



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
November 13, 2023
10:30 a.m. – 11:45 a.m.**

Participants: Shelli Alinari-Beebe, Rubi Arizmendi, Maisa Athamneh, Shelagh Baird, Brandon Bates, Kami Beard, Isabelle Cisco, Emma Deane, Bryan Decker, Molly Gelinias, Marcia Harnden – Albany Chief of Police, Lalori Lager, Lonnie Martinez, Heidi May-Stoulil, Liz Merritt, Jolynn Meza Wynkoop, JoAnn Miller, Thien Nguyen, Jesse Noble, Stephan O’Hair, Jane Russell, Miranda Tasker, Dee Team, Justin Thomas, Caitlyn Weinberger, Gayle Woodworth, and Shelley Hazelton

Welcome/Introductions:

JoAnn Miller welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The October 9, 2023, meeting minutes of the Regional Mental Health/Substance Use Disorder (SUD) Coalition was presented. **Bryan Decker made a motion and Shelli Alinari-Beebe seconded the motion to approve the October 9, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Molly Gelinias** – Included with the report are recent photos for the billboards for the most recent media campaign. The photos were of Araceli Cuevas with Reconnections Counseling and Carter Kachel with Family Tree Relief Nursery who were models for the media campaign and shared their own personal stories.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

Bryan Decker made a motion and Shelli Alinari-Beebe seconded the motion to approve the HRSA RC-SWAY Grant written report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights. The motion was voted upon and unanimously approved.

Update on Regional Overdoses:

(Samaritan Health Services October Report and Reports from Law Enforcement)

JoAnn Miller led discussions around regional overdoses.

- Would like to thank Marcia Harnden, Albany Chief of Police, and Jef Van Arsdall, Benton County Sheriff, for providing law enforcement data.
- The Samaritan Health Services (SHS) Individual Overdose Report for Reporting Period: October 1, 2023 – October 31, 2023, and SHS 2023 Data was noted.
 - a. There has been a total of 402 drug overdose encounters by hospital from January 2023 to October 2023. This has exceeded the number of overdoses in 2022.
 - b. We are seeing a similar trend with law enforcement with an increase from the previous year.
- **Isabelle Cisco** – Oregon Health Authority (OHA) released a 2022 data report and there was a substantial increase in overdoses for Linn County with East Linn County showing the biggest increase. Also, counties that have done upstream prevention work are seeing a decrease in numbers. We need to continue to do work in this area. This Coalition has been great.
- **JoAnn Miller** – Jef Van Arsdall provided numbers for Benton County.
 - a. There were 139 overdoses for Benton County. Of those overdoses, 89 were male and 50 were female. There were 100 overdoses for 2022 with 10 deaths.
 - b. There were 8 deaths on the street to date.
 - c. Fatal multiple doses (>2mg IN or >0.4mg IV) of Naloxone were administered – There were 2 and Fatal Naloxone not administered – There were 6.
 - d. There were 62 suspected drug overdoses involving Fentanyl; 23 with Prescription drugs, 16 involving alcohol, and there were 13 over the counter. There were also other suspected drug overdoses including benzodiazepine, cocaine, Heroin, Marijuana, MDMA, Methamphetamine, Oxycodone, and Other.
 - e. 13 bystanders administered naloxone, 13 by Fire Department personnel, 23, by representatives of the Police Department, and 1 other.
- The Law Enforcement Individual Overdose Report - Reporting Period: October 2023 – APD-Albany Police Department, LCSO-Linn County Sheriff's Office, LPD-Lebanon Police Department, SHPD-Sweet Home Police Department, OSP-Oregon State Police was noted.
- JoAnn Miller noted that there was a conference on November 8, 2023, from 8:00 a.m. – 3:00 p.m. on confronting the Fentanyl crisis in Oregon that Oregon Attorney General Ellen Rosenblum hosted in Portland.
 - a. There were representatives there from both urban and rural, law enforcement representatives, Attorney General's office, representatives from the Justice System, healthcare representatives, etc.
 - b. The Clackamas Sherriff's Office presented about treatment in the jail and Medication Assisted Treatment (MAT) services with case management services. Working with housing. Has a person that follows up. It is a great program and they have had a 66% success rate.

- c. Harmony Academy also presented. With the last legislative session, a bill was approved to create and help provide funding for six more recovery high schools in Oregon.
 - d. There was a strong prevention and education focus.
 - e. They presented on Senate Bill 238 that directs Oregon Health Authority, State Board of Education, and Alcohol and Drug Policy Commission to collaborate on developing curricula supplements related to dangers of certain drugs and to laws that provide immunity or other protections related to drug and alcohol use.
 - f. They presented on the Healthy Teens Survey for 2022. There is a high indication that kids experiment or try at least one time.
- We are seeing an update in youth overdoses.
 - We have a lack of treatment facilities for youth in Oregon. There is a wait list and the same with other states as well.
 - High schools are requesting Narcan for their schools.
 - **Liz Merritt** – Exodus recently became able to distribute Narcan to our clients in Sweet Home through the Save Lives Oregon program. Thanks to Isabelle Cisco for her help in getting us connected with them.
 - Youth prevention is big and we need to focus on prevention. How do we collaborate with the schools and agencies to keep youth in treatment and what can we do in our communities?
 - **Isabelle Cisco** – On November 8, 2023, Oregon Health Authority scheduled a last-minute listening session for Linn, Benton, Lincoln, Polk, and Marion Counties. Sara Hartstein and Todd Noble attended.
 - **JoAnn Miller:**
 - a. As noted there were the 8 deaths in Benton County to date.
 - b. Law enforcement is not collecting race, ethnicity data.
 - c. We are working to get our partners on the Overdose Detection Mapping Application Program (ODMAP).
 - d. **Isabelle Cisco** – Lincoln County - Collaborating with partners and High Intensity Drug Trafficking Area (HIDTA) program with this.
 - e. There are police departments in our region that are using the program including for Lincoln county – Lincoln City Police Department, Toledo Police Department, and Yachats Fire and Rescue.
 - f. We do have good representation for Lincoln County.
 - g. Had a conversation about the hospitals being able to use ODMAP. Looking for Linn County specifically. SHS could be sponsored.
 - h. Marcia Harnden, Albany Chief of Police also uses ODMAP.
 - i. **Isabelle Cisco** – For Benton County, have talked to partners and HIDTA and there is a level of hesitancy. Requires double data reporting with overdose related calls. This involves further discussion. She and Sara Hartstein went to the Fire Safety Chief meeting and talked about ODMAP and Narcan distribution. They had questions.
 - j. **Justin Thomas** – Soliciting for PulsePoint application that provides information on local threats such as wildland fires, flooding, medical emergencies, traffic collisions – <https://pulsepoint.org/download>.
When overdose comes in, someone responds that has Narcan until 911 gets there.

Designed to alert trained bystanders to respond to certain events in their vicinity. It is like a Mental Health First Aid approach. Will take information to local dispatch.

- k. **Jolynn Meza Wynkoop** – It is used by North Lincoln Fire and Rescue for traffic collisions, medical emergencies.
 - l. **Isabelle Cisco** – There are concerns with the safety of the community using drugs. In smaller communities’ people know who those are. A community approach makes her nervous. Their safety comes first. Would love to hear more about this.
 - m. **JoAnn Miller** – With those that overdose and are revived with Narcan, it is an ugly environment and people can be unhappy they were revived. They could become abusive and violent. Not sure how this would play into the community approach. First responders and law enforcement are trained. Not sure how trained the community members are. We hear that one of the reasons people do not go to the hospital is that they in pain and unable to get the support they need when they are revived with Narcan.
 - n. **Marcia Harnden, Albany Chief of Police** – Use PulsePoint for Albany cardiac arrest calls. We may put someone at risk who may insert themselves in a high-risk opportunity to save lives. The Albany Fire Department approaches in a more controlled manner. Bringing people back and the detox process for Fentanyl is a nasty thing and usually the patient does not want to have anything to do with anyone that is present so unless the person is trained there could be an issue. There are complications with Xylazine and it does not respond to Narcan. Sometimes there can be wild reactions when a person comes out of an overdose.
- **Jesse Noble** – His clients report a great deal of confusion, nausea or upset stomach, and agitation. We are seeing anecdotal reports of folks needing multiple doses of Narcan as well as Kloxxado currently, because slower methods (IV injection titrated) has not been effective in reversing the overdose.
 - We need a data plan and identify successes and work on prevention and reducing overdoses in our youth. We do not want to promote use, but if people are going to use we want to keep them safe.
 - **Isabelle Cisco** – We want to track data. Created a regional online form that all Harm Reduction Workers (CHW) can access – Regional Overdose Tracking Form. She shared the link to the form. There are around 13 questions that the form asks.
 - **Lalori Lager** – Do you get data from Recovery Link? They have five Prime Plus Peers that reach out on the community ground level to hand out clean kits, etc. Information is entered into Recovery Link to help track outcomes.
 - a. **JoAnn Miller** – We do not use this, but she will check into it.
 - b. **Lalori Lager** – Prime Plus does a questionnaire after offering services and they get a gift card. Recovery Link has valuable information. Communities Helping All Negotiate Change Effectively (C.H.A.N.C.E.) enters as well if they have Prime Plus.
 - **JoAnn Miller** – In the past, recovery high schools did not have to have a full class load to open a recovery high school. We can furth investigate this. This may be something we might want to consider. Jolynn Meza Wynkoop and Molly Gelinias are working on a Youth Needs Assessment.

Health Needs Assessment – LGBTQIA2S+:

JoAnn Miller discussed a Health Needs Assessment for the LGBTQIA2S+ population.

- There is a one-year HRSA Planning Grant for healthcare and health systems.

- The grant is for rural communities to look at marginalized and underserved populations.
- There has never been a Needs Assessment that targets the LGBTQIA2S+ population. This Needs Assessment would be reflective of the true needs of this population.
- It is recommended that we apply for this grant for East Linn and Lincoln Counties.
- We would create a new Coalition and the results of the Needs Assessment could be presented to this group to help with planning.
- The application is due in January. Will share the outline of the grant in December.
- If we are not successful with receiving funding, we will still identify needs for the LGBTQIA2S+ population and do an in-depth assessment of service needs.

**Behavioral Health Resource Network Updates:
(Contract Extensions and Narcan Needs)**

JoAnn Miller led discussions around the Behavioral Health Resource Networks.

- **JoAnn Miller – Linn County** - Samaritan Treatment and Recovery Services (STARS) – Signed the contract and the budget was approved.
 - a. **Community Services Consortium** – Received a message that the extension was approved for both counties.
- **Bryan Decker – C.H.A.N.C.E.** – Did receive approval for all three counties.
 - a. Talked with Oregon Health Authority and the Secretary of State review in the fall has been completed – If no call for audit, then not selected. Doing sample auditing of various providers.
 - b. Shared the Oregon Live story on the trip to Portugal – “Oregon leaders tasked to act on Measure 110, Fentanyl went to Portugal in search of answers. Here is what they found.”
 - c. **JoAnn Miller** – There is a clear difference between the U.S.A. and Portugal. They have universal healthcare and they are strong faith-based – Catholic.
 - d. **Bryan Decker** – Have seen some more articles on the positive impacts of the Behavioral Health Resource Networks.
 - e. **JoAnn Miller** – Legislative concepts – The trip to Portugal was supposed to help shape these concepts. Law enforcement and District Attorneys are concerned with no consequences for individuals and Portland gets all the bad press.
 - f. **Marcia Harnden, Albany Chief of Police** – A letter was delivered to state legislature on realistic changes to help with Measure 110. Groups non-affiliated will float initiative to repeal Measure 110 if no changes are made. Portugal has systems in place that are quite strong and do not allow open drug use. They have more robust systems in place. In Oregon we see blatant open drug use. Have regular monthly meetings with Emergency Department staff at Samaritan Albany General Hospital and all three valley hospitals are involved now and find it difficult to deal with detox. Having a detox in every region of the state would help.
 - g. **JoAnn Miller** – Once Measure 110 passed where you get treatment, things came up.
 - h. **Bryan Decker** – Portugal has better prevention strategies and reduce overdose death. They do not have Fentanyl yet. The Public Health system treated as a care model. They get into treatment rather than jail. They had years to plan.

Media Campaign:

Jolynn Meza Wynkoop and Molly Gelinás led discussions around the media campaign.

- Working with a website designer to revamp the CCCWN website. There will be a section for the Behavioral Health Resource Networks. Behavioral Health Resource Network partners will be listed. People can go to LinnBentonLincolnRecover.com
- Shared what the website page for the Behavioral Health Resource Network will look like.
 - a. Prevent, Treat, Recover with picture at the top
 - b. Behavioral Health Resource Network
 - c. Regional Behavioral Health Resource Network Referral Services
 - Harm Reduction Services
 - Peer Support Specialists
 - Housing Services
 - Screening and Behavioral Health Needs
 - Low Barrier Substance Use Treatment
 - Supported Employment Services
 - d. Find Services Based on Locations
 - e. Behavioral Health Resource Network Coordinators – Lists name and email
 - f. Behavioral Health Resource Network Tool Kit – Partners can download information
 - g. Behavioral Health Resource Network Regional Brochure
 - h. Behavioral Health Resource Network Media Campaign
 - i. Behavioral Health Resource Network Partners
- Will have radio advertisements, billboards, social medial posts, and small videos with the hope to highlight the website.
- Araceli Cuevas and her family were featured.
- Carter Kachel and his family were featured.
- Shared what the latest billboard would look like with Prevent, Treat, Recover and will direct people to LinnBentonLincolnRecover.com
- Will do You Tube advertisements as well and using the current logo and the learn more button will take you to the website.
- **JoAnn Miller** – We are working with AHM Brands on the media campaign and hope to launch the campaign soon. The media campaign is designed to reduce stigma.
- **Jolynn Meza Wynkoop** – The hope is to launch the media campaign the first or second week of December.

Announcements/Additional Business:

Announcements and additional business were shared.

- **JoAnn Miller** – National Rural Health Day is scheduled for November 16, 2023. We will have surprises for employees and clinics at our three rural hospitals. We want to recognize, honor, and support our rural health workers.

2024 Meetings:

Do we want to keep our 2024 meetings for the second Monday of each month at 10:30 a.m. ***Members agreed to keep the same meeting schedule for 2024 – Meetings on second Monday of each month at 10:30 a.m.*** The hope is we can add additional First Responders to our attendance.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for December 11, 2023, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:45 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion