



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
September 11, 2023
10:30 a.m. – 11:40 a.m.**

Participants: Jennifer Beckner, Shanon Anderson - OSU AVP for Public Safety and Chief of Police, Maisa Athamneh, Shelagh Baird, Brandon Bates, Isabelle Cisco, Emma Deane, Molly Gelin, Heather Grott, Sara Herd, Kiara Huey, Curtis Landers - Lincoln County Sheriff, Lonnie Martinez, Avalon Mason, Heidi May-Stoulil, Liz Merritt, Jolynn Meza Wynkoop, JoAnn Miller, Jesse Noble, Tanya Pritt, Miranda Tasker, Vernon Rose, Vicki Rudell, Jane Russell, Christina Sechrest, Shauna Taylor-Hubert, Chuck True, Karen Weiner, Gayle Woodworth, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The August 14, 2023, meeting minutes of the Regional Mental Health/Substance Use Disorder (SUD) Coalition was presented. **Lonnie Martinez made a motion and Vernon Rose seconded the motion to approve the August 14, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

Lonnie Martinez made a motion and Vernon Rose seconded the motion to approve the HRSA RC-SWAY Grant report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.

Stigma Reduction Media Campaign Radio Scripts:

Jolynn Meza Wynkoop shared information on the stigma reduction media campaign radio scripts.

- Working with AHM Design to develop content for the media campaign and one part of that is radio ads. We will have two 30 second and two 60 second ads. One will be youth focused and the other will be adult focused.
- The 60 second radio script for adults was shared.
- Jolynn Meza Wynkoop asked for any feedback on the script. A main call for action is to point people to the website and build out the page for the CCCWN website and have phone numbers for the organizations.
- The 60 second radio script for youth was shared. Time was spent developing the youth voice.
- **Isabelle Cisco** – Was there any survey or pre-survey sent out or do we know if teenagers in Lincoln County listen to radio ads?
 - a. **Jolynn Meza Wynkoop** – AHM suggested the two radio scripts for youth and adults. We did not do any type of survey, but we did want to include a radio script for both.
- The 30 second radio scripts for adults and youth were also shared.
- **Jennifer Beckner** – We could look at different streaming platforms as well.
 - a. **Jolynn Meza Wynkoop** – Will utilize in a Podcast and will check into Spotify. Will use with other streaming platforms as well as Facebook and You Tube.

Building Relationships with Law Enforcement/Data:

Update on Regional Overdoses:

Jennifer Beckner led discussions around building relationships with law enforcement and getting data. There was also discussion on regional overdoses.

- We have had discussion about getting data and how to get data from law enforcement. More first responders and law enforcement are using Overdose Mapping and Application Program (ODMAP), but not everyone is using this platform.
- **JoAnn Miller** – Marcia Harnden, Albany Chief of Police, and Jef Van Arsdall, Benton County Sheriff, have been providing us data and have been a strong partner.
 - a. How do we work together with law enforcement to get information out to folks such as pamphlets or business cards that law enforcement can hand out with Behavioral Health Resource Network information listed and resources?
- **Jennifer Beckner** – We have had well received conversations with law enforcement and Measure 110 and the courts. If people do not access, then it is in vain. How do we let people know the available resource and include law enforcement in the conversations?
 - a. Multnomah County has now enacted a law that you cannot drink in public, but they are not addressing drugs.
 - b. Is there a way locally that we can enact changes such as public drug use lawns, fines, or some type of incentive to seek services?

- **Curtis Landers, Lincoln County Sheriff:**
 - a. Get reports from Marcia Harnden, Albany Chief of Police and make sure data is consistent.
 - b. Last quarter, seen 1 overdose and 1 Narcan deployment. Working still on reporting the same data.
 - c. County Commissioners can pass ordinances and the City needs to come up with their own. It can be difficult to enforce.
 - d. The State Sheriff's Association is looking at modification of Measure 110. Polling is looking good to go to the voters. Not appealing the Measure, but more for what people thought they were voting for with help, treatment, and in recovery.
 - e. There is a focus on diversionary dollars available for treatment. Need to connect people to treatment. Not public yet, but a focus on this.
 - f. The Oregon Governor signed a bill where lesser amounts of Fentanyl will be a Class A Misdemeanor that has an emergency clause. Law enforcement can act on personal Fentanyl.
- **Molly Gelinis:**
 - a. She and JoAnn Miller discussed data and trends.
 - b. Looking at ways to better connect Peer Support Specialists, Substance Use Disorder (SUD) professionals with police and law enforcement and look at connecting Peer Support Specialists to those with non-fatal overdose.
 - c. There has been several overdoses especially in Lebanon and Sweet Home. There were a couple of minors and an 18-year-old in Albany. We also want to look at the cultural aspects as well. There was a 20-year-old Black/African American male that died from an overdose and a 33-year-old white male that died as well from an overdose.
 - d. We are not seeing Heroin as much. One person administered Narcan was an overdose of Heroin.
 - e. Most overdoses have been Fentanyl.
 - f. Benton County has been collecting data as well.
 - g. Numbers have been high in August with 15 in Lebanon and 3 overdoses in Sweet Home.
 - h. We need to figure out a solution for better collaboration so we can provide support for individuals and family members, especially on fatal overdoses.
- **Emma Deane** – Emergence Addiction and Behavioral Therapies in Albany has a Trauma Support Group.
 - a. **Molly Gelinis** – Is it specific for those with overdose or friends and family of those with overdose?
 - b. **Emma Deane** – Thinks it is just a Trauma Support Group.
 - c. **Emma Deane** – Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) has a crisis team that goes out with local law enforcement and connects people with resources. More funding and staff availability is a huge need. Thinks things comes down to funding and staffing. It would be great to create a program with local law enforcement.

- **Jolynn Meza Wynkoop** – Do we have resources to create an outline for support groups and those for families and friends? Could we put together something like this and have available on our CCCWN website as well.
 - a. **Jennifer Beckner** – The Hands Across the Bridges event has vendors and usually there are resources at that event. Thinks that Al-Alon has put together something as well. The Hands Across the Bridges event in Lincoln County is scheduled for September 16, 2023, in Waldport in recognition of National Recovery and Wellbriety Month.
 - b. **Sara Herd** – Hands Across the Bridge – People can gather at the South end of the bridge at 11:30 a.m., cross the bridge at 12:00 p.m. then participate in a barbeque at the Waldport Community Center from 12:30 p.m. – 2:30 p.m.
 - c. **Vernon Rose** – Community Services Consortium has a resource guide that was revised in 2018. The local Behavioral Health programs might have resource lists/guides as well. Does Lincoln County have a Recovery Hub? Eugene, Salem, and Portland does. You could contact those agencies to see what they have. It is important to also recognize that alcohol is a drug. It is more socially accepted, but it is a drug.
 - d. **Gayle Woodworth** – Working with Shirley Byrd in Sweet Home and she has a resource guide. There are some things that help families. Al-Anon in Albany is a start. Last week heard of an overdose in Sweet Home and she and Shirley Byrd hit the streets and handed out Narcan and told people to be on the look out and let those using substances know.
 - e. **Isabelle Cisco** - Reconnections Counseling in Lincoln County has an Annex and Peer Support Specialists in house. They help with referrals and navigation and not just for substance use. They should have resources as well.
- **Jennifer Beckner** – Lalori Lager and Reconnections Counseling has opened a new clean and sober transitional housing unit.
- **Vernon Rose** – Might be a place to start and add family support and group element. Family Tree Relief Nursery did a monthly community invite during the summer to share what was going on with family members.
- **Jesse Noble** – Have been working with Officers Wooten and Biebee as well as Solid Waste District to provide resources in the homeless camps where use is high. We provide access to resources, referrals, and resources for waste disposal. Seeing law enforcement work in conjunction with harm reduction has fostered trusts in the supports that law enforcement can provide and has expanded harm reduction’s ability to provide supports to this community. We are seeing increased willingness to contact 911 if needed, as well as to seek resources and treatment.
- **Jennifer Beckner** – They are keeping an eye out on overdoses in Lincoln County. There has been a reduction in fatal overdoses. Isabelle Cisco is doing work in the community and working with Libraries.
- **Isabelle Cisco** – They launched a Narcan distribution program at the Newport Public Library. The program was launched in May 2022. Worked with the City of Newport on a policy for distribution and training of staff – Distributing Narcan at low barrier points and answering questions.

Sent the Library tracking sheet and information from Oregon Health Authority. Have Narcan kits available and will track data. This has been successful. Distributed over 150 Narcan kits over the last year. Working hard to expand to Yachats. There is also a syringe program with Yachats once a month. The Ambulance and Fire Department has a “leave behind program” when going to calls. With the State Clearing House, special districts qualify – Expanding funding.

- **Jennifer Beckner** – Have distributed 6,000 doses of Narcan in the last 6 months for Lincoln County.
- **Sara Herd** – C.H.A.N.C.E. has a location to come into next to Parole and Probation.
- **Liz Merritt** – Where can they get Narcan to distribute? The outpatient program in Sweet Home would be a good place to access Narcan.
 - a. **Isabelle Cisco** – Please contact her. You might qualify for the Clearing House.
 - b. **Liz Merritt** – Since there has been overdoses in Sweet Home, they are asking for Narcan.
 - c. **JoAnn Miller** – Can also get Narcan with Samaritan Treatment and Recovery Services (STARS) and C.H.A.N.C.E. STARS would be a good place to check with.
- **Jennifer Beckner** – Opioid Settlement Board – 45% of funding went to Counties and Cities. The State of Oregon allocated a chunk of funding to the Clearing House. Providers need to sign up.
 - a. **Isabelle Cisco** – It is through Save Lives Oregon through Oregon Health Authority. Part of her job is to help facilitate partners to get signed up.
- **Jesse Noble** – Additional distribution hubs have been invaluable to our community. Thank you, Jennifer Beckner, and Isabelle Cisco for all your hard work on this!
- **Jolynn Meza Wynkoop** – Is C.H.A.N.C.E. in a building in Lincoln City?
 - a. **Emma Deane** – C.H.A.N.C.E. is now located in Newport.

Behavioral Health Resource Network:

Discussion followed on the Behavioral Health Resource Networks.

- **Jennifer Beckner – Lincoln County:**
 - a. The Medication Assisted Treatment (MAT) program is expanding to Waldport and Lincoln City so it will be in Lincoln City, Newport, and Waldport.
 - b. Started to give Sublocade through the MAT program.
 - c. Would like to see the Harm Reduction Nurse take out in the field with her.
 - d. Transportation is an issue in Lincoln County.
 - e. Meeting weekly with Phoenix Wellness Center, who is our treatment provider. Wanting a better closed looped referral process.
 - f. The process with the County has started for a winter shelter – Hope to start October 1 – through March 31. The County has hired a full time Shelter Manager and will provide education in the community.
 - g. As part of the Behavioral Health Resource Network, is arranging for partners to come in and talk about their services.
 - h. Is excited to see what comes up with the next legislative session.
 - i. The Regional Partners meetings will go to quarterly.
- **JoAnn Miller – Linn County** – The Behavioral Health Resource Network for Linn County met last week. Shelagh Baird chaired the group.

We are getting additional requests for Narcan. How do we get the word out? How do we make sure the organizations know how to get Narcan?

- **Jennifer Beckner** – Marcia Harnden, Albany Chief of Police, has been a huge advocate for overdose prevention. Can we start a “leave behind program” with the Albany Police Department and the Linn County Sheriff’s Department?
 - a. **Isabelle Cisco** – Thinks the Albany Police Department is participating in the program. Met with the Chief of Police in Sweet Home since the Clearing House has received funding and is expanding. Uniform agencies can apply whether they have a “leave behind program.” They discussed a “leave behind program” in Sweet Home. The Chief of Police in Sweet Home did sign up for the Clearing House. Is concerned with rural parts of East Linn County.

Additional Business:

Additional business was shared.

- **Sara Herd** - Just wanted to share - September is also National Suicide Prevention Month. Offering free in-person community QPR Suicide Prevention Gatekeeper training on Monday, Sep 25, 2023, 10:00 a.m. – 11:30 a.m. in Newport, sign up on Eventbrite, <https://www.eventbrite.com/e/qpr-question-persuade-refer-suicide-prevention-gatekeeper-training-tickets-715726345767?aff=oddtcreator>
QPR (Question, Persuade, Refer) – The three simple steps anyone can learn to help save a life. You can contact her at sherd@co.lincoln.or.us if you have any questions, or would like to schedule a QPR class for your organization. There is also an instructor training coming up for Trauma Informed Care in November. If you or someone in your organization wants to become a trainer, email me about that too. That is for Linn, Benton, and Lincoln.
- **Jennifer Beckner** – Attended the Linn, Benton, Lincoln Partners for Health Summit on August 25, 2023, at the Center for Health Education. It was a great summit. Was excited to see the Latino population represented and a workshop in Spanish.
 - a. Their MAT program is experiencing an increase in Spanish clients.
- **JoAnn Miller** – There will be an “Eliminating Disparities and Building Health Equity” training scheduled for September 26, 2023, with Dr. Haner Hernández. In this training, you will learn how to better provide substance use disorder treatment services for people of color and other marginalized populations through a health equity lens. The target audience for this training includes treatment staff, peer support specialists, and those serving individuals with substance use disorders. Continuing medical education will be available. Space is limited to the first 50 registrations. This is free training. The poster for the training has gone out. There are 10 slots left for those who want to participate.
 - a. Will this training be recorded and available afterwards?
 - b. **JoAnn Miller** – “No,” the training will not be recorded.
 - c. **Jennifer Beckner** – Has funding available through the Lincoln County Behavioral Health Resource Network to help with travel costs for anyone for Lincoln County. Reach out to her if needed.
- **JoAnn Miller** – At the federal meeting she had last week, the folks in the room asked about Oregon and legalizing drugs. She noted to the group that we did not legalize, we “decriminalized.” They also asked about the New York article.

People across the country are talking about Oregon and the influx of people anticipated coming to Oregon because of decriminalization. There was a person there from law enforcement from Montana who is looking at what Oregon has done. If it happens in Montana, they want to see what the pitfalls are to look out for.

- a. **Jesse Noble** – Is not seeing people coming from out of state due to access to substances, at least in their outreach.
 - b. **Curtis Landers, Lincoln County Sheriff** – Not sure - Do not have any data readily available. Does have data of those coming to jail. We could reach out to Lalori Lager and Reconnections Counseling and others to see what they are seeing.
- **Karen Wiener** – There is an article in the Gazette Times article about the Psilocybin Center that has opened in Albany. More than half the clients are coming from out of state. They offer Psilocybin treatment and has a guide and treatment specials.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for October 9, 2023.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:40 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion