

# Coast to Cascades Community Wellness Network (CCCWN) Regional Mental Health/Substance Use Disorder Coalition Meeting Summary Held virtually – Microsoft Teams February 13, 2023 10:30 a.m. – 11:40 a.m.

Participants: Jennifer Beckner, Shanon Anderson - OSU AVP for Public Safety and Chief of Police, Shelagh Baird, Mindy Baxter, Burke Belit, Marty Cahill, Isabelle Cisco, Jeannie Davis, Ed.D., Bryan Decker, Christine Felt, Molly Gelinas, Andrew Greenhalgh-Johnson, Heather Grott, Marcia Harnden - Albany Chief of Police, Kelly Head-Halladay, Kiara Huey, Lalori Lager, Sherriff Curtis Landers, Lonnie Martinez, Avalon Mason, Michelle Means, JoAnn Miller, Jolynn Meza Wynkoop, LaMonte Morgan, Josh Pankau, Tanya Pritt, Angie Richards, Vernon Rose, Heidi May-Stouli, Justin Thomas, Blue Valentine, Jef Van Arsdall - Benton County Sheriff, and Shelley Hazelton

### **Welcome/Introductions:**

Jennifer Beckner welcomed everyone to the meeting and led introductions.

# **Federal/State Grants Reports and Updates:**

HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:

A HRSA RCORP Bridges to Recovery Grant written report was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant written report and Work Plan Highlights was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights was noted and distributed prior to the meeting.

Josh Pankau made a motion and Lalori Lager seconded the motion to approve the HRSA Bridges to Recovery Grant written report, HRSA RC-SWAY Grant written report, and the HRSA RCORP-I HIWAY Project Grant written report as presented. The motion was voted upon and unanimously approved.

# **Gaps in Services for Youth:**

Discussion focused on gaps in youth services.

# • Jennifer Beckner:

- a. There is a lack of prevention services.
- b. We have different substance use disorder (SUD) Coalitions, and there is Linn Together. At the coast, the Partnership Against Alcohol and Drug Abuse (PAADA) is revamping and the Confederated Tribe of Siletz Indians has been revitalizing the Coalition Community Efforts Demonstrating an Ability to Rebuild and Restore (CEDARR). The Coalitions have held community dinners and helped with prevention efforts in the schools.
- Mindy Baxter PAADA in Lincoln County is working with the Lincoln County School District on a Leadership Academy to be help on March 16, 2023. There have been 10 youth from each school invited to participate, including the Charter Schools. There will be breakout sessions, including one breakout session on inclusion. There will be other breakout sessions on substance abuse, recovery, and prevention, and Narcan will be part of this, etc.
- **JoAnn Miller** What age group do we want to look at for gaps in services? When we look at Samaritan Health Services (SHS) data, it looks like the 18-20 age group is showing an increase in overdoses and this age group is still underage. Ages 18 and above can receive treatment at Samaritan Treatment and Recovery Services (STARS) inpatient facility. What about 17-year-olds? With the 18–20-year-olds age group, there is a gap in services. How do we look at data and identify the age group?
- **Jennifer Beckner** Agrees with JoAnn Miller. How do we target this age group? Medication Assisted Treatment (MAT) services do not serve anyone under the age of 18.
- Shannon Anderson, OSU AVP for Public Safety and Chief of Police With the 18-20 age group, universities and community colleges would be a great start to target work with these ages. Are we talking only alcohol or other substances? Not reporting alcohol data.
  - a. **Jennifer Beckner** Yes, we should include alcohol data as well. Believes this is still a huge concern.
  - b. **Shannon Anderson** Ages 18-20 if over consume, do they go to the hospital or does a friend watch and at what cost and does this place them in danger?
- **Jennifer Beckner** Minor in Possession (MIP) Has anything changed with citations, and what happens?
  - a. **Curtis Landers, Lincoln County Sheriff** There are less MIPs and they are not responding to as many parties as before. Had "no tolerance" before and collaborated with the school district with an Informative Justice Program for those caught with alcohol. Need to work on this again. Statistically, there are less citations compared to 4-5 years ago.
- **Justin Thomas** There is no age restriction for Measure 110. When Measure 110 passed, there was no avenues to help youth, compared to pre-measure 110. Court passed juvenile court fines for certain crimes Can be waived.
- **Mindy Baxter** Back in the day with MIP response and zero tolerance policy All youth cited referred to Teen Court. Citations did go up. There were accountable measures taken and MIPs went down. Teen Justice Panels resurrected and not just alcohol.

Starting to bring back. Heard from youth, the reason they are not being cited as much is that they are spending more time inside.

- **JoAnn Miller** There was a teen court in Benton County. Not sure if it is still in place.
- **Christine Felt** Shared a personal story. Knows there is some accountability in Lebanon.
- **Jennifer Beckner** Where do we want to go from here?
- **Josh Pankau** Has younger Peer Support Specialist and trying to pair with younger, 18-20-year-old. The challenge is with so many dynamic youths. There can be ethics barriers and there is the release of information with parents when under 18. Family Tree Relief Nursery has hired and trained a Peer Support Specialist to work with youth and people that age. They go into the high schools and shares their story.
- **Dr. Jeannie Davis** In Lebanon there is Peer Court that is under the Lebanon Police Department. Kids that are in minor trouble are sent to Peer Court and they must become a juror and then can move up. Teens with minor charges are sent to Peer Court first. It is a great program. Youth are the judge and jury with other youth.
  - a. **Jolynn Meza Wynkoop** Curious on what the age groups participate in Peer Court.
  - b. **Dr. Jeannie Davis** Have middle school and high school youth in Peer Court. Dala Johnson at Lebanon oversees the program in Lebanon.
- Vernon Rose Starting in March, Family Tree Relief Nursery will create community forums for families with questions and answers. Want to see what works with households. This might be a way to reengage issues and create more information. Believes in intervention processes prior to a negative consequence. Want to give families tools to create skills A step by step process. May be helpful to create workshops with the forums. The goal is for Family Tree Relief Nursery to get information to better serve the community.
- **Mindy Baxter** They started their Peer Court in 1995. Had discussions with the Sheriff's Department, Police Department, and PAADA and created a pre-citation accountability agreement. The schools had a Restorative Justice Program and did preventive work.
- **Sheriff Curtis Landers** Take steps with first offense. Would like to bring back the school district the Restorative Justice Program for the schools.
- Jolynn Meza Wynkoop Both she and Molly Gelinas work on a HRSA grant and programs that serves youth. They want to convene a group and invite different representatives from Nutrition Services, mental health/behavioral health, etc. to solicit feedback and have a more in-depth discussion on gaps and services for youth. Would like to see who would be interested in participating in the group. Will also look at conducting a Needs Assessment for youth for the tri-county region Benton, Lincoln, and Linn Counties. A big component is we want to hear youth voices as well.
  - a. We may want to invite Teen Challenge. Teen Challenge is a faith-based organization. They have recovery centers that have programs for drug addiction, alcohol recovery, and services for youth, adults, and families.
- **Jennifer Beckner** Treatment programs are lacking for this age group. Residential beds for adolescents are full.
- **Tanya Pritt** She works with 18-21-year-olds. There are counseling, residential, and outpatient services available.

# **Update - Regional Overdoses:**

Discussions followed on regional overdoses.

- Marcia Harnden, Albany Chief of Police:
  - a. Data for 2023 as of February 9, 2023 The City of Albany had 13 overdose calls and no deaths. There were 89 total overdoses last year in 2022. Out of the 13 overdoses, 10 of these were related to Fentanyl.
  - b. They try to disperse Narcan to anyone that needs it and hand out at the shelters.
  - c. There were 2 Fentanyl overdoses at one shelter.
  - d. Overdose response calls -3 for the year with 25 last year and 3 fatalities.
- **Tanya Pritt** Need to purchase Narcan. Where is the best place?
  - a. Jennifer Beckner With Lincoln County, for Narcan is going through Direct Relief with Emergent Bio-Solutions to get discounted. The State of Oregon is signing up people and they use M-Cap, which may be a better place to get Narcan. Some partners also use Oregon Heath Authority Clearing House on the Saves Lives website. Injectable Naloxone can get through Direct Relief. Isabelle Cisco is now the Overdose Prevention Coordinator for Linn, Benton, and Lincoln Counties and can help as well.
  - b. **Blue Valentine** M-CAP is the same that Clearing House uses. Can set up a separate account. They use Cardinal Health. Prices are the same. It works with Benton County Health Department to use a separate account.
- **Jennifer Beckner** Cities/counties in Oregon over 10,000 are receiving opioid settlement funding. There is a framework now to follow. Harm Reduction is purchasing Narcan and it is allowed under the framework. Legislation recently passed that Narcan will soon be available over the counter without a prescription and people can obtain through their pharmacist.
  - a. **Blue Valentine** Narcan may not be covered by insurance if over the counter, which is what she has heard. More options are better if people cannot access prescription Naloxone.
- **JoAnn Miller** Shared the "Samaritan Health Services Individual Overdose Report for Reporting Period: January 1, 2023 January 21, 2023. The report includes information on Neonatal Abstinence Syndrome (NAS) and Neonatal Opioid Withdrawal Syndrome (NOWS) for the month of January 2023 as well.
  - a. Numbers are higher for Good Samaritan Regional Medical Center (GSRMC) and Samaritan Lebanon Community Hospital (SLCH) for the 18-39 age group.
  - b. It is nice to see there were no NAS/NOW for Samaritan North Lincoln Hospital (SNLH), Samaritan Pacific Communities Hospital (SPCH), and Samaritan Albany General Hospital (SAGH) for the month of January 2023.
  - c. There is concern with SLCH. We are seeing the highest number of overdoses at this hospital being reported regularly.
  - d. We are hearing at our Harm Reduction meeting that people are saying they do not want to go to the Emergency Department.
  - e. Our data from Samaritan Health Services is limited.
  - f. One area we are also asking SHS to break down is data on LGBTQ+ population and gender identity.

- Marcia Harnden, Albany Chief of Police They are using the Overdose Detection Mapping Application Program (ODMAP).
- **JoAnn Miller** Curtis Landers, Lincoln County Sheriff is waiting to use and will be using ODMAP soon. The local Health Departments will be using ODMAP.
- **Blue Valentine** Benton County's numbers are lower for overdoses. Hearing for Linn County that it is so common that they do not always report, especially East Linn County. There are several overdoses in Linn County. Working at revamping dashboard Counting by hand.
- **Jennifer Beckner** Lincoln County and the Confederated Tribes of Siletz Indians are developing a dashboard that is like what Blue Valentine uses.
  - a. With the recent 3 overdoses with Lincoln County They refused medical transports.
  - b. The Harm Reduction team is seeing more group overseers. One point person is getting clean needles and Narcan and may not always have information and reports.
  - c. McMinnville recently had 6 overdoses and used all their Narcan. This is alarming
  - d. We are seeing more Xylazine.
  - e. ODMAP will help. Lincoln County Health and Human Services will have access along with Linn, Benton, and Lincoln Health Departments and most county Police Departments. Toledo Police Department is currently using.
- **Blue Valentine** The State Opioid Board is also having discussions about how to better collect data on overdoses across the state. She noted that she is on the subcommittee, but they have not met yet.

## **Behavioral Health Resource Network:**

Discussion followed on the Behavioral Health Resource Networks.

- **Avalon Mason Benton County** Reviewing policy templates. Not what they expected so it will take work to complete. Several partners have expressed they want to learn about services provided and what happens with referrals. Exploring more on ground experiences and services.
- Michelle Means Linn County:
  - a. Have been busy and 7 organization are working together to support individuals with SUD and opioid use disorder (OUD) in Linn County.
  - b. Sending and receiving referrals for those with SUD/OUD and those that need outside services.
  - c. Working on the Quarterly Expenditure Report that is due on March 31, 2023, and the Programmatic Data Report, Phase 1 Report that is due on April 15, 2023.
  - d. Also, working on policies and procedures, which are due on April 13, 2023.
  - e. There is a meeting coming up in March where the Strategic Measure 110 Lead will answer any questions.
  - f. We are marketing the Behavioral Health Resource Network and have a brochure. We are working with Simple Impressions, which is an on-demand printing and mailing company to get the Regional Behavioral Health Resource Network tri-fold brochures shipped. The brochure is available in English and Spanish.

g. Will have a Linn County Behavioral Health Resource Network meeting coming up March 3, 2023, and the Regional Behavioral Health Resource Partner meeting on March 10, 2023.

# • Jennifer Beckner – Lincoln County:

- a. Interviewing a prescription provider for the Federally Qualified Health Clinic. We do have one dedicated person providing MAT services that has some openings. There are two other MAT providers.
- b. Have built outs on the electronic record.
- c. Working on reporting requirements for the Behavioral Health Resource Network, including policies and procedures. There is concern with the amount of work to be done with the policies/procedures and the deadline. They then need approval with the County, which also takes time.
- d. Lincoln County Health and Human Services and partners with the Behavioral Health Resource Network received the first payment on December 27, 2022. If you look at the program, there is quite a bit of work taking place.
- e. There has been concern expressed with Measure 110 and some concerns and getting some bad press with the Behavioral Health Resource Networks.
- f. One State Representative put together a workgroup on evaluating Measure 110 and State Representative Robert Nosse noted individuals would meet in person and meetings were at 8:00 a.m. in Salem. Our region is well represented. There are 4 people that are members from our region on the group, which includes Bill Bouska, Sara Hartstein, and others.
- **JoAnn Miller** Are there conversations with Oregon Health Authority Oversight and Accountability Council on the 12 separate policies and procedures with putting some into one policy Bundling some?
  - a. **Blue Valentine** Do not know if the Oversight and Accountability Council voted and read through completely on the templates that went out. *She can follow up and ask.* Knows there is one around gender affirming care.

# **Next Meeting:**

The next meeting is scheduled for March 13, 2023, at 10:30 a.m.

### Adjourn:

With no further business to discuss, the meeting was adjourned at 11:40 a.m.

Respectfully submitted, Shelley Hazelton Community Health Promotion