



CCCWN News

September 2023

Neighbors for Kids

It's difficult to quantify how incredibly beneficial having a good neighbor is until you've either suffered the purgatory of a bad one or lucked into that beautiful friendship. Good neighbors loan you sugar, water your plants while you're on vacation, let you know if your house is one fire... But probably one of the biggest benefits of having a good neighbor is knowing that they also care about your family, will step in and provide love, support, and aid to your kids, and share in their triumphs—and challenges—as they grow. Neighbors for Kids (NFK), a non-profit pre-school, after-school, and summer program for children in Lincoln County, is the epitome of the neighbor who wormed their way into your heart until they became an integral part of your life.

While (probably) not your actual neighbor, NFK has been meeting a critical need in Lincoln County since 1999, providing the high-quality, kid-centered programming that is essential to the emotional—and financial—wellbeing of kids and their families in the county. While NFK, located mid-county in Depoe Bay, provides all the basics of any licensed child care program—supervision by experienced staff and volunteers—it also offers a host of innovative programming from nutrition lessons and hands-on cooking classes to surf or horseback riding lessons, to marine biology experiential field tips that elevate it from mere childcare to a safe, affordable, and fun learning environment that helps kids and their families thrive.



It's no accident that NFK has become a valued asset to Lincoln County; the non-profit, spearheaded by Executive Director Toby Winn, has been unwavering in its expansive and innovative approach to programming through strategic partnerships, addressing social determinants of health, and continuously nurturing and strengthening its connections to and within the community. These endeavors have largely been supported through local, state, and federal grants, some of which have provided funding for: targeted physical activities and nutrition training; the purchase of large passenger vans to transport school-aged kids from Lincoln County School District public schools to the NFK facility; the establishment of a "Teen Zone;" and STEAM (Science,

Technology, Engineering, Art, & Math), music, visual arts, and performing arts programs and instruction.

Grant funding, in particular, elevates NFK from other after-school and child-care establishments; many grants *require* partnerships with other organizations, and almost all require some form of reporting, something that many organizations simply lack the capacity to provide. However, NFK has long been able to leverage its dedication to community, the resulting strong partnerships, and a skilled and dedicated staff and leadership to successfully pursue grant funding. In short, the NFK model is a perfect parable for the importance of networks and strong relationships, particularly in meeting the critical health and wellbeing needs of rural communities.

Table of Contents

CCCWN	1
Member Spotlight	2
Monthly Updates	2-3
Parenting Success Network	3
CCCWN Contacts	3

Member Spotlight: Toby Winn



Meet Toby Winn, Executive Director of Lincoln County's Neighbors for Kids (NFK) and the newest member of the CCCWN. While he may be new to the network, he is by no means a novice when it comes to serving his community. An honorary Oregonian—he moved to the Oregon coast from San Diego around the turn of the

century—he's long been committed to the health, happiness, and wellbeing of families and youth in Oregon, especially in Lincoln County. He finished high school at Newport High, then studied Education at the University of Oregon, where he first cut his teeth professionally in after-school programming and youth development in a job at the Boys and Girls Club of Emerald Valley in Eugene. In fact, he credits his passion and lifelong dedication to childhood education and wellness to his experiences with the Boys and Girls Club where he grew up in Southern California. For him, it was a lifeline, both as an at-risk and for single-family and low-income families like his own, and it sparked an almost visceral need to making sure kids and their families, especially the most vulnerable had the kind of high-quality after-school and youth development programming to help ensure their health, safety, and happiness, both in the immediate- and long-term. Enter NFK, which Toby joined in 2006. And a lifetime of either being a kid or working alongside them has clearly left an indelible mark on who Toby is at his core—his innate compassion is obvious, but he also projects a fun-loving, genuine vibe that belies the absolute seriousness of what he does. In his words, "he keeps kids busy doing healthy things." Unsaid is that parents everywhere are struggling, and he is taking on the goliath of childcare shortages in his community with creativity, drive, and an unrelenting belief that kids need safe places, inspirational play, and strong relationships. As a member of the CCCWN, Toby brings a critical voice and invaluable experience to the continued and future work of partners around the region dedication to ensuring the emotional, mental, and physical wellbeing of children and their families around the region. And luckily for Toby, he embodies the sometimes-trite adage, "Find a job you love and you'll never have to work a day in your life," but he's also an avid surfer, and enjoys playing and coaching soccer, traveling, cooking, and hanging out with his friends.

Monthly Updates

Oral Health Co-Location

The Year 3 Carryforward budget request was approved by HRSA in late Aug. The EPDH continues to see patients at SNLH and SPCH. She worked several weekend and night shifts in Sept. to provide services for people presenting at the emergency department outside usual business hours. The EPDH will participate in several upcoming health fairs and community events in Lincoln County, including two that are focused on the Latinx and Mam-speaking communities. The grant team is working on developing additional community outreach materials and expanding the Year 2 media campaign. No reports are due to HRSA until Jan. 31, 2024.

Rural Communities Supporting Women and Youth

Grant staff hosted the annual International Overdose Awareness tabling event at Samaritan Lebanon Community Hospital, where they distributed Narcan and overdose awareness t-shirts, and showed support to the healthcare workers who work tirelessly helping individuals with substance use disorder. This grant continues to collaborate with the HIWAY and BHRN grants to develop and implement a regional media campaign. The project director is working with STARS Peer Support Specialists (PSS) on a new tracking system through the Microsoft Access Database to streamline reporting and standardize data collection for all PSS. The second Year 2 bi-annual report covering Mar. 1-Aug. 31 and the PIMS report were submitted to HRSA on Sept. 27. Grant partners and the CCCWN will finalize the Sustainability Plan to submit by Oct. 31.

Behavioral Health Resource Network (BHRN)

The Linn and Lincoln County BHRNs are currently reviewing and approving their 2024—2025 contracts to continue serving clients in the community. Services such as Narcan distribution, Peer Support, harm reduction activities, transitional and supportive housings, and residential treatment and medication treatment assistance services will continue without interruption. The BHRNs are partnering with the HIWAY and RC-SWAY grant to launch a tri-county media campaign to address resource information, stigma reduction, and support services.

Monthly Updates (Cont'd)

Behavioral Health Resource Network (BHRN) (Cont'd)

The BHRNs meet monthly in each county and will start meeting quarterly as a region. Partners of each BHRN agree the regional meetings are valuable in staying connected and responding to state requests. The BHRNs are monitoring legislative efforts to repeal and/or redefine Measure 110. A team of Oregon leaders will be going to Portugal to review their progress since decriminalizing substances.

Helping Impact Women and Youth (HIWAY)

Grant staff hosted two tabling events for National Recovery Month at the coastal hospitals, where they 72 boxes of Narcan to staff and community members. They distributed books to distribute to staff and providers to help educate them substance use disorders and stigma reduction. The project director attended a candlelight vigil hosted by ReConnections Counseling to honor those lost to overdoses. PAADA hired a new coordinator, Melaia Kilduff, who will be taking over for Don McDonald and Mindy Baxter as they head into retirement. Melaia will be planning the fall Youth Leadership Conference in Lincoln County. The PIMS and biannual report were submitted to HRSA on Sept. 27.

Addressing Violence in Rural Oregon Communities (AVIROC)

Grant partners began working on deliverables in July and August. ABC House started providing trauma-focused cognitive behavioral therapy for child survivors of abuse living in rural Linn County; these services will be housed in the new Sweet Home clinic when it opens in October. Center Against Rape and Domestic Violence (CARDV) is translating new materials into Spanish and distributing resource information at community events. CARDV is also working with middle and high school teachers in east Linn County to provide presentations about sexual health and sexual violence prevention for students. Acosta Services is working with Conexión Fenix at Oregon Coast Community College in Lincoln City and Olalla Center at Arcoiris Cultural in Newport to two upcoming focus groups for Spanish- and Mam-speaking populations in Lincoln County to raise awareness of child abuse, domestic violence, and human trafficking. On Sept. 12, the first—Human Trafficking—of a series of scheduled trainings for CCCWN members occurred at the Sept. Partners for Health meetings. Additional trainings will be available on Nov. 4 (Child Abuse), Dec. 12. (Community Forums with Spanish and Mam Speakers), and Jan. 9 (Domestic/Intimate Partner Violence. The inaugural AVIROC Summit for professionals and community members is slated for Spring 2024 in rural Linn County.

Parenting Success Network

Fall 2023:

· *Abriendo Puertas: 10-week parenting series in Spanish. In partnership with the Acosta Services and the Lincoln City Cultural Center. Starts Sept. 11.*

· *Prenatal Nurturing Parenting Skills: 12-week parenting series. In partnership with Samaritan Health Services and the Albany YMCA. Starts Sept. 18.*

· *Nurturing Parenting Skills: 12-week parenting series. In partnership with the Olalla Center and ABC Education Center. Starts Sept. 26.*

Workshops/Parenting Activities:

· *Family Activities at The Ridge in Lincoln City on the 30th of each month*

• *Art Night at Family Promise in Lincoln City on the second Tuesday*

Ongoing supports include:

· *One-on-one Parenting Coaching*
Families can choose their parent coach and self-register [HERE](#) or call Pollywog at (541) 917-4884

· *Triple P Online*

Email Georgia georgias@samhealth.org or llame a Luis (541) 220-9686

Questions and Comments?

For questions and comments related to the monthly CCCWN Newsletter, please email Shelagh Baird at sbaird@samhealth.org

CCCWN Contacts

JoAnn Miller, Director Samaritan
Community Health Promotion
CCCWN Network Staff
jomiller@samhealth.org

Marty Cahill, CEO Samaritan
Lebanon Community Hospital
CCCWN Chair
mcahill@samhealth.org



Samaritan
Health Services