



**Coast to Cascades Community Wellness Network (CCCWN)  
Regional Mental Health/Substance Use Disorder Coalition  
Meeting Summary  
Held virtually – Microsoft Teams  
October 28, 2024  
10:30 a.m. – 11:05 a.m.**

**Participants:** Shelli Alinari-Beebe, Maisa Athamneh, Shelagh Baird, Suzie Beaupre, Shirley Byrd, Bryan Decker, Stephanie Dreiling, Gabby Esquivel, Marcia Harnden, Albany Chief of Police, Lynnae Hayes, Sara Herd, Andy Hertel, Avalon Mason, Heidi May-Stoulil, Michelle Means, Jolynn Meza Wynkoop, Jesse Noble, Stephan O’Hair, James Page, Josh Pankau, Tanya Pritt, Catherine Rupkus, Shauna Taylor-Hubert, and Shelley Hazelton

**Welcome/Introductions:**

Jolynn Meza Wynkoop welcomed everyone to the meeting and led introductions.

**Meeting Minutes:**

The Coalition reviewed the meeting minutes of the September 9, 2024, meeting of the Regional Mental Health/Substance Use Disorder Coalition. **Bryan Decker made a motion and Shelli Alinari-Beebe, seconded the motion to approve the meeting minutes as presented. Attendees voted on the motion, and it was unanimously approved.**

**Federal/State Grants Reports and Updates:**

**Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:**

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting along with the Performance Improvement Measurement System (PIMS) Report, Bi-Annual Progress Report, Work Plan, and Sustainability Plan.

**HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:**

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting along with the PIMS Report, Bi-Annual Progress Report, and Work Plan.

**Josh Pankau made a motion and Shelli Alinari-Beebe seconded the motion to approve the HRSA RC-SWAY Grant written report, Work Plan Highlights, PIMS Report, Bi-Annual Progress Report, Work Plan, and Sustainability Plan and the HRSA RCORP-I HIWAY Project Grant written report, Work Plan Highlights, PIMS Report, Bi-Annual Progress Report, and Work Plan as presented. The motion was voted upon and unanimously approved.**

### **Update – Regional Overdoses:**

Jolynn Meza Wynkoop led discussions around regional overdoses.

- The Samaritan Health Services (SHS) – Individual Overdose Report for Reporting Period: September 1, 2024 – September 30, 2024, was reviewed.
  - a. Good Samaritan Regional Medical Center (GSRMC) – 6 overdoses for the month.
  - b. Samaritan Albany General Hospital (SAGH) – 11 overdoses for the month.
  - c. Samaritan Lebanon Community Hospital (SLCH) – 8 overdoses for the month.
  - d. Samaritan North Lincoln Hospital (SNLH) – 2 overdoses for the month.
  - e. Samaritan Pacific Communities Hospital (SPCH) – 5 overdoses for the month.
- SHS Report – Neonatal Abstinence syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOWS) – Reporting Period – September 1, 2024 – September 30, 2024:
  - a. GSRMC – 1.
  - b. SAGH – 5.
  - c. SLCH – 3.
  - d. SNLH – 0.
  - e. SPCH – 2.
- **Shirley Byrd** – Does outreach and needle exchange in Linn County. There were 5 overdoses where no one called 911. Narcan was used 23 times. Shared her email – [shirley.byrd@factforthehomeless.org](mailto:shirley.byrd@factforthehomeless.org)
- **Marcia Harnden – Albany Chief of Police** – They have had a significant drop in overdoses.
  - a. There were 18 deaths last year for the City of Albany. This year to date we are sitting at 9. Linn County had 37 deaths last year.
  - b. The use of Narcan is high, resulting in saved lives.

### **Behavioral Health Resource Network (BHRN) Updates:**

Members provided Behavioral Health Resource Network updates.

- **Michelle Means – Linn County:** (The written report was distributed with the packet)
  - a. Communities Helping All Negotiate Change Effectively (C.H.A.N.C.E.) – Opened five respite beds at their shelter, funded by RC-SWAY and IHN, to support individuals experiencing homelessness and in rehabilitation.
  - b. There will be a Situation Table event for Linn County on November 6-7, 2024, from 9:00 a.m. – 4:00 p.m. at the Albany Police Department. This is a fee two-day training. It is a risk-based, rapid triage model that brings service providers together to address the needs of individuals and/or families who are often facing the highest level of combined risks in a community or region but fall through the cracks in the system.
- **Avalon Mason – Benton County** – Everything is going smoothly.
- **Jesse Noble – Lincoln County** – The winter shelter is beginning in November for Newport and Lincoln City.

Staff have completed their trainings with mental health first aid, blood borne pathogens, and all required trainings.

- **Tanya Pritt** – We are slowly coming to the end of the grant – Runs through June 2025. Did get application in for the next round of funding. Did not attend several Regional BHRN meetings – Never got an invite. Found out her email was listed incorrectly – Her correct email – [tanya@milestonesrecovery.com](mailto:tanya@milestonesrecovery.com)

#### **Announcements/Additional Business:**

Discussed announcements/additional business.

- **Jesse Noble** – Seeing a demand for nasal Narcan. There are community partners that are not eligible for the Clearing House or do not fall under a distribution client such as Home Health Outreach, fisherman’s wives, and others. It is easier to find injectable Narcan and everyone wants nasal.
  - a. **Josh Pankau** – The injectable version is more effective and more expensive.
  - b. **James Page** – “Yes,” nasal is cheaper. Training is best practices. If IV/IM should not have an issue. Can come with instructions.
  - c. **Jesse Noble** – Lincoln County – With kits, provide information and steps. The steps are simple. Whenever she meets with clients walks them through both. Efficacy is comparable. Clients that snort prefer to use injectables. No medical evidence.
  - d. **James Page** – Would be with respiration. If slowed, IM is better. Would come with training.
  - e. **Josh Pankau** – Can you order through Clearing House?
  - f. **James Page** – “Yes.”
- **Jolynn Meza Wynkoop** – Working with Michelle Means and Thien Nguyen to plan for community conversations around stigma reduction in May of 2025. There is trainer out of New York, Tedra Cobb, we are looking at. She is dynamic and engaging. Attended a community conversation where she was helping facilitate. She will be flying out for two weeks in May, so we are looking at the week of May 19<sup>th</sup>, 2025. The community conversations will be in rural Linn County and Lincoln County areas, and we would love to have partner input and if interested in helping or hosting.
  - a. **Josh Pankau** – Feel free to include Family Tree Relief Nursery in helping with the event.
  - b. **Suzie Beaupre** – This is an amazing opportunity. Had the training before. Just wanted us to know that during the conversations, there is no opportunity to correct any misinformation. It is great for the general population. Feels like the training could be specialized for certain sectors.
  - c. **Jolynn Meza Wynkoop** – They have updated the agenda and curriculum. Not sure on updates.
  - d. **Michelle Means** – What did the setting look like, and can you share about, “no opportunity to correct any misinformation?”
  - e. **Suzie Beaupre** – Everyone goes through the videos. There are peers and people that talk and make comment. People mean well and there are those that work in the field. There was not an opportunity or tool to redirect the training to change the language around it or have a navigator. She did the train the trainer. You could be in a community that is not well versed.
- **James Page** – **Albany Comprehensive Treatment Center** – They offer opioid treatment programs and are the only methadone clinic between Salem and Eugene.

In quarter three and into quarter four, they have had a demand for services. Patients are reporting no access to Fentanyl. They have had a 30% increase in census since they opened in 2021. July and August were two of the higher months. They distribute Naloxone.

- **Josh Pankau** – They are fully staffed at Family Tree Relief Nursery. They are getting more referrals. They have 15 Peer Supports with two new staff onboarding. Providing outreach services in Linn County and Benton County jails.
- **Shirley Byrd** – Since Marvin’s Gardens shut down last month for camping for the homeless, it has been hard to get services to the people. People are down by the river. No access to needle exchange and cannot find them. It is reported that people can be sharing up to 12 times for one needle. If anyone had any suggestions, let her know. They do have a mobile unit.
  - a. **Jesse Noble** – Have you had conversations with your local Sheriff’s Office who do homeless camp sweeps. They have support in Lincoln County with their local Sheriff’s Office. They have been great.
  - b. **Shirley Byrd** – Will reach out to them. Law enforcement has not been real cooperative on needle exchange. Will reach out again.
  - c. **Marcia Harnden – Albany Chief of Police** – Let her know if they can assist with this. They have a great relationship with C.H.A.N.C.E. and they often get information from them as well.

**Next Meeting:**

The next meeting is scheduled for November 11, 2024, which some organizations celebrate as a holiday. Do we want to move to another date in November? *Members present agreed to change the November meeting date.*

**Adjourn:**

With no further business to discuss, the meeting was adjourned at 11:05 a.m.

Respectfully submitted,  
Shelley Hazelton  
Grants and Sponsored Programs