

Coast to Cascades Community Wellness Network (CCCWN) Regional Mental Health/Substance Use Disorder Coalition Meeting Summary Held virtually – Microsoft Teams November 14, 2022 10:30 a.m. – 11:20 a.m.

Participants: Jennifer Beckner, Maisa Athamneh, Kami Beard, Shelagh Baird, Mindy Baxter, Marty Cahill, Stephanie Cameron, Isabelle Cisco, Christine Felt, Molly Gelinas, Joseph Hutchinson, Lalori Lager, Avalon Mason, Michelle Means, Liz Merritt, Jolynn Meza Wynkoop, Ruby Moon, LaMonte Morgan, James Page, Tanya Pritt, Angie Richards, Jane Russell, Mara Sargent, Georgia Smith, Sheila Stiley, Heidi May-Stouli, Justin Thomas, Chuck True, Sarah Vogel, JoAnn Miller, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The October 10, 2022, meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition was presented. Molly Gelinas made a motion and Georgia Smith seconded the motion to approve the October 10, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.

Federal/State Grants Reports and Updates:

HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:

A HRSA RCORP Bridges to Recovery Grant written report was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant written report and Work Plan Highlights was noted and distributed prior to the meeting.

• **Molly Gelinas** - The Peer Support Specialist Support Group is meeting via Zoom on Mondays at 11:30 a.m. and is facilitated by Family Tree Relief Nursery.

Measure 110 Access to Care Grant Report:

A Measure 110 Access to Care Grant written report was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant written report was noted and distributed prior to the meeting.

• **Jolynn Meza Wynkoop** – Thanks to all the partners for submitting updates on the Workplan.

Stephanie Cameron made a motion and Georgia Smith seconded the motion to approve the HRSA Bridges to Recovery Grant written report, HRSA RC-SWAY Grant written report, the Measure 110 Access to Care Grant written report, and the HRSA RCORP-I HIWAY Project Grant written report as presented. The motion was voted upon and unanimously approved.

Update - Regional Overdoses:

Discussions followed on regional overdoses.

- **Stephanie Cameron** This is her last meeting. She will be transitioning to Eugene. Family Tree Relief Nursery will have a new Director for Peer Services. Has enjoyed working with everyone.
- **Jennifer Beckner** Seeing in the media that rainbow Fentanyl has been seen in Lincoln County. There were two recent drug busts that were significant where there was rainbow Fentanyl. Also, Xylazine is a veterinary tranquilizer not approved for human use that has been linked to increasing numbers of overdose deaths nationwide. It doesn't always respond to Narcan. Harm Reduction has been discussing this a lot. It has a lot of side effects with skin infections, etc.
- LaMonte Morgan Dr. David Simmons is hearing that Xylazine has already hit Portland. They are getting things in place to be able to test. They are trying to stay out in front on this as much as possible.
- **Jennifer Beckner** Benton County School District wants more Narcan in the schools. All schools have access to Narcan and coaches have away bags that have Narcan in them and are trained. It is recommended that all Behavioral Health Resource Network partners have training on Narcan.
 - a. Will be leaving the position as the Overdose Prevention Coordinator for Benton, Linn, and Lincoln Counties to coordinate one of the Behavioral Health Resource Networks for Lincoln County. Isabelle Cisco will take over as the Overdose Prevention Coordinator. She and Isabelle Cisco will be working closely together.
 - b. Isabelle Cisco will co-teach a Narcan session with the Confederated Tribes of Siletz Indians at the Third Annual Harm Reduction Conference in December.
 - c. Isabelle Cisco provided a brief introduction.

Behavioral Health Resource Network:

Discussion followed on the Behavioral Health Resource Networks.

- Michelle Means Linn County Preparing report information. Working to update the referral form and working on an upcoming media campaign. Starting monthly meetings. A Regional Partner meeting is scheduled for November 18, 2022.
- Stephanie Cameron Family Tree Relief Nursery For Benton County hiring Peer Mentors. Working with law enforcement in the Benton County area to integrate new staff. Working with Housing First on the flow of housing resources. Family Tree Relief Nursery and Milestones will be partners on an office location in 2023 in Corvallis for peer services.
- **Jennifer Beckner** There is a lot of information with the Oversight and Accountability Council. Have reached out to a regional partner. How do people access services and what does this entail? Was told anyone experiencing an addiction would qualify for services and Oregon Health Authority opened the door to anyone that needs services. Does this include those addicted to sugar, nicotine? Receiving a lot of misinformation. Have reached out to Oregon Health Authority. There has been a lot of confusion and the state is experiencing turnover.
 - a. Will be having a Regional Partner meeting to discuss the referral process and looking at Unite Us. Will be looking at how to track referrals. Will also invite a representative with Lines for Life. Want to work as a region so if someone comes for services they can get the same type of services offered throughout our counties.
 - b. Lincoln County Behavioral Health Resource Network There will be two Behavioral Health Resource Networks for Lincoln County. Have contracts signed, but we haven't received any funding.
- **Kami Beard** The hotel program in Benton County has started today. Looking at property management to work with them for housing families.
- **Stephanie Cameron** Lane County uses Unite Us and they use Unite Us as well. Screening tool supposed to be point of entry. Supposed to use Line for Life.
- **Jennifer Beckner** The State has pushed for Lines for Life. CADC1 was supposed to do screening. In Lincoln County, the Harm Reduction Team has certified Recovery Mentors. Working to get additional partners trained.
- **JoAnn Miller** We have a CADC1 cohort training going on now.
- **Jennifer Beckner** Lincoln County is meeting biweekly now with the Behavioral Health Resource Network and working on the referral form. We want to use the same form for Benton, Lincoln, and Linn Counties.
- **JoAnn Miller** Discussed building in as a release for information Use form as a referral and release of information as well.

Additional Business/Announcements:

Additional business/announcements were noted.

• **Ruby Moon** – The Third Annual Harm Reduction Conference is scheduled for December 12-14, 2022. Registration is filling up fast. Have 500 seats available. We are now at 370 who have signed up. Different track options include harm reduction, healthy relationships, food sovereignty, inside out (about healing), and indigenous voices. They have approximately 45 speakers scheduled in the 3 days with a keynote speaker every day. Will have breakout sessions and doing some mindfulness type entertainment in the evening. The first year's conference they had over 600 participants and last year they had about 300 participants. The conference is free.

- **Jennifer Beckner** The Harm Reduction Conference started as a regional initiative.
- **Ruby Moon** As a result of our partnerships we are the only people on the west coast doing this type of conference.

2023 Meetings:

It was agreed to keep the 2^{nd} Monday of each month at 10:30 a.m. as the same meetings schedule for 2023.

Next Meeting:

The next meeting is scheduled for December 12, 2022, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:20 a.m.

Respectfully submitted, Shelley Hazelton Community Health Promotion