



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
October 9, 2023
10:30 a.m. – 11:20 a.m.**

Participants: Maisa Athamneh, Shelagh Baird, Kami Beard, Belit Burke, Bryan Decker, Molly Gelinas, Marcia Harnden – Albany Chief of Police, Lalori Lager, Lonnie Martinez, Avalon Mason, Heidi May-Stoullil, Jolynn Meza Wynkoop, JoAnn Miller, James Page, Tanya Pritt, Miranda Tasker, Jane Russell, Christina Sechrest, Shauna Taylor-Hubert, Justin Thomas, Blue Valentine, Jef Van Arsdall - Benton County Sheriff, Gayle Woodworth, and Shelley Hazelton

Welcome/Introductions:

JoAnn Miller welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The September 11, 2023, meeting minutes of the Regional Mental Health/Substance Use Disorder (SUD) Coalition was presented. **Marcia Harnden - Albany Chief of Police, made a motion and Jef Van Arsdall - Benton County Sherriff, seconded the motion to approve the September 11, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting. The full Work Plan, most recent Biannual Progress Report, and the Performance Improvement Measurement System (PIMS) Report was noted and distributed prior to the meeting.

- **Jolynn Meza Wynkoop** – The Biannual Progress Report and PIMS report has been submitted to HRSA.

Marcia Harnden – Albany Chief of Police, made a motion and Jef Van Arsdall – Benton County Sheriff, seconded the motion to approve the HRSA RC-SWAY Grant report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights along with the Biannual Progress Report, PIMS report, and full Work Plan as presented. The motion was voted upon and unanimously approved.

Media Campaign and CCCWN Website:

Jolynn Meza Wynkoop shared information regarding the media campaign and the CCCWN website.

CCCWN Website:

- Working with a new website developer to revamp the CCCWN website. Meeting with her regularly. Hope to have the timeline completed by January.
- Will add to the webpage information related to the regional media campaign and information related to the Behavioral Health Resource Networks for Benton, Lincoln, and Linn Counties and resources.
- **JoAnn Miller** – With the website, we will have reports and data in a user-friendly format under the Regional Mental Health/Substance Use Disorder Coalition. We will have information translated into Spanish.

Media Campaign:

- Working on the regional media campaign with AHM Brands.
- Looking at the 30 second and 60 second radio advertisements for adults and youth.
- Completed the launch for the first part of the campaign.
- We will have TV adds, radio ads, printed materials, media adds, billboards.
- Want all resources shared out for the media campaign to point to the CCCWN website for Benton, Lincoln, and Linn through recover.com

Update on Regional Overdoses:

Information was shared on regional overdoses.

- **Marcia Harnden – Albany Chief of Police:**
 - a. As of September 25, 2023, for 2023 there were 16 overdoses deaths for the City of Albany.
 - b. Does expect overdose calls to be over 100 for this year. There were 91 last year.
 - c. Bracing for Isotonitazene, aka Nitazene (Street name – ISO) to arrive. This drug can be dangerous and as deadly as Fentanyl. It comes in M8 tablets or M30 tablets and comes across as synthetic opioid.
 - d. There was a Nitazene overdose death in Douglas County.
 - e. With Fentanyl, seeing mostly powder.
 - f. Albany has a High Intensity Drug Trafficking Area (HIDTA) team/program.
 - g. Oregon and Idaho HIDTA took a group to the California and Mexico border where she and others spent 4 days there. It is scary what is coming into the country.
 - h. A Fentanyl pill in San Diego, California is 5 cents right now. The same dosage in Portland is 15 cents.
- **Jef Van Arsdall – Benton County Sheriff:**
 - a. To date - They have had 115 overdose calls includes everyone but the hospital.
 - b. They have had 5 overdose deaths to date.

- c. Last year they had 100 overdose calls and 11 overdose deaths.
- d. They have “leave behind kits.” There were 22 “leave behind kits” offered in the jail and 12 people accepted and took the kits.
- e. There were 5 people that took Xylazine (also known as Tranq) with open sores and wounds and diagnosed with cellulitis that came through the jail so they are starting to see it in the jail now.
- **JoAnn Miller** – Shared the Samaritan Health Services (SHS) – Individual Overdose Report for Reporting Period: September 1, 2023 – September 30, 2023, and SHS 2023 data on overdoses.
 - a. Overdoses are still high at Samaritan Lebanon Community Hospital with year to date at 104.
 - b. We do have Peer Support Specialists available from other organizations for our hospitals’ Emergency Departments. Policies and procedures are in place to offer this at our hospitals.
 - c. There were “No” babies born with Neonatal Abstinence Syndrome (NAS) or Neonatal Opioid Withdrawal Syndrome (NOWS) born in the month of September at our coastal hospital – Samaritan North Lincoln Hospital (SNLH) and Samaritan Pacific Communities Hospital (SPCH).

Measure 110 – Behavioral Health Resource Network Updates and Legislative Update:

JoAnn Miller led discussions around the Behavioral Health Resource Network and legislative update.

- An article was noted from the Offices of the President of the Oregon Senate and Speaker of the Oregon House of Representatives – Press Release – “New Joint Committee to Provide Oversight, Seek Solutions to the Drug and Addiction Crisis.” They will create a new Joint Committee to seek comprehensive solutions and provide oversight during the 2024 session and beyond. The committee will serve as a legislative hub for addressing the national drug crisis in Oregon with public health and public safety solutions.
- A team of legislatures, law enforcement. Judges, and others will be going to Portugal next week to look at how they have been successful at decriminalizing drugs.
- **Marcia Harnden – Albany Chief of Police** – Sits on a team on behalf of the Oregon Association Chiefs of Police and there is direct language they are putting in for fixes to Measure 110 and funding behind it if the State of Oregon Legislatures does not act in ways to fix holes in the law. If this does not happen, they will put a “draft” to repeal Measure 110 in 2024.
- **JoAnn Miller** – Sees in pre-legislation there were concerns. Curtis Landers, Lincoln County Sheriff, discussed modification of Measure 110 and individuals getting help, treatment, and in recovery and diversionary dollars available for treatment. Portugal has consequences and individuals are getting into treatment. There is strong feeling for repeal or modify Oregon’s Measure 110 and a commitment for individuals cited or using to get them into treatment. How do we provide encouragement?
- **Marcia Harnden** – Albany Chief of Police – DUI Recidivism Law – Counseling, treatment, accountability from there. People do not take on those that struggle with addiction. Measure 110 flipped the switch and people were under prepared.

The repeal or modification would increase the level of accountability for those that cannot or will not help themselves.

- **JoAnn Miller** – Treatment availability is a challenge as well. There are limited amounts of behavioral health and substance use disorder (SUD) treatment services. Lincoln County will open their Samaritan Treatment and Recovery Services (STARS) type facility in 2024 in Newport and it will be a 16-bed treatment facility that will be open to people in the region. The priority will be Lincoln County residents and Linn and Benton County residents, and then others.
- **Jane Russell** – That is correct and they will have outpatient treatment services as well. Shauna Taylor-Hubert oversees the STARS facility at Samaritan Lebanon Community Hospital and will also oversee the coastal STARS facility.
- **Heidi May-Stoullil** – Looking at bringing in another clinician to Lebanon so there will be 5 days of Medication Assisted Treatment (MAT) services. Will open IOP/MAT clinic in Newport and will bring in a Clinical Director position as well. Currently in interviews for the position.
- **JoAnn Miller** – There is funding available through the Behavioral Health Resource Network to treat the uninsured and those that do not qualify for the Oregon Health Plan.
- **Tanya Pritt** – With Milestones Recovery, there is no waiting for outpatient services. Sometimes a person may wait for residential, but mostly they come right in. The Women’s Program – There is a cultural license to collaborate with the Tribe.
- **Molly Gelinis:**
 - a. A couple of weeks ago, there were multiple individuals in the Lebanon Emergency Department with one previously in treatment. Called a Care Coordinator from another facility and while they were in the Emergency Department in Lebanon they helped 3 additional individuals to be placed in treatment – 1 in Portland and 2 with Serenity Lane. Not sure the capacity of STARS. Thought it was interesting that another person from another treatment facility was able to help place people into treatment.
 - b. Despite the countless efforts with MAT services, care coordination, Hub/Spoke model, and low barrier services, last week they had someone pass away. It was a patient of STARS in some capacity. They had a partner at one time that was involved with STARS as well. She hopes they get a Peer Support Specialist or someone to reach out to the significant other to help prevent another overdose from happening. We want to provide Peer Support Specialists and try to figure out who is in the friend group of those that overdose and those in a person’s circle that is using and provide Peer Support Specialist services and resources or harm reduction services.
- **Miranda Tasker:**
 - a. With Mid-Valley Nurture in Benton County, they do provide services for Linn County as well.
 - b. They have had remarkable success working with STARS. Last week they placed someone.
 - c. They have opportunities for those that are pregnant with harm reduction services.
 - d. They have Peer Support Specialists and are branching out.
 - e. There are many pregnant people out there.
 - f. They have created teams to deliver supplies and have an outpatient program.

- g. Mid-Valley Nurture’s grand opening was two weeks ago.
- h. They continue to collaborate with pregnant women and with children.
- **Blue Valentine** – With harm reduction services, just did a Safety Fair and Philomath Fire Department. Distributed 100 Narcan kits. Will do another event at the Library tomorrow. Is ramping up for Narcan distribution. Will use Opioid Settlement funds to distribute nasal Narcan.
- **JoAnn Miller** – Are you seeing anything with Nitazene?
 - a. **Blue Valentine** – Benton County has lower rates of overdoses. Does see overdoses and fatal is concerning. Trying to keep Nitazene on their radar. More Xylazine is coming as well from the East Coast. They are providing more education.
- **Justin Thomas** – They are looking at expanding their workforce and expanding their reach across Linn County, Albany and Lebanon and want additional services in Sweet Home. Wanting to provide additional outreach. Have hired someone to go out to shelters, etc. and offer resources and treatment.
- **JoAnn Miller** – We do hope with the media campaign that we can provide people with additional resources as well.
- **James Page:**
 - a. They are keeping busy at Albany Comprehensive Treatment Center. They have seen approximately 200 patients.
 - b. They have hired a Nurse Practitioner to aid in same day admissions 5 days a week.
 - c. They no longer share a Medical Director.
 - d. Approximately 99.9% of there clients are using Fentanyl as the primary drug of choice. Creates a challenge when trying to get clients on a stable dose. Also, challenging to get people into treatment. They have done referrals to STARS.
 - e. There is good stuff happening with the Behavioral Health Resource Networks.
- **JoAnn Miller** – There is a lot of things happening across the region. Justin Thomas is collaborating with the schools providing outreach, education, and prevention information and services, especially in East Linn County.
 - a. Are there other things we can do in the region to address SUDs, overdoses, and those needing services?
- **Shaunna Taylor-Hubert** – We at SHS have a major focus on increasing access and have seen amazing support and funding to assist with that growth.

Debrief – Dr. Haner Hernandez Training:

JoAnn Miller provided a debrief from the “Eliminating Disparities and Building Health Equity Training” provided by Dr. Haner Hernandez on September 26, 2023, at the Boulder Falls Inn Conference Center.

- The training was designed to train providers, counselors, Peer Support Specialists, and other staff working with patients/clients who identify as Black, Indigenous, People of Color, and other marginalized populations.
- There were 42 people that signed up for the training and 28 people showed up to the training.
- We received positive feedback.

- **Miranda Tasker** – The training was engaging, information was fantastic, and the group attending was invested, and she noted that she thoroughly enjoyed the training.
- **JoAnn Miller** – Liked the explanation of “safe use” facilities and how we do “safe use” in our communities. Our local bars are “safe use” facilities. Alcohol is a substance.
- **Christina Sechrest** – It was eye opening and appreciated Dr. Haner Hernandez’s view and the trauma information aspects. Thought it was a great experience.

Additional Business:

Additional business was shared.

- **JoAnn Miller:**
 - a. Trying to get Overdose Detection Mapping Application Program (ODMAP) access for the hospitals to use as well.
 - b. October 11-13, 2023, is the Oregon Rural Health Conference.
 - c. October 16-17, 2023, is the Oregon Public Health Association Conference.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for November 13, 2023, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:20 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion