



# CCCWN News

Summer 2023

## Coast to Cascades Community Wellness Network—Providing critical support to improve community health outcomes and wellbeing

After a hiatus, this newsletter will resume regular CCCWN grant program updates, member “Spotlights,” and other short updates or relevant articles that highlight the important work this network does to ensure the health and wellbeing of all community members across the Linn, Benton, and Lincoln county region. Healthcare provision and utilization (or lack thereof) is in constant flux in the United States; critical policies that mandate who can—and who can’t—access adequate, equitable, and quality healthcare and social supports; how workforce recruitment, retention, and recidivism are addressed; and, most importantly, how the Social Determinants of Health (SDoH) are met vary across states, counties, and even municipalities. The CCCWN comprises 29 member organizations that are committed to meeting the myriad of health and social needs of communities throughout the region through collaboration, innovation, and compassion.

Ongoing efforts by CCCWN members, affiliates, and community members are multitude and while the cumulative effects of these endeavors may be difficult to quantify—at least without rigorous evaluations—their impacts are seen and felt throughout the region. A loved one taking the first courageous step toward recovery, a physician-in-training forging deep bonds with community members outside the classroom, to law enforcement officers working in step with vital service organizations to ensure that community members receive the services and support to keep them out of the criminal justice system. These seemingly small, everyday achievements combined with the partnerships, the shared problem-solving, and the empathy in the face of adversity and challenges, are too myriad to comprehensively recount but are critical to recognizing



the CCCWN’s vision to “lead and sustain a partnership of agencies and organization working together to provide integrated services and programs to promote individual and community health.”

CCCWN-affiliated or supported regional events like the annual Partners for Health summit and the Confederated Tribes of the Siletz Indians Harm Reduction conference provide opportunities to highlight the collaborative work and successes of network partners and further underscore the importance of a strong and active network in helping ensure the best possible health and wellbeing outcomes for all community members in the region. This newsletter seeks to acknowledge and record these triumphs as well as to provide regular updates for network members. Additional grant information can also be found on the CCCWN website ([www.cccwn.org](http://www.cccwn.org)). If there is a topic, grant activity, or member (organization or individual) that you would like to see featured or learn more about, please contact Shelagh Baird ([sbaird@samhealth.org](mailto:sbaird@samhealth.org)) or JoAnn Miller ([jomiller@samhealth.org](mailto:jomiller@samhealth.org)).

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## Member Spotlight: Ryan Vogt



Ryan Vogt, Executive Director of the Oregon Cascades West Council of Governments (OCWCOG), wants you to think he's "pretty uninteresting" but that couldn't be further from the truth. He moved, sight unseen, to Eugene from Florida "on a

whim" with his wife in 1997. That, and his long history of serving communities with high needs in Oregon belies that fallacy—he's worked in the social work and/or civil service field in Oregon for over 25 years, 18 of which were in Child Welfare and Self-Sufficiency. That kind of dedication, passion, and commitment alone makes for a compelling resume.

Prior to helming the OCWCOG (<https://www.ocwcog.org/>), Vogt held several high-profile positions, including Chief Operating Officer (COO) for Oregon Housing and Community Services and Assistant Administrator/Deputy COO for Oregon Department of Human Services. Social work, long a vehicle for Vogt to work directly with the people who need services and supports the most, is a common theme in his professional life. His current role—heading up one of the six regional Councils of Government (COGs) in Oregon—a "last hurrah" allows him to draw on his expansive experience to leverage federal and state dollars and policies to best support seniors and people with developmental disabilities in the region but at a less sluggish pace than at the macro or statewide level.

The job, as he puts it, "found" him but humility aside, Vogt brings an even-keeled commitment and diplomacy to his work, allowing him to navigate the host of divergent opinions in the region and instead capitalize on the passion and commitment of community members to make the region better. (He puts it better: "We're not paralyzed by perfection but excited by forward momentum.")

And lest you think his reputation is unblemished, he's also a turncoat—a longtime Ducks fan, he abruptly switched allegiances to the orange and black when his two sons started college at OSU. When he's not betraying the green and gold, he loves camping and just being outdoors with his family.

## Monthly Updates

### Bridges to Recovery

The No Cost Extension ended on Feb. 28, 2023. The final close-out report was submitted to HRSA by May 30, 2023. The project director and network director will present on this grant at the Oregon Rural Health Conference in October.

### Oral Health Co-Location

The EPDH Savanna Sam has been working 0.5 FTE at both SPCH and SNLH since March 2023. A media campaign promoting the importance of oral health was rolled out in Spring 2023. The project director and network director attended the National Oral Health Conference in April and the AHA Community Health Improvement conference in May. The PIMS report was submitted to HRSA in May and the Year 2 Carryover Request was submitted in July. The Federal Financial Report is due to HRSA by August 20. The project director and the network director will be presenting with Capitol Dental Care at the CCO Oregon conference in October.

### Rural Communities Supporting Women and Youth

The Year 2 Progress Report, PIMS data report, Excel Data Supplement, Request for Information, and updated workplan were submitted to HRSA in March 2023. Number of clients served continues to increase, and partners are working to expand and enhance services for individuals seeking recovery supports. The new Peer Support Specialist, hired through STARS, is working closely with the pregnancy center in Sweet Home, and the grant Peer Support Specialist continues providing support to mothers in the Labor & Delivery unit at SLCH. The grant team will be working with consortium partners in Summer/Fall 2023 to develop the Sustainability Plan II. The project director is working with the SHS evaluation team to reorganize the Access database to improve data collection and tracking efforts for this grant; database updates will be implemented in July 2023. Partners continue to provide support and resources to law enforcement, jails, parole & probation, as well as Community Court through Peer Support and Outreach.

### Behavioral Health Resource Network (BHRN)

Partners continue to use BHRN referrals, including utilizing the Unite Us platform, to assist with treatment and data tracking in Benton, Lincoln, and Linn Counties. The grant coordinator is working with the RC-SWAY and HIWAY grants and with AHM Brands to (continued...)

## Monthly Updates (Cont'd)

### BHRN (Cont'd)

develop a regional media campaign to promote destigmatizing substance use disorder treatment and recovery and to promote available prevention, treatment, and recovery supports and services. The target audience is underserved and/or vulnerable populations. A Narcan tracking system is being developed to improve partner communication and Narcan distribution for community and government organizations in Linn County. The financial reports were submitted in June 2023 and the Data Report Phase 2, Report 3 was submitted in July 2023.

### Helping Impact Women and Youth (HIWAY)

The HIWAY project consortium concluded their first six month period of the grant at the end of February and submitted their first progress and PIMS report at the end of March 2023. PAADA hosted the Youth Leadership Academy in March (the first to take place since the beginning of the pandemic) at the Center for Health Education in Newport and invited high school youth from across Lincoln County to learn about substance use prevention and restorative justice practices and to help identify some of the largest issues that youth face. The CCCWN Steering Committee approved the 2023-2024 budget for the HIWAY grant to include funding for PAADA to host two Youth Leadership Academies to provide prevention and leadership opportunities for high school aged youth in Lincoln County in Fall 2023 and Spring 2024. Northwest Coastal Housing Coastal Phoenix Rising (CPR) will hire a peer support specialist in Fall 2023 to provide peer support services for their clients. The Disparities Impact Statement was submitted to HRSA in June 2023 and included preliminary data about services provided for pregnant people with SUD in Lincoln County. The project director will conclude Year 1 of the HIWAY grant by gathering data for the PIMS and 2nd Biannual Progress Report that are both due August 31, 2023.

### Addressing Violence in Rural Oregon Communities (AVIROC)

In May 2023, Samaritan Lebanon Community Hospital, on behalf of the CCCWN, was awarded a \$1.2 million, four-year HRSA Rural Health Network Development Program grant to address violence in rural communities. The AVIROC project will expand the capacity of the CCCWN and Partners for Health to improve health outcomes in the region through network develop around child abuse, domestic violence, and human trafficking. Sommer McLeish was hired as the project director and began working on the grant on July 17, 2023.

## Parenting Success Network

*Georgia Smith takes over as the new Parent Education Coordinator in July 2023! With her expansive experience in parenting education and community engagement, she will be a valuable addition to the team and the community.*

### Summer 2023:

· Nurturing Parenting Skills: 12-week parenting series in partnership with Family Promise of Lincoln County and ReConnections Counseling. Starts June 28th

### Workshops/Parenting Activities:

· Food Hero at The Ridge in Lincoln City in July/August  
· Powerful Tools at Family Promise and YMCA in July/August  
· Art Night at Family Promise in Lincoln City on second Tuesdays

### Ongoing supports include:

· One-on-one Parenting Coaching  
Families can choose their parent coach and self-register [HERE](#) or call Pollywog at (541) 917-4884  
· Triple P Online  
Email Georgia [georgias@samhealth.org](mailto:georgias@samhealth.org)  
or llame a Luis (541) 220-9686

## Questions and Comments?

For questions and comments related to the monthly CCCWN Newsletter, please email Shelagh Baird at [sbaird@samhealth.org](mailto:sbaird@samhealth.org)

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