



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
November 18, 2021
9:00 a.m. – 9:55 a.m.**

Participants: Shelagh Baird, Kami Beard, Jennifer Beckner, Stephanie Cameron, Christine Felt, Molly Gelinas, Wendy Hausotter, Joseph Hutchinson, Joanna Kubes, Lalori Lager, Sheriff Curtis Landers, Liz Merritt, Jolynn Meza Wynkoop, JoAnn Miller, Rebecca Noad, Tanya Pritt, Mara Sargent, Justin Thomas, Blue Valentine, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The October 19, 2021 meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition was presented. **Joanna Kubes made a motion and Wendy Hausotter seconded the motion to approve the October 19, 2021 meeting minutes as presented. The motion was voted upon and unanimously approved.**

JoAnn Miller noted that she recently had a friend whose daughter passed away from a fentanyl overdose. She was a 20-year-old African American woman. Substances are out there in our communities. We need to continue to work and keep prevention in the forefront and focus on those things that impact us in our rural and regional communities.

Federal/State Grants Reports and Updates:

Measure 110 Update:

JoAnn Miller reported on Measure 110.

- There was a webinar held on Monday to discuss the funding for the Measure 110 Behavioral Health Resource Network.
- Lincoln County Health and Human Services will be submitting a proposal for funding. Linn County Department of Health Services – Alcohol and Drug Treatment Program will be taking the lead to also submit a proposal for Linn County.
- The Behavioral Health Resource Network is designed to work with individuals in treatment and recovery and those participating in the program and works to help those individuals that are using to safely and effectively not be at risk.

- **JoAnn Miller** – Samaritan Health Services (SHS) is applying as part of treatment services with Samaritan Treatment and Recovery Services (STARS) with peer support and Medication Assisted Treatment (MAT) services. We are hoping to reinstate peer support back into the Emergency Department at Samaritan Lebanon Community Hospital and have peer support in the Emergency Departments at the other SHS hospitals.
- There are requirements around the Behavioral Health Resource Network as it relates to housing, harm reduction services, peer services, supported employment and substance use disorder (SUD) treatment.
- **Blue Valentine** – Yesterday the Oversight and Accountability Council approved the rules. The applications will be scored according to a rubric.
- **Jennifer Beckner** – Will the State of Oregon continue to contract with Lines for Life for the Call Center for the State?
 - a. **Blue Valentine** – The statewide phone line will continue. The contract with Lines for Life will be up soon. They don't have to contract with Lines for Life. They are opening it up for bidding with other organizations when the contract is up. Local organizations don't have to apply on their own. Don't think each county will have to staff. It may be difficult to have culturally appropriate staff. Everything she has seen references the State phone line continuing for now. May have local phone lines for those that have capacity.
- Jennifer Beckner – Will most likely partner with peer support for Lincoln County.

Health Resources and Services Administration (HRSA) Regional Assessment and Implementation Disaster (RAID) Plan Update:

Joanna Kubes reported on the RAID grant. The Work Plan Summary and Progress Updates was noted.

- A tabletop training exercise was scheduled for December 1, 2021 and has tentatively been changed to December 6, 2021 from 11:00 a.m. – 12:00 p.m. ***Once the date is confirmed for sure, Shelley Hazelton will send out an updated calendar notice.*** Staff are asked to complete the FEMA ICS 100 Course prior to the exercise.
- We are currently working on the Emergency Operations Plan (EOP) Annex that details what to do in an emergency to address and help those with SUD and opioid use disorder (OUD).
- Today is the Rural National Health Day, It is scheduled the third Thursday of every November.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:

Shelagh Baird reported on the Bridges to Recovery Project. A written report was noted.

- We are moving into Year 3 of the grant.
- Subcontracts have been sent to Lincoln County Health and Human Services and the Confederated Tribes of Siletz Indians.
- Brink Communications is currently working with Project Directors from our Measure 110, Bridges to Recovery Grant, and Rural Communities Support Women and Youth (RC-SWAY) grant to roll out a tri-county media campaign.

Oregon Health Authority (OHA) matched funds through FEMA Safe + Strong campaign.

- Ruby Moon has hired a Harm Reduction Outreach Specialist for the Confederated Tribes of Siletz Indians that will start in mid-December. She also has a couple of peer support candidates interested in the Peer Support Mentor position.
- **Jennifer Beckner** - The Office-Based Addiction Treatment Program is up and running strong. Would like to see a more stand along program outside the Federally Qualified Health Clinic.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

Jolynn Meza Wynkoop reported on the RC-SWAY Grant. The Progress Update and Work Plan Highlights were noted. A written report and Work Plan Highlights was noted.

- Project funding was awarded and began September 1, 2021. The funding was granted for three years and will last until August 31, 2024.
- Partners on the project include Samaritan Lebanon Community Hospital and Clinics, Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.), STARS, Family Tree Relief Nursery, Linn County Health Department Alcohol and Drug Program, and Community Health Centers of Benton and Linn Counties.
- There are no major reports due until March 2022.
- Will meet with program partners on December 6, 2021 to discuss the Work Plan.
- Christine Felt is the new Peer Support Specialist for this grant.
- Family Tree Relief Nursery has someone that will transition to peer support for this grant.
- As noted above, we will be doing a tri-county media campaign with Brink Communications.
- **Stephanie Cameron** – Reducing access to unused medications in the home – Partnering with Linn Together. Will be doing a popup event. MED-Project connecting with individuals to provide products free of charge. Individuals can pack meds and send to MED-Project and they will dispose of medications. If individuals have substances that they want to dispose of, they can work with Linn Together to find a way to relinquish substances anonymously at Take Back events.
- Justin Thomas – Is taking over for Tony Howell and will be the Program Manager for Linn County Health Department Alcohol and Drug Program. Tony Howell has given 39 years of service to the Linn County Health Department. Justin Thomas noted his background comes from managing 24-hour crisis programs and has been active in prevention and trainings. Will continue with efforts that Tony Howell has made with prevention. He also enjoys leading trainings. Tony Howell has contracted to stay on through the end of December 2021.

Samaritan Treatment and Recovery Services Update:

Molly Gelinis gave a STARS Grants update.

HRSA STARS Emergency Department (ED) Outreach Grant:

Molly Gelinis reported on the HRSA STARS ED Outreach Grant. Information showing the Background, Vision, and Progress and Conclusion of the STARS ED Outreach Grant was noted.

The Closeout Report for FY 2018-2021 Rural Health Care Outreach Services Grant Program Report was also noted.

- The grant has come to an end. There was some funding left to bring the grant through the middle of November.
- The Background and Vision of the grant was shared.
- Progress and Conclusions:
 - a. The number of unique individuals who received direct services during this budget period – Community health education and counseling:
 - Year 1 – 106
 - Year 2 – 130
 - Year 3 – 151
 - b. Number of health education and counseling activities held:
 - Year 1 – 9
 - Year 2 – 11
 - Year 3 - 16
 - c. Number of health education and counseling participants:
 - Year 1 – 748
 - Year 2 – 838 plus 10,000 for radio spot
 - Year 3 – 570 plus 10,000 for radio spot
 - d. We distributed approximately 1,700 kits of Narcan over the course of the grant while educating our community and helping decrease the chance of overdose.
 - e. Although the total number of direct services received by individuals is 387, our Outreach team engaged with close to 800 substance users within East Linn County in one capacity or another.
 - f. Our Emergency Department continues to implement the “ED-BNI-BUPE” protocols and will continue to refer patients to STARS.
 - g. The 12-step community support group we established has continued to grow and build connection for families and friends of substance users. The support group was handed off to the community.
- The grant has been very well received and peer support has been valuable to hospital staff. The hope is to continue with peer support in the ED.
- A huge thank you to Christine Felt who did an amazing job with peer support.

HRSA STARS Rural Health Opioid Program:

Molly Gelinias provided an update on the HRSA Rural Health Opioid Program serving Sweet Home and Brownsville. Information showing the Background, Vision, Progress and Conclusions was noted. The Year 3 Evaluation Report (September 30, 2020 – September 29, 2021) was noted.

- The Background and Vision was shared.
- Progress and Conclusions:

OUD Screening and Treatment

- a. Number screened for OUD (tracking database):
 - 1st Year – 40
 - 2nd Year – 24
 - 3rd Year – 55

- b. Number screened for OUD (Epic/SBIRT):
 - 1st Year – 3,735
 - 2nd Year – 2,992
 - 3rd Year – 4,059
- c. Number identified as having OUD:
 - 1st Year - 32
 - 2nd Year – 14
 - 3rd Year - 250
- d. Number referred for the treatment of OUD:
 - 1st Year – 30
 - 2nd Year – 14
 - 3rd Year - 41
- e. Number which started treatment process:
 - 1st Year – 22
 - 2nd Year – 9
 - 3rd Year - 41
- f. Our HUB and SPOKE model began in Year 1 with STARS (HUB) and 2 SPOKES (Sweet Home Family Medicine and Brownsville). In Year 2 and 3 we gained 4 more SPOKES and in our NCE an additional 4 totaling 10 SPOKES currently
 - There have been two Peer Support Specialists for the grant, contracted through Family Tree Relief Nursery. They have done a tremendous job and all their involvement with the community has made this grant so successful. Josh Pankau has helped develop the community court model in Sweet Home and Octavia Chandler has also been amazing.

Wendy Hausotter made a motion and Shelagh Baird seconded to accept the HRSA RAID Grant report, HRSA RCORP Implementation Grant – Bridges to Recovery Report, HRSA RC-SWAY Grant Report, STARS Grants reports, and the Measure 110 report along with all the accompanying reports noted. The motion was voted upon and unanimously approved.

SUD/ODU Conference:

JoAnn Miller gave a report on holding an SUD/ODU conference.

- We would like to hold a regional conference around SUD/ODU.
- The date for the conference will be March 11, 2021 and it will be a hybrid conference with some in person and virtual.
- It will be held at the Boulder Falls Conference Center in Lebanon.
- The time will run from 9:00 a.m. – 2:00 p.m. or 9:30 a.m. – 2:30 p.m.
- We are looking at having a keynote speaker and around three separate panel discussions focusing on topics around SUD/ODU use and trends, parent education and outreach related to SUD/ODU, and pregnant women and child-bearing women and youth and stigma.
- Jennifer Beckner – Attended a training with the national harm reduction organization that runs the Clearing House. She learned a lot. We may want to look at this group for including in the conference.

Announcements/Additional Business:

Announcements/additional business was noted.

- **JoAnn Miller** – We will be applying for a HRSA Implementation Grant for Lincoln County and look at providing prevention, treatment, and recovery services for pregnant women, child-bearing woman, and youth. The grant would be like the RC-SWAY grant for rural Linn County.
- **Wendy Hausotter** – Working with a Behavioral Health Workforce Workgroup to look at options for behavioral health programs. The group is looking at three different programs for short-term solutions:
 - a. Oregon Health Authority – Accelerated Certified Alcohol and Drug Counselor (CADC) 1 program.
 - b. CADC 1 Registered Apprenticeship Grant (Registered training program through Willamette Workforce Partnership).
 - c. Northwest Oregon Works – Behavioral Health Workforce Project for Level 1: Peer Support Specialist/Community Health Worker; Level 2: CADC/Qualified Mental Health Associate (QMHA); and Level 3: Licensed Mental Health Clinician.

Next Meeting/2022 Meetings:

The Lincoln County CCCWN Mental Health group used to meet on the 2nd Monday of each month at 10:30 a.m. until it merged into this group. The CCCWN Mental Health group for Linn County also met every other month on the 2nd Wednesday of the month at 12:30 p.m. until it merged with this group. We may want to look at one of these groups of dates and times for future meetings in 2022. *Jennifer Beckner and Shelley Hazelton will work together to get the December 2021 meeting scheduled. We will discuss the 2022 meetings further at the December meeting.*

Adjourn:

With no further business to discuss, the meeting was adjourned at 9:55 a.m.

Shelley Hazelton
 Community Health Promotion
 Department Assistant