



**Coast to Cascades Community Wellness Network (CCCWN)  
Regional Mental Health/Substance Use Disorder Coalition  
Meeting Summary  
Held virtually – Microsoft Teams  
December 9, 2024  
10:30 a.m. – 11:05 a.m.**

**Participants:** Brandon Bates, Jennifer Beckner, Rubi Arizmendi, Shelagh Baird, Suzie Beaupre, Bryan Decker, Stephanie Dreiling, Andy Hertel, Heidi May-Stoulil, Elizabeth Merritt, Jolynn Meza Wynkoop, Thien Nguyen, Stephan O’Hair, Josh Pankau, Tanya Pritt, Catherine Rupkus, Jane Russell, Blue Valentine, Jennifer Will, and Shelley Hazelton

**Welcome/Introductions:**

Jennifer Beckner, Lincoln County Health and Human Services welcomed everyone to the meeting and led introductions.

**Meeting Minutes:**

The Coalition reviewed the meeting minutes of the November 18, 2024, meeting of the Regional Mental Health/Substance Use Disorder Coalition. **Bryan Decker made a motion and Shelagh Baird seconded the motion to approve the meeting minutes as presented. Attendees voted on the motion, and it was unanimously approved.**

**Federal/State Grants Reports and Updates:**

**Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:**

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

**HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:**

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Jolynn Meza Wynkoop** – The HIWAY grant team met last Thursday with grant partners to discuss quarterly project updates.
- We will be scheduling some community conversation workshops/trainings in May to reduce stigma. It will take place in all three counties (Benton, Lincoln, and Linn).

**Josh Pankau made a motion and Tanya Pritt seconded the motion to approve the HRSA RC-SWAY Grant written report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.**

**Update – Regional Overdoses:**

Shelagh Baird and Jennifer Beckner led discussions around regional overdoses.

- **Shelagh Baird** – Presented the Benton County law enforcement data year to date through November 2024 that fire and law enforcement have responded to, which include 6 fatalities.
  - a. At this time of the year last year (2023), responded to 10 fatalities with a total of 152 overdoses.
  - b. 2024 – There have been 127 overdoses through November 2024 with 6 fatal overdoses.
    - Of the 6 fatal overdoses - 2 of the fatalities were with multiple doses of Naloxone administered; 2 overdoses were fatal with no Naloxone administered; and 2 fatal overdoses were with a single dose of Naloxone administered.
  - c. The different substances we are seeing with overdoses include, alcohol, benzodiazepine, Fentanyl, heroin, marijuana, methamphetamine, other, over the counter, prescription drugs. The overwhelming drug of choice is Fentanyl (63).
- Members reviewed the Samaritan Health Services (SHS) – Individual Overdose Report – Reporting Period – November 1, 2024 – November 30, 2024.
  - a. Good Samaritan Regional Medical Center (GSRMC) – 3 overdoses.
  - b. Samaritan Albany General Hospital (SAGH) – 15 overdoses.
  - c. Samaritan Lebanon Community Hospital (SLCH) – 5 overdoses.
  - d. Samaritan North Lincoln Hospital (SNLH) – 2 overdoses.
  - e. Samaritan Pacific Communities Hospital (SPCH) – 2 overdoses.
- **Blue Valentine** – There is so much secondary distribution. Seeing fatal overdoses decreasing.
- **Jennifer Beckner** – Is hearing the concentration of things such as Fentanyl is in lower amounts so taking away customers/buyers.
- **Jennifer Beckner** – Is concerned with alcohol. It is one of the most abused substances. Need more information around this. Looking at alcohol abuse in Lincoln County. Met with the alcohol/drug prevention team who is working on a dashboard. This is one of the substances to look at. We may want to keep this on our radar. Tries to stress to the deflection planning team that alcohol is one of the most dangerous substances to detox by yourself. Need to review the current process and have more education with shelter staff. They are frustrated when clients present that need to go to alcohol detox. The Shelter Manager had a client like this and was able to access a detox bed and someone was able to drive the client to Portland to access the bed.

**Behavioral Health Resource Networks (BHRN) Update:**

Behavioral Health Resource Networks updates were provided.

- **Jennifer Beckner** – The Oregon Accountability Council cancelled the last few meetings and did an executive session with the last meeting, so it was not open to the public.

The legislative session reconvenes in January. There are open applications for members of the Oregon Accountability Council. Applications are due by December 15, 2024.

- **Thien Nguyen – Reporting for Linn County:**
  - a. Nothing further to report for Lincoln County.
  - b. The written report for Linn County was distributed in the agenda packet prior to the meeting.
  - c. December has been slower.
  - d. Changed the recording process.
  - e. We had National Rural Health Day tabling events in November at SLCH, SNLH, and SPCH. The event was to express support and appreciation for our rural healthcare workers. We provided handouts, stickers, Naloxone, stress balls, all to help raise awareness and reduce stigma, and inform people about available resources for help.

#### **Announcements/Additional Business:**

Discussed announcements/additional business.

- **Shelagh Baird** – A new HRSA Rural Outreach Grant is available. The grant application is due in mid-January 2025. Some ideas for programs/projects for the grant have included mental health for women and pregnant women and those women in recovery with a Nurture Oregon type component and connecting with maternity clinics. If anyone has any additional ideas, please let her know.
  - a. **Jennifer Beckner** – With the platform, Unite Us, not sure if there is the possibility of providing more training. There is still not enough information – Need a closed loop referral system. It is difficult to track BHRN patients. Not sure if that is something to tie into with a grant or not.
- **Tanya Pritt** – Milestones will be opening on February 15, 2025, a new additional 12-bed women’s transitional housing unit with support services and they hope to open a 12-bed women’s and children’s residential unit by July 1, 2025.
- **Jennifer Beckner** – For Lincoln County, working on a substance use disorder and behavioral health plan. Doing key informant interviews and working with an outside consultant. Jesse Noble is taking the lead. Reaching out to Benton and Linn Counties and looking at dashboard data.
- **Rubi Arizmendi** – Reaching out to Oregon Health Authority liaison. Knew of another coordinator that had alcohol written into a response plan. If can integrate into a written plan that would be helpful. Had opioid settlement funds for first six months to explore coordination with partners/outside agencies and how to coordinate efforts and align strategies.
- **Jennifer Beckner** – A portion of state opioid funding goes toward prevention projects. In Lincoln County working with the schools and health promotion team to look at and who would be responsible to put substance use prevention programs in the schools such as LifeSkills, which is one proven evidence-based program.
- **Blue Valentine** – Included a link (“The pipeline of deadly Fentanyl into the U.S. may be drying up experts say”) on the levels of Fentanyl in supplies, along with a new contaminant. The drugs are hard to find and more expensive.

#### **Next Meeting:**

The next meeting is scheduled for January 13, 2025.

Would like to work on more robust agendas for the meetings. Would like more in-depth discussions. Please let her know if anyone has any agenda items.

**Adjourn:**

With no further business to discuss, the meeting was adjourned at 11:05 a.m.

Respectfully submitted,  
Shelley Hazelton  
Grants and Sponsored Programs