



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
August 14, 2023
10:30 a.m. – 11:15 a.m.**

Participants: Jennifer Beckner, Rubi Arizmendi, Maisa Athamneh, Shelagh Baird, Brandon Bates, Belit Burke, Isabelle Cisco, Emma Deane, Bryan Decker, Molly Gelinias, Todd Jeter, Lalori Lager, Curtis Landers - Lincoln County Sheriff, Lonnie Martinez, Heidi May-Stoulil, Jolynn Meza Wynkoop, Jesse Noble, Tanya Pritt, Jane Russell, Sheila Stiley, Justin Thomas, Jef Van Arsdall - Benton County Sheriff, Gayle Woodworth, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The June 12, 2023, meeting minutes of the Regional Mental Health/Substance Use Disorder (SUD) Coalition was presented. **Lonnie Martinez made a motion and Molly Gelinias seconded the motion to approve the June 12, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting. Jennifer Beckner asked Molly Gelinias to provide highlights from the grant.

- Her grant is specific to rural/East Linn County.
- Working on the Sustainability Plan II. Have met with partners and continuing with treatment, recovery, and prevention activities with the grant. A “draft” of the plan is due by August 31, 2023, with a final report due in September.
- The Biannual Report and the Performance Improvement Measurement System (PIMS) Report is coming up and due as well.
- Working on the media campaign with AHM Brands and Jolynn Meza Wynkoop and JoAnn Miller. Reviewed budget and working on more creative concepts and developing visuals.

- Revamping the Access database that will be used by Peer Support Specialists with Samaritan Treatment and Recovery Services (STARS) and the Linn County Behavioral Health Resource Network. When STARS at the coast in Newport is up and running will have staff use the database as well. It will be able to be accessed by all Peer Support Specialists working with Samaritan Health Services (SHS) and can export data for the Project Director on the grant to streamline the process for reporting.
- Preparing for Recovery Month in September and International Overdose Awareness Day on August 31, 2023. There will not be any events at the Lebanon STARS this year, but there will be a tabling event at Samaritan Lebanon Community Hospital.
- The HRSA RC-SWAY Grant – Peer Support Specialists – Will be at the Sweet Home Health Fair.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting. Jennifer Beckner asked Jolynn Meza Wynkoop to provide highlights from the grant.

- Her grant is specific for Lincoln County.
- Partners include – Samaritan North Lincoln Hospital (SNLH), Samaritan Pacific Communities Hospital (SPCH), Samaritan Medical Group (SMG), ReConnections Counseling, Samaritan House, Inc., Northwest Coastal Housing, Lincoln County Health and Human Services, Faith, Hope and Charity, Inc., Olalla Center, Confederated Tribes of Siletz Indians, Lincoln County Sheriff’s Office, and Partnership Against Alcohol and Drug Abuse (PAADA).
- Working with Northwest Coastal Housing with a third Peer Support Specialist run through Coastal Phoenix Rising.
- Working to get subawards out.
- PAADA had a Youth Leadership Academy in the Spring and will plan to do two additional ones in 2024. There is a new Coordinator for PAADA that will be working with us with the HIWAY grant.
- Narcan has been ordered. We hope to distribute some Narcan during Recovery Month activities and coordinate with International Overdose Awareness Day.
- Have the same reporting requirements as the HRSA RC-SWAY Grant.

Lonnie Martinez made a motion and Bryan Decker seconded the motion to approve the HRSA RC-SWAY Grant report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.

Opioid Settlement Funding:

Jennifer Beckner reported on the opioid settlement funding.

- Newport qualified for funding. Met with Spencer Nebel, City Manager, and they have dedicated the funds to the STARS facility in Newport.

- Would like to focus on supporting our jail. Sheriff Curtis Landers has been awesome to work with and has Medication Assisted Treatment (MAT) services in the jail and pays for it out of the general funds at an astronomical cost.
- Will receive approximately \$115,000 a year for Lincoln County for 13-18 years. It will not be the same amount later because the state is facing potential shortfalls in other budgets.
- Some funding from marijuana tax went to the Health Promotion Team with Lincoln County, Partnership Against Alcohol and Drug Abuse (PAADA), and other drug free programs.
- We are trying to be thoughtful as we go through the process and would like to be able to support the MAT program for the jail.
- We are not sure how restrictive the funds are.

Update - Regional Overdoses:

Discussions followed on regional overdoses.

- **Isabelle Cisco** – Overdose prevention funding – Working with regional grant. Program Element (PE) 62 funds not guaranteed for the next biennium. These funds are used to implement strategies that prevent opioid overuse/misuse, substance use disorder, drug overdose, and related harms from substance use and serve counties and regions with high drug overdose deaths and hospitalizations.
 - a. There are 11 counties at the same level. Oregon Health Authority (OHA) is committed to continue at the current level, but not sure what it will look like.
 - b. Brief trends – OHA Liaison for PE 62 looked at 2022 data to finalize a report for OHA.
 - c. All three counties (Benton, Lincoln, and Linn) are seeing an uptake in fatal overdoses last week. Lincoln and Linn Counties, especially are seeing an increased trend. It has been reported that it has not been significant enough yet to trigger an overdose plan.
- **Jolynn Meza Wynkoop** – Shared the Samaritan Health Services (SHS) – Individual Overdose Report – Reporting Period: June 1, 2023 through June 30, 2023 showing overdoses by site, individual overdose counts by Patient Race (and SHS hospital location), individual overdose counts by Patient Ethnicity (and SHS hospital location), individual overdose counts by Patient Age (and SHS hospital location), individual overdose counts by Patient Gender (and SHS hospital location), and SHS Neonatal Abstinence Syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOWS) for Reporting Period: June 1, 2023 through June 30, 2023. An additional report was also shown for July 1, 2023, through July 31, 2023.

June 2023:

- a. Good Samaritan Regional Medical Center (GSRMC) – 9 overdoses
- b. Samaritan Albany General Hospital (SAGH) – 13 overdoses
- c. Samaritan Lebanon Community Hospital (SLCH) – 13 overdoses
- d. Samaritan North Lincoln Hospital (SNLH) – 3 overdoses
- e. Samaritan Pacific Communities Hospital (SPCH) – 5 overdoses

June 2023 - Babies born with NAS/NOWS Counts:

- a. Good Samaritan Regional Medical Center – 2
- b. Samaritan Albany General Hospital – 6

- c. Samaritan Lebanon Community Hospital – 0
- d. Samaritan North Lincoln Hospital – 0
- e. Samaritan Pacific Communities Hospital – 1

July 2023:

- a. Good Samaritan Regional Medical Center – 10 overdoses
- b. Samaritan Albany General Hospital – 7 overdoses
- c. Samaritan Lebanon Community Hospital – 9 overdoses
- d. Samaritan North Lincoln Hospital – 2 overdoses
- e. Samaritan Pacific Communities Hospital – 4 overdoses

June 2023 - Babies born with NAS/NOWS Counts:

- a. Good Samaritan Regional Medical Center – 1
 - b. Samaritan Albany General Hospital – 7
 - c. Samaritan Lebanon Community Hospital – 1
 - d. Samaritan North Lincoln Hospital – 0
 - e. Samaritan Pacific Communities Hospital – 0
- **Jolynn Meza Wynkoop** – Also, shared data for January – July 2023. There were 238 drug overdoses during January – June 2023. Numbers are starting to decrease as well at SLCH for babies born with NAS/NOWS.
 - **Jennifer Beckner** – In Lincoln County, seeing an increase in people using Xylazine. People are presenting to the Harm Reduction Team with Xylazine wounds.
 - a. Blue Valentine is working with Oregon Health Authority on education materials to get out to law enforcement and hospitals on what is happening.
 - b. Lincoln County Health and Human Services is working with all primary care staff and the director to educate and present information with Harm Reduction Workers.
 - c. These wounds do not have to be at point of injection.
 - d. Will use some funds with the Behavioral Health Resource Network to purchase Xylazine and Fentanyl test strips.
 - e. Xylazine is being called “sleepy dope” because it puts people to sleep. They are still pushing with the Harm Reduction Team to always administer Narcan. It will not reverse Xylazine, but it will save a life if the opioids are present.
 - f. They are also seeing an increase in overdoses, but there are not as many fatal overdoses.
 - **Brandon Bates** – Is anyone working on Narcan in vending machines?
 - a. **Isabelle Cisco** – The Parks Department has been asked about this, but there are a lot of changes to be able to do this.
 - b. **Jennifer Beckner** – Multnomah County has put cookers in “safer drug use kits” that are being distributed by Harm Reduction Workers.
 - c. **Jennifer Beckner** - Is participating in the Oversight and Accountability Board meetings with the state. The harm reduction piece is at risk. She feels the Behavioral Health Resource Networks will continue with funding, but harm reduction is at risk. Happy that she is finally able to get test strips.
 - d. **Isabelle Cisco** – The Governor of Oregon signed House Bill (HB) 2395 that now excludes testing strips from that law.
 - e. **Brandon Bates** – Thanks! It was a hot topic at a recent Substance Use Disorder Summit that he attended. Would be happy to help explore that at some point.

- **Isabelle Cisco** – This is a heads up – Now that testing strips have been excluded from paraphernalia laws, believe the Saves Lives Oregon Clearinghouse is going to add testing strips to their menu of supplies that can be purchased by eligible agencies.

Behavioral Health Resource Network:

Discussion followed on the Behavioral Health Resource Networks.

- Michelle Means is out on family leave for Linn County. JoAnn Miller has been covering for her for the Linn County Behavioral Health Resource Network.
- **Jennifer Beckner** – Lincoln County:
 - a. Will have the Regional Partner meeting on Friday. Will look at moving the meetings to quarterly. Will meet in September. Using this Regional Partner meeting to bring in subject matter experts. With the meeting in September, will try to get new providers and additional people to the meetings.
 - b. She just learned that Lincoln County Health and Human Services was just approved for extension funding through 2025.
 - c. Oregon Health Authority had gone with Lines for life for the 24-hour hotline. A lot of partners did great campaigns listing this number to call. Now Oregon Health Authority has put out a new Request for Proposal for the hotline and has not awarded it to Lines for Life. Will reach out to Oregon Health Authority to see if we can keep the call number for the hotline the same so we do not have to redo our campaigns and brochures, etc. with a new number.
 - d. Policies and procedures were due to Oregon Health Authority by August 11, 2023. Bryan Decker did a fantastic job sending out a template for us to use if we wanted to.
- **Isabelle Cisco** – This is a reminder that the Regional SUD/OD Partners meeting is Wednesday, August 16, 2023, from 1:00 p.m. – 2:00 p.m. via Microsoft Teams and will discuss Narcan distribution, opportunities for expansion, preparedness plans if trends increase, etc. Feel free to contact her if you want to attend – icisco@co.lincoln.or.us

Updates:

Updates were provided.

- **Lalori Lager:**
 - a. Previously, Northwest Coastal Housing had received grant funding from the state for Project Turnkey. A space was purchased in Lincoln City, Coastal Phoenix Rising.
 - b. Project Turnkey 2.0, the second iteration of the state funded grant program aims to increase the state's supply of emergency and transitional housing. Northwest Coastal Housing received funding and purchased a motel in Newport that was the Newport Coast Inn that has 39 rooms and apartments in the back for transitional, clean, and sober housing. They are leasing to ReConnections Counseling. People will live in the motel between 12-18 months and pay rent. Will work with the housing unit in Lincoln County and have housing vouchers and help pay for families to stay there. Applied for a grant to have family rooms prepaid for. By September 1st they should have 10 rooms filled and hope within the next 6 months to be completely full.

- c. **Sheila Stiley** – This was a very intentional next step. It has been a challenge without a secondary place for people to go. Lalori Lager’s agency, ReConnections Counseling, has made a commitment for Peer Support Specialists to be onsite at Coastal Phoenix Rising through a partnership agreement. Will get space, referral list, and create policies and will be doing some remodeling and want to add some kitchenettes with the new space. Had 18 of Lalori Lager’s clients at one point at Coastal Phoenix Rising. Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) and Community Services Consortium (CSC) have all shown up on site as well. Clients are not just from the shelter, but they are also people with SUD and the homeless.
- d. **Lalori Lager** – They are not just from Coastal Phoenix Rising. We want to prioritize the homeless, those in residential treatment that have no where to go, and those with no safe housing options. We want to be the next step for clean and sober housing.
- e. **Jane Russell** – This is exciting news. Have been experiencing a lot of homeless patients and those with SUD that need medical rehab. A lot of places will not take these individuals unless there is a safe discharge plan. Would this be an option?
- f. **Lalori Lager** – They will have a few ADA rooms. People do need to be able to do their own laundry and take care of themselves and bathe themselves. There will be Peer Support Specialists there during the day and security will be there at night. Individuals do need to be self-sustainable and engage in substance use treatment. It will be a clean and sober environment with those with SUD treatment or co-occurring.
- g. **Sheila Stiley** – With Coastal Phoenix Rising they do end up with hose folks that are hard to manage in the shelter. Do not think the new facility would not be set up for taking those type of clients as Jane Russell mentioned. Rooms are not huge and when they do ADA (currently no ADA), it will be challenging and they will be doing two rooms for now.
- h. **Rubi Arizmendi** – How would the referrals work? Would the referrals come from ReConnections Counseling or Northwest Coastal Housing? Was wondering for patients from LCHC OBAT program that may need housing.
- i. **Lalori Lager** – Would call the front desk and get set up for an assessment and counselor will help with referral packet. They will offer groups there and classes. Peer Support Specialist will be co-located there as well.
- j. **Sheila Stiley** – Northwest Coastal Housing will be offering referrals the same as any other agency to ReConnections Counseling.
- **Jennifer Beckner** – ReConnections Counseling was supplying staff to Grace Winds Haven. Is this closing because the motel is open?
 - a. **Lalori Lager** – Grace Winds Haven was closing. She has a Lead Navigator with Reconnections Counseling that felt it was her own plight to continue services. This is the Lead Navigator’s own thing and she is working with Lola Jones to start another 501(c)(3) and continue offering services that are like services for Grace Winds Haven. It is not part of ReConnections Counseling. She does this on her own time and was concerned with clients and what would happen with connections.
 - b. **Jennifer Beckner** – The County is in the process of hiring a Winter Warming Shelter Coordinator.

- c. **Sheila Stiley** – Crossover with County – Located a building and program site and Lalori Lager’s employee, Lead Navigator, will help with running the program and there will be a warming shelter and the County and new program will share space.
- d. **Jennifer Beckner** – There is a big need for a warming shelter.
- **Lonnie Martinez** – Successful folks can fill the desperately needed workforce gaps supporting local business leading up to a healthy economy.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for September 11, 2023.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:40 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion