Extension Service for Lincoln County. Food Share of Lincoln County doesn't have the capacity to do classes currently.
- Tasting Tables – With schools going to start doing classes virtually, we most likely won't be doing the Tasting Tables in the schools. Krystal Boyechko noted she is sharing information with partners and encouraging healthy eating. She will also share additional CATCH resources. She will need to connect with lead coordinators at the schools. There may be an opportunity with lunch deliveries to include flyers. There are ways we can connect with our schools and partners. We did budget for the Tasting Tables. Pick of the Month flyers do go out and we can make sure they go out to parents.
 - a. Dr. Davis noted that COMP-NW still does Wellness Wednesday with Tasting Tables for staff and these have continued virtually. Their counterpart in California, does virtual cooking classes.
 - b. *Krystal Boyechko will follow up with Angie Gorman with the Lebanon Community School District regarding Tasting Tables and the Pick of the Month Flyers.*

- Pick of the Month – The question was asked if we could incorporate the Pick of the Month into the current cooking classes. It was agreed that this could be done. Instructors have been trying to highlight recipes that fit with the theme. They could also do a side recipe.
 - a. COMP-NW students are recording a demo video and sharing out with the local school district. The Dietetic Interns also did a recipe video. We could incorporate the Pick of the Month into this type of process.
 - b. Stephanie Russell noted OSU Extension Services will be doing a video without text for those individuals that speak Mam and different languages – Simple video without language or simple voices – Could highlight Pick of the Month.
 - c. Ian Rollins from SHS Marketing does distribute the Pick of the Month flyers monthly that we distribute to different partners in our community. We had a subcommittee previously that picked the Pick of the Month for the last 3 years. This list expires at the end of 2020. We will need to reconvene the subcommittee. ***It was suggested to include a representative from Lincoln County School District to serve on the subcommittee.*** Lincoln County had a hard time getting some of the Pick of the Month items. June is always Strawberries because of the Lebanon Strawberry Festival. The subcommittee looks at the USDA website and Agriculture website. ***Shelley Hazelton can send out a list of the last 3 years for the Pick of the Month.***
 - d. Jolynn Meza Wynkoop noted that some High Schools have food or culinary programs. It's possible we could reach out to instructors to see if their students could put together videos that we could use.

Announcements:

Members provided additional updates and shared announcements with the group.

- Dr. Davis noted that the class of 2024 medical students – Their first day was yesterday. They will be doing classes on-line. The class of 2023 is looking for volunteer hours. They must do 30 hours of volunteer work. Members were asked to let Dr. Davis know if they have any suggestions for volunteer hours.
- Dr. Slater noted we are working with partners on the C.H.E.F. Annual Report. We have had a pool of enthusiastic medical students helping with cooking classes.
- Jolynn Meza Wynkoop noted that she is part of the beach clean up crew and they will be having a beach clean up event on August 20th. The COMP-NW medical students could help with this event if they are available.
- All reports have been submitted for the HRSA Opioid Implementation Grant.
- Social Accountability funding – Requests for Proposal are available for community agencies in Linn, Benton, and Lincoln Counties to apply for funding for different projects that meet designated goals and priorities. A Grantees information meeting is scheduled for August 20th – 10:00 a.m. for those valley agencies and 1:00 p.m. for coastal agencies. The grant applications will be due on September 25, 2020 by 4:00 p.m. for funding for the 2021 year. This year we won't have agencies present to the hospital's committees. The committees will score, and fund based solely on the application.

Next Meeting:

The next meeting of the Linn, Benton, Lincoln Partners for Health is scheduled for September 8, 2020 at 1:00 p.m.

Adjourn:

The meeting was adjourned at 2:15 p.m.

Respectfully Submitted

Shelley Hazelton

Community Health Promotion

Department Assistant