



**Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
September 9, 2024
10:30 a.m. – 11:05 a.m.**

Participants: Jennifer Beckner, Shelli Alinari-Beebe, Rubi Arizmendi, Maisa Athamneh, Shelagh Baird, Suzie Beaupre, Belit Burke, Shirley Byrd, Tony Campa, Jeannie Davis, Ed.D., Bryan Decker, Stephanie Dreiling, Gabby Esquivel, Kelly Fraser, Marcia Harnden, Albany Chief of Police, Lalori Lager, Lonnie Martinez, Michelle Means, Elizabeth Merritt, Jolynn Meza Wynkoop, Jesse Noble, Josh Pankau, Tanya Pritt, Catherine Quintana, Vicki Rudell, Jane Russell, Christiana Sechrest, Shauna Taylor-Hubert, Blue Valentine, and Shelley Hazelton

Welcome/Introductions:

Jennifer Beckner welcomed everyone to the meeting and led introductions.

Meeting Minutes:

Presented the August 12, 2024, meeting minutes of the Regional Mental Health/Substance Use Disorder Coalition. **Jane Russell made a motion and Marcia Harnden, Albany Chief of Police, seconded the motion to approve the meeting minutes as presented. Attendees voted on the motion, and it was unanimously approved.**

Federal/State Grants Reports and Updates:

Health Resources and Services Administration (HRSA) Rural Communities Opioid Response Program (RCORP) Implementation III Rural Communities Supporting Women and Youth (RC-SWAY) Grant:

A HRSA RCORP RC-SWAY Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Michelle Means** – The grant will end in February. Currently in a no-cost extension. Pushing initiatives forward.
- Had a table at Samaritan Lebanon Community Hospital for National Recovery Month. Thanks to Christiana Sechrest/Samaritan Treatment and Recovery Services (STARS) and Thien Nguyen for helping. Handed out flyers, Narcan, educational pamphlets, and books, and promoted the Inheritance Screening.

HRSA Rural Communities Opioid Response Program – Implementation (RCORP-I) – Helping Impact Women and Youth (HIWAY) Project Grant for Lincoln County:

A HRSA RCORP-I HIWAY Project Grant report and Work Plan Highlights was noted and distributed prior to the meeting.

- **Jolynn Meza Wynkoop** – We had a table for National Recovery Month from 11:00 a.m. – 2:00 p.m. at the following hospitals:
 - a. September 3, 2024 – Samaritan Albany General Hospital (SAGH).
 - b. September 4, 2024 – Samaritan North Lincoln Hospital (SNLH).
 - c. September 5, 2024 – Samaritan Pacific Communities Hospital (SPCH).
 - d. September 6, 2024 – Samaritan Lebanon Community Hospital (SLCH).
- All the events went great. People were able to pick up Narcan, and there were books there related to decreasing stigma and addiction.
- In celebration of National Recovery Month, there will be free screenings of the Inheritance documentary filmed over 11 years and follows a young boy in poverty-stricken Appalachia. Curtis Ramsey, the young boy, now 19 and the filmmaker, Matt Moyer, will be at each of the screenings for a question-and-answer session following the film. Jolynn Meza Wynkoop noted that she has been passing out the fliers and posted on the Albany/Lebanon Facebook sites. The screenings are as follows:
 - a. September 10, 2024 – 7:00 p.m. – 9:30 p.m. – Russell Trip Performance Center in Albany.
 - b. September 11, 2024 – 7:00 p.m. – 9:30 p.m. – Boulder Falls Inn Event Center in Lebanon.
 - c. September 12, 2024 – 7:00 p.m. – 9:30 p.m. – Auditorium of the Gladys Valley Marine Studies Building in Newport.
 - d. September 13, 2024 – 7:00 p.m. – 9:30 p.m. – Lincoln City Cultural Center in Lincoln City.

Josh Pankau made a motion and Marcia Harnden, Albany Chief of Police, seconded the motion to approve the HRSA RC-SWAY Grant written report and Work Plan Highlights and the HRSA RCORP-I HIWAY Project Grant written report and Work Plan Highlights as presented. The motion was voted upon and unanimously approved.

Update – Regional Overdoses:

Jennifer Beckner led discussions around regional overdoses.

- **Shelagh Baird** – Presented the Samaritan Health Services – Individual Overdose Report – Reporting Period: August 1, 2024, to August 31, 2024.
 - a. Good Samaritan Regional Medical Center (GSRMC) – 8 overdoses in the month of August.
 - b. Samaritan Albany General Hospital (SAGH) – 6 overdoses in the month of August.
 - c. Samaritan Lebanon Community Hospital (SLCH) – 3 overdoses in the month of August.
 - d. Samaritan North Lincoln Hospital (SNLH) – 6 overdoses in the month of August.
 - e. Samaritan Pacific Communities Hospital (SPCH) – 4 overdoses in the month of August.
- **Marcia Harnden, Albany Chief of Police** – They are starting to see decreases in overdoses. They recognize the abundance of Narcan. There are people that are not calling, but overall, the numbers are dropping.

- **Shelli Alinari-Beebe, Samaritan Treatment and Recovery Services (STARS)** – Have a wait list. Opening residential admissions back up and getting people in.
- **Jesse Noble** – There was one overdose in the area linked to cocaine, but it was entirely Fentanyl. Seeing anecdotal reports. Seeing “Blues,” which are counterfeit opioid pills that contain Fentanyl. People are buying “Blues,” and they are becoming ill, and they are not burning them properly. They are having cold shakes, like what you see with withdrawals after using pills.
 - a. **Blue Valentine** – How were you able to get information so quickly on the contents of the “icky cocaine?”
 - b. **Jesse Noble** – Meeting with the medical examiner. This overdose happened well over a month ago, but it is a trend we are repeatedly seeing in the North Lincoln area over the past 6-8 months.

Behavioral Health Resource Network (BHRN) Updates:

Members provided Behavioral Health Resource Network updates.

- **Jennifer Beckner – Lincoln County:**
 - a. There were significant cuts to Lincoln County for the BHRN. Had \$4.6 million for 18 months and now reported that the state will cut funding to \$1.5 million a year.
 - b. It is required by law to have a BHRN for each 36 counties in Oregon. Lincoln County is not getting enough funding. Everyone is competing for funding. We are working hard on relationships, and everyone is competing for funds.
 - c. Now with each county, there are requirements to roll out a deflection program. With House Bill (HB) 4002, what will this look like? Will be more pressure for tiny programs with legislative mandates and huge cuts. There are others awarded for example \$1.6 million alone and then there are other partners having to divide \$1.5 million between the partners.
 - d. Clackamas and Washington Counties have reached out to the Oversight and Accountability Council and have expressed concerns.
 - e. We have until October 4, 2024, to get our applications in for the new round of BHRN funding.
- **Michelle Means – Linn County:**
 - a. Thien Nguyen helped provide a written report for the Linn County BHRN. We included a copy in the agenda packet that was distributed prior to the meeting.
 - b. A report is due to Oregon Health Authority (OHA) on October 15, 2024.
 - c. As of August 20, 2024, Communities Helping All Negotiate Change Effectively (C.H.A.N.C.E.) is fully staffed at all sites.
 - d. Faith, Hope and Charity participated in different community outreach events throughout August, providing resources and information to attendees.
- **Bryan Decker – Benton County** – Is part of the Benton County BHRN. Benton County is getting more funding.
- **Jennifer Beckner** – The whole funding is changing. Good news for Benton County with additional funding.
- **Bryan Decker** – Seeing a lack of providers showing up to meetings. There are concerns. Those smaller BHRNs are not excited about applying for the next round of funding due to funding costs.

- **Jennifer Beckner:**
 - a. Hope to add partners this round. Now with smaller amount of funding, not sure how and have to complete with the other BHRNs.
 - b. Looked at Opioid Settlement funds, but there is still a concern. A big portion of money was front loaded with the opioid settlement funds. What we are getting after is not as much.
 - c. There is a Tribal Opioid conference in Roseburg coming up and all of this going on during Recovery Month. It is challenging.
- **Blue Valentine** – Would like to see funded through Linn County – Syringe exchange.
- **Jennifer Beckner** – If this is not supported, we should try to support.

Announcements/Additional Business:

Discussed announcements/additional business.

- **Blue Valentine** – Is busy with awareness events and trainings. Have a total of five. Things going on in Corvallis and Monroe.
 - a. Are we still having regional harm reduction meetings?
 - b. **Blue Valentine** – There are no harm reduction meetings currently. Want to get these up and running again. Will try to find a day and time of the month that works for a regional harm reduction group and hope to send out a poll by the end of the month.
- **Jennifer Beckner** – The medical school has reached out to us on projects and groups that the medical students can be involved with. We are inviting them to this Coalition. Medical Students helped get the harm reduction group up and running. For Lincoln County they have harm reduction meetings and harm reduction workers get together monthly with the harm reduction nurse.
- **Josh Pankau** – There are different events going on for Recovery Month throughout Linn and Benton Counties. Have been busy and hiring staff.
- **Jennifer Beckner** – The **Hands Across the Bridge event** is coming up **September 21, 2024, in Waldport.**
 - a. **Rubi Arizmendi** - The bridge crossing is at 11:30 a.m. with the BBQ and celebration at 12:30 p.m.
 - b. **Jolynn Meza Wynkoop** – Will have tabling at the Hands Across the Bridge event.
 - c. **Tony Campa** – Will also be at this event.
- **Bryan Decker** – **C.H.A.N.C.E. - Bridges 2 Recovery event on September 14, 2024, 12:00 p.m. – 5:00 p.m. in Albany.** It will be a Block Party to help celebrate and support people in recovery.
- **Suzie Beaupre** – Was this the group that was planning to create a prevention subgroup?
 - a. **Jennifer Beckner** – Does not believe it was this group.
 - b. **Rubi Arizmendi** – They do have bedside monthly meetings. Not sure on prevention.
 - c. **Jennifer Beckner** – Please update the group when you know more.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is scheduled for October 14, 2024, at 10:30 a.m.

Adjourn:

With no further business to discuss, the meeting was adjourned at 11:05 a.m.

Respectfully submitted,
Shelley Hazelton
Community Health Promotion