

**Linn, Benton, Lincoln Partners for Health (PFH)
Samaritan Lebanon Community Hospital
525 N. Santiam Hwy., Lebanon, OR 97355
1:00 p.m. – 2:00 p.m.
September 14, 2021
Meeting Summary**

Participants: Jeannie Davis, Ed.D., Shelagh Baird, Deb Fell-Carlson, Julie Jacobs, Joanna Kubes, Sommer McLeish, JoAnn Miller, Jolynn Meza Wynkoop, Jennifer Petit, Madison Yock, and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting.

Meeting Minutes:

The August 10, 2021 meeting minutes of the Linn, Benton, Lincoln Partners for Health were presented. **Sommer McLeish made a motion and Jolynn Meza Wynkoop seconded to approve the August 10, 2021 meeting minutes as presented. The motion was unanimously approved.**

The Pick of the Month for October was Kohlrabi. It was noted that this had been difficult to find and to incorporate a recipe for. Pumpkin had been suggested as an alternative.

Strategic Plan Updates:

Resource Guides:

Some of the information from the summit can be incorporated into a resource guide. There are so many good contacts with presenters at the summit and available resources. *Jolynn Meza Wynkoop is working on this and had contacted a few individuals in Lincoln County for resources.* Will the resource guide live on the website? It was noted that “yes” this can be added to the website. Ian Rollins from Samaritan Health Services (SHS) Marketing Department was working on the website and he is leaving SHS.

JoAnn Miller – The original website has oral health and Coast to Cascades Community Wellness Network (CCCWN) information and we were going to expand the website to include additional information/plans from Coalitions and Subcommittees. There is also Healthy Smiles For All information and information related to the C.H.E.F. program. Shelagh Baird was also looking at and working with Ian Rollins to update. JoAnn Miller suggested to talk with Brink Communications who will be doing the media campaign for the Bridges to Recovery Opioid Implementation Grant around substance use disorder (SUD) and opioid use disorder (OUD). We do have the website created and a domain. Brink Communications would want to know how much funding we have for this. We are looking to find someone to do the website design, information gathering, links, updating, etc. Currently, we don’t have access to SHS Marketing due to their involvement with COVID-19 and vaccinations. *Jolynn Meza Wynkoop agreed to follow up with Brink Communications and discuss further at the next meeting.*

2021 Summit Debrief:

The August 20, 2021 Summit was successful and overall evaluation comments were positive.

Jolynn Meza Wynkoop presented the 2021 Partners for Health Solutions Summit Evaluation Review.

- Question 1 – I would recommend the Partners for Health Summit to a colleague or friend.
 - a. 22 - Strongly agree
 - b. 13 - Agree
 - c. 2 - Neither agree nor disagree
- Question 2 – The Summit covered the content I was expecting.
 - a. 18 - Strongly agree
 - b. 12 – Agree
 - c. 5 – Neither agree nor disagree
 - d. 2 – Disagree
- Question 3 – I can apply what I learned today in my work/personal life.
 - a. 17 – Strongly agree
 - b. 18 – Agree
 - c. 1 – Neither agree nor disagree
 - d. 1 – Disagree
- Question 4 - Please indicate your preferred format for the Summit in 2022 (assuming the pandemic has been managed).
 - a. 21 – I prefer a viral event
 - b. 5 – I prefer an in-person event
 - c. 9 – I prefer a hybrid event (both online and in-person)
- Question 5 - Please indicate your preferred month for the Summit in 2022.
 - a. 13 – Early August
 - b. 18 – Late August
 - c. 4- Early September
 - d. 5 – Late September
- It was noted for Question 5 that the only months listed were August and September. We have held previous Summits in February through April months. They were normally held in the Spring. It would be good to add additional months to choose from with this question in the future.
 - a. **Sommer McLeish** – Likes the month of August. Teachers are normally doing professional development at that time.
 - b. We didn't collect titles of participants this time with Eventbrite within registration.
- Question 6 – What workshops did you attend today?
 - a. It showed 108 total attendees for the 12 different workshops. Not everyone filled out a survey.
 - b. More attendees attended Workshop 1 – Linn County Mental Health, Linn Together, and Olalla Center; Workshop 2 – Family Promise of Lincoln County, City of Corvallis, Workshop 4 – Community Advocate, Claire Hall and Outside In, and workshop 10 – Oregon health Authority, Health Promotion and Chronic Disease Prevention Section, Unite Us, and 211.
- Question 7 – Do you have any feedback/comments for the workshops?
 - a. **Workshop 1 – Mental, Behavioral, and Oral Health** - Youth mental Health Services - Linn County Mental Health; Youth Substance Use Prevention – Linn Together; and Programs and Services Available, Relief Nursery Information – Olalla Center.
Feedback was the workshops were good, done well, and informative information.

- b. **Workshop 2 – Affordable Housing Opportunities** – Current Model for Providing Emergency Shelter for Families Experiencing Homelessness – Family Promise of Lincoln County and Regional Housing Options – City of Corvallis.
Feedback indicated that an attendee had trouble getting in.
- c. **Workshop 3 – Youth Health and Wellbeing** – CASA volunteers Speaking Up for Kids in Foster Care – CASA of Linn County; Child Abuse Prevention Education – ABC House; and Prevention Activities with Tribal Youth at the Confederated Tribes of Siletz Indians.
Feedback - There were no comments provided.
- d. **Workshop 4 – LGBTQIA2S+ Supports** – Lincoln County LGBTQIA2S+ Health Solutions and Resources – Community Advocate, Claire Hall, and LGBTQ+ Services and supports Through Outside In.
- e. **Workshop 5- Mental, Behavioral, and Oral Health Services** - Prime Plus Peer Program and Nurture Oregon – ReConnections Counseling and Community Health Clinic Services – Confederated Tribes of Siletz Indians.
Feedback – It would be helpful to know the names of similar programs in different IHN counties.
- f. **Workshop 6 – Affordable Housing Opportunities** – Home Ownership, Hope Rises Village, Home Repairs – Habitat for Humanity Lincoln County; Rent Relief, Eviction Moratorium – Community Services Consortium; and Project Turnkey: Coastal Phoenix Rising Facility and Services – NW Coastal Housing.
Feedback -I wanted to be in Workshop 8, but I couldn't get in; Lost the ability to switch workshops...very distressing...I was looking forward to doing two.
- g. **Workshop 7 – Youth Health and Wellbeing** – Parenting Education Opportunities – Parenting Success Network; Family Connects and Resource/Referral Process – Pollywog Family; and Oregon Parenting Education Collaborative (OPEC): Supporting Oregon Families through Parenting Education – Oregon State/OPEC.
Feedback – There were no comments provided.
- h. **Workshop 8 – LGBTQIA2S+ Supports** – Transition Support Services – Integrity Women's Health and Wellness; LGBTQIA2S+ Affirming Mental Health Services – Bravery Center; and Supporting Health and Wellness of Children and Families While in ODHS Substitute Care – Encompass.
Feedback – Can we access this after the fact; excellent; supporting health and wellness of children really didn't fit in with Workshop 8.
- i. **Workshop 9 – Mental, Behavioral, and Oral Health Services** – Solutions to Oral Health Access Issues – Capitol Dental Care; Community Based Dental Services Pilot: Wellness to Smiles – Advantage Dental from DentaQuest; and A Smile for Kids (ASK) Services – ASK.
Feedback – Could non-Medicaid dental resources (Medicare) be discussed; Denture resources for non-Medicaid population.
- j. **Workshop 10 – Affordable Housing Opportunities** – Health Promotion Frameworks and Their Benefits – Oregon Health Authority, Health Promotion and Chronic Disease Prevention Section; Connect Oregon – Unite Us; and Information Services – 211.
Feedback – I found this interesting and appreciated the partnerships; good; the title didn't match the content well, it was done well, however; Mamone Maley and Shannon Rose both did a great job in presenting their material – I wish Momone would have had more time to promote and explain information on Connect Oregon; and great community information that I did not know about.

- k. **Workshop 11 – Youth Health and Wellbeing** – Preschool, After School, and Sommer Programs – Neighbors for Kids; Strategic Partnerships that Build a Youth Medical Home – Boys and Girls Club of Corvallis; and Live Longer Lebanon and 5210 Program.
Feedback – There were no comments provided.
- l. **Workshop 12 – LGBTQIA2S+ Supports** – LGBTQIA2S+ Services – Jackson Street Youth Services; PRIDE Circle – Citizens for Safe Schools; and Creating LGBTQIA+ Inclusive and Safe Programing in Rural Oregon – Queers and Allies of Coos County.
Feedback – Title didn’t do the content justice; the best workshop of the day...I loved the youthful enthusiasm.
- Question 8 – Do you have any final suggestions for improvement for next year’s Summit?
 - a. **Format and Prep Work:**
 - I would prefer three or four keynote type presentations instead of the breakout rooms.
 - More information about the Summit would be nice. I had no idea this was happening in our region.
 - Provide recordings of all workshops to be accessed later.
 - b. **Technology:**
 - Polish up the digital stuff...realizing that it was a first, I think, overall, it went well (NO virtual system seems to work perfectly...or even close to perfectly).
 - Maybe a trial run to make sure audio and video is functioning.
 - How to access breakout rooms explained better.
 - c. **Content and Presenters:**
 - There did appear to be a “bias” to Lincoln County...but, as much as they have been ignored over the years that’s tolerable.
 - It was helpful to learn about resources available, however, since there are people from such a wide geographic area attending the summit, I would also appreciate learning about how my own organization can better serve our constituents.
 - d. **Ideas:**
 - Getting the contribution of university students and offering certificates.
 - Perhaps a funny motivational speaker for a keynote presentation such as importance of self-care.
 - e. **Praise:**
 - I appreciate the information from each breakout session and the speakers were qualified and knowledgeable.
 - Thank you for all your work in organizing the conference!
 - Thank-you! Such an important collaboration to further how we all support our community, together!
 - Well done!
 - Great information! I love the varied topics. I wish I could have attended all of them!
 - Really great job – There were some amazing groups here! Thank you!
- If we had fewer speakers, we could perhaps record. We would need the speaker’s permission.
- There were some technology glitches - One of Earlean Wilson Huey’s workshop froze up and she was knocked out.

- The comment about, “Appears to be “Bias” to Lincoln County” – This is something we can look at for the next year’s Summit.
- The attendee count for the Summit was approximately 100 people. There were 39 people that filled out the survey. Eventbrite had 142 people that registered for the event.
- Attendees liked that they were able to go in and out of workshops, although, it may have not worked for everyone. A better explanation would help in the future on how to do this.
- **Jolynn Meza Wynkoop** – After seeing the results, there are additional questions we may want to ask around “topics of interest” and “resources they will be utilizing and how they will be using the resources.”
- **Julie Jacobs** – This year there were so many different things, which is not necessarily bad, but we may want to think of a more distinct focus and more active learning involved. We want attendees to take something useful away from the Summit. Finds it is helpful to have interactive pieces with speakers.
- **JoAnn Miller** – We have had interactive Summits in the past. Before virtual and before COVID, speakers had to present a paper if they wanted to present and we also had poster sessions and had a lot of participation with COMP-NW students and OSU Extension Service. We had resource tables, although, we would need to review what type of information is shared with the resource tables. We had live cooking demonstrations. These types of Summits were very well attended.
- **Julie Jacobs** - In the digital realm we need to be more thoughtful on interactive examples. We can provide a simple tip sheet in Zoom and create like three poll questions with a moderator. Questions are sent back and a poll is created.
- **Jolynn Meza Wynkoop** – We did have practice runs. For a practice run with speakers could do a share your screen or video and just make sure everything works ahead of time. We could have a live help session and walk people through audio settings, etc.
- Zoom Interactive has different options. There is also a Google Jam Board. We can do live polls and there is also a Word Cloud that you can type into.
- Did we have an incentive for those attendees filling out the evaluation/survey?
 - a. No, we did not. Maybe in the future offer a prize as an incentive to fill out information.
 - b. It was noted that we have done this in the past and it has worked well.
- **JoAnn Miller** – As noted previously, since 2011, a good majority of Summits have been held in February, March, or April. *Will compile information from previous summits showing dates and speakers from 2011 forward.*
- In past Summits, attendees have really liked having panel discussions.
- **Sommer McLeish** – Would like to see us bring back a Spanish workshop.
- The cooking demonstrations were successful. We could do a virtual cooking demonstration. In the past as part of the demonstration, there was breaking into groups and identifying different fruits and vegetables, which was interactive.
- There are a lot of online tools and information can be sent out immediately following a Summit.
- A leadership Summit was originally held in 2009 around Childhood Obesity. We can revisit past topics and see what we would like to include for the future. There’s different topics around behavioral health or even recovery topics.
- **2022 Focus** - When we talk about our 2022 focus are we talking about the Summit or group focus?
 - a. Both – We want a Summit focus for 2022, but we also want a focus for 2022 for Partners for Health.

- **Joanna Kubes** – For the RCORP conference she attended, there was a keynote speaker, a judge from Michigan, Linda Davis, who did work around opioid addiction. She shared a powerful story and talked about drug court instead of incarceration and developed a police partnership. She would be a good speaker for a future Summit.
- **Jolynn Meza Wynkoop** – Likes to attend conferences/trainings where people share personal stories. Maybe have a theme around resiliency and moving forward.
- **Julie Jacobs** – It’s helpful to have someone lead a session at the end – Lead through own narrative and take away that can be applied right away.
- How do we help with resiliency and moving forward?
 - a. **Julie Jacobs** – Resiliency – Would love to see a session devoted to moms that were hit the hardest during these times with all the extra duties, dealing with emotional burdens, etc.
 - b. **Madison Yock** – Yes, especially as it related to COVID recovery. Resiliency is a great focus for 2022, especially as it relates to providing resources for children and families.
- Suggest looking at “certificates of attendance” for future Summits. We have had these available in the past. No one did ask for CEUs.

Pick of the Month:

Discussion followed on Pick of the Month. The Pick of the Month for Fruit and Vegetables for 2018 -2021 was noted.

- As noted previously, we would like to change kohlrabi to pumpkin for the Pick of the Month for October. *Members agreed to this change.*
- Grapes also do not come ripe until Fall.
- We will schedule a Pick of the Month meeting soon to work on a monthly schedule. Ian Rollins is the one in charge of getting the Pick of the Month in Spanish and sending the list for distribution. As soon as we have a Marketing Department replacement, we will get a meeting scheduled. We will be recommending selecting the Pick of the Month for a 3 to 4- year cycle.
- We use the USD guidelines on what’s available in the area and other guidelines when selecting for Pick of the Month.
- Luis Acosta does our translation of the Pick of the Month flyer into Spanish.

Announcements/Additional Busines:

Additional business and announcements were made.

- **Deb Fell-Carlson** – Linn-Benton Extended Learning will be partnering with the Faith Community Health Network to offer the Foundations of Faith Community Nursing course for active and retired nurses and a parallel Foundations for Health Ministry course for lay members of the faith communities scheduled for November 15-16, 2021, November 29-30, 2021, and December 13-14, 2021 from 8:00 a.m. – 2:00 p.m. that will be held via Zoom. Samaritan Lebanon Community Hospital and IHN-CCO each put \$2,500 toward the program. The fee for those attending the program is \$299. Linn-Benton Community College is requesting that there be 15 people in the class. Currently, there is only 6 signed up. *Deb Fell-Carlson will send Shelley Hazelton a flyer to include with the meeting minutes.*
- **Julie Jacobs:**
 - a. September is National Whole Grains Month. The Moore Family Center has whole grain packs and will have 7 different methods.

- b. OSU faculty/staff/alumni/students – Walktober challenge – Registration opens tomorrow. There is a small fee. It is a 31-day challenge for faculty, staff, students, and alumni members. Provides interface and converts into steps. It is hosted through OSU and has an app and interface.
- **Jeannie Davis, Ed.D.** – Have 200 medical students looking for community outreach projects – 80% is virtual projects.
 - a. It might be helpful to have a medical student to help work with getting our new federal grant up and going.
- The Robert Wood Johnson Foundation is offering a grant for effectiveness of equality, diversity, and inclusion as it relates to healthcare.
- The Oregon Public Health Conference is scheduled for October 11-12, 2021. October 12th is our next Partners for Health meeting. It was suggested that we may want to look at rescheduling our October meeting.

Next Meeting:

The next meeting of Linn, Benton, Lincoln Partners for Health is scheduled for October 12, 2021.

Adjourn:

With no further business to discuss, the meeting was adjourned at 2:30 p.m.

Respectfully Submitted
Shelley Hazelton
Community Health Promotion
Department Assistant