



CCCWN News

September 2021

Recovery Month

September is National Recovery Month! Recovery, like most medical conditions, is a journey and this month marks an important time to acknowledge the and celebrate the hard work, commitment, and progress made in people’s recovery journeys from Substance Use Disorders. National Recovery Month is also an opportunity to educate people about treatments that can help people with mental health or substance use disorders to live a healthy and rewarding life.

The 2021 theme, “*Recovery is for Everyone: Every Person, Every Family, Every Community*” was developed to remind people in recovery and those who support them, that recovery belongs to all of us. We can welcome people to recovery by lowering barriers to recovery support, creating inclusive spaces and programs and broadening our understanding of what recovery means for people with different experiences. The theme, “*Recovery is for Everyone,*” also helps reduce stigma surrounding people with substance use or mental health disorders. Further, it underscores that recovery is always person-first; “meeting people where they are at” translates into acknowledging their unique experiences and needs, including people of different cultures, identities, backgrounds, and communities.

CCCWN members and partner organizations in both Lincoln and Linn Counties had a busy summer planning a variety of activities and trainings to celebrate National Recovery Month.

Unfortunately, the increasingly emergent threats of the COVID delta variant have put a damper on many of the planned in-person activities. Crowd favorites from years past, like Hands Across the Bridge and Overdose Awareness Day tabling events at local hospitals, have been postponed. Community Partners will be hosting a socially-distanced beach clean up in Lincoln City, C.H.A.N.C.E. is tentatively planning a tie-dyeing event at their Newport facility, and STARS staff hope to have an information table at the Community Resource Fair in Lebanon, depending on current COVID policies and restrictions.

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Recovery Month continued..

Despite a heavily-curtailed event calendar, CCCWN members and community partners, understanding the importance of inclusivity, support, and stigma reduction are dedicated to ensuring that the spirit of Recovery Month perseveres by hosting and promoting virtual events and trainings in lieu of traditional in-person activities. These trainings include sessions on: Problem Gambling, Suicide Prevention, Resilience Storytelling, Trauma, Mental Health First Aid, Tobacco Cessation, among others.



Promoting support, acceptance, and compassion at all levels of a person's journey through recovery is a critical to their success, and understanding that everyone, whether they struggle with SUD or not, plays an integral role in recovery and the overall health of a community is a key component of Recovery Month. CCCWN and its partners are proud supporters of these efforts. For more info on Recovery Month in Lincoln County: <https://www.co.lincoln.or.us/hhs/page/recovery-month-2021>

Member Spotlight: Wendy Hausotter

Meet Wendy Hausotter, the newest member of the CCCWN. Wendy lives in Depoe Bay with her husband, Steve, and their two lunatic dogs (not a clinical diagnosis). Originally from the San Francisco Bay Area, where she earned a Master of Public Health from UC Berkeley, Wendy moved to Oregon about 30 years ago with her husband and daughter, Kate, who is now a pediatrician in Arizona. In the interim, Wendy has chartered an impressive and expansive career, nailing roles that include Project Director of the Northwest Addiction Technology Transfer Center, Prevention Coordinator for the Oregon Health Authority's Addiction and Mental Health Division, educator with Kaiser Permanente, instructor for OSU, wellness coordinator for Multnomah County, and project coordinator for Samaritan Health Services. For several years, she also served as the Board Chair for Neighbors for Kids, an after-school enrichment program in Depoe Bay.



A quiet retirement wasn't in the cards for Wendy; entrenched AARP member or not, she still has the chutzpah—and the skills—to continue be invaluable to her community. As an independent health consultant, she works closely with CCCWN members and other community partners in Lincoln County to help address tough issues such as addiction and recovery, mental health, emergency preparation, among others. She is honored to join the CCCWN, as it is, in her words, “a coalition that gets things done and makes a difference.

In her spare time Wendy enjoys travelling (most recently a road trip to the Southwest's Grand Circle, a geological wonderland, and a pre-COVID trip to Japan, a cultural wonderland), hiking and walking, hanging out with friends and family, reading, watching British TV shows and movies, watching Beavers and Giants baseball, and “suffered a pandemic-induced attempt to learn watercolor painting which thankfully, has ended.” You may find her during Whale Watch Week on the side of a coastal road in neon garb giving talks—if you do, she begs you to leave the tough questions at home!

Monthly Updates

STARS Emergency Department and Rural Outreach Grants

Both grants are moving into Year 3 of activities. Residential treatment services are temporarily closed; grant staff are pivoting to increase day treatment and supports.

Bridges to Recovery

Year 3 of the grant started September 1, and grant staff have are working with Brink Communications to develop a media campaign for Lincoln County. The Lincoln City FQHC hired a case manager in August to assist with the office-based addiction treatment center, and CTSI is currently recruiting applicants for both the Harm Reduction Outreach Worker and Peer Recovery Mentor positions, which recently became vacant.

RAID

The MOU was drafted, signed by all partners, and submitted to HRSA by the September 1 deadline. A draft of the EOP Annex will be presented at the next RAID Grant Subcommittee meeting on September 21 for feedback from subcommittee members. The Project Director is preparing the PIMS to submit to HRSA by September 30.

Supporting Women & Youth (SWAY)

HRSA awarded the CCCWN a \$1 million, three-year opioid implementation grant to support prevention, treatment, and recovery efforts for women of child-bearing age and middle and high school age youth in east Linn County. The grant, a partnership between Samaritan Health Services, Linn County Alcohol & Drug Treatment, Family Tree Relief Nursery, and C.H.A.N.C.E, is currently recruiting a director.

Oral Health

Capitol Dental successfully recruited Karen Hall to serve as the Expanded Practice Dental Hygienist at SNLH. She is currently being credentialed by SHS, and will commence work in Lincoln City when she completes that process. SHS and Capitol Dental have drafted and signed a contract and Statement of Work, and the necessary equipment and materials are being identified and purchased.

Linn-Benton-Lincoln Partners for Health

Partners for Health hosted another successful virtual community health summit. The 2021 Health Solutions Summit, focused on local solutions in the tri-counties region, took place on Friday August 20, 2021. Over 100 participants logged in to watch more than 30 organizations presented on topics related to behavioral, mental & oral health services, youth health & wellbeing, affordable housing innovations, and LGBTQIA2S+ services.

Parenting Success Network

Upcoming classes include:

- Abriendo Puertas (2 de septiembre) *Llame a Luis (541) 220-9686*
- Nurturing Parenting Skills (September 6)
Call Jose (541) 497-4358
- Incredible INFANTS (October 6)
Call Jose (541) 497-4358
- Spanish Parenting Coaching (Available Now)
Llame a Luis (541) 220-9686
- Triple P Primary Care (Available Now)
*Email Sommer
smcleish@samhealth.org*
- Triple P Online (Available Soon)
*Email Sommer
smcleish@samhealth.org or llame a Luis (541) 220-9686*

Please reach out to Sommer at smcleish@samhealth.org for more information.

Questions and Comments?

For questions and comments related to the monthly CCCWN Newsletter, please email Shelagh Baird at sbaird@samhealth.org

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