



**Coast to Cascades Community Wellness Network (CCCWN)  
Regional Mental Health/Substance Use Disorder Coalition  
Meeting Summary  
Held virtually – Microsoft Teams  
August 11, 2025  
10:30 a.m. – 10:55 a.m.**

**Participants:** Heidi May-Stoulil, Chair, Shelagh Baird, Emma Dean, Stephanie Dreiling, Gabby Esquivel, Andy Hertel, Ian Howarth, Lalori Lager, Elizabeth Merritt, Thien Nguyen, Jesse Noble, Benjamin Roe, David Simmons, M.D., Sheila Thompson, Jef Van Arsdall, Benton County Sheriff, Emily Yeast, and Shelley Hazelton

**Welcome/Introductions:**

Heidi May-Stoulil, Chair, welcomed everyone to the meeting and led introductions.

**Meeting Minutes:**

The committee reviewed the minutes from the July 14, 2025, meeting of the Regional Mental Health/Substance Use Disorder Coalition. **Stephanie Dreiling moved to approve the meeting minutes as presented, with Shelagh Baird seconding. Members present unanimously approved the motion.**

**Federal/State Grants Reports and Updates:**

**Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:**

Members reviewed the HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights distributed prior to the meeting. Shelagh Baird provided a brief update on the grant.

- The grant ends August 31, 2025.
- Working on the Performance Improvement Measurement System (PIMS) Report, Biannual Progress Report, and Close Out Report. Will reach out to partners in early September for further information.

**Shelagh Baird moved to approve the HRSA RCORP-I HIWAY Project Grant report and Work Plan highlights as presented, with Jesse Noble seconding. All members present unanimously approved the motion.**

## Update – Regional Overdoses:

Discussions followed around regional overdoses.

- **Shelagh Baird** – Reported that information from the Samaritan Health Services (SHS) Individual Overdose Report for Reporting Period: July 1, 2025 – June 31, 2025, year-to-date data from January 2025 through July 2025, and SHS overdose data from 2022 to present was all distributed with the agenda packet prior to the meeting. We are starting to see numbers decrease every year. Looking at the July 2025 report:
  - a. Good Samaritan Regional Medical Center (GSRMC) – 7 overdoses.
  - b. Samaritan Albany General Hospital (SAGH) – 5 overdoses.
  - c. Samaritan Lebanon Community Hospital (SLCH) – 3 overdoses.
  - d. Samaritan North Lincoln Hospital (SNLH) – 2 overdoses.
  - e. Samaritan Pacific Communities Hospital (SPCH) – 1 overdose.

### **Samaritan Health Services – Neonatal Abstinence Syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOW) numbers:**

- a. Good Samaritan Regional Medical Center (GSRMC) – 0.
  - b. Samaritan Albany General Hospital (SAGH) – 3.
  - c. Samaritan Lebanon Community Hospital (SLCH) – 0.
  - d. Samaritan North Lincoln Hospital (SNLH) – 0.
  - e. Samaritan Pacific Communities Hospital (SPCH) – 0.
- **Jeff Van Arsdall, Benton County Sheriff** – Benton County – 69 overdoses year-to-date with 4 fatalities compared to last year at this time with 62 overdoses and 4 fatalities. In June 2025 they had 34 overdoses and now are up to 69, year-to-date. The jail offers take home kits. For the month of July had 58 kits and 17 people accepted the kits. The kits have Narcan, water, towels, and other items. The patrol deputies have the take home kits as well.
  - **Jesse Noble** – Has not gotten to see the overdose data for this week yet. Is tracking for Benton, Lincoln, and Linn Counties. Just finalized Lincoln County’s Overdose Plan. Activated the week before last and was at the “yellow.” Was seeing multiple substances. Keeping an eye on it.
  - **Dr. David Simmons** – Any sense whether we are assaying for unusual things that are showing up nationally like xylazine, medetomidine, or bromazepam?
    - a. **Jef Van Arsdall, Benton County Sheriff** – On Benton County side, tough to see. There were a couple of folks seen with xylazine, but they had diabetes as well so hard to say. There are individuals that have been part of the drug scene for a while.
    - b. **Dr. David Simmons** – The cost to assess can be high. If he can help in any way, please let him know. He tries to stay on top of toxicology nationally. Thanks for getting the kits out.
    - c. **Jef Van Arsdall, Benton County Sheriff** – The cost does not matter.
    - d. **Dr. David Simmons** – Will follow-up with Jef Van Arsdall offline.
  - Do we know the street names for these?
    - a. Xylazine – Referred to as “tranq” or “horse tranq.”
    - b. Medetomidine is a tranquilizer like xylazine.
    - c. Bromazepam is a designer benzodiazepine.
  - **Jesse Noble** – The toxicology report comes back from the state and takes about 3-4 months. She partners with the medical examiner that sends a preliminary report of the suspected substance(s) and confirms once testing is in. Has evidence that xylazine is in the area. Gets anecdotal reports it is involved. Did see last year, BTMPS involved substances and multiple anecdotal reports.

- a. **Dr. David Simmons** – Does not know the medical examiner for our counties. Can email and introduce himself.
- b. **Jesse Noble** – Will follow-up with Dr. Simmons offline.
- **Lalori Lager** – Thanks to Jesse Noble for responding with the overdose plan and “yellow” activation level recently. It helped her staff be aware.
- **Jesse Noble** – Feel free to reach out to her, if you want to be included with responses that go out.
- **Emily Yeast** – With the NAS and NOW data with the SHS overdose reports does see discrepancies. Hopes the numbers are lower. She and Dr. Simmons are reviewing data. We want to make sure we have accurate data to help with prioritizing funding and services. Hopes to have more information by the next meeting.

### **Behavioral Health Resource Networks (BHRN) Update:**

Coalition members provided Behavioral Health Resource Networks updates.

- **Thien Nguyen – Linn County:**
  - a. The Oversight and Accountability Council with the state are hosting a training the week of September 1, 2025, which includes a walkthrough of the submittable metrics, guidance on tracking outreach and hard reduction data, and best practices for using the new data dictionary.
  - b. Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.) is having their Bridges 2 Recovery Carnival event on September 13, 2025, from 11:00 a.m. – 4:00 p.m. It is a block party in front of their Albany office on 3<sup>rd</sup> Avenue. It will have guest speakers, free lunch, a resource fair, a DJ, and carnival games.

### **Partner Updates/Additional Business:**

Coalition partners provided updates and additional business.

- **Heidi May-Stoullil** – With the coastal, Newport, Samaritan Treatment and Recovery Services (STARS), it was hopeful the facility would open in August. Unfortunately, they will be opening later (to be determined), due to a piece of equipment needed before opening.
- **Emma Dean – C.H.A.N.C.E.** – Ideal Option, medication assisted treatment (MAT) will be opening in Newport by the C.H.A.N.C.E. location in mid-September. They will not be offering methadone. If you need more information, you can email her, and she can help connect with Ideal Option. Her email is – [edeane@chancerecovery.org](mailto:edeane@chancerecovery.org)
- **Heidi May-Stoullil** – Next month will have a guest speaker at our monthly meeting.

### **Next Meeting:**

Next meeting – September 8, 2025, at 10:30 a.m.

### **Adjourn:**

With no further business to discuss, adjourned the meeting at 10:55 a.m.

Respectfully submitted,  
Shelley Hazelton  
Grants and Sponsored Programs

*(These meeting minutes are the true and accurate record of the meeting.)*