



**Coast to Cascades Community Wellness Network (CCCWN)
Steering Committee
Held Virtually - Microsoft Teams
2:00 p.m. – 3:50 p.m.
April 12, 2023
Meeting Summary**

Attendance:

Marty Cahill, Kayla Armstrong, Shelagh Baird, Emma Deane, Bryan Decker, Taylor Gilmour, Sara Hartstein, Wendy Hausotter, Linda Mann, Michelle Means, Jolynn Meza Wynkoop, JoAnn Miller, Ryan Vogt, and Shelley Hazelton

Welcome:

Marty Cahill called the meeting to order.

Meeting Summary:

The February 8, 2023, CCCWN Steering Committee meeting minutes were presented for approval. **Wendy Hausotter made a motion and Bryan Decker seconded the motion to approve the February 8, 2023, meeting minutes as presented. The motion was voted upon and unanimously approved.**

Federal/State Grants Reports:

Health Resources and Services Administration (HRSA) Rural Health Care Services Outreach Program Oral Health Co-Location Project Grant Report:

A written report for the HRSA Rural Health Care Services Outreach Program Oral Health Co-Location Project Grant was noted and distributed prior to the meeting. Shelagh Baird and Linda Mann provided a brief update:

- Savanna Sam, Expanded Practice Dental Hygienist, hired by Capitol Dental Care was credentialed in February and is working 0.5 FTE at each coastal hospital (Samaritan North Lincoln Hospital and Samaritan Pacific Communities Hospital). Staff has well received her.
- Karen Hall presented a poster at a recent conference.
- **JoAnn Miller** – The media campaign has been launched in Lincoln County through posters, local newspapers, radio, television broadcast, and social media.

HRSA Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant Report:

A written report for the HRSA RCORP RC-SWAY Grant and Work Plan Highlights was noted and distributed prior to the meeting.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A written report for the HRSA RCORP-I HIWAY Project Grant and Work Plan Highlights was noted and distributed prior to the meeting. The Performance Improvement Measurement System (PIMS) Data for September 2022 – February 2023 was also noted along with the Biannual Progress Report Request for Information and Work Plan.

- The Performance Improvement Measurement System (PIMS) and Biannual Progress Report was submitted to HRSA by the March 31, 2023, deadline.
- The next HRSA deliverable is the Disparities Impact Statement. A draft copy is due by May 15, 2023, with the final deliverable due on June 30, 2023.
- The Partnership Against Alcohol and Drug Abuse (PAADA) planned the Youth Leadership Academy that took place on March 16, 2023, and they had approximately 51 youth in attendance at the event. There were different breakout sessions held.

Wendy Hausotter made a motion and Bryan Decker seconded the motion to approve and accept the HRSA Rural Health Care Services Outreach Program Oral Health Co-Location Project Grant Report, HRSA RC-SWAY Grant report, and the HRSA RCORP-I HIWAY Project Grant reports including the PIMS Data Report and Biannual Progress Report Request for Information and Work Plan as presented. The motion was voted upon and unanimously approved.

HRSA RCORP-I – Helping Impact Women and Youth Project Grant for Lincoln County Project Changes:

Jolynn Meza Wynkoop discussed project changes to the HIWAY grant. A HIWAY Work Plan was noted.

- Allocated for three Peer Support Specialists for Lincoln County.
 - a. There would be one allocated for Faith, Hope and Charity.
 - b. There would be one allocated for Reconnections Counseling
 - c. There was to be one also hired under the hospital. We do not have oversight for a Peer Support Specialist currently.
- Jolynn Meza Wynkoop noted that she and JoAnn Miller followed up with Sheila Stiley at Northwest Coastal Housing. They are ready and can provide oversight. They would like to move the position currently under Samaritan Health Services to be under Northwest Coastal Housing.

Ryan Vogt made a motion and Wendy Hausotter seconded the motion to make the project change to the HIWAY grant and move the Peer Support Specialist position from under Samaritan Health Services to under Northwest Coastal Housing. The motion was voted upon and unanimously was approved.

2023 County Health Rankings:

JoAnn Miller reported on the 2023 County Health Rankings.

- County Health Rankings:
 - a. The rankings look at a variety of measures that affect the overall health of communities.
 - b. Health rankings comprise two categories:
 - Health outcomes - How healthy a county is
 - Health factors - What influences the health of a county
- Ranking Categories and Formula:
 - a. Health Outcomes – Include quality of life (50%) and length of life (50%).

- b. Health Factors:
 - Health behaviors (30%) – Tobacco use, diet and exercise, alcohol and drug use, and sexual activity.
 - Clinical care (20%) – Access to care and quality of care.
 - Social and economic factors (40%) – Education, employment, income, family and social support, and community safety.
 - Physical environment (10%) – Air and water quality, housing, and transit.
- What is new for 2023:
 - a. Civic Health
 - Civic Infrastructure - Includes the spaces that help people to stay connected and make civic participation possible.
 - Civic Participation - The ways people engage in community life to improve conditions and shape the community’s future
- Benton-Linn-Lincoln County Health Outcomes – 2010-2023 Trends:
 - a. Lincoln County remains the lowest.
 - b. Benton County has stayed quite consistent.
 - c. Linn County made improvements in Health Outcomes in 2020 and again in 2023.
- Benton-Linn-Lincoln County Health Factors – 2010-2023 Trends were shared.
- Tri-County Region: Health Outcomes – Numbers are shown for Benton, County-OR and Linn County-OR and Lincoln County-OR and compared to the United States.
 - a. **Health Outcomes – Length of Life:**
 - **Premature Death** – Benton County – 4,000; Linn County – 7,300; Lincoln County – 8,700; United States – 7,300.
 - b. **Quality of Life:**
 - **Poor or Fair Health** – Benton County – 11%; Linn County - 14%, Lincoln County – 14%; United States – 12%.
 - **Poor Physical Health Days** – Benton County - 2.9; Linn County – 3.4; Lincoln County - 3.3; United States – 3.0.
 - **Poor Mental Health Days** – Benton County – 5.0; Linn County – 5.0; Lincoln County - 5.0; United States – 4.4.
 - **Low Birthweight** – Benton County – 5%; Linn County – 6%; Lincoln County – 7%; United States – 8%.
- **Tri-County Region: Health Factors – Health Behaviors:**
 - a. Health Factors – Health Behaviors:
 - **Adult Smoking** – Benton County – 13%; Linn County – 18%; Lincoln County – 17%; United States – 16%.
 - **Adult Obesity** – Benton County – 29%; Linn County – 33%; Lincoln County – 32%; United States – 32%.
 - **Food Environment Index** – Benton County – 8.0; Linn County – 7.3; Lincoln County – 7.2; United States – 7.0.
 - **Physical Inactivity** – Benton County – 16%; Linn County - 20%; Lincoln County – 19%; United States – 22%.
 - **Access to Exercise Opportunities** – Benton County – 93%; Linn County – 81%; Lincoln County – 87%; United States – 84%.
 - **Excessive Drinking** – Benton County – 19%; Linn County – 21%; Lincoln County – 21%; United States – 19%.
 - **Alcohol-Impaired Driving Deaths** – Benton County – 24%; Linn County – 25%; Lincoln County – 17%; United States – 27%.
 - **Sexually Transmitted Infections** – Benton County – 360.0; Linn County – 300.6; Lincoln County – 200.2; United States – 481.3.

- **Teen Births** – Benton County – 4; Linn County – 20; Lincoln County – 24; United States – 19.
 - **Tri-County Region: Health Factors – Clinical Care:**
 - a. **Uninsured** – Benton County – 6%; Linn County - 9%; Lincoln County – 10%; United States – 10%.
 - b. **Primary Care Physicians** – Benton County – 830:1; Linn County – 1,720:1; Lincoln County – 1,950:1; United States – 1,310:1.
 - c. **Dentists** – Benton County – 1,410:1; Linn County – 1,600:1; Lincoln County – 1,750:1; United States – 1,380:1.
 - d. **Mental Health Providers** – Benton County – 80:1; Linn County – 470:1; Lincoln County – 200:1; United States – 340:1.
 - e. **Preventable Hospital Stays** – Benton County – 1,518; Linn County – 2,213; Lincoln County – 1,925; United States – 2,809.
 - f. **Mammography Screening** – Benton County – 45%; Linn County – 40%; Lincoln County – 31%; United States – 37%.
 - g. **Flu Vaccinations** – Benton County – 56%; Linn County – 41%; Lincoln County - 35%; United States – 51%.
 - **Tri-County Region: Health Factors – Social & Economic Factors:**
 - a. **High School Completion** – Benton County – 96%; Linn County – 90%; Lincoln County – 93%; United States – 89%.
 - b. **Some College** – Benton County – 84%; Linn County - 62%; Lincoln County – 63%; United States – 67%.
 - c. **Unemployment** – Benton County – 3.9%; Linn County – 5.6%; Lincoln County – 6.8%; United States – 5.4%.
 - d. **Children in Poverty** – Benton County – 11%; Linn County – 15%; Lincoln County – 22%; United States – 17%.
 - e. **Income Inequality** – Benton County – 5.5; Linn County – 3.9; Lincoln County – 4.2; United States – 4.9.
 - f. **Children in Single-Parent Households** – Benton County – 17%; Linn County – 23%; Lincoln County – 23%; United States – 25%.
 - g. **Social Associations** – Benton County – 12.1; Linn County – 11.0; Lincoln County – 9.9; United States – 9.1.
 - h. **Injury Deaths** – Benton County – 53; Linn County – 94; Lincoln County – 126; United States – 76.
 - Overall, our three counties are above the state and national average in high school completion.
 - **Tri-County Region: Health Factors – Physical Environment:**
 - a. **Air Pollution** – Particulate Matter – Benton County – 9.2; Linn County - 9.9; Lincoln County – 6.9; United States – 7.4.
 - b. **Drinking Water Violations** – Benton County – Yes; Linn County – No; Lincoln County – No; United States (blank value).
 - c. **Severe Housing Problems** – Benton County - 20%; Linn County – 17%; Lincoln County – 17%; United States – 17%.
 - d. **Driving Alone to Work** – Benton County – 63%; Linn County – 79%; Lincoln County – 72%; United States – 73%.
 - e. **Long Commute** – Driving Alone – Benton County – 20%; Linn County – 34%; Lincoln County – 20%; United States – 37%.
- Note: Blank values reflect unreliable or missing data.
- Reviewed the 2010-2023 rankings for our three counties.
 - a. 2023 – Benton County – Health Outcomes – 2; Health Factors – 1.

- b. 2023 – Lincoln County – Health Outcomes – 27; Health Factors – 27.
 - c. 2023 – Linn County – Health Outcomes – 14; Health Factors – 21.
- **Marty Cahill and Sara Hartstein** - Shared information related to “drinking water violations” as it relates to the County Health Rankings.
 - a. Indicator of the presence of health-related drinking water violations –“Yes” indicates the presence of a violation, “No” indicates no violation. The 2023 County Health Rankings used data from 2021 for this measure.
 - b. Ensuring the safety of drink water is important to prevent illness, birth defects, and death. Other health problems have been associated with contaminated water, including nausea, lung and skin irritation, cancer, kidney, liver, and nervous system damage. An increase in drinking water violations has also been shown to increase health care expenditures. Between 3 and 10% of community water systems experience a violation each year.
- **Sara Hartstein** – Differences in demographics play a roll in the health rankings. Benton County has lower poverty rates and higher incomes. Benton County has been consistent in rankings. Housing affordability/homelessness has caused a drop in rankings.
- **JoAnn Miller** – When you look at Washington, County who is #1 in rankings, they have opposite demographics than Benton County. There are schools that provide opportunities for young people. Washington County has a high Spanish speaking population and they did positive work around 15 years ago with outreach to the Spanish speaking population.
 - a. Attended a focus group last night where they discussed Benton County being in the top around engagement and involvement in the community. Lots of people in Benton County are civically engaged in their community.
- **Wendy Hausotter** – In Lincoln County, people that are involved in the community can get burned out and there can be less civic engagement.
- **JoAnn Miller** – Less populated towns may not have a lot of people that do the work on the political end. Asking to take on policy can become daunting.
- **Wendy Hausotter** – Hard to do without Samaritan Health Services (SHS) and the CCCWN. They play a crucial role in the process with grants, etc.
- **Mary Cahill** – SHS wants to be the convenor. It is the partnership and collaboration that creates immense value.
- **JoAnn Miller** - This network is great to be part of.

Coalition Updates:

Benton, Lincoln, Linn Regional Oral Health Coalition of Oregon (Regional Oral Health Coalition-ROHC) Update:

JoAnn Miller reported on the Regional oral Health Coalition.

- The Regional Oral Health Coalition along with the local Oral Health Coalitions are updating and working on the Strategic Plan for Oral Health in Benton, Lincoln, and Linn Counties. Brandan Kearney, Consultant, is helping with the process. We want to make sure water fluoridation happens and everyone has access to screenings along with kids getting screened through the schools. Oral health is a priority.
- JoAnn Miller noted that she and Shelagh Baird will be attending the National Oral Health conference. Linda Mann had noted that she would be attending as well. Last year, Karen Hall and Linda Mann had presented on the co-location project and having an Expanded Practice Dental Hygienist in our rural hospitals - Samaritan Lebanon Community Hospital, Samaritan Pacific Communities Hospital, Samaritan North Lincoln Hospital., and Sweet Home Family Medicine. This is a true partnership with Capitol Dental care.

- We continue to support the Benton County Oral Health Coalition with the Benton County Dental Clinic, Love INC. and Strengthening Rural Families that address oral health needs for the uninsured and low-income Benton County residents through dental vouchers, dental vans, oral health kits, education, and help with removable prosthetics-partial/full dentures.
- There has been discussions with working with Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) to get a dental clinic open in Albany. They have an exam room that could be used once a week for a dental clinic.

Linn, Benton, Lincoln Partners (Partners for Health) for Health Update:

JoAnn Miller provided an update for Linn, Benton, Lincoln Partners for Health.

- Partners for Health are planning their yearly summit. This is scheduled for August 25, 2023, at the Center for Health Education in Newport. There will be workshops, a keynote and closing speaker and a cooking demonstration along with a panel discussion.

Regional Mental Health/Substance Use Disorder Coalition Update:

JoAnn Miller reported on the Regional Mental Health/Substance Use Disorder Coalition.

- The Regional Mental Health/Substance Use Disorder Coalition is looking at data and finding a system to provide real time live data on overdoses. Several law enforcement organizations and first responders are using or will be using Overdose Mapping and Application Program (ODMAP). It is a free, web-based tool that provides near real-time surveillance data to mobilize an immediate response to an increase or spike in overdose events.
- We have had 5 overdose deaths within the last couple of weeks in our communities including 3 in Lebanon, 1 in Sweet Home, and 1 in Albany.
- There will be a community forum to discuss Fentanyl that Marcia Harnden, Albany Chief of Police, will be putting together.
- The Coalition has discussed different substances in the community such as Fentanyl and the Xylazine, which is powerful animal tranquilizer that does not respond to Narcan.
- Monthly overdose data is shared.
- Jolynn Meza Wynkoop and Molly Gelinias are doing a youth Needs Assessment and working on a survey. We are noticing an increase in overdoses with our youth population.

Regional Initiatives – Behavioral Health Resource Networks:

Committee members reported on the Behavioral Health Resource Networks.

- **Michelle Means – Linn County Behavioral Health Resource Network:**
 - a. Following Oregon Health Authority (OHA) requirements and turning in reports as requested.
 - b. Looking at filling Peer Support position.
 - c. She, Molly Gelinias, and Jolynn Meza Wynkoop are working on the media campaign to reduce stigma around substance use disorder (SUD) and opioid use disorder (OUD). Did a survey with partners.
- **Sara Hartstein – Benton County Behavioral Health Resource Network** – Responding to OHA expenditure data report. Require moving in additional phases. Policies extended to August.
- **Bryan Decker – Benton County Behavioral Health Resource Network** – Any budget changes for the Behavioral Health Resource Network are due next week and the proposed budget for next year is due the end of the month.

Next Meeting:

The next meeting of the CCCWN Steering Committee is scheduled for June 14, 2023.

The full CCCWN meeting is scheduled for May 24, 2023, from 10:00 a.m. – 2:00 p.m. at the Center for Health Education in Newport.

Adjourn:

With no further business to discuss, the meeting was adjourned at 3:50 p.m.

Respectfully Submitted,

Shelley Hazelton

Community Health Promotion