



**Coast to the Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
August 12, 2024
10:30 a.m. – 11:50 a.m.**

Participants: Jennifer Beckner, Shawnee Aiello-Dixon, Shelli Alinari-Beebe, Maisa Athamneh, Shelagh Baird, Suzie Beaupre, Shirley Byrd, Jeannie Davis, Ed.D., Emma Deane, Stephanie Dreiling, Gabby Esquivel, Kelly Fraser, Bradley Goodwin, Andrew Greenhalgh-Johnson, Heather Grott, Marcia Harnden, Albany Chief of Police, Melaia Kilduff, Ryan Knowles, Lalori Lager, Lonnie Martinez, Michelle Means, Jolynn Meza Wynkoop, Rocio Munoz, Thien Nguyen, Jesse Noble, Josh Pankau, Tanya Pritt, Vicki Rudell, Jane Russell, Christiana Sechrest, Nate Stanger, Justin Thomas, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Jennifer Beckner introduced Jesse Noble, Regional Overdose Prevention Coordinator for Benton, Lincoln, and Linn Counties. She replaced Isabelle Cisco.

Jesse Noble noted that she is focusing on the overdose response plan and forming Coalitions. She is also getting post-prevention plans in place.

Meeting Minutes:

The June 10, 2024, meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition were presented. **Shawnee Aiello-Dixon made a motion and Shelagh Baird seconded the motion to approve the meeting minutes as presented. The motion was voted upon and was unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Michelle Means:**

- a. HRSA approved the six-month extension request to continue the RC-SWAY Grant substance use disorder (SUD) initiatives in rural East Linn County until February 28, 2025.

- b. Has submitted the Sustainability Plan Report for Year 3.
- c. Working on activities for Recovery Month.
- d. Wrapping up initiatives.
- e. We successfully launched a media campaign with AHM to raise awareness about SUD. This campaign aims to eliminate stigmas related to substance use disorders within communities and organizations.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Jolynn Meza Wynkoop:**

- a. We will be rounding out year 2 of the HIWAY Grant at the end of August and will start the final year in early September 2024.
- b. The next HIWAY partners meeting will take place on September 6, 2024, and they will be going through the Biannual Progress Report – Request for information template and provide responses for the open-ended questions.

Shelagh Baird made a motion and Josh Pankau seconded the motion to approve the HRSA RC-SWAY Grant written report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.

Recovery Month/International Overdose Awareness Day:

Jolynn Meza Wynkoop led discussions around Recovery Month and International Overdose Awareness Day.

- September is Recovery Month.
- Samaritan Health Services (SHS) is planning different tabling events with a variety of items that will hopefully be available such as books, Narcan, stickers, additional items, and hopefully cookies as well.
 - a. **September 3, 2024** – Thien Nguyen will table at Samaritan Lebanon Community Hospital from 11:00 a.m. – 2:00 p.m.
 - b. **September 4, 2024** – Jolynn Meza Wynkoop will table at Samaritan North Lincoln Hospital from 11:00 a.m. – 2:00 p.m.
 - c. **September 5, 2024** – Jolynn Meza Wynkoop will table at Samaritan Pacific Communities Hospital from 11:00 a.m. – 2:00 p.m.
 - d. **September 6, 2024** – Michelle Means will table at Samaritan Lebanon Community Hospital (SLCH) from 11:00 a.m. – 2:00 p.m.
- August 31, 2024, is International Overdose Awareness Day.
- **Melaia Kilduff** – Collaborating with a team to do the Hands Across the Bridge event on September 21, 2024. Would love to have SHS table with the event. Hope folks will bring kids. There will be different activities and hope there will be some things to give away at the tables. They had this event in Newport and has moved to Waldport.
- **Jennifer Beckner** – The Hands Across the Bridge event started in Portland where they had enough people to cross the bridge in Portland. It is a wonderful event.
- A flyer for the Hands Across the Bridge event will be shared with this group.

- **Suzie Beaupre and Rocio Munoz:**
August 31, 2024, is as stated earlier, International Overdose Awareness Day, which is the largest campaign to end overdose by raising awareness and reducing stigma. This year’s theme is, “Together we can.” During the month of August, Benton County Health Department will offer free community events in Corvallis and Monroe to increase education and awareness and remember those lost to drug overdose and acknowledge the grief of the families left behind.
 - a. **Monroe – Overdose Awareness Vigil – August 15, 2024, from 5:30 p.m. – 6:30 p.m. at Heritage Hall.**
 - b. **Monroe – Overdose Recognition and Response Training – August 16, 2024, from 5:30 p.m. – 7:00 p.m. at Heritage Hall** – For community members, partners, and providers who want to learn more about overdose prevention.
 - c. **Corvallis – Overdose Recognition and Response Training – August 19, 2024, from 5:30 p.m. – 7:00 p.m. at Benton County Kalapuya Building.** For community members, partners, and providers who want to learn more about overdose prevention.
 - d. **Corvallis – Overdose Awareness Vigil – August 29, 2024, from 6:00 p.m. – 8:00 p.m. at First Christian Church.**
 - e. Also planning Spanish language training in September/October.
- **Shirley Byrd** – East Linn County is having a **memorial in remembrance for Overdose Awareness Day on August 31, 2024, at 6:00 p.m. at the Brick Downtown in Lebanon.**
- **Thien Nguyen** – Communities Helping All Negotiate Change Effectively (C.H.A.N.C.E.) is having a **Bridges to Recovery event on September 14, 2024, from 12:00 p.m. – 5:00 p.m. outside C.H.A.N.C.E.’s Recovery’s Albany office.**
- **Shawnee Aiello-Dixon** – There will be 2-3 Fentanyl eradication marches next month with the Confederated Tribes of Siletz Indians.
- **Jennifer Beckner** – The Confederated Tribes of Siletz Indians has a number of eradication marches. There was one in the Siletz School that caught the attention of the Mayor of Toledo that was interested in doing events there. I think there has been around four total events. They partnered on the first event.
- **Jennifer Beckner** – Working with youth and the Confederated Tribes of Siletz Indians to cut out silhouettes, same size as overdoses and using to display throughout Siletz to show the number of overdoses. A long time ago did with youth experiencing homelessness – Did silhouettes and electronic picture frames.
- **Tanya Pritt** – Focused on groundbreaking for an additional women’s residential treatment program in Corvallis.

Inheritance Film Screenings:

Jolynn Meza Wynkoop led discussions around the Inheritance Film Screenings.

- Partners on the HIWAY Grant, RC-SWAY Grant, and the Behavioral Health Resource Network with Samaritan Treatment and Recovery Services (STARS) has outreach funds that they would like to use this year to bring in a documentary screening of “Inheritance.” It is a feature documentary film about a boy growing up in rural Appalachia in a home and community plagued by addiction and the chaos, loss, and powerful love that surrounds him.
- Thien Nguyen shared the trailer link with the group - [INHERITANCE the film | documentary film](#)

- In September, we plan to bring out a film crew member and Curtis Ramsey, who is the boy that grew up in Appalachia.
- We want to have a community conversation and Curtis Ramsey and team will help lead the discussions.
- Showings are listed as follows and times will be **7:00 p.m. – 9:30 p.m.**
 - a. **September 10, 2024 – Russell Trip Performance Center – Albany.**
 - b. **September 11, 2024 – Boulder Falls Conference Center – Lebanon.**
 - c. **September 12, 2024 – Newport.**
 - d. **September 13, 2024 – Lincoln City – Lincoln City Cultural Center.**
- We will send out copies of the flyer.
- **Jennifer Beckner** – Let her know if you need help with anything.
- **Jesse Noble** – Happy to help support as well.
- **Ryan Knowles** – Is happy to help as needed.
- **Tanya Pritt** – Is happy to help support the event at Linn-Benton Community College/Albany event.
- **Lonnie Martinez** – Let him know how he can help in Newport.
- Jolynn Meza Wynkoop noted that she would check with the different locations, and we might be able to provide resources for the community.
- **Jennifer Beckner** – Quite a while back, schools would write grants to get out SUD messages to the kids and kids wrote and did videos and they showed movies to get the messages out and voted on them. Does not know if this film would be youth friendly or not.
- **Jolynn Meza Wynkoop** – They did view ahead of time and decided it really was not youth friendly. It can be triggering.

Update – Regional Overdoses:

Jennifer Beckner led discussions around regional overdoses.

- **Shelagh Baird** - The Samaritan Health Services – Individual Overdose Report – Reporting Period: June 1, 2024, to June 30, 2024, and Reporting Period: July 1, 2024, to July 31, 2024, were noted.
 - a. Good Samaritan Regional Medical Center (GSRMC) – 10 overdoses in the month of June and 11 overdoses for the month of July.
 - b. Samaritan Albany General Hospital (SAGH) – 8 overdoses in the month of June and 4 in the month of July.
 - c. Samaritan Lebanon Community Hospital (SLCH) – 7 overdoses in the month of June and 4 in the month of July.
 - d. Samaritan North Lincoln Hospital (SNLH) – 4 overdoses in the month of June and 2 in the month of July.
 - e. Samaritan Pacific Communities Hospital (SPCH) – 4 overdoses in the month of June and 2 in the month of July.
- **Jennifer Beckner:**
 - a. Seeing an increase in overdoses in Lincoln County, not as much with fatal.
 - b. Has the Medical Examiner program up and running again.
 - c. The State of Oregon is talking about an overdose dashboard.
 - d. Spending money on Narcan throughout the region. Spent more this year.
- **Shelagh Baird** – Shared the overdose report for Benton County first responder calls as of August 1, 2024. *Will get the report emailed out to everyone.*
 - a. Total of 83 overdoses.

- **Shawnee Aiello-Dixon** – Helping clients with Medication Assisted Treatment (MAT) services. There were multiple overdoses in Otis, and they do not seem to call the police or 911. They are supplying a lot of Narcan to clients. People are acting like it is normal. It is a regular occurrence that 911 is not called and using Narcan is a regular occurrence.
- **Jesse Noble** – In Lincoln City, they are seeing the same. Has a lot of contact with Otis. In Lincoln County seeing an increase in intensity of sweeps in unhoused camps and use accordingly. Clients are admitting to using Methamphetamine and Fentanyl during timed sweeps. There are experiences with non-fatal overdoses during the sweeps. The community is starting to accept Narcan in a less judgmental way.
- **Shawnee Aiello-Dixon** – Is also seeing people more accepting of Narcan and multiple doses of Narcan is used all over Siletz. They gave out 232 Narcan kits at the Powwow.
- **Justin Thomas** – Has an area in Albany called Marvin’s Garden, which is in town where unhoused individuals have been allowed to camp. This will be closing soon, he believes. The concern is that these individuals will be harder to find in the community, which may increase the likelihood for overdose if we cannot find them to distribute Narcan.
- **Jennifer Beckner** – Wondering about the new Naloxone medication, Kloxxado. Heard a lot of partners do not want to use – High dose – Immediate withdrawals.
 - a. **Shawnee Aiello-Dixon** – Using Kloxxado in patients who are opioid-dependent may precipitate opioid withdrawal.
 - b. **Jesse Noble** – It is ear marked for populations with higher levels of substances. Only giving to clients that use large amounts of substances in rural areas. Do not give out to general public. Do distribute to specific populations that experience multiple overdoses.
- **Jennifer Beckner** – Has Narcan they give out when people leave the jail in Lincoln County – Distribution program through the jail. A Harm Reduction Nurse goes into the jail. They go through quickly with people leaving the jail. Gets information and SUD testing kits. Feels like they barely keep up with the demand. Is an impressive program in the jail.
- **Ryan Knowles** – Is able to distribute Narcan. It is getting out there and getting to people he has been seeing.
- **Tanya Pritt** – Concerned about how the optics reflect on treatment with the closure of STARS. When asked, simply shares workforce issues and that they will be open in a few weeks. Is she on point? Any input?
 - a. **Christina Sechrest** – STARS is on pause and in September will be bringing back residential. Also, Xylazine is here. Working in Sweet Home area with people. People are switching from Fentanyl to Xylazine.
 - b. **Shelli Alinari-Beebe** – STARS is not closed as Christina Sechrest just mentioned. We have simply paused residential admissions. Our outpatient is thriving. We will be planning admissions to start the first week of September. If anyone has additional questions, please reach out to her.
 - c. **Tanya Pritt** – Spoke to a woman who used the word closed. Was just seeking further clarification. Is aware that outpatient is open.
 - d. **Shelli Alinari-Beebe** – We called to lend a hand when residential clients were needing to be moved. We are in this together.
- **Jennifer Beckner** – Seeing Xylazine in Lincoln County as well. It is a powerful animal tranquilizer and causes wound infections. Leads to patients with serious infections – Pericarditis. Sees in hospital patients and it is costly to treat.
 - a. The Lincoln County Harm Reduction Team is meeting monthly.

- b. Their Behavioral Health Resource Network is impressive.
- **Jesse Noble** – Has been studying Xylazine in-depth for the past year or so. Is happy to share information. Has been collection information and is happy to pass on to whoever is interested – jnoble@co.lincoln.or.us
 - a. **Lonnie Martinez** – Please share links and information with him – Lonnie.L.Martinez@employ.oregon.gov
- Does Benton County have a Federally Qualified Health Clinic?
 - a. **Rocio Munoz** – “Yes,” there is the Community Health Centers of Benton and Linn Counties that cover Benton County and Lebanon and Sweet Home areas as well.

Behavioral Health Resource Network (BHRN) Updates:

Behavioral Health Resource Network updates were provided.

- **Thien Nguyen – Linn/Lincoln Counties:**
 - a. Things are going well with the BHRN.
 - b. James Page left Albany Comprehensive Treatment Center and Nate Stanger is filling that role.
 - c. Starting September 1, 2024, Michelle Means will step back into the role of the Coordinator for the Linn County BHRN and will also be finishing out with the RC-SWAY Grant, and he will continue do the Lincoln County BHRN.
 - d. Faith, Hope and Charity is working with C.H.A.N.C.E. and sponsored Oregon’s 18th Annual African American Youth Leadership Conference.
 - e. C.H.A.N.C.E. is hosting a barbeque on August 29, 2024, for National Overdose Awareness Day.
- **Rocio Munoz – Benton County** – Stepping in to help support. No further updates currently. Avalon Mason is going on leave.
- **Jennifer Beckner – Lincoln County:**
 - a. The next round of BHRN applications for funding have been released. They are time sensitive and are due by 3:00 p.m. on October 4, 2024. The Request for Proposal is for four years. Last time, funding was for 18 months and did an extension that comes to two years total. The new grant will start July 1, 2025, and go through June 30, 2029.
 - b. **Maisa Athamneh** – They did mention at a meeting that after two years they will need to re-budge depending on the amount of funds they received. The numbers are an estimation.
 - c. The Legislature convenes in January. The Oversight and Accountability Council is requiring a new deflection program is what she heard.
 - d. Oregon Health Authority continues to monitor contracts. It is hard with no local oversight.
 - e. Met with partners and not applying as a full BHRN. All are applying separately.
 - f. Met with STARS who is also applying this round.
 - g. Feels confident in the BHRN for Lincoln County.
 - h. Working with the Substance Use Disorder Prevention Planning group. Lalori Lager is the Chair. Brought on clinicians with MAT. Shared those participating in the group. Looking at resources in Lincoln County. Contracting with an outside facilitator. Will hold focus groups and gathering community perception. Comparing existing data and addressing gaps and barriers. Developing a work plan to focus on behavioral health and SUD issues in Lincoln County.

Will do the focus groups in October. Will have a big event coming together in November and hope to have deliverables done in January.

Friends for Life Media Campaign – Thoughts:

Jolynn Meza Wynkoop led discussion on Friends for Life Media Campaign.

- Last month attended a Region 10 Opioid Summit.
- Talked with a vendor that did a media campaign in Washington – “Friends for Life.” It has a lot of great components – Education for schools, harm reduction messaging for teachers, and other great information.
- Shared the website – “Friends for Life.” Lots of information on how to use Narcan, how to recognize an overdose, there are tool kits available and teen guides. There are social media posts, facts on Fentanyl, Naloxone, pamphlets, middle and high school presentations, worksheets, as well as information in different languages. Washington State funds. Shared the different tool kits. They have a lot of messaging and fun lettering.
- **Jennifer Beckner** – Wonder if any partners have included media campaign type stuff in their budgets with the BHRN. Samaritan Health Services did put funds previously for a regional campaign. Would love to hand something to the Lincoln County Commissioners related to a campaign for youth. Will receive additional funds from the opioid settlement. Around \$9.5 million will be allocated to counties. There is prevention focus. There is work happening now in that area. Lincoln County used to have strong Coalitions throughout the region. We do have the Partnership Against Alcohol and Drug Abuse (PAADA) for Lincoln County, which has a focus on youth and is a strong Coalition. Linn Together in Linn County is still going strong and has been great. We do have the work in the schools with the Life Skills curriculum as well.
- **Jolynn Meza Wynkoop** – Shared the website – <https://wafriendsforlife.com/>

Linn, Benton, Lincoln Partners for Health Summit:

Thien Nguyen reported on the Linn, Benton, Lincoln Partners for Health Summit.

- The summit is August 23, 2024, at LBCC Chinook Hall location in Corvallis.
- The theme is – “Supporting Youth Together.”
- The event is free to attend and will be from 8:30 a.m. – 3:00 p.m.
- There will be a keynote speaker and workshops.
- Will provide food and everything is free.
- Registration – PFH24.eventbrite.com

Announcements/Additional Business:

Announcements/additional business was discussed.

- Are there scholarships for CRM/PSS?
 - a. **Josh Pankau** – At Family Tree Relief Nursery, we offer free CRM trainings, however, we just finished one up and probably will not have another to offer until the end of the year. People can call the front desk at Family Tree Relief Nursery and can be put on a waitlist including Peer Wellness Training. You may want to also reach out the Peer Recovery Solutions. They sometimes offer scholarships for trainings. For CEUs, you can ask for an extension through the Mental Health and Addiction Certification Board of Oregon (MAHCBO) and utilize CEU4LESS to get some CEUs in.
 - b. Are there any CRM/PSS opportunities in Tillamook?

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for September 9, 2024, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:50 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion