



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
December 8, 2025
10:30 a.m. – 11:10 a.m.**

Participants: Heidi May-Stoulil, Chair, Jeannie Davis, Ed.D., Stephanie Dreiling, Gaby Esquivel, Jamie Freeman, Zachary Gould, Andy Hertel, Ian Howarth, Todd Jeter, Danette Killinger, Avalon Mason, Jolynn Meza Wynkoop, Thien Nguyen, Nike Neuenheim, James Page, Tanya Pritt, Benjamin Roe, Catherine Rupkus, David Simmons, M.D., Sheila Thompson, Blue Valentine, Emily Yeast, and Shelley Hazelton

Welcome/Introductions:

Heidi May-Stoulil, Chair, welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The committee reviewed the minutes from the October 13, 2025, meeting of the Regional Mental Health/Substance Use Disorder Coalition. **Nike Neuenheim moved to approve the meeting minutes as presented, with Stephanie Dreiling seconding. Members present unanimously approved the motion.**

Health Resources and Services Administration (HRSA) Grant – Project - Nurturing Empowerment, eXcellence, and Transformation (NEXT) for Youth:

Jolynn Meza Wynkoop reported on the HRSA Grant – Project NEXT.

- It is a new grant that we received in August and are currently waiting to hear back from HRSA on the new updated Notice of Award. We provided edits to the work plan and budget and resubmitted to HRSA. Waiting to hear back before we can spend some funds.
- Shared at the full CCCWN regarding the grant. It is a grant to implement new and expanded behavioral health services for youth and young adults with substance use disorder (SUD) and or untreated mental health conditions in Lincoln County.
- Partners include Samaritan North Lincoln Hospital (SNLH), Samaritan Pacific Communities Hospital (SPCH)/Coastal Samaritan Treatment and Recovery Services (C-STARS), Lincoln County Health and Human Services, and Lincoln County Community Justice.

Presentation – Ideal Option:

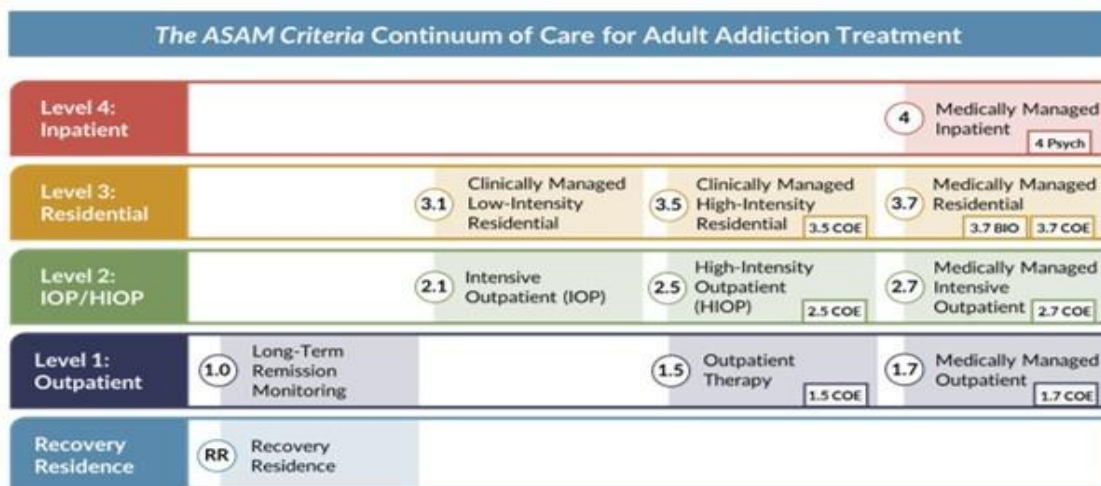
Zachary Gould, Community and Law Enforcement Outreach Manager with Ideal Options, shared about his organization.

- Noted he served 17 years in the Department of Corrections and is now in the recovery community.
- Ideal Option is low-barrier, outpatient setting, and offers office-based medication assisted treatment to addiction to opioids, alcohol, and other substances.
- There are three locations local to our service area – one new location in Newport that is co-located with C.H.A.N.C.E. (Communities Helping All Negotiate Change Effectively), a location in Corvallis, and a location in Albany. There are additional locations in Bend, Salem, Hillsboro, Springfield, and Eugene.
- Treatment and peer services are onsite.
- They provide partnerships and wrap around services.
- They have a “no wait” list. They can get people in for appointments on the same day or within 24 hours.
- They push for injectables and have protocols for kratom and methamphetamine.
- They are data driven and have their own labs.
- **Blue Valentine** – Can you share about the kratom protocol and how to treat dependency?
 - a. **Zachary Gould** – Is medication based. Does not dive into the clinical side. Is happy to get the answer for us. Is a lot like synthetic opiates.
 - b. **Blue Valentine** – Did just speak with one of their providers and as expected we are treating Kratom with suboxone with a conventional initiation.
 - c. **Dr. David Simmons** – We typically do the same through Samaritan Health Services.
- Zachary Gould shared his email - zacharygould@idealooption.net

Presentation: Coastal Samaritan Treatment and Recovery Services-Newport:

Benjamin Roe shared information on C-STARS.

- He noted he is the Director of Mental Health-Samaritan Health Services.
- C-STARS is a 3.5 level of care like the Lebanon STARS facility.
- The response to C-STARS in Lincoln County has been fantastic.
- They currently have outpatient services.
- Looking at individual, IOP (Intensive Outpatient), and classes.
- They have not started residential services yet. They are currently looking for staff. Staffing has been a challenge.
- They have 12 available beds. There are two wings. They have gym equipment.
- They are in Newport, across from the movie theater on the highway.
- They have been focusing on community outreach.
- **Emily Yeast** – What does 3.5 level mean?
 - a. **Benjamin Roe** – Is ASAM definition of how an acute patient is to treat.
 - b. **James Page** – Having 24-hour supervision is primary differentiator with the 3.5 level.
 - c. **Dr. David Simmons** – Shared a chart on ASAM criteria continuum of care for adult addiction treatment.



- **Emily Yeast** – Can you serve pregnant women?
 - a. **Benjamin Roe** – “Yes,” can do moms if in a stable space. They do not have 24-hour staff.
- They can serve anyone that needs a regular assessment. They do *not* do detox.
- **Blue Valentine** – Can the space serve gender and non-conforming and transgender folks?
 - a. **Benjamin Roe** – They do have two separate wings and semi-private rooms. They try to assign rooms based on conformability of the rooms. There is a nurse’s station in the center and two open hallways with rooms going down.
- Patients are on a treatment plan for 90 days.
- **Jamie Freeman** – Patients need to be medically stable. Cannot have anyone that needs daily care. Also, working on transportation support.
- **Dr. David Simmons** – We need Certified Alcohol and Drug Counselors (CADCs).

Update – Regional Overdoses:

Discussions followed around regional overdoses.

- **Nike Neuenheim, Samaritan Health Services Report** – Reported that information from the Samaritan Health Services (SHS) Individual Overdose Report for Reporting Period: November 1, 2025 – November 30, 2025; year-to-date data from January 2025 through November 2025; and SHS overdose data from 2022 to November 2025 was all distributed with the agenda packet prior to the meeting.
- Looking at the November 2025 SHS report, numbers are as follows:
 - a. Good Samaritan Regional Medical Center (GSRMC) – 5 overdoses.
 - b. Samaritan Albany General Hospital (SAGH) – 12 overdoses.
 - c. Samaritan Lebanon Community Hospital (SLCH) – 8 overdoses.
 - d. Samaritan North Lincoln Hospital (SNLH) – 0 overdoses.
 - e. Samaritan Pacific Communities Hospital (SPCH) – 4 overdoses.

Samaritan Health Services – Neonatal Abstinence Syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOW) numbers:

- a. Good Samaritan Regional Medical Center (GSRMC) – 0.
- b. Samaritan Albany General Hospital (SAGH) – 2.

- c. Samaritan Lebanon Community Hospital (SLCH) – 1.
- d. Samaritan North Lincoln Hospital (SNLH) – 0.
- e. Samaritan Pacific Communities Hospital (SPCH) – 1.
- SHS Year to date for 2025 for overdoses, we are at 324, compared to 2024 at 387.
- SHS 2025 overdose data from January 1, 2025, through November 30, 2025– There were 324 overdoses for all five hospitals compared to 2024, January through November numbers at 359, so we have decreased from last year.
- In reviewing number from 2022-2025 for SHS:
 - a. 2022 – 448 overdoses with NAS-NOW numbers at 138.
 - b. 2023 - 475 overdoses with NAS-NOW numbers at 93.
 - c. 2024 – 387 overdoses with NAS-NOW numbers at 90.
 - d. 2025 – 324 (through November) with NAS-NOW numbers at 63.
- Nike Neuenheim shared overdose stats from Marcia Harnden, Albany Chief of Police.
 - a. **Albany Police Department:**
 - 2025 - Year-to-date – 67 overdoses with 7 overdose deaths. Have administered Narcan 99 times.
 - 2024 – 95 overdoses with 11 overdose deaths.
 - 2023 – 126 overdoses with 18 overdose deaths.
 - 2022 – 91 overdoses with 11 overdose deaths.
 - 2021 – 50 overdoses with 4 overdose deaths.
 - 2020 – 29 overdoses with 1 overdose death.
 - 2019 – 21 overdoses with 2 overdose deaths.
 - b. 2025 – Fentanyl is the leading substance followed by methamphetamine, cocaine, and LSD.
 - c. **Countywide (Linn):**
 - 2025 – Through November - 121 overdoses and 17 overdose deaths.
 - 2024 – 195 overdoses and 29 overdose deaths.
 - 2023 – 251 overdoses and 37 overdose deaths.
 - 2022 – 156 overdoses and 21 overdose deaths.
 - 2021 – 51 overdoses and 5 overdose deaths.
 - 2020 – 32 overdoses and 4 overdose deaths.
 - 2019 - 23 overdoses and 4 overdose deaths.
- **Danette Killinger** - Does the Linn County data include the Albany Police Department data or is it in addition to the Albany Police Department data?
 - a. **Nike Neuenheim** – Will check on this information.
 - b. *(An email was sent out after the meeting and Nike Neuenheim confirmed the following: Linn county-wide overdose data – “I have received further clarification and can confirm that the Linn county-wide year-to-date overdose data includes reports from the Albany Police Department, Linn County Sheriff’s Office, Lebanon Police Department, and Sweet Home Police Department. Additional data is also obtained from Fire Department calls.”)*
- Nike Neuenheim shared Benton County overdose data from Jaimi Glass and Jef Van Arsdall, Benton County Sheriff.
 - a. There were 3 overdoses to report for law enforcement in Benton County last month.

- 2 were Rx (Naloxone administered) non-fatal and 1 was methamphetamine (presumably) fatality. Corvallis Fire is updating their reporting software and indicated it will take time to build in a new report to share their overdoses.
 - b. A total of 96 overdoses to date for 2025.
 - c. Fentanyl is the primary suspected drug, followed by prescription drugs, and alcohol (top 3).
- **Nike Neuenheim** – Regarding data collection – Is there a need for additional data sets or data visualizations?
 - a. At one time we collected written law enforcement data that we put into a monthly chart as well like we do for SHS data. Do we want a subgroup to further look at and discuss?
- **Heidi May-Stouilil** – We also do not have Lincoln County information and law enforcement information. Jesse Noble does report at times when she is able to attend the meetings.
- **Blue Valentine** – Feels it is important to continue to collect data. With Benton County, they expanded secondary distribution, and people are picking up more kits so does not see a lot reported.

Behavioral Health Resource Networks (BHRN) Update:

Coalition members provided Behavioral Health Resource Networks updates.

- **Thien Nguyen – Linn County:**
 - a. C.H.A.N.C.E. will be opening their Lebanon office in January and will have one shower with a washer and dryer.
 - b. Family Tree Relief Nursery will be opening a food bank starting in January.
 - c. STARS is hiring.
 - d. Family Tree Relief Nursery – January’s Peer Support Specialist training is fill. The next class will be in July. For those individuals that wish to be added to the waitlist for upcoming classes, please contact Meridith Schrepfer - mschrepfer@familytreern.org

Lincoln County:

- a. The Lincoln County BHRN has not met in a while so there are no updates currently.
- **Avalon Mason, Benton County** – There are currently no collective Benton BHRN updates.

Partner Updates/Additional Business/Announcements:

Coalition partners provided updates, additional business, and announcements.

- **Blue Valentine** – Received Naloxone dispersers to hold Naloxone kits. Will place some in the health services building in Benton County.
- **Tanya Pritt, Milestones Family Recovery** - Big thank you to Blue Valentine. We received a grant from the clearinghouse for Narcan. Thank you for resource information.
- **Tanya Pritt** - Our newest women's residential is close to being full as are the rest of our locations. Outpatient has no waiting at all. Same day assessments/admissions.

2026 Meetings:

The question was asked if we want to continue our Regional Mental Health/SUD Coalition meetings in 2026 for the second Monday of each month from 10:30 a.m. – 11:30 a.m. The meetings would be virtual. **Those present, agreed to keep meetings the same for 2026.**

Nike Neuvenheim – We will continue to look at the format and structure of meetings and the list of attendees and agenda items to make our meeting more meaningful and engaging.

Heidi May-Stoulil – Please let us know if we should invite others to attend these meetings or if there are any presentations/presenters you would like to hear from.

Jolynn Meza Wynkoop - I would love to learn more about the new organization in Toledo, Homie House.

Gratitude Moment:

Heidi May Stoulil thanked everyone for their time, effort, and compassion for their work in our counties around mental health and SUD/opioid use disorder.

Adjourn:

With no further business to discuss, adjourned the meeting at 11:10 a.m.

Respectfully submitted,
Shelley Hazelton
Grants and Sponsored Programs

(These meeting minutes are the true and accurate record of the meeting.)