

Coast to Cascades Community Wellness Network (CCCWN) Regional Mental Health/Substance Use Disorder Coalition Meeting Summary Held virtually – Microsoft Teams September 12, 2022 10:30 a.m. – 11:30 a.m.

Participants: Jennifer Beckner, Shawnee Aiello-Dixon, Shanon Anderson - OSU AVP for Public Safety and Chief of Police, Lindsay Antonsen, Sheila Aviles, Kami Beard, Mindy Baxter, Marty Cahill, Stephanie Cameron, Karla Clem, Jeannie Davis, Ed.D., Molly Gelinas, Marcia Harnden - Albany Chief of Police, Sara Hartstein, David Hickerson, Kiara Huey, Priscilla Jones, Lalori Lager, Curtis Landers – Lincoln County Sheriff, Denise Leonard, Kaylee Leonard, Avalon Mason, Michelle Means, Liz Merritt, Jolynn Meza Wynkoop, JoAnn Miller, Ruby Moon, James Page, Angie Richards, Jane Russell, Mara Sargent, Chuck True, Jennifer Will, Earlean Wilson Huey, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The August 8, 2022, meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition was presented. Molly Gelinas made a motion and Ruby Moon seconded the motion to approve the August 8, 2022, meeting minutes as presented. The motion was voted upon and unanimously approved.

Federal/State Grants Reports and Updates:

HRSA Rural Communities Opioid Response Program (RCORP) Implementation Grant – Bridges to Recovery Project Update for Lincoln County:

A HRSA RCORP Bridges to Recovery Grant written report was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant written report and Work Plan Highlights was noted and distributed prior to the meeting.

• Molly Gelinas has taken over as the Project Director for this grant.

Samaritan Treatment and Recovery Services Update:

HRSA STARS Rural Health Opioid Program (RHOP) Update:

A HRSA STARS Rural Health Opioid Program serving Sweet Home and Brownsville written report, FY 2018-2020 Rural Health Opioid Program Closeout Report, and Program Self-Assessment were noted and distributed prior to the meeting.

Measure 110 Access to Care Grant Report:

A Measure 110 Access to Care Grant written report was noted and distributed prior to the meeting.

• Michelle Means will be the Coordinator for this grant and the Behavioral Health Resource Network Grant.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

The HRSA RCORP-I HIWAY Project Grant written report and updates were noted and distributed prior to the meeting.

- Jolynn Meza Wynkoop has transitioned from the HRSA RCORP RC-SWAY Grant to the Project Director for the HRSA RCORP-I HIWAY Project Grant for Lincoln County.
- The HRSA RCORP-I HIWAY Project Grant is a 3-year grant to support prevention, treatment, and recovery for substance use disorder (SUD), including opioid use disorder (OUD). The overall goal of the program is to reduce the morbidity and mortality of SUD, including OUD, in rural Lincoln County.
- HIWAY Project Grant partners include:
 - a. Confederated Tribes of Siletz Indians
 - b. Faith, Hope and Charity
 - c. Lincoln County Health and Human Services
 - d. Northwest Coastal Housing
 - e. Olalla Center
 - f. Partnership Against Alcohol and Drug Abuse
 - g. ReConnections Counseling
 - h. Samaritan Health Services
 - i. Samaritan House
 - j. Lincoln County Sheriff's Office (Non-funded partner)
 - k. Samaritan Medical Group (Non-funded partner)
 - 1. Samaritan North Lincoln Hospital (Non-funded partner)
 - m. Samaritan Pacific Communities Hospital (Non-funded partner)

Jane Russell made a motion and Dr. Jeannie Davis seconded the motion to approve the HRSA Bridges to Recovery Grant written report, HRSA RC-SWAY Grant written report, the HRSA STARS Rural Health Opioid Program written report and FY 2018-2020 Rural Health Opioid Program Closeout Report along with the Program Self-Assessment, the Measure 110 Access to Care Grant written report, and the HRSA RCORP-I HIWAY Project Grant written report as presented. The motion was voted upon and unanimously approved.

Regional Overdose Data Collection:

JoAnn Miller reported on regional overdose data collection.

- The Samaritan Health Services (SHS) Individual Overdose Report for the Reporting Period: August 1, 2022, through August 31, 2022, was noted showing individual overdose counts for all five SHS hospitals, individual overdose counts by patient ethnicity, patient age, and patient gender. Information was also shown for SHS Neonatal Abstinence Syndrome (NAS) and Neonatal Opioid Withdrawal Syndrome (NOWS) for the Reporting Period August 1, 2022, through August 31, 2022.
- Peter Banwarth, Epidemiologist with Benton County Health Department, is working to get comprehensive regional data, and we are looking at obtaining data from the local Police Departments and first responders to help us plan for services to address the increases in overdoses in our region.

Measure 110 Behavioral Health Resource Network Grants Updates:

Updates were provided for the Behavioral Health Resource Network grants.

• Sara Hartstein – Benton County:

- a. The Memorandum of Understanding (MOU) is signed.
- b. They are working through the referral process.
- c. They are waiting for the policy template from Oregon Health Authority (OHA).
- d. They are starting to move forward as a partnership.

• Jennifer Beckner – Lincoln County:

a. They have settled for two Behavioral Health Resource Networks for Lincoln County.

Behavioral Health Resource Network #1:

- Lincoln County Health and Human Services-Bridges to Recovery Medication Assisted Treatment (MAT) Program and Harm Reduction Program
- o Samaritan Health Services STARS Program
- o Faith, Hope and Charity Peer Mentor Program
- o Confederated Tribes of Siletz Indians Harm Reduction Program
- o Community Services Consortium Supported Employment Services
- o Northwest Coastal Housing Coastal Phoenix Rising Shelter Beds

Behavioral Health Resource Network #2:

- Phoenix Wellness Center Treatment, Harm Reduction, Supported Employment, and Peer Mentors
- Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) – Peer Mentors
- o Northwest Coastal Housing Coastal Phoenix Rising Shelter Beds
- Lincoln County Health and Human Services Assist with Housing Voucher Program
- b. The MOU was approved and is being circulated for signatures. Once it is submitted to OHA they can start the grant.
- c. Will fill out budget pages for OHA and special quarterly reports. With the first one will report budget by percentages.

• JoAnn Miller – Linn County:

- a. The MOU is signed.
- b. Received the grant agreements from OHA.
- c. Waiting on referrals.
- d. STARS residential treatment was funded for Linn County and Lincoln County, but not funded for Benton County. Will accept all individuals who want to enter treatment but depending upon the county they may need to bill for services.
- e. Excited with the community partnership, although, not happy that Linn County Alcohol and Drug wasn't funded. They have been a great partner on other projects.
- f. The regional media campaign to help reduce stigma has launched. There will be billboards, posters, etc. to encourage people to get into treatment.
- g. Linn County received the contract and first payment.
- h. We are waiting on the MOU for Lincoln County. Once signed, we can access services for Lincoln County.

Additional Business/Announcements:

Additional business/announcements were noted.

• JoAnn Miller – Upcoming conferences:

- a. The 39th Annual Oregon Rural Health Conference is scheduled for October 12-14, 2022, at Sunriver.
- b. The Oregon Public Health Association Conference is scheduled for October 17-18, 2022
- **Jennifer Beckner** Participated in the Community Health Needs Assessments Listening Sessions and substance use disorder keeps popping up. Impressed with the Listening Sessions. Thank you, JoAnn Miller, for bringing these to the community.
- **JoAnn Miller** Thanks to Benton County Health Department and Sara Hartstein and her team for helping with the process along with Linn County Department of Health Services and Lincoln County Health and Human Services.
 - a. We are required to do Community Health Needs Assessments for all five of our hospitals every 3 years. As part of this process, we have a survey that goes out to community members, there are key informant interviews, focus groups, and Listening Sessions.
 - b. Over 2,800 community surveys were returned for the Community Health Needs Assessments
 - c. There were 13 focus groups held and 19 key informant interviews were held, and as Jennifer Beckner mentioned Listening Sessions were also held.
 - d. Some of the highest needs identified in the community include mental health, behavioral health, substance use disorder, and suicide ideation.
 - e. Ruby Moon did a great job with getting us Tribal information as well.

• Jolynn Meza Wynkoop:

a. Hosted Recovery Month at Samaritan Pacific Community Hospital (SPCH) on August 30, 2022, and on September 1, 2022, at Samaritan North Lincoln Hospital (SNLH). Provided education, had some different books available for providers, posters were available, wallet cards were available.

It was good to see and recognize some of the people on the posters. Members of Foundation talked about the new STARS facility that will be going in at Newport. Cookies and other giveaways were available.

Molly Gelinas:

- a. Held an event for International Overdose Awareness Day on August 31, 2022. Had a tabling event at Samaritan Lebanon Community Hospital (SLCH). Wanted to offer support to providers and treat people with dignity and respect and spread awareness and stop stigma. There was a lot of receptiveness and a welcoming attitude. Gave away Narcan at the event to healthcare professionals and provided education.
- b. The evening of August 31, 2022, we held a candlelight vigil Tabling event for the community. The event was held at the STARS residential facility in Lebanon. Some students/staff from Western University of Health Sciences-COMP-NW were there along with some residential patients, staff, and community members. Tea light battery operated candles were distributed and individuals could say a prayer in honor of someone. It was a great event to bring awareness to substance use disorder/opioid use disorder and honor people.
- Do we still have Narcan available?
 - a. **Jennifer Beckner** Yes, has some Narcan that is available. Also, expects an order to come in this week.
- **Jennifer Beckner** Recovery Month activities for Lincoln County:
 - a. Saturday, September 10, 2022 Lights of Hope at 5:00 p.m. at Toledo Waterfront.
 - b. **Tuesday, September 13, 2022** Webinar: <u>National Opioid and Substance</u> Awareness Day (NOSAD) at 9:00 a.m. -12:00 p.m., Pacific Time.
 - c. **Saturday, September 17, 2022** <u>Hands Across the Bridge</u> at 11:30 a.m. at the Waldport Interpretive Center, followed by a gathering at the Waldport Community Center at 12:30 p.m. -2:30 p.m., and Rx Drug takeback at the Lincoln County Sherriff's substation in Waldport.
 - d. **Friday, September 30, 2022** Live Panel Discussion: Young Adults in Recovery Making Small Choices, Every Day at 10:15 a.m. (PST) <u>Facebook Livestream</u>.
 - e. **Friday, September 30, 2022** Recovery Month movie with Lincoln City Celebrate Recovery at 6:00 p.m. at New Life Foursquare Church, Lincoln City.
- It was noted that additional partners such as the Confederated Tribes of Siletz Indians, Partnership Against Alcohol and Drug Abuse (PAADA), and Reconnections Counseling would also be at the Hands Across the Bridge event.
- Lalori Lager Will have an activity at the Reconnections Counseling Annex towards the end of September for celebration of Recovery Month with a chili cook off event.
- Shawnee Aiello-Dixon:
 - a. Recovery Month Will have a Scavenger Hunt for Wellbriety.
 - b. Will also have a Smudge Walk on September 30, 2022, for Wellbriety and Every Child Matters dinner.
- **Priscilla Jones** On September 2, 2022, at Western University of Health Sciences COMP-NW there were 20 medical students that received their Data waiver training. On Thursday will be hosting two individuals in recovery to share their stories. We are also sharing student made infographics about substance use disorder and treatment.

• Marcia Harnden - Albany Chief of Police:

- a. Can pull numbers for overdoses. Is seeing a slowdown in the number of fatal overdoses. Have had up to 8 for 2022, which is more than the last three years combined.
- b. The rate of Narcan use has doubled along with the number of overdose calls. Numbers are well over last year's numbers.

• Curtis Landers – Lincoln County Sheriff:

- a. Can get numbers as well for overdoses. We used to get a statewide update, but he hasn't seen that for a while. Would like to see this information again if we can get it
- **Jennifer Beckner** We had some Measure 110 Class E Violation data that we used to share. With Measure 110 and calls and with citations Are individuals not paying the fine and engaging in services?
 - a. **Sherriff Curtis Landers** Not initially. They do have cards to hand out to explain the process and services.
 - b. **Marcia Harnden Albany Chief of Police** The participation/show up rate has been 0. They have a standing court session every week. The offending individual will pay a fine or engage in services They are seeing 0 or close to 0.
- **Jennifer Beckner** with the Oversight and Accountability Council was told "no wrong door" and could go to any Behavioral Health Resource Network. Had a Tech Assistant call with OHA and was told, "no" and all referrals to the Behavioral Health Resource Network had to go through Lines for Life and law enforcement.
- Sara Hartstein That is what she assumed There is "no wrong door."
- **JoAnn Miller** Marcia Harnden Albany Chief of Police, noted they aren't or hardly are getting any show rate or participation rate. What can we do when there are no consequences for not showing up or paying a fine?
 - a. **Marcia Harnden Albany Chief of Police** Some accountability needs to be built into the law to push people toward treatment with a tier system of accountability. First/second level users need help as well. There are those that won't engage in services unless accountability is held over their head Need criminal justice intervention.
- Stephanie Cameron Had a meeting with Sheriff Curtis Landers and learned about citation, search, and seizure. Looking at how to engage the community. Doing outreach with law enforcement. If we start to engage peers, law enforcement more often could help get people engaged in services. Will be hiring a Community Outreach position for the Behavioral Health Resource Network. Want peer mentors on the street with law enforcement.
- **JoAnn Miller** Our Coalition can help legislation rewrite Measure 110. What is happening now is not the answer. People are still not engaged. We are distributing more Narcan. We need to look a taking a positive step with the upcoming legislative session to help rewrite Measure 110.
- **Ruby Moon** Has a daughter that has struggled with addiction in the past. She is now two years clean. She is a single mom with two babies that had a drug crime and still experiences barriers for housing and jobs.

Those individuals that get clean and on track can't get into Section 8 housing. Can we look at addressing these type of issues – How to be successful after treatment?

- Jennifer Beckner Likes the idea with cards that law enforcement hands out. When we
 do Narcan kits and syringe exchange, people would get information on how to access
 services.
- **Ruby Moon** You need to have trust. Harm reduction has laid some groundwork for that. Need to get the word out from a trusted person on the ground. We ae missing components that we need to capture.
- **JoAnn Miller** Agrees with Ruby Moon's comments. When we try to get folks hired, background checks can make it difficult for those in treatment and for getting housing. This can be challenging. We need to get past some of these barriers.
- **Ruby Moon** Our work is all about hope. If we have hope, we can get treatment and we need to continue to have hope to be successful. Two years is at a critical time. We need hope to move forward beyond getting clean.
- **JoAnn Miller** Will be offering CADC1 training free of charge in November in Lebanon at the Best Western Premier Boulder Falls Inn. Peer Support Specialist training will also be offered through Family Tree Relief Nursery.
- **Stephanie Cameron** They are working on the training schedule for Family Tree Relief Nursery. Was going to combine trainings, but they will now do two separate trainings. They are certified for Peer Wellness training, which is 96 hours (6 weeks, 2 days a week). Submitted to Oregon Health Authority for doing 40 hours of Peer Support Specialist training. Waiting to be approved.
- **Kami Beard** C.H.A.N.C.E. has the 40 hours of Peer Support Specialist training every 3 months. The next one is full, but the training after that will be February 6-10, 2023. It is free training and the Mental Health and Addiction Certification Board of Oregon (MHACBO) is giving some scholarships.
 - a. **Dr. Jeannie Davis** Would love to attend the Peer Support Specialist training and offer it to medical students as part of the community outreach course.
 - b. **Lindsay Antonsen** Would also be interested in the training.
 - c. **Kami Beard** Feel free to email her if interested in the training kbeard@chancerecovery.org
- Mindy Baxter Don't forget the power of youth to contribute.
- **Stephanie Cameron** Have had great success with service delivery with youth outreach worker in rural schools. They do provide a huge wealth of perspective for substance use disorder. They are moving forward with youth services within Family Tree Relief Nursery.

Next Meeting:

The next meeting is scheduled for October 10, 2022, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:30 a.m.

Respectfully submitted, Shelley Hazelton Community Health Promotion