



CCCWN News

April 2021

News for Network Members

Welcome to the CCCWN monthly digest!

The Coast to Cascades Community Wellness Network works to improve community health in Linn, Benton, and Lincoln counties by providing leadership and support for regional partnerships. Programs supported by the CCCWN include healthy eating and physical activity, substance use disorders, healthy homes, oral health, and more. Through strong collaboration and leveraging of resources, the CCCWN is making a big impact in the region.

This monthly digest will provide program highlights and updates and serve as a source for valuable resources and funding opportunities. Content ideas are welcomed—please email sbaird@samhealth.org

Reflections on COVID-19

Innovation, dedication, and flexibility make all the difference.

While it's no surprise that COVID-19 created unexpected challenges in almost every sector of life, CCCWN member organizations were able to meet these challenges with innovation, dedication, and flexibility, allowing program activities to continue and deliverables to be met throughout the pandemic.

Though vaccine efforts, well underway in all three counties, provide hope that COVID-19 upheavals will someday fade, resources and guidelines exist to help better plan for future events.

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COVID-19 Resources

[Federal Office of Rural Health Policy COVID-19 FAQs](#)

[COVID-19 Information for Health Centers and Partners](#)

Opioid Response Programs

In an effort to address the ongoing substance and opioid use disorder crisis in the tri-counties, the CCCWN has procured nearly \$2.5 million in federal grant funds from the Health Resources and Services Administration (HRSA).

These federal funds support a variety of collaborative programs aimed at prevention, treatment, and recovery, and are driven by community need and partner involvement.

HRSA has awarded two grants to Samaritan Lebanon Community Hospital, a key CCCWN member in East Linn County, in order to enhance peer support services in the county and to strengthen existing partnerships.

The first, the Rural Health Care Opioid Program, received \$743,243 to be used over three years to improve access to recovery services.

Program activities include education, outreach and distribution of naloxone rescue kits, with an overarching goal to prevent opioid overdose and reduce stigma and shame of substance use disorder. The second grant, the Rural Health Care Services Outreach, was awarded \$599,921 to be used over three years to expand the number of trained specialists available to support individuals with Opioid Use Disorder (OUD). Program activities under this grant include distribution of naloxone kits in the community and training health care workers and friends and family of people with OUD about opioid use and intervention. Samaritan North Lincoln Hospital, a CCCWN partner in Lincoln County, received a \$1 million HRSA grant for the three-year Bridges to Recovery Program. This project relies on strong partnerships with Lincoln County Health and Human Services, the Confederated Tribes of Siletz Indians, Lincoln County Sheriff's Office and other community organizations. Primary focus areas include the implementation of opioid prevention, treatment,



and recovery services in the county, and efforts to expand awareness and reduce stigma of substance and opioid use disorders.

Finally, the COVID-19 pandemic laid bare the vulnerability of people living with substance and opioid use disorders, particularly in a time of disaster, crisis, or pandemic when gaps in services made accessing an additional challenge. Tackling substance use disorders require more than expanding prevention, treatment, and recovery services; it requires a strong, comprehensive disaster response plan as well. The CCCWN procured a \$200,000 Rural Communities Opioid Response Program grant to develop a disaster response plan for the tri-county region to address this gap.

Here's what's happening

STARS Emergency Department and Rural Outreach Grants

In Year 3 of the Emergency Department-focused grant, 423 boxes of Narcan were distributed and 346 patients were seen at SLCH alone. New programs include a peer lead support group, "Woman's Way through the 12 Steps." The marketing campaign "Recovery Works, Break the Stigma" continues in the region.

The rural outreach grant has focused on increasing the number of peer support specialists in the community through strategic partnerships.

Bridges to Recovery

The Performance Improvement Measure System report was submitted to HRSA by the March 31st deadline. Collaboration between partner organizations helped to streamline the data reporting process.

RAID

A comprehensive Needs Assessment and Gaps Analysis with an accompanying resource list was submitted to HRSA by the March 2nd deadline. Email kboychko@samhealth.org for a copy of the document.

Healthy Homes

The Healthy Homes Initiative is a collaboration between Community Services Consortium (CSC) and Samaritan Health Services to help improve the quality of indoor environment of participants in the program.

Linn-Benton-Lincoln Partners for Health

The Partners for Health group, chaired by Dr. Jeannie Davis, a CCCWN member, is planning the annual rural 2021 Regional Solutions Summit, which will be held virtually on Friday, August 20, 2021.

Oral Health

A federal grant application focused on expanding access to dental care through placement for Expanded Practice Dental Hygienists in Emergency Departments has been submitted. Notification of award is expected by May 1st.

Parenting Success Network

The Parenting Success Network offers educational programs and support services to enhance parent's abilities to raise healthy children in Linn, Benton, and Lincoln counties.

PSN is working to grow programming in Lincoln County. "Calming the Chaos", a virtual class that teaches mindfulness techniques will be offered in April. For more information contact smcleish@samhealth.org.



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