



Linn, Benton, Lincoln Partners for Health (Partners for Health)
Virtual through Microsoft Teams
1:00 p.m. – 2:00 p.m.
August 11, 2026
Meeting Summary

Participants: Jeannie Davis, Ed.D., *Chair*; Marina Cassandra; Sarah Farmer; Sara Herd; Jolynn Meza Wynkoop; Sommer McLeish; Thien Nguyen; Shannon Rose; Kacey Urrutia; Mary Zelinka; and Shelley Hazelton

Welcome:

Dr. Jeannie Davis welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The committee reviewed the meeting minutes from June 9, 2026, meeting of the Linn, Benton, Lincoln Partners for Health Coalition. **Shannon Rose moved to approve the meeting minutes as presented, with Mary Zelinka seconding. Members present unanimously approved the motion.**

Health Resources and Services Administration (HRSA) Grant - Addressing Violence in Rural Oregon Communities (AVIROC) Update:

Sommer McLeish provided an AVIROC update.

Being an Ally in Indian Country – Sommer McLeish shared about the “Being an Ally in Indian Country” handout from the Native Wellness Institute. *(A copy of the handout will be attached with the meeting minutes).* <https://www.nativewellness.com>

Being an Ally in Indian Country

- This was a recent training she attended.
- Noted the history of voting in the United States.
- Shared the Indian policy timeline – The Indian experience: federal policies toward Indians.
- **Trauma Web** – Shows you in the middle with a column on the left that listed various traumas such as death of a loved one, gambling addiction, emotional abuse, and other listed that can affect our lives. There was column on the right that listed characteristics of trauma such as frequent periods of depression, difficulty hearing positives, fear of conflict and anger, and others listed. Any of these may have affected you, your parents, grandparents, or other people who have had significant impact on your life.
- **21 characteristics** – In 1979, Jane Middleton-Moz and Lorie Dwinell identified the 21 characteristics that adult children of alcoholics may exhibit. These characteristics may also be exhibited by anyone who has lived life and suffered any pain. Because of our unique experiences growing up, we will all react differently to different traumatic events in our lives. What one person finds to be extremely traumatic, another person may not find traumatic at all.

Without healing intervention of some kind, as traumatic experiences happen in our lives our behavior may be affected, and we may begin to exhibit some of these characteristics.

- a. Fear of trusting
 - b. Continuing sense of guilt
 - c. Hyper-responsibility or chronic irresponsibility
 - d. Perfectionist
 - e. Counter-dependence or fear of dependency
 - f. Need to be in control
 - g. Difficulty hearing positives
 - h. Overachievement or underachievement
 - i. Poor self-image
 - j. Compulsive behaviors
 - k. Need to be right
 - l. Denial
 - m. Fear of conflict and anger
 - n. Chaos junkies
 - o. Fear of feeling
 - p. Frequent periods of depression
 - q. Fear of intimacy
 - r. Fear of incompetence
 - s. Hypersensitivity to the needs of others
 - t. Repetitive relationship patterns
 - u. Inability to relax let go and have fun
- **Healing:**
 - a. “Healing” in Indigenous ways of knowing, means to become whole and in balance physically, mentally, emotionally, and spiritually. In tribal languages when we translate the word Heal, most often it means “to feel good” or “to feel better.” Healing is choosing to let go of emotions and feelings that do not necessarily serve us in a good way. Healing begins with an awareness that we have behaviors and thoughts to work on. **Healing is a personal cleansing of things like – mistrust, unresolved grief, loss and hurt, anger/rage, shame, guilt, fear, abandonment, regret, addiction, unhealthy relationships, drama, chronic negativity, and much more.**
 - b. We begin to heal in many different ways. What resonates with you may not resonate with someone else, that is why trying things is so import. **We can heal by – forgiveness-ourselves and others, forgiveness is letting go of the anger we have toward something or someone, looking within (reflection and introspection), praying, running/exercise, counseling/therapy, ceremony, sharing our story with others, loving ourselves, meditation, journaling, language classes, cultural learning, movement, reading books, intentionally letting go, and more.**
 - Shared a “Healing Plan.” A Healing Plan is your map to your Healing Journey. What are you going to do this month on the path to your own Wellness?
 - **Being Trauma and Healing Informed:**
 - a. Over the last several years there has been increased attention to the impacts of trauma on behavior. The term “trauma-informed” was coined as a way to help service providers (education, social services, health and medical, law enforcement, etc.) and their agencies or departments better serve the people by better understanding their behavior.

- b. To be trauma-informed, you really are being “healing informed.” Being trauma and healing informed, in the big picture, means:
 - You have a profound understanding of trauma on behavior;
 - You have a profound understanding of trauma on behavior, and you seek not to re-traumatize people;
 - You have a profound understanding of trauma on behavior and seek to understand the difference between “what is wrong with you” vs. “what happened to you;”
 - You understand neuro-trauma (like Fetal Alcohol Spectrum Disorder-FASD) and learn about trauma on the brain;
 - You understand that healing is the answer to trauma and you have done your own healing work or at least started your healing journey;
 - You integrate healing opportunities into your home, community and work life (because often, if we are not healing, we are hurting); and
 - You continue to learn more about trauma and healing.
- c. Having a “profound understanding” means that you have studied historical and intergenerational trauma (read books, attended training, been mentored by experts), you have experience working with people and communities impacted by trauma, you have an understanding of the brain and how it responds to trauma and you have done your own healing work in response to your trauma.
- d. “Where there has been trauma, healing is the answer.”
- Shared information on a colonized ally meets a decolonized ally.
- Shared a list of educational books.
- There will also be a second part – Being an Ally in Indian County – Part 2.

Land Acknowledgement:

- Sommer McLeish noted that we have discussed the land acknowledgment in the past and having as part of our summit.
- Land Acknowledgment should include – Whose land we are on, where are folks now and how displaced, now what, how to give back – donation, volunteering, what does the tribe need now and how can we support the tribe?
- It was suggested to pay a tribal member to review the land acknowledgment.

Discussion followed:

- Sommer McLeish shared a link to Healthy Native Youth - Community of Practice virtual gatherings held the second Wednesday of each month at 10:00 a.m. PT during the months of September to May. Their passion is to work together to uplift and support Native youth. Sessions include new resources and opportunities to engage with native professionals in the field.
 - a. [Community Of Practice - Healthy Native Youth](#)
- **Dr. Jeannie Davis** – Appreciates the land acknowledgment and how to give back. This is important to include. Also, appreciates the training courses/virtual gatherings.
- **Sara Herd** – Are there recommendations on their website?
 - a. **Sommer McLeish** – It would be good to reach out to the Native Wellness Institute.
- **Marina Cassandra** – Used to facilitate Girls’ Circle in Linn County. It was amazing!
- **Kacey Urrutia** – Is this topic of interest for an upcoming summit?
 - a. **Sommer McLeish** – She did meet with the Confederated Tribes of Siletz Indians last week regarding the 2027 Violence Prevention Summit.

The summit will be in Lincoln County in 2027. They are excited to work with us. She will also reach out to the Native Wellness Institute for some type of smaller training.

AVIROC Updates (Sommer McLeish):

- Acosta Services continues to implement Action Plan deliverables, increasing community training courses, tabling events, and distribution of prevention materials.
- Regarding implementing activities identified in the Action Plan that address child abuse, domestic violence, and human trafficking in Spanish and Mam-speaking Lincoln County:
 - a. Mandatory Child Abuse Reporting training with support of Oregon Department of Human Services - scheduled for August 20, 2026, in Newport.
 - b. Internet safety training and hospitality training planning are in progress.
 - c. Collaboration with the Lincoln County School District to provide Boys' Council and other training courses. There is also Girls' Circle. These groups have curriculum and prevention.
 - d. **Sara Herd** – With the curriculum, is there non-binary curriculum?
 - e. **Sommer McLeish** – Usually they put non-binary with the girl's curriculum. One Circle does provide this. There is also a mom and dad's program as well.
[One Circle Foundation](#)
- Center Against Rape and Domestic Violence (CARDV) social media campaign continues, school presentations pause for summer break and providing resources at tabling events in rural Linn County. CARDV had a large number they reached for outreach in Linn County.
- ABC House will increase prevention programming for youth and the community. We will partner with them for internet safety training.
- Sarah's Place has hired staff and is onboarding. Current staff have been attending training.
- **Sara Herd** – Can anyone attend the mandatory reporter training in Spanish?
 - a. The training is open to anyone. Attendees will watch a video in Spanish. They will have a Spanish individual present. Next year hope to have a live-person present.
- **Mary Zelinka** – CARDV has a permanent Director that will start the end of September.

Sustainability/Business Plan:

- Kacey Urrutia noted she is working with Sommer McLeish on the Sustainability/Business Plan, due in August, for the AVIROC grant.
- It is helpful to discuss this group and what we do. Linn, Benton, Lincoln Partners for Health does report up to the Coast to Cascades Community Wellness Network (CCCWN) along with our other Coalition – Regional Mental Health/Substance Use Disorder Coalition. It is also helpful to see how we align with other things in our community.
- The priority focus of this group has been to focus on an annual summit. Things have shifted over time, and we now talk as it relates also to the AVIROC grant. This space was identified in that grant to help guide the work of the grant. Over the last couple of years, we have had funding from HRSA with the AVIROC grant and have combined our summit into the one Violence Prevention Summit.
- **Dr. Jeannie Davis** – With our Partners for Health group we do look at the Community Health Needs Assessments and do look at those topics of need in our communities.
- Sommer McLeish noted with one of the partners with the AVIROC grant, Acosta Services, did focus groups the first year of the grant and we developed the Action Plan in the second year of the grant, and are currently implementing different activities in the Action Plan.

- **Kacey Urrutia:**
 - a. One thing we are looking at is how we can better align to help guide the work and pursue funding along with having our Regional Community Health Needs Assessment and Community Health Improvement Plan also guide our work as well.
 - b. One of the big deliverables is completing the Sustainability/Business Plan. A draft phase of that is due by August 28, 2026. If anyone is interested in reviewing the document, feel free to let her know.
- As we have noted, Partners for Health hosted yearly annual summits, and we have looked at priorities and needs noted in the Community Health Needs Assessment and tied it into the summit.
- What do we do over the next year to keep some of the activities of the grant sustainable? What could work look like going forward?
 - a. **Sommer McLeish** – For example, Tasha Mosbrucker with Sarah’s Place had noted when she presented in May, it would be helpful to present each year to provide any updates.
 - b. **Dr. Jeannie Davis** – The connections with the AVIROC grant, opportunities and trainings - We can bring all to our summit. We can connect resources and information and can move to the summit platform.
 - c. **Kacey Urrutia** – Sommer McLeish has been instrumental with the success of this grant. We need level infrastructure and a director to get things done such as training courses, etc.
 - d. **Jolynn Meza Wynkoop** – Connecting with community partners might be helpful, such as other partners that have available funding once the grant ends to help with trainings, etc. Maybe look at more in-person training courses and invite partners from different businesses in and more community partners as well.
 - e. The Linn, Benton, and Lincoln Partnership for Community Health offers regional implementation grants for local nonprofits, government agencies, and tribal organizations. It was suggested to look at connecting with this group for future endeavors.
 - f. **Sara Herd** – With their next biennium (in about year), with their alcoholic/other drugs/tobacco prevention programs, they have leverage to write things in plans for Linn, Benton, Lincoln Counties, we could connect and see what is offered. Have not seen the Partnership for Community Health grants. This is a great idea to connect and have conversations with this group for possible support for future summits.
 - g. **Kacey Urrutia** – She and Sommer McLeish have discussed the target audience for the summits and topics. Looking at leveraging community resources and groups to help sustain after the grant.

2027 Violence Prevention Summit:

Sommer McLeish led discussions around the 2027 Violence Prevention Summit.

- Met with the Confederated Tribes of Siletz Indians on different topics for the summit and they were excited to work with us.
- There is a lawyer that works with the Hispanic community and those that experience violence.
- The Confederated Tribes of Siletz Indians has a behavioral health/mental health team. It would be great to include them in the summit.
- Another topic – Is seeing overwhelming individuals on jail rosters in Lincoln County on charges related to child sexual abuse materials (CSAM). Just recently in Toledo there was a major bust with human trafficking of children.

- Would be good to invite change makers (leaders, government officials, others) to the summit and have a “call to action.”
- We could invite the Native Wellness Institute to participate as well.
- Maybe we want to look at how can parents monitor kids’ phones/internet activity – either resource table or presenter or information available for attendees.
 - a. **Sara Herd** – The Oregon Department of Human Services had trainings before with up-to-date information on how parents can monitor phones. You might want to check with them.
- **Dr. Jeannie Davis** – Loves topics around behavioral health/mental health. Human trafficking data is always interesting and can be generational. Likes the “call to action.”
- **Jolynn Meza Wynkoop** – We normally have three sessions. We could have a behavioral health/mental health session, and possibly the HRSA Project NEXT (Nurturing Empowerment, eXcellence, and Transformation for Youth) grant could possibly help fund a speaker for the behavioral health/mental health session.

Additional Business/Announcements:

Members shared additional business/announcements.

- **Dr. Jeannie Davis** – The medical school starts classes this week. Have 108 first year medical students.
 - a. There will be 20 medical students helping at the Sweet Home Community Health Fair this Saturday, August 15, 2026, from 9:00 a.m. – 2:00 p.m. at the Sweet Home High School.

Next Meeting:

The next meeting of Linn, Benton, Lincoln Partners for Health will be on September 8, 2026. Sharon Brown from “In our Backyard” will be a presenter at the meeting. She is also available to come to Linn and Lincoln Counties to do free training courses for individuals.

Adjourn:

With no further business to discuss, the meeting adjourned at 2:00 p.m.

Respectfully Submitted,
Shelley Hazelton
Grants and Sponsored Programs

(These meeting minutes are the true and accurate record of the meeting.)