



**Coast to Cascades Community Wellness Network (CCCWN)  
Regional Mental Health/Substance Use Disorder Coalition  
Meeting Summary  
Held virtually – Microsoft Teams  
March 14, 2022  
10:30 a.m. – 11:40 a.m.**

**Participants:** Jennifer Beckner, Shawnee Aiello-Dixon, Shelagh Baird, Marty Cahill, Jeannie Davis, Ed.D., Molly Gelinas, Joseph Hutchinson, Joanna Kubes, Lalori Lager, Sheriff Curtis Landers, Ursula Marinelli, Michelle Means, Liz Merritt, LaMonte Morgan, Jolynn Meza Wynkoop, JoAnn Miller, Ruby Moon, Tanya Pritt, Justin Thomas, Gayle Woodworth, and Shelley Hazelton

**Welcome/Introductions:**

Jennifer Beckner welcomed everyone to the meeting and led introductions.

**Meeting Minutes:**

The February 14, 2022, meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition was presented. **Shelagh Baird made a motion and Ruby Moon seconded the motion to approve the February 14, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.**

**Federal/State Grants Reports and Updates:**

**Health Resources and Services Administration (HRSA) Regional Assessment and Implementation Disaster (RAID) Plan Update:**

Joanna Kubes reported on the RAID grant. The Work Plan Summary and Progress Updates was noted.

- Received approval for the No-Cost Extension to extend the grant until the end of August 2022.
- The goal is to submit the Performance Improvement Measurement System (PIMS) report by next Monday. It is due by March 31, 2022.
- The final closeout report is due by the end of November 2022.
- A Disaster Preparedness Drill is scheduled for May 3, 2022. The goal is to be in person for the drill. It will be held at Boulder Falls Conference Center in Lebanon from 9:00 a.m. – 1:00 p.m. and lunch will be provided.
- Working on the Emergency Operations Plan (EOP) Annex.
  - a. Should we include basic needs such clothing, sanitary supplies – soap, sanitary pads/tampons, toothbrush/toothpaste, pet supplies? Do we know of organizations that provide this?

- b. **Lalori Lager** – Reconnections Counseling has an Annex and has soaps, sanitary napkins and it is a “Safe Place.” We can work together to get out into the community.
  - c. **Joanna Kubes** – Is this necessary to include in the Annex?
  - d. **Jennifer Beckner** – It might be hard to include because it would be different for each county.
- More specific Memorandums of Understanding (MOUs) will be signed by organizations/leaders by May 2022.
  - **Joanna Kubes** – Organization liaisons will be responsible for creating a resource guide specific to the region/counties regarding their organization’s roles such as transportation, food, housing, etc. They will be responsible to update every 6 months to a year and sending to us if they have any changes to their organizations or resources.

**HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:**

Shelagh Baird and Michelle Means reported on the Bridges to Recovery Project. A written report was provided.

- Michelle Means is the new Project Coordinator for the grant. She started February 21, 2022.
- The First Year 3 Progress Report is due March 31, 2022, and will cover data collected between (September 1, 2021, through February 28, 2022).
- The PIMS report is due on May 31, 2022.
- Jolynn Meza Wynkoop, Shelagh Baird, and Michelle Means met with Brink Communications and reviewed creative strategies. We will roll out the media campaign in early June 2022.

**HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:**

Jolynn Meza Wynkoop reported on the RC-SWAY Grant. A written report with Work Plan Highlights was noted.

- The PIMS report is due on May 31, 2022, and will cover data collected between September 1, 2022, through February 28, 2022. HRSA is updating measures and gave an extension on the due date for the report.
- The Biannual Progress Report is due by March 31, 2022, and the report will consist of an updated work plan and progress notes, Request for Information, and an Excel Data Supplement sheet.
- Some of the Work Plan highlights was noted.
  - a. 1b. – Hire or assign Peer Support Specialists and Peer Support Group Leaders to implement RC-SWAY peer support activities.
    - Christin Felt began is the STARS Peer Support Specialist. Amanda True is the Peer Support Specialist with Family Tree Relief Nursery. Octavia Chandler is the Family Tree Relief Nursery Peer Support Specialist Group Leader.
    - Family Tree Relief Nursery has agreed to take on the Peer Support Specialist who will serve middle school and high school youth.

- b. 1d. – Project Director-Data Coordinator and STARS Peer Support Specialist will work with Brink Communications to develop the culturally specific messaging for the medica campaign around substance use disorder (SUD) and opioid use disorder (OUD) in multiple languages.
  - Meetings are in progress for planning for the media campaign to be a regional campaign for Benton, Lincoln, and Linn Counties. This last Friday sent out casting announcement for key messengers. We will be touching base with Brink this week to discuss messenger ideas.
- c. 1e. – The Regional Overdose Prevention Coordinator (Jennifer Beckner) will coordinate and monitor the purchase and distribution of Narcan.
  - A purchase agreement between Samaritan Health Services (SHS) and Lincoln County Health and Human Services has been executed.
  - \$15,000 has been allocated towards Narcan purchasing for year one of the RC-SWAY grant.
- d. 1g. – Family Tree Relief Nursery will continue to conduct on-going drug take-back programs throughout the year.
  - Family Tree Relief Nursery has ordered materials from the Med Project to facilitate pill, inhaler, and injection take back events. These materials will be used to share information with clients and the Peer Support Specialists will assist in ordering materials for any clients who are interested in accessing these services.
- e. 1h. – Family Tree Relief Nursery will continue to provide Nurturing Parents evidenced-based parent education workshops and classes for parents and caregivers impacted by SUD/OUD.
  - A staff training for NP certification is scheduled for March 21, 2022, through March 25, 2022.
  - Family Tree Relief Nursery will start their parenting support group on March 31, 2022, at Linn County Alcohol and Drug.
- f. 1i. – Linn County Alcohol and Drug program will continue to provide and expand evidenced-based LifeSkills Training in elementary and middle school classrooms.
  - In classroom training began in late September in 4<sup>th</sup> and 6<sup>th</sup> grade classrooms. There is currently one trainer and another one will start the first part of April that will help provide LifeSkills classes as well.
- g. RC-SWAY will continue to strengthen the service integration model between physicians, mental health providers, dentists, local law enforcement, and service providers to reduce barriers to treatment and recovery.
  - Family Tree Relief Nursery met with the Sweet Home Pregnancy Care Center and provided them with service information and materials.
  - Family Tree Relief Nursery met with the office manager at the Sweet Home Family Medicine Clinic and provided them with service information and materials.
  - Family Tree Relief Nursery’s Peer Support Specialist will physically be in the Sweet Home community to enhance networking opportunities (projected placement on April 1, 2022)
- h. 2e. – Peer Support Specialists will conduct outreach efforts to Maternity Care Coordinators to assist pregnant women navigate treatment and recovery system.

- Number of pregnant women that were provided with assistance – Family Tree Relief Nursery – 3 referrals from the Maternity Care Coordinator with 1 engaged in services.
- i. 2h. – Coordinate training and education opportunities for law enforcement and first responders to understand the trends of SUD/ODU in the community particularly unhoused, pregnant women, and youth.
  - It was shared at the RC-SWAY meeting on March 7, 2022, that local law enforcement has required crisis intervention training and this could be a potential spot to partner and see about integrating in some SUD-related training.
- j. 3a. – Peer Support Specialists will outreach to Linn County Probation and Parole and local residential treatment facilities to connect people to housing and other services.
  - Coordination efforts have been put in place so that Exodus treatment services (Sweet Home) can now refer out to Family Tree Relief Nursery for Peer Support Specialist services.
- k. 3b. – Peer Support Specialists will be assigned to the Samaritan Lebanon Community Hospital Emergency Department, jails, residential treatment facilities, and schools.
  - The jail has informed Family Tree Relief Nursery that there is no outside services entering the jail at this time. They have established new criteria for professional visitation with adults in custody.
  - **Justin Thomas** – Linn County Alcohol and Drug have been going in the jail. They are reworking to see inmates at the visiting window. Maybe this would be possible for Family Tree Relief Nursery to do the same thing. *Jolynn Meza Wynkoop noted she would reach out to Family Tree Relief Nursery.*
- l. 3d. – Family Tree Relief Nursery Peer Support Group Leader will provide support groups, counseling and mentoring to Peer Support Specialist connected to the project.
  - STARS and Family Tree Relief Nursery Peer Support Specialists are participating in the support group. The group has been meeting every other week.
- Site visits took place in conjunction with the Measure 110 Access to Care Grant site visits. Organizations were asked to address the activities outlined in their workplans, the staff that have been implementing the work, the populations the grant serves, and the financial processes of their organization in relation to their RC-SWAY subawards. The following organizations participated in a site visit:
  - a. STARS on February 8, 2022
  - b. Family Tree Relief Nursery on February 8, 2022
  - c. Linn County Alcohol and Drug on February 8, 2022

**Samaritan Treatment and Recovery Services Update:**

**HRSA STARS Rural Health Opioid Program (RHOP) Update:**

Molly Gelinis provided an update on the HRSA Rural Health Opioid Program serving Sweet Home and Brownsville. A written report was provided.

- In the beginning of April, Octavia Chandler will transition from this grant and continue her role with Family Tree Relief Nursery supervising other Peer Support Specialists and will also continue to oversee the Peer Support Specialists on the RC-SWAY grant. We will welcome Peer Support Specialist, Amanda (Mandi) True, to the team. Mandi True is contracted through Family Tree Relief Nursery and will staff in the Sweet Home and Brownsville clinics, as well as recovery supports. She will have an office in Sweet Home.
- While our Hub and Spoke model is established, we continue to work out any issues in transitioning patients. This is an important aspect of our processes because it allows for increased capacity for same day new patient appointments.
- We do have a Medication Assisted Treatment (MAT) Coordinator that is not part of the grant.
- With the recent Narcan order, it has allowed for distribution of 32 kits to the Brownsville clinic, 64 kits to the Sweet Home Family Medicine clinic, 64 kits to the Recovery clinic, and 32 kits disbursed within the community.
- Established two new patients this past month with one starting treatment and one working with the Peer Support Specialist.
- Census has been low, but as noted received two new patients.
- Provided Narcan training as it was being distributed.

### **Measure 110 Report:**

Jolynn Meza Wynkoop provided a Measure 110 Access to Care Grant update.

- Provided a summary of outcomes and measures.
  - a. We have served 109 unique individuals (December 2021 – February 2022).
  - b. There are 134 unique individuals in housing, receiving peer support, harm reduction, or treatment services.
  - c. Of the 134 - 127 are receiving recovery peer support services, 54 have received harm reduction services, and 39 have received treatment services.
  - d. Of the 109 – 27 identify as Black, Indigenous, People of Color, 3 as Latino/a or Latinx, and 1 as LGBTQIA2S+.
  - e. There are 48 individuals working with the Behavioral Health Navigator.
  - f. Narcan kits distributed: 72 were distributed to Benton County, 72 were distributed to Linn County, and 72 in Lincoln County.
  - g. There were 27 people that identified as houseless prior to accessing housing services associated with this grant.
- This Measure 110 Access to Care Grant will continue through the end of June 2022.
- **Jennifer Beckner** – The State of Oregon’s Oversight and Accountability Council had to stop reviewing applications for the Behavior Health Resource Network grants. They started back up reviewing again today with final recommendations for funding expected to come out in April.
- **JoAnn Miller** – Waiting to see if approved for the Behavioral Health Resource Network grants. Lincoln County applied as full county, while Benton and Linn County applied individually, but identified key partners.
- **Jennifer Beckner** – Their (Lincoln County Health and Human Services) part of the program was to continue with MAT services established with the Bridges to Recovery grant. Have concern with funding if there is an overlap. Did involve the judicial department. The question was asked if the 26 patients engaged in services with the judicial department not continue with services with overlap.

The Oversight and Accountability Council has approximately 333 applications they are reviewing. If contracting individually like was originally noted, not sure how long the wait will be.

**Shelagh Baird made a motion and Dr. Jeannie Davis seconded the motion to approve the RAID Grant report, Bridges to Recovery Report, RC-SWAY Report, the STARS Report, and the Measure 110 Grant report, along with the written reports as presented. The motion was voted upon and unanimously approved.**

#### **Updates – Overdoses:**

Information was shared on overdoses in our region.

- **Jennifer Beckner** – Narcan – Oregon Health Authority is the Clearing House for supplies. Have been encouraged to apply for funding. As the SUD Prevention Grant Coordinator for the region, is not allowed to apply for Clearing House funding. All her funding is through the grants.
  - a. She is contacted often for refills for Narcan. She ordered almost 100 doses for each county (Benton, Lincoln, Linn) and have had a hard time keeping it in stock.
  - b. Talked with the jail in Lincoln County who requested some Narcan.
  - c. There was an article in the Oregonian and on Friday there were 2 teenagers that overdosed in Portland.
  - d. In Lincoln County, we have really targeted to school district and provided education.
- **Justin Thomas** – Do we know what percentage of people follow up for medical care after taking Narcan?
  - a. **Jennifer Beckner** – If overdoses are happening in our communities and the individual doesn't present to the Emergency Department, we don't have data. Have finished the first draft of the cluster overdose outbreaks.
  - b. **Justin Thomas** – Has worked in the Emergency Department. There is a huge stigma with individuals coming to the Emergency Departments for treatment and services related to their drug habit. We really need to try to reduce stigma so people can follow up with services and then be able to link these individuals to treatment.
- **Jennifer Beckner** – Jolynn Meza Wynkoop and her had a conversation when working with the media campaign regarding the MAT program. Staff don't always understand stigma and how we need to work to reduce stigma around SUDs.
- **Justin Thomas** – As we handout Narcan we can discuss getting people into treatment. Community members might feel frustrated that there is not support for people to get connected to treatment.
- **JoAnn Miller** – With our SUD summit we discussed stigma. Dr. Haner Hernández was the keynote speaker. Attendees requested copies of his presentation.
- **JoAnn Miller** – Once Narcan has been administered and a person is revived, what is the next step? Do you go to the doctor for follow up?
  - a. **Justin Thomas** – It is recommended to follow up with a medical provider after revived. It is most likely there is a low amount of those individuals that do follow up.
  - b. **Jennifer Beckner** – When does training for overdose reversible for Narcan – Talk about calling 9-1-1. How do we know there is not another medical issue? We are most likely only seeing a fraction of those going to the Emergency Department when using Narcan and going into withdrawal.

An individual may tend to use quickly and overdose again.

- c. **JoAnn Miller** – Are folks being told when reversed to seek medical care or is there the stigma and negative impacts of going to the Emergency Department?
  - d. **Ruby Moon** – One thing when they do when they get a client is build a rapport and make sure they have insurance or Oregon Health Plan and connect them with primary care if they need a physician. There are probably a lot of individuals without a primary care doctor and probably won't go to the Emergency Department. Hoping those with a doctor will seek treatment through their primary care physician.
  - e. Are Police Officers and EMT's making sure people understand this?
  - f. **Sheriff Curtis Landers** – Medical usually goes with the officers and they refer even if checked by medical in the field.
- **Jennifer Beckner** – For Justin Thomas – Linn County Alcohol and Drug – With the elicit Fentanyl, are you seeing overdoses?
    - a. **Justin Thomas** – Sure it is happening. Haven't heard there is an uptake in Fentanyl referrals. There is likely a gap in the opportunity to make treatment referral or connection with department that operates 24/7. Each shift varies.

### **SUD/ODU Conference Recap:**

Jolynn Meza Wynkoop proved a recap of the SUD/ODU conference held on March 11, 2022.

- The conference was titled, “Let's Talk about Stigma Associated with Substance Use Disorder” and was held from 9:00 a.m. – 3:00 p.m.
- It was a virtual summit through Zoom.
- Dr. Haner Hernández, Ph.D., CPS, CADCI, LADCI, was the keynote speaker.
- There were approximately 90 people that registered for the event and around 63 in attendance, including speakers.
- The event was recorded and we hope to be able to post on our Coast to Cascades Community Wellness website and share out with attendees.
- A survey/evaluation was sent with about 15 responses received back. There were a lot of positive comments, and attendees felt the speakers were well versed. Attendees also felt Dr. Haner Hernández had an impactful presentation.
- There were different Panel discussions.
  - a. **Panel 1 - Workforce Barriers and Expungement Procedure** – Emilie Junge, Attorney and Investigator and Dr. Haner Hernández, Ph.D., CPS, CADCI, LADCI.
  - b. **Panel 2 – Substance Use Disorder Disaster Preparedness** – Joe Hutchinson, Director of Emergency Services at Samaritan Health Services, and Dr. Lisa Patton, JBS International.
  - c. **Panel 3 – Maternal and Child Health and Parenting Education** – Laurie Barajas, Maternity Care Coordinator with Samaritan Health Services, Lalori Lager, Executive Director of Reconnections Counseling, and Lola Jones, Executive Director of Samaritan House.
  - d. **Panel 4 – Local and International Models for Drug Decriminalization** – Tera Hurts, Health Justice Recovery Alliance, and Dr. Haner Hernández, Ph.D., CPS, CADCI, LADCI.

- e. **Closing – Updates from the Federal Office of Rural Health Policy** – Marcia Colburn, Public Health Analyst, Rural Strategic Initiatives Division Federal Office of Rural Health Policy.

**Additional Business:**

Additional business was discussed.

- **Ursula Marinelli** – STARS facility – Lincoln County - Have located a former adult foster care facility that has been empty for purchasing for a STARS type facility in Newport. The feasibility report from the architect was favorable. Will add 6,000 square feet. Will also need parking. Everything can be fit on the property. Pacific Communities Health District purchased and closed on the property. Will need to fundraise for the facility – Anticipated funding needed is approximately \$5 million. A letter was sent out Friday to neighbors. A regular donor indicated they would be an advocate for the project.
- **Jennifer Beckner** – Talked with Ruby Moon last week and was shocked to look at county policies if an employee relapses, specifically peer support. There are no safety nets.
  - a. **JoAnn Miller** – Samaritan Health Services does have a safety net. Employees are put on a plan and offered resources and encouraged to get into treatment.
  - b. **Jennifer Beckner** – The county has a list of resources and treatment providers they give to those employees that leave. We need a plan. Do we write this into the job description? *Will set up a work group to discuss.* Did speak with Lalori Lager and if they have an employee that relapses they pay for the co-pays for them to get treatment at Serenity Lane.
  - c. **Lalori Lager** – Yes, they do pay the co-pays for staff at Serenity Lane. The Mental Health and Addiction Certification Board of Oregon (MHACBO) should be involved in the discussion on what to do if peer support relapses. There are restrictions set forth by MHACBO such as not involved in direct client services if relapse, etc.
  - d. **Jennifer Beckner** – Yes, we would need to include MHACBO. How many of our programs have people that are not getting what they need?
  - e. **JoAnn Miller** – Did you check with Linn and Benton Counties and what they do?
  - f. **Jennifer Beckner** – She is just starting discussions for Lincoln County.
  - g. **Justin Thomas** – Linn County – Do have the MHACBO requirements. Most of the work the peers do is with direct client services. If they are unable to provide those services, they would most likely be let go. *Will discuss further with Administration in his organization to check for sure.*

**Next Meeting:**

The next meeting is scheduled for April 11, 2022, at 10:30 a.m.

**Adjourn:**

With no further business to discuss, the meeting was adjourned at 11:35 a.m.

Respectfully submitted,  
Shelley Hazelton  
Community Health Promotion