



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
January 9, 2023
10:30 a.m. – 11:50 a.m.**

Participants: Jennifer Beckner, Shawnee Aiello-Dixon, Shelagh Baird, Mindy Baxter, Kami Beard, Belit Burke, Karla Clem, Isabelle Cisco, Jeannie Davis, Ed.D., Bryan Decker, Frederick Edwards, Christine Felt, Molly Gelinis, Andrew Greenhalgh-Johnson, Heather Grott, Marcia Harnden - Albany Chief of Police, Kiara Huey, Mary Jo Koschel, Lalori Lager, Sherriff Curtis Landers, Ursula Marinelli, Lonnie Martinez, Avalon Mason, Michelle Means, JoAnn Miller, Jolynn Meza Wynkoop, Ruby Moon, LaMonte Morgan, Josh Pankau, James Page, Angie Richards, Vernon Rose, Jane Russell, Mara Sargent, Sheila Stiley, Heidi May-Stouli, Justin Thomas, Chuck True, Jef Van Arsdall - Benton County Sheriff, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The December 12, 2022, meeting minutes were presented for discussion and approval. Bryan Decker made a motion and Josh Pankau seconded to approve the December 12, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.

Federal/State Grants Reports and Updates:

HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:

A HRSA RCORP Bridges to Recovery Grant written report was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant written report and Work Plan Highlights was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights was noted for December 2022 and for January 2022 and distributed prior to the meeting.

Justin Thomas made a motion and Bryan Decker seconded the motion to approve the HRSA Bridges to Recovery Grant report, HRSA RC-SWAY Grant report, and the HRSA RCORP-I HIWAY Project Grant report as presented. The motion was voted upon and unanimously approved.

Gaps in Services for Youth:

Discussion focused on gaps in youth services.

- **JoAnn Miller** – Looked at different resource lists and when we refer to youth for gaps in youth services we are referring to 12–17-year-olds. What she discovered is we are seeing the gaps in services for the following:
 - a. Residential treatment.
 - b. There is not many outpatient services – Mental Health/Substance Use Disorder (SUD) and Opioid Use Disorder (OUD) services.
 - c. Wait list to get into residential treatment and to get treatment.
 - d. Very few if any low cost or after school activities except sports.
 - e. Little available for training for youth – Looking at community colleges or preparing kids for the workforce.
 - f. No prevention activities that target middle school and high school youth.
- **JoAnn Miller:**
 - a. Linn Together is still an active Coalition and does have suicide prevention and mental health for youth.
 - b. Partnership Against Alcohol and Drug Abuse (PAADA) has been re-established in Lincoln County and the Confederated Tribes of Siletz Indians also works with youth.
 - c. There was at one time a Linn, Benton, and Lincoln group that had funding from the state to help with prevention efforts for youth with life skills, etc.
 - d. There are huge gaps in services. We had three overdoses recently in our counties with a 13- and 14-year-old and a death in Lincoln County of a 17-year-old.
- **Lalori Lager** – Reconnections Counseling provides services for youth. Have a counselor that works with youth and youth that are in Department of Human Services (DHS) custody in outpatient services. The goal of the counselor is to graduate with LSW and focuses on youth and carries a caseload of 15-20 youth.
- **Mindy Baxter** – PAADA – Has Youth Leadership Academy and will sponsor youth and help youth develop leadership skills. Covers overdose and drug awareness. Hope to do training next month – Only for high school youth.
- **Jennifer Beckner:**
 - a. Knows in the past we have gleaned information from kids in PAADA that have attended Youth Leadership Academy in the past.
 - b. Has also recently learned that kids are shopping from home medicine cabinets. Adderall use is high and trading with other kids. Kids are feeling pressured to get good grades. They can stay up longer with the medication. Did not realize it was so addictive.
 - c. Is excited on the Youth Leadership Academy. This is a valuable opportunity. It would be great if we could include younger grades and go down to sixth grade.
 - d. The Confederated Tribes of Siletz Indians do have a lot of preventive things going on in the community. With the nine federally recognized tribes in Oregon, they believe in a culture of prevention.

- **Mindy Baxter** – Kids invited to the Youth Leadership Academy are referred by the schools. Kids do not consider themselves leaders. PAADA collaborates on Youth Leadership Academy with the Siletz school. There is a broad range of kids that participate in the Youth Leadership Academy.
- **Shawnee Aiello-Dixon** – The Confederated Tribes of Siletz Indians and their Behavioral Health and Education Department do a lot of activities around youth on culture and harm reduction. They try to get into the schools to talk about sexual education, Narcan, SUD.
- **Ruby Moon** – Met core leaders and looking to go back before COVID to kid groups. Discussing going forward and how to do – Girls and guys groups and teen groups. Going into schools is good. Providing education on suicide, safe sex, SUD/OD, etc. is a priority. Working with PAADA and bringing on partners to do restorative justice piece.
- **JoAnn Miller** – Another gap is Peer Support Specialists. With our grant, we are not able to have high school youth serve as peer support. There are programs where high school students serve as peer support for other high school aged kids.
- **Josh Pankau** – With Family Tree Relief Nursery has staff person available working with youth who does presentations and shares their story and experiences to diverse groups and shares on strength and hope.
- **Frederick Edwards** – Goes to juvenile detention centers. High school students are unbelievable resources for Peer Support Specialists. Having those students around is great. They know what is going on with other youth and has relationships with youth. Is also hearing restrooms are drug stores.
- **Vernon Rose:**
 - a. Years ago, there was a youth camp in Lane County. We could check into this.
 - b. There is a value with asking and giving more information for staff/education and having adults and youth sharing their experience and creating language to give back. We can create platforms and ask for youth input and help.
 - c. Has a friend at Harmony High School in Lake Oswego. They collaborate on resources with other schools. A value is collaboration and having peer support shadow school counselors. So many things are influencing kids. Have language, and creating value to influence change is a positive thing.
 - d. **Josh Pankau** – That high school is amazing!
- **Mindy Baxter** – Youth Leadership Academy – At the end of the day, kids are asked to go back to their school and identify issues they see in their own school and do problem solving and talk with other kids. Kids in Siletz used restorative practice and had conversations on drugs in the halls, talked about bullying, and houselessness – A small ways for peers to talk to other peers.
- **Lonnie Martinez** – WorkSource Oregon, the Oregon Employment Department, is interested in preparing youth to enter the workforce. We are reaching out to local high schools. Let him know if he can help.
- **Avalon Mason** – Sources of Strength is having a T4T training in Ashland next month. It seems like this conversation is more focused on substances rather than suicide prevention, but there might be applicable skills covered.
- **Jennifer Beckner** - Oregon Health Authority (OHA) did choose Sources of Strength and provided some funding.
- **Mary Jo Koschel** – Lincoln County has four SBHC with both Primary Care and Behavior Health staff that interact with youth including groups. Jennifer Beckner provided Narcan for the SBHCs and training for both Primary Care and SBHC staff.

- **Jennifer Beckner:**
 - a. Getting additional requests for Narcan from the local schools. Have provided before to school-based health centers. She just placed an order for the Albany School District.
 - b. Albany has closer access to EMS services. Does have a concern with rural communities such as Alsea, Siletz, Eddyville. It takes longer for EMS to respond.
 - c. Do not see anyone from the school represented. Need to work to recruit school folks for this group.
 - d. We could look at a youth sub-group.
 - e. Would love to be able to do a Youth Leadership Academy or something like that.
 - f. Incidents with youth and overdoses are going up.
 - g. Prevention is being ignored. We are all reacting. We need to work on before addicted.
 - h. Maybe form a smaller workgroup and recruit leaders that work with youth and develop a plan. We can look at doing a youth Needs Assessment. Especially important with Behavioral Health Resource Network.
 - i. This week, OHA Addiction Mental Health Council will be reconvening to talk on youth.
- **Mindy Baxter** – Appreciates the idea of school representatives in this group.
- **JoAnn Miller** – Likes the idea of a subgroup of this group. Will look at a Needs Assessment for youth in our three-county region and focus on ages 11-17.
- **Jennifer Beckner** – Asked those present to note whether they were interested in participating in a subgroup to discuss youth. Back with the Commission on Children and Families, funds went to early childhood. Not aware of group for the middle school/high school aged kids. There is still the Youth Development Council at the state in charge of funds. Maybe invite them to do a presentation to our Coalition and what is available. This could also be part of discussion with the subgroup. Those interested in being part of the subgroup included:
 - a. **Jolynn Meza Wynkoop** – Happy to help with youth efforts in Lincoln County, as this aligns well with the HIWAY grant
 - b. **Lonnie Martinez** – Would be happy to join in youth efforts as well as it is a workforce issue in addition to adult addiction, in the global view, and it is an economic issue as well – Email – lonnie.l.martinez@employ.orgon.gov
 - On board to assist with the Coalition. Youth are our future leaders. We must remind them how important they are as people and “hear” their needs
 - c. **Vernon Rose**
 - d. **Christine Felt** – Have 5 youth in this age group and have contacts with administrators at both Albany High Schools
 - e. **Dr. Jeannie Davis**
 - f. **Heather Grott** – Would like to be included in this group as well representing Benton County SUD/Medication Assisted Treatment (MAT)
 - g. **Lalori Lager**
 - h. **Frederick Edwards**
- **Jef Van Arsdall, Benton County Sheriff** – For Benton County can contact TCA, Chris Westfall.
- **JoAnn Miller** – We can also look at including high school age kids to be part of subgroup and the youth person from Family Tree Relief Nursery.

- **Josh Pankau** – Could get a local principal on board as well.
- **Dr. Jeannie Davis** – The medical students are doing outreach in schools. They could help if needed.
- **Jennifer Beckner** – Would be helpful to add youth to the discussion.

Update - Regional Overdoses:

Discussions followed on regional overdoses. The Samaritan Health Services – Individual Overdose Report – Reporting Period: 12/1/22 – 12/31/22 along with the 2022 Data Report was noted.

- We get some data such as the Samaritan Health Services report and report from our local police departments.
- **Jennifer Beckner:**
 - a. Lincoln County Health and Human Services working on a local dashboard when people come in to get Narcan. Kits are filled.
 - b. There are a lot of reversals happening out in the community that we are not getting data on.
 - c. The Toledo Police Department and Lincoln County Sheriff’s Office have or will be getting the Overdose Detection and Mapping Application Program (ODMAP). Lincoln County Health and Human Services also signed up as an Administrator. The best option currently for overdoses is ODMAP.
- **Jef Van Arsdall, Benton County Sheriff** – Have had 11 overdose deaths this year. Heroin, Fentanyl, methamphetamine, and few others are the offending drugs of choice. “Leave Behind” kits are important.
- **Jennifer Beckner** – Work with the “Leave Behind” program and talk with regional drug representatives to get kits on hand.
- **JoAnn Miller** – Can look to request overdoses by substance for the year from Samaritan Health Services.
- **Jennifer Beckner** – With the data dashboard, can pull reports and will see if Harm Reduction can do quarterly.
- **Shawnee Aiello-Dixon** – Does not use ODMAP. Does keep track of some clients. Serves larger groups of people. Dropped off Narcan to one of these groups. Reversed 6 overdoses last monthly. All were Fentanyl and not reported. One took two doses to bring back. In Siletz was one overdose.
- **JoAnn Miller** – Between ODMAP, harm reduction works, Samaritan Health Services, we can review data and maybe with the next round of grants look at something to make a difference. We can look at evidence-based practices, look at what Harmony Academy is doing in Lake Oswego, look at the high number of doses of Narcan are being administered, and look for a federal grant to address some issues.
- **Jennifer Beckner** – In Lincoln County there has been a lot of drug busts posted in the paper. The number of narcotics and Fentanyl is scary. Can reach out to the District Attorney on numbers they are seeing as well and come up with a direction for the next round of funding.

Behavioral Health Resource Network:

Discussion followed on the Behavioral Health Resource Networks.

- **Jennifer Beckner – Lincoln County:**
 - a. The Regional Partner meeting is scheduled for January 13, 2023.

- b. Will need to work on policies and procedures. Waiting on template from Oregon Health Authority.
- c. The first round of reports are do, but we did not have contracts in place.
- d. Received the first payment on December 27, 2022.
- e. The new Governor is focused on how to fix what went wrong and how things were rolled out.
- **Michelle Means – Linn County:**
 - a. A lot of partners did not have much for data reports since funds were received later.
 - b. The next report is due on January 15, 2023.
 - c. Looking at Unite Us as a referral tracking system.
 - d. Working on regional trifold brochure. These will be available at Police Departments, Hospitals, Food Banks, etc.
- **Avalon Mason – Benton County** – Continue to work with organizations and partners. Working on reporting deadlines and getting reports completed.
- **Molly Gelinis** – What is the impact of Measure 110 on Drug Court? A lot was based on people arrested for substance use. No ability to require people to go to court. Maybe have drug court come and do a presentation.
- **Jennifer Beckner – Lincoln County** – Judge is frustrated with Measure 110.
- **Sheila Stiley** – Maybe look at inviting Drug Court Coordinator to a future meeting to give a presentation.
- **Lalori Lager** – Four courts with judge presiding in Lincoln County. Courts have a waiting list.
- **Jennifer Beckner** – Conversations around drug court is an area to explore.
- **Justin Thomas** – In Linn County, they are not seeing a reduction in the numbers at drug court. Have family court. If crimes connected to drug and youth, offer specific programs to get people to buy into program. Longer sentence is a problem.

Next Meeting:

The next meeting is scheduled for February 13, 2023, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:50 a.m.

Respectfully submitted,
 Shelley Hazelton
 Community Health Promotion