

Coast to Cascades Community Wellness Network (CCCWN) Regional Mental Health/Substance Use Disorder Coalition Meeting Summary Held virtually – Microsoft Teams December 11, 2023 10:30 a.m. – 11:40 a.m.

Participants: Jennifer Beckner, Shelli Alinari-Beebe, Shelagh Baird, Brandon Bates, Kami Beard, Isabelle Cisco, Emma Deane, Isabel Dryden, Frederick Edwards, Molly Gelinas, Marcia Harnden – Albany Chief of Police, Lalori Lager, Avalon Mason, Heidi May-Stoulil, Liz Merritt, Jolynn Meza Wynkoop, JoAnn Miller, Thien Nguyen, Stephan O'Hair, James Page, Tanya Pritt, Angie Richards, Jane Russell, Christiana Sechrest, Miranda Tasker, Justin Thomas, Caitlyn Weinberger, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The November 13, 2023, meeting minutes of the Regional Mental Health/Substance Use Disorder (SUD) Coalition was presented. Marcia Harnden, Albany Chief of Police, made a motion and Caitlyn Weinberger seconded the motion to approve the November 13, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting. The Linn County Alcohol and Drug Program – Implementation III RC-SWAY Grant – Y3- Funding Proposal for LifeSkills, Prevention, and Early Intervention/Treatment was also noted.

• **Molly Gelinas** – Did allocate additional funds for the Linn County Alcohol and Drug Program – LifeSkills, Prevention and Early Intervention/Treatment. The proposal was approved by the CCCWN.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Jolynn Meza Wynkoop** We have made progress on the media campaign that has launched today through social media, radio, TV ads, and with a billboard rollout the next couple of weeks.
- **Jennifer Beckner** With Measure 110 and the Behavioral Health Resource Networks, had Lines for Life and now will be using a new provider. Have been asked to get rid of all related Lines for Life information. Will this affect the media campaign?
 - a. **Jolynn Meza Wynkoop** Not anticipating a change in phone number. Updating website and will have phone numbers and partners information.
 - b. **Jennifer Beckner** Working on Behavioral Health Resource Network page for Lincoln County.
 - c. **Jolynn Meza Wynkoop** The website is Behavioral Health Resource Network partner specific Will see organization and contact information on there.

Shelli Alinari-Beebe made a motion and Lalori Lager seconded the motion to approve the HRSA RC-SWAY Grant written report and Work Plan Highlights, the Linn County Alcohol and Drug Program – Implementation III RC-SWAY Grant – Y3- Funding Proposal for LifeSkills, Prevention, and Early Intervention/Treatment, and the HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights. The motion was voted upon and unanimously approved.

Update on Regional Overdoses:

Jennifer Beckner led discussions around regional overdoses.

- Isabelle Cisco:
 - a. Received anecdotal feedback from the Harm Reduction Program on an increase in overdoses Not reported 911. Put out feedback with syringe exchange program. Did not put out general information. Did not see numbers reflect this. Word was put out with the harm reduction program and syringe reduction program.
 - b. Attended a conference in Eugene. Had panel discussion on opioids and conversation was well received. Made connections.
 - c. Doing quarterly report with overdose prevention.
 - d. Public Health purchased management software to track metrics and have narrative reports.
 - e. **JoAnn Miller** Do you have data on numbers served?
 - f. **Isabelle Cisco** Do not have data. Reached out to Oregon Heath Authority (OHA) and High Intensity Drug Tracking Area (HIDTA) partners because did not see data reflective of that. Expected that so that is why they did not do a public media alert.
- **JoAnn Miller** We are receiving overdose data from our Samaritan Health Services (SHS) hospitals, our Albany Police Department, Linn County Sheriff's Office, Lebanon Police Department, Sweet Home Police Department, Oregon State Police and Jef Van Arsdall, Benton County Sheriff, has also provided us information. We are getting race, age, gender, and fatal, non-fatal information. Struggling with getting information from Lincoln County. Can the Overdose Detection Mapping Application Program (ODMAP) provide information?
 - a. **Isabelle Cisco** ODMAP does not collect ethnic information. Partners collect info. There are barriers to pulling data. Someone needs to read data and hand do. Only aggregate data ODMAP. Try to limit information shared and protection of those using substances.

- **Jennifer Beckner** Overdoses unattended fatalities reported OHA.
- **Isabelle Cisco** Only for youth, those under age 24 Fatal overdoses reported. Medical Examiner's Office Just lost medical examiner for Lincoln County.
- **Justin Thomas** Age 24 and under falls under suicide protection plan. Does not require counties to do anything. Their team does outreach. Assumes they will edit down the road to require.
- Are we doing after care, too?
 - a. **Jennifer Beckner** Feels we are failing families of those that have overdosed. Sometimes there are increased overdoses in that person's circle.
- The SHS Individual Overdose Report for Reporting Period November 1, 2023, through November 30, 2023, was noted along with the SHS 2023 Data Report, and SHS Drug Overdose Emergency Department (ED) Visits report.
- **JoAnn Miller** In looking at the SHS Drug Overdose ED Visits Report Paulina Kaiser from SHS pulled the information for the report.
 - a. Page three shows a chart of ED encounters for drug overdose in 2022 among patients flagged as homeless stratified by hospital.
 - ➤ Samaritan Lebanon Community Hospital (SLCH) 25.8%.
 - ➤ Samaritan Albany General Hospital (SAGH) 24.3%.
 - ➤ Good Samaritan Regional Medical Center (GSRMC) 16.5%.
 - ➤ Samaritan North Lincoln Hospital (SNLH) 13.5%.
 - ➤ Samaritan Pacific Communities Hospital (SPCH) 9.6%.
 - b. Are there others collecting data if unhoused or homeless? Law enforcement is aware of this population and those involved with substance use disorder (SUD).
- SHS had no fatalities from overdoses in the month of November. Albany Police Department had one fatality.
- Marcia Harnden Albany Chief of Police We continue to head in the wrong direction. It slowed a little. They have a lot of Narcan out there that has helped.
- **JoAnn Miller** We are seeing more younger people overdosing. At one of our hospitals had a 17-year-old reported and the high schools are requesting Narcan to distribute in the schools. Things are not getting better and more younger people continue to overdose. How do we target youth, how do we address, and where are the resources?
- **Jennifer Beckner** The State of Oregon Clearing House changed restrictions and are allowing schools to apply. Do not get much, but this is a right step. Lincoln County has supplied Narcan to schools.
 - a. Need Fentanyl test strips and Xylazine.
 - b. Happy to hear there is a special workgroup looking at Measure 110. Have heard they know that prevention is underfunded. We need to look at prevention and youth. Hope we can see some action in this area.
 - c. Counties Certified Prevention Specialist to get federal block grant then requirement went away. People have different ideas on prevention.
 - d. Lincoln County has four billboards. Radio stations have gone by the wayside.
 - e. Linn County Lifestyle curriculum is great.
- No postvention plans required in the rule change. They are phasing in that change gradually as well.
- **Justin Thomas** They have a great prevention team.

• **Isabelle Cisco** – She is still getting partners to get signed up with the Clearing House. Does not think Oregon Health Authority phased in schools yet. Can help facilitate – Feel free to contact her – icisco@co.lincoln.or.us

No Time to Spare Summit – Call to Action:

JoAnn Miller reported on the "No Time to Spare Summit – Call to Action."

- The summit was hosted Oregon Attorney General on November 8, 2023, and it was held at OHSU. It was in person and online.
- There was approximately 300 people who attended. Can forward link to the workshop and keynote speaker if interested.
- The summit was a call to action and asking people that are doing great things to show care their work.
- It was broken into three categories and there was a panel that discussed overdoses and how to get a hold on the Fentanyl issue. Looked at Level Setting and the Fentanyl landscape in our state, prevention, harm reduction, treatment, and the rural focus, and looked at our youth with education, awareness, and services.
 - a. Looked at housing with critical access to care with those with SUD and Fentanyl in Oregon.
 - b. There was discussion on system of care and what works. Discussion focused on medication assisted treatment (MAT), harm reduction, and peer support and funding program needs with low barrier housing, SUD interventions.
 - c. There was a youth focus. Harmony Academy High School (recovery high school) was there. There was discussion about the legislative session. They will be starting three additional recovery high schools in Oregon.
 - d. There was discussion on what integral partners need to have and discussion around Portland police efforts.
 - e. There was talk about youth incarcerated and the rural behavioral health workforce build across the state. We do need to focus on workforce and housing.
- The Clackamas Sheriff's Office has treatment services in the jail and a comprehensive discharge process. They provide some housing. They have a good relationship with parole and probation. They have an approximate 85% success rate.
- Many have had challenges to hire Peer Support Specialists.
- Was very impressed with Clackamas County. Hope to invite someone from their Sheriff's Office to talk about their program.
- **James Page** Have had Methadone/MAT programs with other counties and it is something they are eager to set up in Linn County. Have not had success with starting that conversation here.
- **Justin Thomas** Was there talk on billing for treatment in jail once incarcerated? Struggle with not being able to bill Billing for when Oregon Health Plan ends and no way to bill. They are fortunate to have grant funding from IHN to do some assessments in the jail.
 - a. **JoAnn Miller** She did not hear anything on billing. The hope is to get someone that can present to our group soon. It seemed like a great program. That would be a good follow up question if we are able to get someone to present.
 - b. **Frederick Edwards** Need to bill if incarcerated. Thought would come out and have a place to bill. Oregon Health Plan and insurance stops when incarcerated. Most jails are starting to provide MAT services.

- c. **Jennifer Beckner** The workgroup has heard from law enforcement and has discussed that there needs to be a way to pay. Lincoln County MAT When arrested, looks at paying through opioid settlement funds. The Lincoln County Sheriff's Office has some in the budget for this. Went to Polk County and toured their MAT program. The Medical Director asked why Lincoln County was not doing so was one the biggest supporters. Can look at funding and different programs to bridge the gap.
- d. **Isabelle Cisco** Lots of barriers with someone using Oregon Health Plan when incarcerated.
- **Lalori Lager** Do you run into barriers with people getting released from jail before you are able to coordinate in person transport for them?
 - a. They do work with jail staff closely with assessments and those eligible for release. Has an employee that just does transports to residential treatment.

Behavioral Health Resource Network Updates:

Behavioral Health Resource Network updates were provided.

- **Thien Nguyen Linn County** Both he and JoAnn Miller is coming to Lincoln County and meeting with partners. Working on reports.
- Tanya Pritt Milestones:
 - a. All are working hard. Struggle with no low barrier access.
 - b. Challenges with CCO. If have CCO, they should pay for services. The Behavioral Health Resource Network should be the last resort.
 - c. They are full. On outpatient end, they are growing and have referral sources.
 - d. If needed, they will walk or drive those clients for treatment.
 - e. Getting admissions done and no waiting. Everyone is doing extremely hard work.
 - f. **Frederick Edwards** Seems to have no room when they have someone in emergency needs.
 - g. **Tanya Pritt** Can call her. They want to work hard to get people into treatment. Sometimes they may not have housing.

• Jennifer Beckner – Lincoln County:

- a. She is excited that SHS is working hard to fill positions. They now have an Intake Specialist, Jake Miller, who comes on Mondays and Tuesdays to Lincoln County. Jake Miller will bring the new Peer Mentor that works through the ED to meet her.
- b. There is the Lincoln County shelter project. There are two permanent locations with one in Newport and one in Lincoln City for the winter shelter. There are so many Behavioral Health Resource Network clients without housing.
- c. Will be involved in the 100-day homeless challenge in meetings to discuss the housing crisis in Lincoln County.
- d. Treatment and recovery are a continuum.
- e. Working to get partners to do presentations to those in the shelters. Have Narcan available as well. Do have a lot of older folks int the shelters.
- f. Has a Harm Reduction Nurse that offers services in the shelters. The nurse does wound care and Pneumonia and COVID vaccines.
- g. Next year's funding has been approved. Hope to bring on missing partners.
- Frederick Edwards Faith, Hope and Charity Would love to check out Lincoln County and shelters. Benton County did emergency cold weather program and has activated his organization. Has relationships with the hotels.

- They have put in approximately over 100 people. Has been exciting and has opened other doors. Benton County ahs an emergency cold weather shelter.
- **Jennifer Beckner** For the months of September through March will have the cold weather shelter in Lincoln County. Working everything out and want to open to the community and keep them informed. Clients will get breakfast, dinner, and snacks. County Commissions, partners, and others have put funding into the shelter. Have a lot of homeless families that they have been able to put in hotels. Will have a full-time shelter manager. Will have Research Navigators to help get people hooked up with the Oregon Health Plan. Will be reaching out to Senior and Disability Services to see what people need. Is surprised on the ages of people in the shelter and those with disabilities. Clients will be able to shower.

Announcements/Additional Business:

Announcements and additional business were shared.

- **Lalori Lager** Have a facility on 4th Street Monarch in Corvallis. Is a collaboration with the Community Doula Program. It is family oriented. The State of Oregon came in and offered to be part of a research study. They are providing funding for Lincoln County and Benton County. Mid-Valley Nurture and Nurture Oregon continues to offer services for high-risk pregnant women and provides Doula services. Hoping the State of Oregon will expand Nurture Oregon.
 - a. There is a state bill that focuses on funding family programs including Nurture Oregon.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for January 8, 2024, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:40 a.m.

Respectfully submitted, Shelley Hazelton Community Health Promotion