



**Coast to Cascades Community Wellness Network (CCCWN)  
Regional Mental Health/Substance Use Disorder Coalition  
Meeting Summary  
Held virtually – Microsoft Teams  
March 13, 2023  
10:30 a.m. – 11:30 a.m.**

**Participants:** Maisa Athamneh, Sheila Aviles, Burke Belit, Isabelle Cisco, Karla Clem, Bryan Decker, Christine Felt, Jaylin Gann, Molly Gelin, Andrew Greenhalgh-Johnson, Heather Grott, Marcia Harnden - Albany Chief of Police, Kelly Head-Halladay, Kiara Huey, Lalori Lager, Lonnie Martinez, Avalon Mason, Michelle Means, JoAnn Miller, Jolynn Meza Wynkoop, LaMonte Morgan, James Page, Josh Pankau, Tanya Pritt, Vernon Rose, Jane Russell, Mara Sargent, Justin Thomas, Jef Van Arsdall - Benton County Sheriff, Earlean Wilson Huey, and Shelley Hazelton

**Welcome/Introductions:**

JoAnn Miller welcomed everyone to the meeting and led introductions.

**Meeting Minutes:**

The February 12, 2023, meeting minutes were presented for approval. **Jane Russell made a motion and Bryan Decker seconded the motion to approve the February 12, 2023, meeting minutes as presented. The motion was voted upon and was unanimously approved.**

**Federal/State Grants Reports and Updates:**

**Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:**

A HRSA RCORP Bridges to Recovery Grant report was noted and distributed prior to the meeting.

- The No Cost Extension ended for the grant on February 28, 2023.
- The final Close Out Report is due to HRSA on May 31, 2023.

**HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:**

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- Molly Gelin noted Peer Support for Samaritan Treatment and Recovery Services (STARS) has served 23 patients over the report period of September 1, 2022, through February 28, 2023.

Peer Support from Family Tree Relief Nursery is filling in and serving 4 patients in Sweet Home that are either pregnant or postpartum.

- There were three overdoses at Samaritan Lebanon Community Hospital over this past weekend. One was a fatality-dead on arrival and not brought to the Emergency Department. The individual declined further services.

**HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:**

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

**Josh Pankau made a motion and Lalori Lager seconded the motion to approve the HRSA Bridges to Recovery Grant report, HRSA RC-SWAY Grant report and Work Plan Highlights, and the HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.**

**Gaps in Services for Youth:**

Discussion focused on gaps in youth services.

- **JoAnn Miller** – An article came out in the Lund Report on the emphasis for residential treatment for youth. The “Yes House” had provided outpatient treatment for youth. One thing we are seeing with overdose data is more younger kids overdosing. What can we do to support youth? Can we encourage the “Yes House” to reopen and help with staff, funding? The State of Oregon is looking at treatment facilities.
- **Tanya Pritt** – The Oregon Council of Behavioral Health and Oregon Health Authority (OHA) put together a PowerPoint that looks at the needs and statistics around youth. It would be nice if we could get someone to present at our next meeting or get someone from the Oregon Council of Behavioral Health.
- **Jolynn Meza Wynkoop** – She works with Molly Gelinias under two grants to do with youth services and they both came together for planning efforts. A Youth Health and Wellbeing Conversation Workgroup was held on March 8, 2023, to discuss gaps in services, issues of largest concern, healthy options/solutions, and developing a Regional Youth Health Needs Assessment. There were approximately 47 people in attendance. There were different comments around mental health/behavioral health, substance use disorder (SUD), nutrition, self-harm, effects of coming out of COVID. She and Molly Gelinias then met with partners already doing Needs Assessment around youth and related data. Will schedule a meeting next week to discuss the Regional Youth Health Needs Assessment. They have a list of partners that would like to engage in conversations.
  - a. **Tanya Pritt** – Would like to be involved if she can make it. You might also want to check with Danette at Linn County for youth connection.
- **Molly Gelinias** – Would love to see youth participate in the process as well. At the meeting on March 8, 2023, Carter Kachel from Family Tree Relief Nursery, Youth Outreach, provided excellent information and feedback on different issues facing youth.

**Update - Regional Overdoses:**

Discussions followed on regional overdoses.

- **JoAnn Miller** – Presented the Samaritan Health Services (SHS) – Individual Overdose Report for Reporting Period: February 1, 2023 – February 28, 2023.

- a. Good Samaritan Regional Medical Center (GSRMC) – 14 overdoses.
- b. Samaritan Albany General Hospital (SAGH) – 11 overdoses.
- c. Samaritan Lebanon Community Hospital (SLCH) – 7 overdoses.
- d. Samaritan North Lincoln Hospital – 3 overdoses.
- e. Samaritan Pacific Communities Hospital – 8 overdoses.
- f. Last month SNLH had no overdoses.
- g. Individual overdose counts by race:
  - SPCH seen 1 overdose American Indian or Alaska Native and 7 White or Caucasian
  - GSRMC seen 1 overdose Asian and 1 Other and 1 Unknown as well as 11 White or Caucasian
  - SAGH seen 1 overdose Black or African American and 10 White or Caucasian
  - SLCH seen 7 overdoses – White or Caucasian
  - SNL seen 3 overdoses – White or Caucasian
- h. Individual overdose counts were also noted by ethnicity – Hispanic or Latino, Not Hispanic or Latino, Patient Refused to note ethnicity or Unknown.
- i. As we look at the Black, Indigenous, People of Color and LGBTQ+ populations/sexual orientation data, it will be critical to collect real time data.
- j. Individual overdose counts by patient age:
  - GSRMC:
    - 0-17 age group – 1
    - 18-39 age group - 9
    - 40-64 age group - 2
    - 65+ age group – 2
  - SAGH:
    - 0-17 age group – 1
    - 18-39 age group – 7
    - 40-64 age group – 2
    - 65+ age group - 1
  - SLCH:
    - 0-17 age group – 1
    - 18-39 age group – 4
    - 40-64 age group – 1
    - 65+ age group - 1
  - SNLH:
    - 0-17 age group – 2
    - 18-39 age group - 0
    - 40-64 age group - 0
    - 65+ age group - 1
  - SPCH:
    - 0-17 age group – 2
    - 18-39 age group – 2
    - 40-64 age group – 3
    - 65+ age group – 1

- k. Listed individual overdose counts by patient gender – Female and Male:
  - GSRMC - 8 out of 14 were female
  - SAGH – 6 out of 11 were male
  - SLCH 5 out of 7 were female
  - SNLH – 2 out of 3 were male
  - SPCH – 5 out of 8 were male
- l. Statistics were shown for Neonatal Abstinence Syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOWS) Report for February 1, 2023 – February 28, 2023.
  - GSRMC - 1
  - SAGH - 3
  - SLCH - 1
  - SNLH - 0
  - SPCH - 1
- **Marcia Harnden, Albany Chief of Police:**
  - a. Last year, they used only half the amount of Narcan that they have used this year.
  - b. There were 25 overdose calls for the City of Albany and 2 deaths. Nearly all are from Fentanyl.
  - c. There is a public safety bulletin on Xylazine, also known as “Tranq.” It has arrived in Oregon and people are using. Narcan is ineffective against it.
  - d. There was an overdose on March 11, 2023, and it took 7 doses of Narcan, and had to call for additional support.
  - e. **JoAnn Miller** – We can share out the bulletin with the group
  - f. **Marcia Harnden, Albany Chief of Police** – Also, found 8- Oxy pills on a 16-year-old South Albany student that they were trying to sell at school.
- **Vernon Rose** – Is there any information about these cases about their involvement with MD’s and past prescriptions of opiates or pain management contracts? Curious if there is any interventions that can be done with regards to prescribers.
- **Jef Van Arsdall, Benton County Sheriff:**
  - a. They have had 20 overdoses and 1 death.
  - b. Seeing Fentanyl in overdoses.
  - c. Disappointed that “Tranq” is here. It is a heavy narcotic analgesic and animal tranquilizer. It puts you out and is not for human consumption. The individual using gets sores that do not heal.
- **JoAnn Miller** – We are hearing of incidents in Portland with “Tranq.”
- **Jane Russell** – They have not seen “Tranq” yet in Newport.
- **Heather Grott** - There are necrotizing issues and amputations with skin disorders with “Tranq.”
- **Justin Thomas** – Did quick research on Xylazine and found the following information if anyone is interested – <https://nida.nih.gov/research-topics/xylazine>
- **Josh Pankau** – Has been reading on Xylazine. Feels it is going to be in our area soon. There is the concern with necrotizing. We need get a head of this.
- **JoAnn Miller** – We need to get the information out to the public. Are there things we can do as a group?
- **Justin Thomas** – Krokodil is another one like that I believe. That one is a synthetic opioid to his knowledge.

- **Josh Pankau** – Receives an email with lot of info such as drug trends and what is happening with East coast stuff. Tall Cop Says Stop – Presenter/trainer, Jermaine Galloway, provides tools, resources, and training to combat substance abuse.
- **Jane Russell** – Samaritan connected did his presentation about 3 weeks ago.
- **James Page** - Isotonitazene is another one to be aware of. This came from the East Coast, like Florida and overdoses are 15-20 times more potent than Fentanyl. It goes by “Iso.”
- **James Page** – In terms of Medication Assisted Treatment (MAT) services, the most challenging cases are patients using 1 gram + per day of Fentanyl and finding maintenance dose with treatment. The level of withdrawal is physically and psychologically more severe and acute then what we did with Heroin. We are trying to address. On the recovery end, we try to get patients as comfortable as we can. Withdrawals can be difficult.
- **Marcia Harnden, Albany Chief of Police** – Trying to provide another public educational piece with Fentanyl and providing a bigger venue and work with Greater Albany Public Schools. Good to have other providers in house as well. Let her know if interested in participating.
- **Josh Pankau** – Boulder Falls Conference Center in Lebanon might be an option for larger venue.
- **JoAnn Miller** – The educational provided in the past had great attendance. There is new stuff in the community that we can educate around.
- **Mara Sargent** – Benton County Health Department is doing prevention work with the Police Department and putting on another Fentanyl awareness event. They are trying to cover the Benton County area. Also, since X-Waiver rules changed, are we do anything for other providers since the elimination of the X-Waiver.
  - a. **Jef Van Arsdall, Benton County Sheriff** – Do you have a date identified for the community education presentation?
  - b. **Mara Sargent** – Not yet. Members of the public have reached out for more information. We are in the early process currently, but we are making it a priority.
- Healthcare providers with a standard DEA controlled medication license can now prescribe Buprenorphine, subject to state requirements.
- **Justin Thomas** – With the data waiver no longer needed, wonders if there will be any expectation for primary care physicians to offer Sublocade given the length of time to block opioid receptors? I also would be surprised to see primary care providers jump at the opportunity to provide Buprenorphine.
- **Mara Sargent** – Presented with one of the prescribing physicians at the medical school in Albany a few years ago, in previous position. Would be happy to partner with medical professions to have a wider reach and deeper understanding for interested prescribers.
- **Molly Gelinis** – Agrees with Justin Thomas. Does not think providers are necessarily jumping on this opportunity and the process will be lengthy to get more prescribers on board.
  - a. The SHS Medical Director and Samaritan Treatment and Recovery Services are starting to connect with hospitals/clinics and informing nurses, clinicians, and staff on Buprenorphine. They are aware, but they have not implemented the process yet and not aware of the all the protocols and processes involved. Buprenorphine induction is another layer and we are providing education including educating pregnant women and getting the word out into our communities.

- **Justin Thomas** – We need to inform the public regarding the fear factors and elements to know and share why people use drugs – emotional awareness and how people manage feelings. We need to set up kids to lead healthy lifestyles and not knowing how to deal with things can lead to further addiction.
- **Lonnie Martinez** – Can lead to other drugs to get higher.
- **Heather Grott** – Accessibility to these substances is also relative to these conversations.
- **Lalori Lager** – Sees at the coast Prime Plus Peers that go in the hospitals and 85% of the time they are called in is for alcohol and severe alcoholism. Had a case during a recent storm of an individual who passed away because they could not get their alcohol. There is a huge increase in alcohol that Prime Plus Peers are seeing coming out of the Emergency Departments.
- **JoAnn Miller** – Knows that alcohol is huge in our three-county (Benton, Lincoln, and Linn) region. Fentanyl takes a huge toll, but alcohol still exists and is an issue in our counties.

### **Behavioral Health Resource Network:**

Discussion followed on the Behavioral Health Resource Networks.

- **Avalon Mason – Benton County** – Approaching the reporting deadline and opportunities for the Behavioral Health Resource Network to explore referral pathways and acquaint staff with services from other partners.
- **Bryan Decker – Lincoln County** – Lincoln County #2 Behavioral Health Resource Network – Having monthly meetings and updating forms.
- **Isabelle Cisco** – Doing quarterly reporting for the Behavioral Health Resource Network. Had the regional meeting last week. Someone will be taking over for Jennifer Beckner in her absence.
- **Michelle Means – Linn County:**
  - a. Actively working on quarterly reporting. Reporting on Race, Ethnicity, Language, + Disability (REALD) data and Sexual Orientation Gender data. Also, looking at effective ways to track.
  - b. Behavioral Health Resource Network regional brochures are available.
  - c. Working on a mass media campaign with radio ads, social media, etc.
  - d. Ordering Narcan and establishing an effective tracking policy for Narcan.
  - e. **JoAnn Miller** – Narcan is available and open to anyone that needs it. There are organizations in Linn County that have it available. Check with Michelle Means if you need Narcan.
  - f. Lincoln County has Narcan available as well. As supplies deplete, we will look to our Behavioral Health Resource Network partners to help replenish.
- **JoAnn Miller** – They are having legislative reviews of Measure 110 and the Behavioral Health Resource Networks. Representative Robert Nosse is reviewing legislative changes and process and issues raised. Law enforcement concerns with lack of commitment in participating and paying fines were shared with Representative Robert Nosse.
- **Bryan Decker** – They will finish legislation this month and set up the next round for the Behavioral Health Resource Networks. Includes dispute portion of grant. They talked about the statewide hot line and training the Oversight and Accountability Council on the grant appeal process.

**Next Meeting:**

The next meeting is scheduled for April 11, 2023, at 10:30 a.m.

**JoAnn Miller** – *Will have Tanya Pritt connect with the Oregon Council of Behavioral Health and/or Oregon Health Authority (OHA) to see if they can present at our next meeting.*

- a. Would love to get others to present at future meetings such as hearing from partners, James Page, Lalori Lager, etc. each month.

**Lalori Lager** – At the beginning of February, Nurture Oregon had 29 referrals since the start of the program. As of last Monday, we are at 41. They are working with pregnant women and would love to report at a meeting in the future.

- a. Nurture Oregon – Two years ago the State of Oregon asked five communities to develop teams to help pregnant women with a history of substance use disorder. She has Peer Support Specialist that are Doula's that are assigned to pregnant women and their family. They have a plan of care and work with the individuals and their families for up to a year and accompany the mom into the delivery room, participate all through pregnancy, work with Pediatricians, OB/GYNs, and Community Health Nurses.

**Adjourn:**

With no further business to discuss, the meeting was adjourned at 11:30 a.m.

Respectfully submitted,  
Shelley Hazelton  
Community Health Promotion