



Coast to Cascades Community Wellness Network (CCCWN)
Regional Mental Health/Substance Use Disorder Coalition
Meeting Summary
Held virtually – Microsoft Teams
August 10, 2026
10:30 a.m. – 11:15 a.m.

Participants: Chiharu Blatt, Emma Deane, Shanin Engman, Zachary Gould, Heather Grott, Ian Howarth, Lalori Lager, Scottie McKee, Elizabeth Merritt, Jolynn Meza Wynkoop, Jesse Noble, Thien Nguyen, James Page, Tanya Pritt, Traci Sackett, Michelle Shannon, Sheila Thompson, Kacey Urrutia, Blue Valentine, Jef Van Arsdall, Benton County Sheriff, and Shelley Hazelton

Welcome/Introductions:

Kacey Urrutia, CCCWN Director, welcomed everyone to the meeting and led introductions.

Meeting Minutes:

The committee reviewed the minutes from the July 13, 2026, meeting of the Regional Mental Health/Substance Use Disorder Coalition. **Jolynn Meza Wynkoop moved to approve of the meeting minutes as presented, with Ian Howarth, seconding the motion. Members present unanimously approved the motion.**

Presentation – Trillium Family Services:

Chiharu Blatt, Vice President Community Operations, Trillium Family Services and Shanin Engman, Senior Manager of Donor Engagement, Trillium Family Services, were both present and shared information regarding Trillium Family Services.

- Trillium Family Services is Oregon's largest provider of youth mental health care.
- **Snapshot:**
 - a. They served 10,000+ children and family members statewide in 2025.
 - b. They served 36 families in every county in Oregon.
 - c. 150+ years of combined care experience.
 - d. Formed in 1998 through the merger of Children's Farm Home, Parry Center for Children, and Waverly Children's Home.
 - e. There are programs in Bend, Corvallis, The Dalles, Portland, and Salem-Keizer, plus the Young Adult Program in Albany.
 - f. The 57-acre in Corvallis campus served 1,000+ children and family members in 2025, delivering a full continuum of care led by expert clinical teams supporting youth in crisis.
 - g. Trillium Family Services is funded by Medicaid and private insurance, State of Oregon contract, philanthropy and schools and other sources.

- Trillium provides a comprehensive continuum of mental health services for young people and their families.
- Shared the Trillium Family Services: Continuum of Care model.
 - a. **Prevention** – Promotes health development, identifies risks, and enhances access to care for schools and communities.
 - b. **Outpatient Therapy** – Therapy services for youth in home or community.
 - c. **Intensive Outpatient** – Frequent outpatient therapy provided in home or community, with a 24-hour crisis support.
 - d. **Young Adult** – Community-based program for young adults transitioning to independent living. Have two in Albany.
 - e. **Partial Hospitalization (Day Treatment)** – Intensive psychiatric services in school-like setting.
 - f. **Psychiatric Residential** – Short-term, 24-7 therapy and psychiatric treatment.
 - g. **Sub-acute** – Brief, 24-7 therapy, psychiatric assessment, and stabilization.
 - h. **Secure Inpatient** – Long-term hospital level care for acute psychiatric needs, state-referral only.
- **Program Spotlight – Meadowlark Children’s Day Education Center** – Day Treatment/Partial Hospitalization – New Salem-Keizer School District partnership.
 - a. Served 71 youth this year through a 5-7-hour daily program that keeps students in coursework while a clinical team stabilizes them for step-down into neighborhood schools.
 - b. 85% achieve definitive behavioral health stabilization.
 - c. 97.8% remained enrolled in public education after discharge.
 - d. 4.2% program re-referral rate, a low recidivism benchmark.
 - e. 68.7 average days of care to school re-entry (a 10-to-12-week runway).
 - f. What progress looks like:
 - Withdrawal and silent shutdown → active self-advocacy
 - Hall-wandering and isolation → collaborative group engagement
 - Academic-anxiety task resistance → independent work stamina
- **Building a Trauma Informed Culture – Available to Intercommunity Health Network (IHN):**
 - a. Trillium partners with cross-sector organizations across healthcare, education, and community services to strengthen trauma-informed practice.
 - b. Five years of growing engagement across the region.
 - 2021-2022 – 301
 - 2023 – 213
 - 2024 – 235
 - 2025 – 291
 - 1,058 helpers reach over 5 years across 80+ organizations
 - c. What Trillium offers:
 - **BTC training series** - A streamlined 3-week format for busy professionals
 - **Healthcare partnerships** – Grand Rounds trainings that reach clinical practice
 - **Introduction to Trauma-Informed Practice** – Foundational sessions that build a shared framework
 - **Workforce sustainability** – Burnout prevention and self-care for teams
- **Emma Deane** – Do you have good connections for kids that age out of the system?

- a. **Chiharu Blatt** – It is hard for youth that age out of the system. Works with the local community. Wherever the youth reside, her team makes warm connections and handoffs and provides information.
- **Blue Valentine** – Can you explain the difference between intensive outpatient and partial hospitalization?
 - a. **Chiharu Blatt** – They are both structured, non-residential treatment options, but they differ in intensity, schedule, and level of care.

Intensive Outpatient Program – Level of care is “moderate.” It is typically 3-5 days per week, with scheduled sessions lasting 2-4 hours each. Often 8-12 weeks in length. Program is more flexible and shorter daily commitment.

Partial Hospitalization Program – Level of care is “high.” Highly structured, with daily clinical monitoring and multidisciplinary team. Duration is short-term, often 2-4 weeks, for acute stabilization or as a step-down from inpatient. Program is more intensive with full day programming and daily clinical oversight for stabilization.
- **Shanin Engman** – Shared a client success story.

Health Resources and Services Administration (HRSA) Grant – Project NEXT-Nurturing Empowerment, eXcellence, and Transformation for Youth:

Jolynn Meza Wynkoop reported on the HRSA Grant – Project NEXT. Provided a written report with the agenda packet.

- This grant is a HRSA 4-year grant. Project NEXT improves the behavioral health and well-being of youth and young adults in rural Lincoln County. Wrapped up the first year of the grant in July.
- The Strategic Plan is due September 30, 2026. Received a template.
- The Performance Improvement Measurement System (PIMS) report is due October 30, 2026. We currently have a template, but HRSA might provide edits to it in the coming months.
- **Samaritan Treatment and Recovery Services (STARS) Newport** – We have not posted the 0.5 full-time equivalent (FTE) Peer Support Specialist position but will post it as soon as possible. The Project Director is collaborating with the Samaritan Health Services (SHS) Behavioral Health Resource Network Coordinator and current Peer Support Specialists at STARS Newport to plan Recovery Month events.
- **Lincoln County Community Justice** – In June, Project NEXT provided 31 nightly stays for youth and 9 nightly stays for young adults.
- **Lincoln County Health and Human Services** – Trained two staff in July/August to be Botvin’s LifeSkills Curriculum trainers. Programming is set to take place in the fall (High School placement to be confirmed).
- **Year 2 Subaward Agreements** – Developing subaward agreements for Lincoln County Community Justice and Lincoln County Health and Human Services.
- **Housing for young adults in crisis** – The budget for housing in Year 1 was \$10,600. Spent \$6,219 leaving \$4,381 in unspent funds. The Project Officer is in conversation with partnering agencies to determine funding needs for Year 2. Faith, Hope and Charity, Family Promise of Lincoln County, Helping Hands Reentry Outreach Centers, and Centro de Ayuda have expressed interest in the funding. The current budget for Year 2 is set at \$9,000, but we are planning to submit a carryover request from Year 1 to Year 2 and add additional dollars to this line item. Other conversations have included expanding the current age range (18-24), as this has shown to be a barrier in being able to spend funds.

- **Basic needs** – The budget for basic needs in Year 1 was \$1,468. Spent \$1,416 leaving \$52 in unspent funds. Two agencies received items from basic needs funding in Year 1, Family Promise and ReConnections Counseling. Second Home who works to place youth in host homes are interested in basic needs funding for Year 2. The current budget for Year 2 is set at \$1,087. We are planning on submitting a carryover request from Year 1 to Year 2 and adding additional dollars to this line item as there are organizations serving youth and young adults that could benefit from basic needs items.
- **Outreach** – Purchased mental and behavioral health supplies for outreach events including books for adults and teens, pens, journals, activity books, and snacks.
- The National Night - Lincoln City was cancelled on August 4, 2026, due to smoke.
- Will be do tabling at the hospitals at the coast for Recovery Month.
 - a. Recovery Month tabling on September 2, 2026, at Samaritan North Lincoln Hospital.
 - b. Recovery Month tabling event on September 9, 2026, at Samaritan Pacific Communities Hospital.
- Will be doing outreach at Newport PRIDE on September 19, 2026.

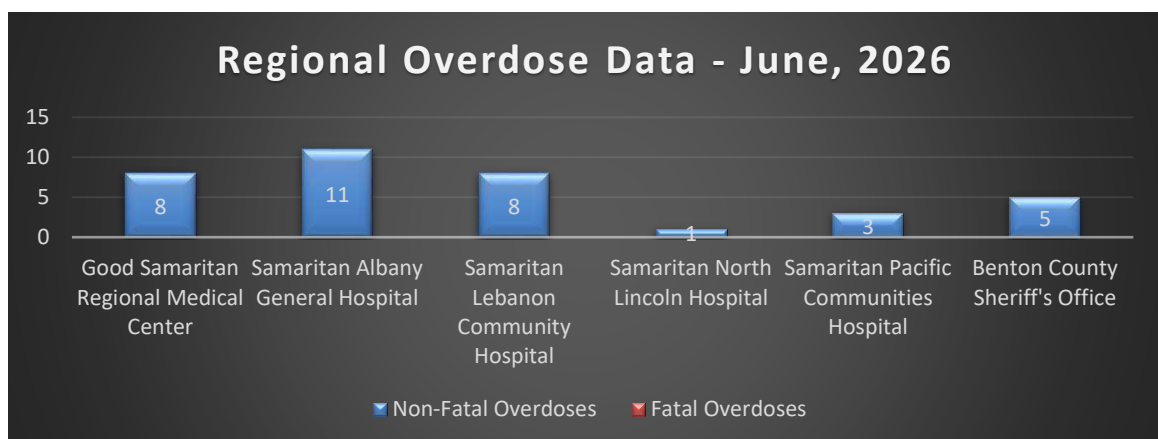
Traci Sackett moved to approve the HRSA Grant – Project NEXT report as presented, with Sheila Thompson seconding the motion. Members present unanimously approved the motion.

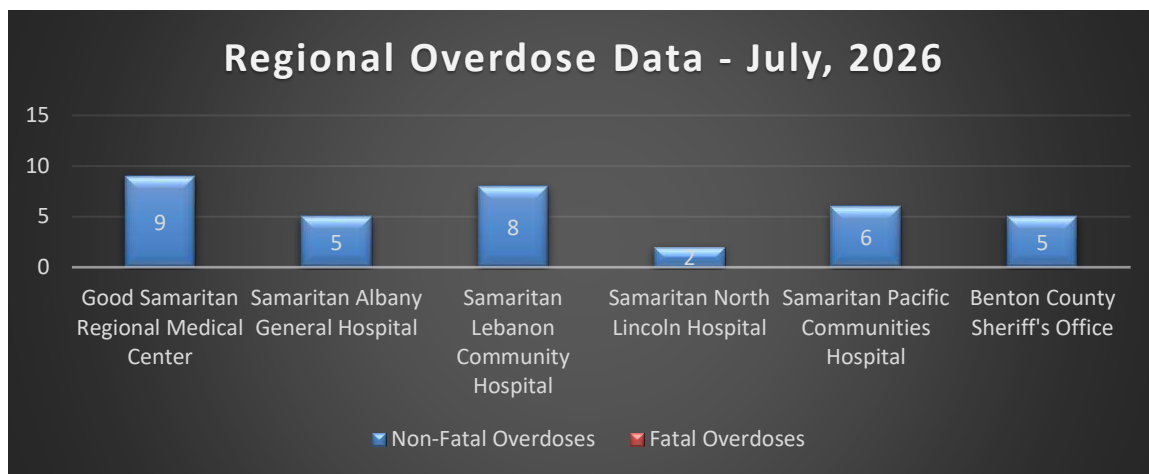
Update – Regional Overdoses:

Discussion followed around regional overdoses. Thien Nguyen, Samaritan Health Services, reported on SHS overdose data, including Benton County Sheriff overdose numbers.

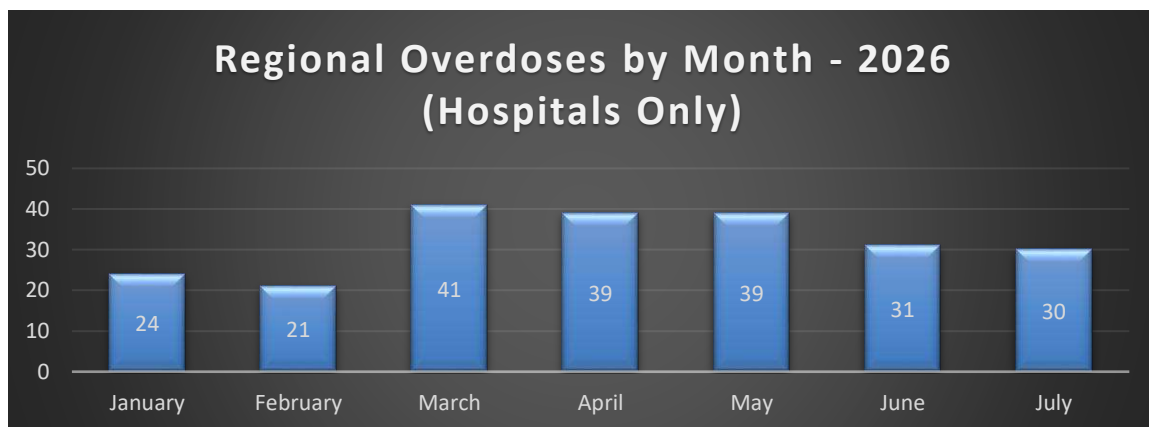
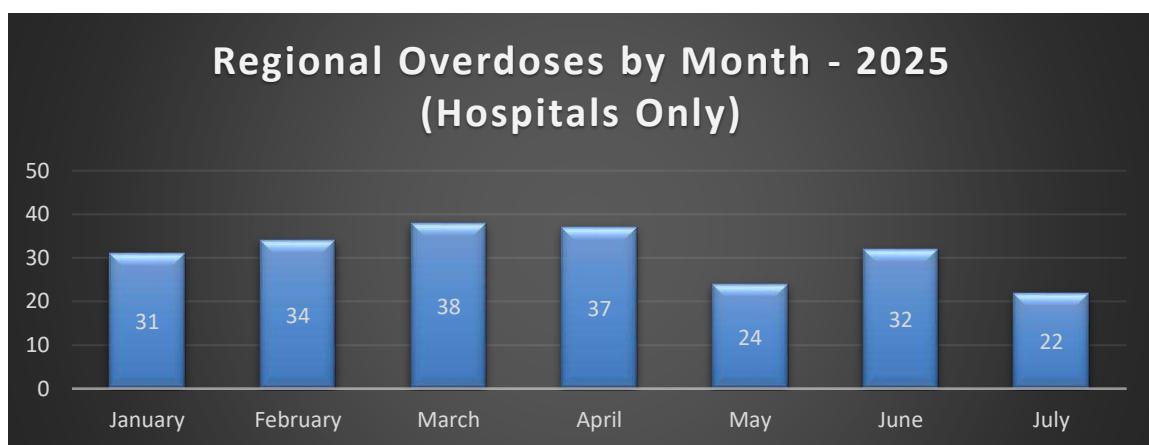
- Members noted the following reports attached to the agenda packet:
 - a. Samaritan Health Services Hospital (SHS) Hospital Data Report – Reporting Period: July 1, 2026, through July 31, 2026 – Individual Overdose Report.
 - b. SHS 2026 Data Report - Year-to-date drug overdose encounter hospital data from January-July 2026.
 - c. SHS overdose data report and Neonatal Abstinence Syndrome (NAS)/Neonatal Opioid Withdrawal Syndrome (NOWS) report from 2022 through July 2026.
- Thien Nguyen presented SHS Regional Overdose graphs, which included Benton County Sheriff's Office overdose data.

Regional Overdoses – June vs. July:

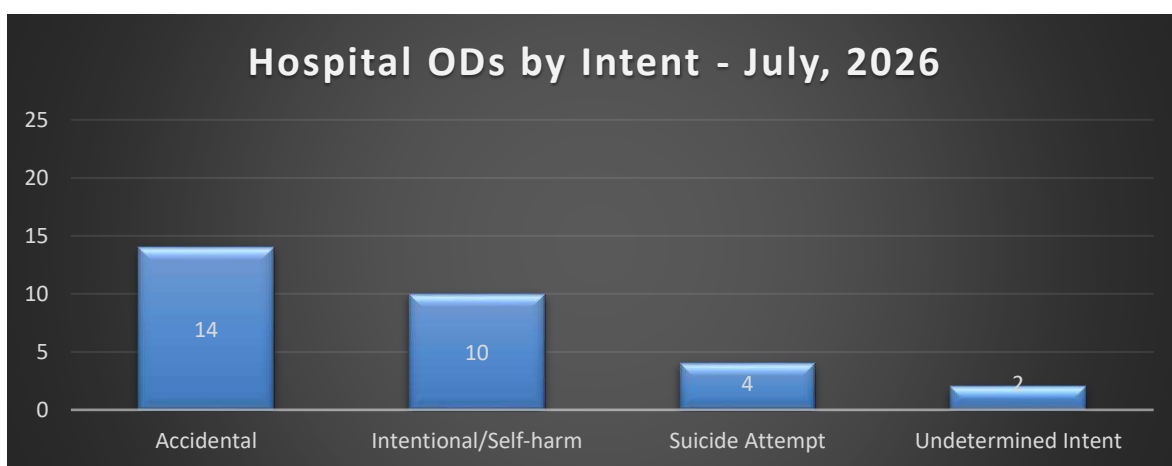
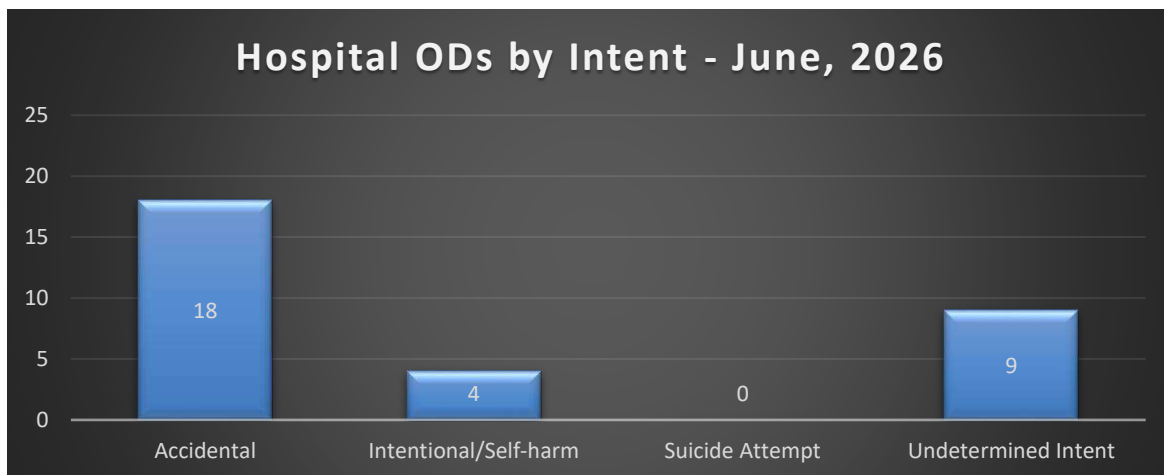




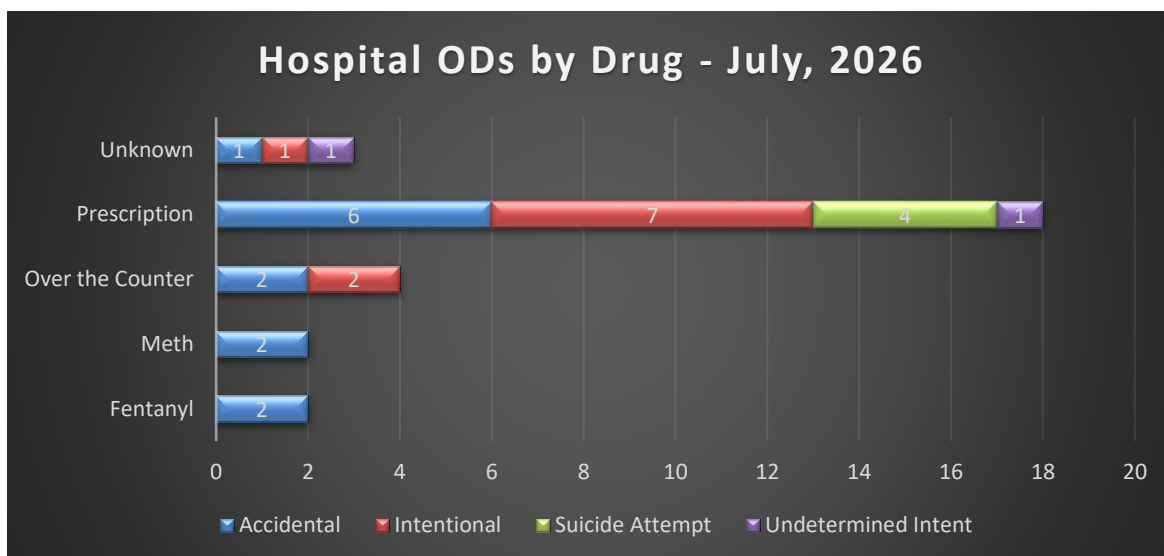
Overdoses by Month – 2025 vs. 2026:



Overdoses by Intent – June vs. July:

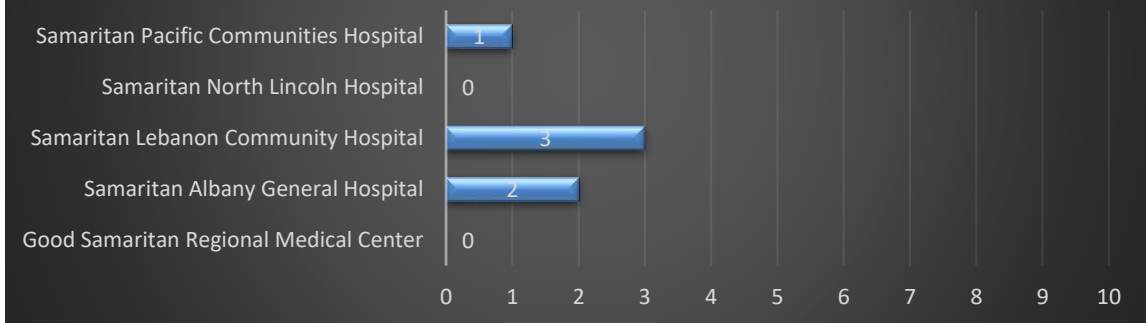


Overdoses by Drug – July:

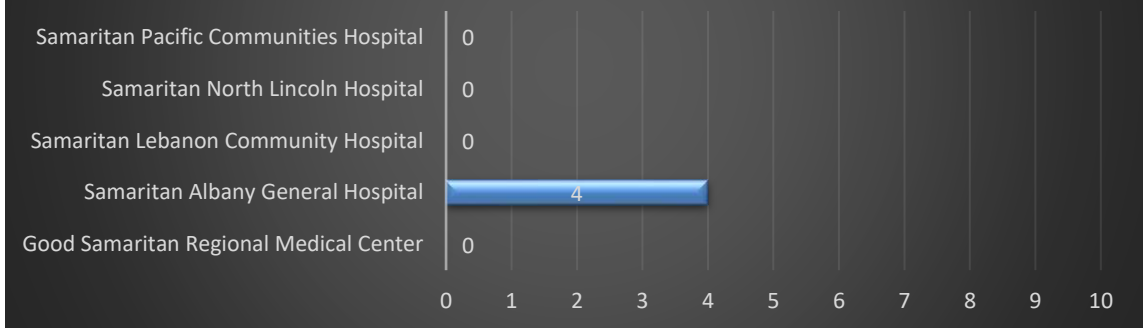


NAS/NOW – June vs. July:

Regional Neonatal Abstinence Syndrome / Neonatal Opioid Withdrawal Syndrome Data - June, 2026



Regional Neonatal Abstinence Syndrome / Neonatal Opioid Withdrawal Syndrome Data - July, 2026



- **Blue Valentine** – Shared overdose numbers for the Benton County Sheriff’s office – There were 5, non-fatal overdoses in July.
- **Jesse Noble** – They are seeing low numbers of overdoses regionally. Linn county last week did hit a threshold, although there are no identifiable trends. Still seeing poly-substances with methamphetamine and fentanyl. As mentioned, overall numbers are lower. Coincides with Oregon Health Authority revamping the overdose process around long-term surveillance.

Behavioral Health Resource Networks (BHRN) Update:

Coalition members provided Behavioral Health Resource Networks updates.

- **Thien Nguyen – Linn County and Lincoln County:**
 - a. Emergence Addiction and Behavioral Therapies reports that Adult Treatment Court in Benton County is in full swing. Their reflections program continues to be popular, their bottle-dropped-funded hygiene closet is fully stocked and open to the public.

They also continue to run their Alcoholic Anonymous meeting for Behavioral Health Professionals on Sundays, 4:30 p.m. – 5:30 p.m. For more info contact Lynnae Hayes lhayes@4emergence.com

- b. Family Tree Relief Nursery:
 - Continues to host parent Education workshops at the Corvallis Public Library on Tuesdays from 2:00 p.m. – 3:30 p.m.
 - They had 15 individuals that were certified via Family Tree Relief Nursery's July Peer Support Specialist training.
 - Hosted a ribbon cutting on August 7, 2026, at their new building on 1355 Goldfish Farm Rd, Albany.
 - Family Tree Relief Nursery's October Peer Support Specialist training is almost at capacity. For those who would like to reserve a spot, please contact Jessi Norris (jnorris@familytreern.org)
- c. NW Coastal Housing is seeing success with its Coast Vineyard Village Tiny Home project, with BHRN clients moving into permanent and transitional housing programs while still obtaining services from their Navigation Team.
- d. Samaritan Treatment and Recovery Services will be hosting an open house at 111 N Main St, Lebanon, on **Wednesday, August 19, 2026, from 6:00 p.m. - 8:00 p.m.** For more information and to RSVP, visit - [STARSOpenHouse.eventbrite.com](https://starsopenhouse.eventbrite.com)
- e. Lincoln County Health & Human Services, in collaboration with several organizations in the county, are hosting the annual Hands Across the Bridge in Waldport, September 19, 2026. The event starts at the Alsea Bridge in Waldport with bridge crossing starting at 12:00 p.m. Attendees can also go to the Waldport Community Center from 12:30 p.m. – 2:30 p.m. for a free lunch, speakers, resources, and activities.

Announcements:

Committee members shared announcements.

- **Blue Valentine** – Reported on overdose awareness events:

<https://flashalert.net/id/BentonCoGov>

During Overdose Awareness Month, Benton County Health Department will hold free community events to increase awareness and prevention of drug overdose.

- a. Corvallis overdose Recognition and Response Training – August 12, 2026, 5:30 p.m. – 7:30 p.m. – 4500 SW Research Way, Corvallis.
- b. Monroe Overdose Awareness Vigil – August 20, 2026, 5:30 p.m. – 6:30 p.m. – 648 Orchard Street, Monroe.
- c. Monroe Overdose Recognition and Response Training – August 21, 2026, 5:30 p.m. – 7:00 p.m. – 648 Orchard Street, Monroe.
- d. Corvallis Overdose Awareness Vigil – August 31, 2026, 5:30 p.m. – 6:30 p.m. = 602 SW Madison Avenue, Corvallis.

Next Meeting:

The next meeting of the Regional Mental Health/Substance Use Disorder Coalition is on September 14, 2026, at 10:30 a.m. and will be a virtual meeting through Microsoft Teams.

Adjourn:

With no further business to discuss, adjourned the meeting at 11:15 a.m.

Respectfully submitted,
Shelley Hazelton
Samaritan Health Services
Community Health and Grants

(These meeting minutes are the true and accurate record of the meeting.)